

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>SUBSTITUTES*</b>  September 1-11 Chicken Nuggets 5g  September 14-30 Grilled Cheese Sandwich  Lunch Price (includes a milk): \$2.85  Milk Price (for packers): \$.50</p> <p>USDA is an equal opportunity provider and employer.  **menu subject to unexpected changes**</p>	<p><b>1</b>  *POPCORN CHICKEN 8g  Tater tots 20g  Pears  Milk</p>	<p><b>2</b>  *PEPPERONI PIZZA 17g  Green beans  Peaches  Milk</p>	<p><b>3</b>  *CHICKEN PATTY ON A BUN 30g  Baked beans  Applesauce  Milk</p>	<p><b>4</b>  *TACO MEAT, CHEESE, &amp; TORTILLA CHIPS  Romaine lettuce salad  Fresh fruit  Milk</p>
<p><b>7</b></p> <p>Labor Day  No School</p>	<p><b>8</b>  *ENGLISH MUFFIN PIZZA 32g  Carrots  Peaches  Milk</p>	<p><b>9</b>  *HOT DOG ON A BUN 23g  Corn  Pear  Milk</p>	<p><b>10</b>  *CHEESEBURGER ON A BUN 30g  Broccoli &amp; carrots  Applesauce  Milk</p>	<p><b>11</b>  *SALISBURY STEAK 9g  Mashed potatoes 16g  Dinner Roll  Fresh fruit  Milk</p>
<p><b>14</b>  *PIGS IN A BLANKET 17g (crescent roll &amp; hot dog)  Tater tots 20g  Applesauce  Milk</p>	<p><b>15</b>  *CHICKEN &amp; NOODLES 21g  Mashed potatoes 13g  Dinner roll 21g  Apricots  Milk</p>	<p><b>16</b>  *PEPPERONI PIZZA 17g  Green beans  Peaches  Milk</p>	<p><b>17</b>  *CORN DOG 30g  Baked beans  Fresh fruit  Milk</p>	<p><b>18</b>  *CHICKEN NUGGETS  Carrots  Applesauce  Milk</p>
<p><b>21</b>  *SALISBURY STEAK 9g  Mashed potatoes 16g  Dinner roll  Fresh fruit  Milk</p>	<p><b>22</b>  *POPCORN CHICKEN 8g  Carrots  Peaches  Granola bar  Milk</p>	<p><b>23</b>  *MAC &amp; CHEESE 40g  Green beans  Muffin 30g  Fruit  Milk</p>	<p><b>24</b>  *SAUSAGE PATTIES 2g  Hash browns 15g  Juice box 30g  Cinnamon roll 32g  Milk</p>	<p><b>25</b>  *TACO MEAT, CHEESE &amp; CHIPS 32g  Romaine lettuce  Fruit  Milk</p>
<p><b>28</b>  *CHEESEBURGER ON BUN 30g  Tater tots  Applesauce  Milk</p>	<p><b>29</b>  *BBQ Beef on Bun 32g  Carrots  Pineapple  Milk</p>	<p><b>30</b>  *HOT DOG ON A BUN 23g  Corn  Peaches  Milk</p>	<p><b>Carbohydrates in Grams:</b>  White Milk 1% 13g  Chocolate Milk Fat Free 20g  ½ Banana 14g  Apple 22g  Orange 11g  Carrots 0g</p>	<p>Applesauce 20g  Pears 16g  Romaine Lettuce Salad 0g  Pineapple 20g  Green Beans 5g  Baked Beans 25g  Refried Beans 18g</p>

*St. Mary's School \*September 2020\* Lunch Menu*