| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|--|
| SUBSTITUTES* December 3-21 Cheese Burger Lunch Price (includes a milk): \$3.00 Milk Price (for packers): \$.50 **Menu subject to unexpected changes ** USDA is an equal opportunity provider and employer stmarysroyals.org 419.238.5186 | Carbohydrates in Grams: White Milk 1% 13g Chocolate Wilk Fat Free 20g ½ Banana 14g Apple 22g Orange 11g Carrots 0g Applesauce 20g Pears 16g Refried Beans 18g Lettuce Salad 0g Pineapple 20g Green Beans 5g Baked Beans 25g | 1 *PEPPERONI PIZZA 34g Green beans 5g Peaches 14g Milk | 2 *TACO MEAT, CHEESE, & TORTILLA CHIPS 32g Romaine salad Dg With crackers 4g Fresh fruit Wilk | 3 *SALISBURY STEAK 9g Mashed potatoes 13g Dinner roll 21g Peaches 14g Milk |
| 6 *CHICKEN PATTY ON A BUN Tater tots 15g Pineapple 20g Wilk | 7 *PEPPERONI PIZZA 64g Corn 5g Applesauce 20g Milk | 8 *CHICKEN & NOODLES Bg Mashed potatoes 13g Dinner roll 21g Fruit Milk | 9 *HOT DOG ON A BUN 23g Chili soup with crackers 4g Peaches 14g Milk | 10 *CHICKEN STRIPS 8g Carrots 6g Pears 16g Milk |
| 13 *SAUSAGE PATTY 2g French toast sticks 29g Hash brown 15g Juice box 30g Milk | 14 *CORN DOG 30g Baked beans 24g Peaches 14g Milk | 15 *LASAGNA 19g green beans 5g Breadstick 12g Pineapple 16g Milk | 16 *GRILLED CHEESE SANDWICH 8g Tomato soup 16g Pears 20g Milk | 17 *MAC & CHEESE 40g Muffin 30g Green beans 5g Fruit Milk *No After School Latchkey |
| 20 CHRISTMAS BREAK BEGINS NO SCHOOL | 21 NO SCHOOL | 22 NO SCHOOL | 23 NO SCHOOL 4:00pm Children's Mass 6:00pm Christmas Eve Mass | 24 Merry Christmas! 12:00am Midnight Mass 10:00am Christmas Mass |
| 27 NO SCHOOL | 28 NO SCHOOL | 29 NO SCHOOL | 30 | 31 Happy New Year! School resumes Monday, January 3, 2022 |
| | | School Activities Calendar on reverse | | |

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St. Mary's School December LUNCH MENU 2021