## St. Mary's School February 2021 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*SUBSTITUTES: 1-12 Chicken Nuggets 17g 16-26 Chicken Patty on Bun 35g Salad 4g Peanut Butter Sandwich 34g	Lunch Pricing: \$2.85 (includes a milk) Milk Price (for packers): \$.50	Carbohydrates in Grams: White Milk 1% 13g Chocolate Milk Fat Free 20g ½ Banana 14g Apple 22g Orange 11g Carrots 0g	Applesauce 20g Pears 16 g Peaches 14 g Romaine lettuce salad 0g Pineapple 20g Green beans 5g	
1 *CORN DOG 30g Tater tots 20g Applesauce 20g Milk	*TACO MEAT, CHEESE & TORTILLA CHIPS 24g Romaine lettuce salad Pineapple Milk	*HOT DOG ON BUN 25g Chili soup 4g Peaches Milk	*CHEESEBURGER ON A BUN 40g Tater tots 20g Fresh fruit Milk	*GRILLED CHEESE SANDWICH 8g Tomato soup 16g Crackers 4g Pears Milk
*CHICKEN & NOODLES 32g Mashed potatoes 13g Dinner roll 21g Pineapple Milk	*PEPPERONI PIZZA 34g Green beans Applesauce Milk	*CHICKEN PATTY ON BUN 30g Tater tots 20g Fresh fruit Milk	*TACO MEAT CHEESE & TORTILLA CHIPS 24g Romaine salad Pear Milk	*MACARONI & CHEESE 40g Green beans Muffin 30g Fruit Milk
NO SCHOOL Presidents' Day	*SAUSAGE PATTY 2g Hash brown 15g French toast sticks 29g Orange juice 30g Milk	*GRILLED CHEESE SANDWICH 8g Tomato soup 16g Crackers 4g Pear 16g Milk Sub: Fish Sticks 12g	*SOFT TACO 20g Romaine lettuce salad Fruit Milk	*FISH STICKS 12 g Tater tots 20g Fruit Milk Sub: Grilled cheese sandwich 8g
*CHEESEBURGER ON A BUN 40g Carrots Peaches Milk	*CORN DOG 30g Baked beans 20g Applesauce Milk	*CHICKEN NUGGETS 8g Tater tots 20g Applesauce Milk	*SALISBURY STEAK 15g Mashed potato 13g Dinner Roll 21g Pineapple Milk	*MACARONI & CHEESE 40g Green beans Muffin 30g Fruit Milk Sub: Fish Sticks 12g

• Menu subject to unexpected changes

February Activities Calendar