MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SUBSTITUTES* December 3-21 Chicken Nuggets Lunch Price (includes milk): \$3.00 Adult Lunch (includes milk): \$3.50 Milk Price (for packers): \$.75	**Menu subject to unexpected changes ** USDA is an equal opportunity provider and employer stmarysroyals.org 419.238.5186	Carbohydrates in Grams: White Milk 1% 13g Chocolate Milk Fat Free 20g ½ Banana 14g Apple 22g Orange 11g Carrots 0g Applesauce 20g Pears 16g Refried Beans 18g Lettuce Salad 0g Pineapple 20g Green Beans 5g Baked Beans 25g	1 *TACO MEAT, CHEESE, & TORTILLA CHIPS 32g Romaine salad 0g With crackers 4g Fresh fruit Milk	2 *SALISBURY STEAK 9g Mashed potatoes 13g Dinner roll 21g Peaches 14g Milk
5 *EGG OMELET 2g Pancakes 29g Hash brown 15g Juice box 30g Milk	6 *PEPPERONI PIZZA 64g Corn 5g Applesauce 20g Milk	7 *CHICKEN & NOODLES 8g Mashed potatoes 13g Dinner roll 21g Fruit Milk	8 *HOT DOG ON A BUN 23g Chili soup with crackers 4g Peaches 14g Milk	9 *CHICKEN PATTY on BUN 8g Carrots 6g Pears 16g Milk
12 *SLOPPY JOE SANDWICH Tater tots 15g Pineapple 20g Milk	13 *CORN DOG 30g Baked beans 24g Peaches 14g Milk	14 *LASAGNA 19g green beans 5g Breadstick 12g Pineapple 16g Milk	15 *GRILLED CHEESE SANDWICH 8g Tomato soup 16g Pears 20g Milk	16 *MAC & CHEESE 40g Muffin 30g Green beans 5g Fruit Milk *No After School Latchkey
19 *PULLED PORK SANDWICH Tater tots Fruit Milk	20 *TACO MEAT, CHEESE, & TORTILLA CHIPS 32g Romaine salad 0g With crackers 4g Fresh fruit Milk	21 *PEPPERONI PIZZA 34g Green beans 5g Peaches 14g Milk	22 CHRISTMAS BREAK BEGINS NO SCHOOL 12/24: 4:00pm Children's Eve Mass 12/24: 6:00pm Christmas Eve Mass	Merry Christmas! 12/25: 12:00am Midnight Mass 12/25: 10:00am Christmas Mass
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL *School resumes Wednesday, January 4, 2022*

School Activities Calendar on reverse

St. Mary's School December LUNCH MENU 2022