

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Carbohydrates in Grams: White Milk 1% 13g Green beans 5g Chocolate Milk Fat Free 20g Pineapple 20g ½ Banana 14g Refried beans 18 g Apple 22g Baked beans 25g Orange 11g Romaine lettuce salad 0g Carrots 0g Peaches 14 g Broccoli 10g Applesauce 20g Pears 16 g	Substitutes: Mon.-Thurs.: Corn Dog, Fridays: Fish Sticks 12g Peanut Butter Sandwich Adult Price: \$4.10 Student Price (includes a milk): \$3.25 Milk Price (for packers): \$.75 USDA is an equal opportunity provider and employer <i>*Menu subject to unexpected changes*</i>			1 *CHEESE RAVIOLI Green beans Fruit Bread stick 30g Milk
4 *HOT DOG ON A BUN 23g Chili soup 3g Pears Milk	5 * PIZZA ROLL UPS 34g Green beans Applesauce Milk	6 *SHREDDED CHICKEN SANDWHICH 10G French fries 13g Peaches Milk	7 *CHICKEN NUGGETS 30g Carrots Fresh fruit Milk	8 *NACHO CHEESE, CHIPS& BREADSTI CK 8g Romaine Salad Pears Milk
11 No School (Spring Break)	12 No School (Spring Break)	13 No School (Spring Break)	14 No School (Spring Break)	15 No School (Spring Break)
18 *SAUSAGE PATTY 2g Hash brown15g French toast sticks 29g Juice box30g Milk	19 *PEPPERONI PIZZA 34g Green beans Fruit Milk	20 *BBQ BEEF ON BUN 30g Carrots Peaches Milk	21 *TACO MEAT CHEESE & TORTILLA CHIPS 20g Refried beans 18g Romaine Salad Pineapple Milk	22 *MAC & CHEESE 40g Green beans Muffin 30g Fruit Milk
25 *PIG IN A BLANKET 23g Broccoli and carrots Pineapple Granola bar Milk	26 *SALISBURY STEAK 9g Mashed potatoes 13g Dinner roll 21g Pears Milk	27 *CHICKEN STRIPS 30g Corn Peaches Milk	28 *HAM & CHEESE ROLL- UPS Baked beans Pears Milk	29 No School Good Friday

School Activities Calendar on reverse



St. Mary's School *Lunch Menu* March 2024