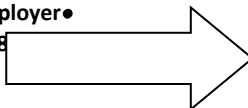


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>*SUBSTITUTES:</b> 1-12 Grilled Cheese 17g 14-28 Chicken Patty on Bun 35g Peanut Butter Sandwich 34g		<b>1</b> *SLOPPY JOE ON BUN 30g Tater tots 20g Fresh fruit Milk	<b>2</b> *CORN DOG 30g Tater tots 20g Applesauce 20g Milk	<b>3</b> *CHICKEN NUGGETS 8g Carrots Pineapple Milk
<b>6</b> *PIZZA ROLL UP 8g Corn Strawberries Milk	<b>7</b> *TACO MEAT, CHEESE & TORTILLA CHIPS 24g Romaine lettuce salad Pineapple Milk	<b>8</b> *HOT DOG ON BUN 25g Chili soup 4g Peaches Milk	<b>9</b> *CHEESEBURGER ON A BUN 40g Tater tots 20g Fresh fruit Milk	<b>9</b> *SALISBURY STEAK 15g Mashed potato 13g Dinner Roll 21g Pineapple Milk
<b>13</b> *CHICKEN & NOODLES 32g Mashed potatoes 13g Dinner roll 21g Pineapple Milk	<b>14</b> *PEPPERONI PIZZA 34g Green beans Applesauce Milk	<b>15</b> *MACARONI & CHEESE 40g Green beans Muffin 30g Fruit Milk	<b>16</b> *TACO MEAT CHEESE & TORTILLA CHIPS 24g Romaine salad Pear Milk	<b>17</b> *MACARONI & CHEESE 40g Green beans Muffin 30g Fruit Milk
<b>20</b>  <b>NO SCHOOL</b> Presidents' Day	<b>21</b> *SAUSAGE PATTY 2g Hash brown 15g French toast sticks 29g Juice box 30g Milk	<b>22 *ASH WEDNESDAY*</b> *GRILLED CHEESE SANDWICH 8g Tomato soup 16g Crackers 4g Pear 16g Milk SUB: FISH STICKS	<b>23</b> *CHICKEN FAJITA 20g Romaine lettuce salad Fruit Milk	<b>24</b> *FISH STICKS 12 g Tater tots 20g Fruit Milk SUB: GRILLED CHEESE
<b>27</b> *CHEESEBURGER ON A BUN 40g Carrots Peaches Milk	<b>28</b> *CORN DOG 30g Baked beans 20g Applesauce Milk	<b>Lunch Pricing:</b> \$3.00 (includes a milk) <b>Milk Price</b> (for packers): \$.75	<b>Carbohydrates in Grams:</b> White Milk 1% 13g Chocolate Milk Fat Free 20g ½ Banana 14g Apple 22g Orange 11g Carrots 0g	Applesauce 20g Pears 16 g Peaches 14 g Romaine lettuce salad 0g Pineapple 20g Green beans 5g

- USDA is an equal opportunity provider and employer•
- Website: [stmarysvanwert.com](http://stmarysvanwert.com) • Phone: 419-238
- Menu subject to unexpected changes•



**See Reverse for  
February Activities Calendar**

## St. Mary's School February 2023 Lunch Menu