St. Mary's School\* May 2024\* Lunch Menu

Carbohydrates in frams:			3
Chocolate TILES DAY20g  ½ Banana 14g  Apple 22g  Orange 11g Pears 16 g  Carrots 0g Applesauce 20g  Peaches 14 g Romaine lettuce salad 0g  Pineapple 20g Refried beans 18 g  Green beans 5g Baked beans 25g	*CORWEDNESDAY  Baked beans  Pears  Milk	*CHIC <b>FFURSDAY</b> Romaine salad Peaches Milk	*CHEESE RHDAYR Carrots Fresh fruit Milk *May Crowning
*LASAGNA 12g Green beans Applesauce Breadstick Milk	*SALISBURY STEAK 9g Mashed potatoes Dinner roll Fresh Fruit Milk	*TACO MEAT, CHEESE, & CHIPS 24g Romaine lettuce salad Fruit Milk	*PEPPERONI PIZZA 40g Carrots Pineapple Milk
*SLOPPY JOE ON A BUN 12g Sweet potato fries Peaches Milk	*BBQ BEEF ON A BUN 43g Baked beans Strawberries Milk	*CHICKEN PATTY ON A BUN 31g Broccoli Peaches Milk	*CORN DOG 30g Celery Fresh fruit Milk
**SHREDDED CHICKEN ON A BUN 12g French fries Fruit Milk	*PEPPERONI PIZZA 40g Green beans Fruit Milk *12:45pm Awards *2:00pm Dismissal NO AFTERSCHOOL LATCHKEY *Kona Ice in Parking Lot	Menu subject to unexpected changes stmarysvanwert.com	1 <sup>st</sup> Day of Summer Vacation!
	Chocolate TUESDAY20g  ½ Banana 14g Apple 22g Orange 11g Pears 16 g Carrots 0g Applesauce 20g Peaches 14 g Romaine lettuce salad 0g Pineapple 20g Refried beans 18 g Green beans 5g Baked beans 25g  7 *LASAGNA 12g Green beans Applesauce Breadstick Milk  14 *SLOPPY JOE ON A BUN 12g Sweet potato fries Peaches Milk  21 *SHREDDED CHICKEN ON A BUN 12g French fries Fruit	Chocolate TUESDAY 09  12 Banana 149 Apple 229 Orange 11g Pears 16 g Carrots 0g Applesauce 20g Peaches 14 g Romaine lettuce salad 0g Pineapple 20g Refried beans 18 g Green beans Applesauce Breadstick Milk  14  *SLOPPY JOE ON A BUN 12g Sweet potato fries Peaches Milk  15  *BBQ BEEF ON A BUN 12g Sweet potato fries Peaches Milk  16  21  *SHREDDED CHICKEN ON A BUN 12g French fries Fruit Milk  21  *SHREDDED CHICKEN ON A BUN 12g French fries Fruit Milk  21  *CORNEDNESDAY  Baked beans Pears Milk  8  *SALISBURY STEAK 9g Mashed potatoes Dinner roll Fresh Fruit Milk  15  *BBQ BEEF ON A BUN 43g Baked beans Strawberries Milk  22  *PEPPERONI PIZZA 40g Green beans Fruit Milk  *12:45pm Awards *2:00pm Dismissal NO AFTERSCHOOL LATCHKEY	Chocolate Tigles DAY  **COR WEONESDAY  **CHICK HURSDAY  Baked beans  Apple 22g  Grange 11g Pears 16 g  Carrots 0g Applesauce 20g  Peaches 14g Romaine lettuce salad 0g  Pineapple 20g Refried beans 18  Green beans  Applesauce  Breadstick  Milk  **SLASAGNA 12g  Green beans  Applesauce  Breadstick  Milk  **SLOPPY JOE ON A BUN  12g  Sweet potato fries  Peaches  Milk  **SLOPPY JOE ON A BUN  12g  Sweet potato fries  Peaches  Milk  **SHREDDED CHICKEN ON  A BUN 12g  French fries  Fruit  Milk  **12:45pm Awards  **2:00pm Dismissal  NO AFTERSCHOOL  LATCHKEY  **CHICK HURSDAY  Romaine salad  Peaches  Milk  **CHICK HURSDAY  Romaine salad  Peaches  Milk  **CHICK NEMPS 24g  Romaine lettuce salad  Fruit  Milk  **TACO MEAT, CHEESE,  & CHIPS 24g  Romaine lettuce salad  Fruit  Milk  **CHICKEN PATTY ON  A BUN 31g  Broccoli  Peaches  Milk  **CHICKEN PATTY ON  A BUN 31g  Broccoli  Peaches  Milk  **CHICKEN PATTY ON  A BUN 31g  Broccoli  Peaches  Milk  **CHICKEN PATTY ON  A BUN 31g  Broccoli  Peaches  Milk  **CHICKEN PATTY ON  A BUN 31g  Broccoli  Peaches  Milk  **CHICKEN PATTY ON  A BUN 31g  Broccoli  Peaches  Milk  **CHICKEN PATTY ON  A BUN 31g  Broccoli  Peaches  Milk  **CHICKEN PATTY ON  A BUN 31g  Broccoli  Peaches  Milk  **CHICKEN PATTY ON  A BUN 31g  Broccoli  Peaches  Milk  **CHICKEN PATTY ON  A BUN 31g  Broccoli  Peaches  Milk  **CHICKEN PATTY ON  A BUN 31g  Broccoli  Peaches  Milk  **CHICKEN PATTY ON  A BUN 31g  Broccoli  Peaches  Milk  **CHICKEN PATTY ON  A BUN 31g  Broccoli  Peaches  Milk  **CHICKEN PATTY ON  A BUN 31g  Broccoli  Peaches  Milk  **CHICKEN PATTY ON  A BUN 31g  Broccoli  Peaches  Milk  **CHICKEN PATTY  ON  A BUN 31g  Broccoli  Peaches  Milk  **CHICKEN PATTY  ON  A BUN 31g  Broccoli  Peaches  Milk  **CHICKEN PATTY  ON  A BUN 31g  Broccoli  Peaches  Milk  **CHICKEN PATTY  ON  A BUN 31g  Broccoli  Peaches  Milk  **CHICKEN PATTY  ON  A BUN 31g  Broccoli  Peaches  Milk  **CHICKEN PATTY  ON  A BUN 31g  Broccoli  Peaches  Milk  **CHICKEN PATTY  ON  A BUN 31g  Broccoli  Peaches  Milk  **CHICKEN PATTY  A BUN 31g  Brocco

**Happy Summer!** 

See you on Wednesday, August 21<sup>st</sup> Day of School!

SEE REVERSE for ACTIVITIES CALENDAR