

2022 PRIMARY CARE HAWAII CONFERENCE -CARING FOR THE ACTIVE AND ATHLETIC PATIENT

All lectures located in the Grand Hyatt Ballroom

Monday August 1, 2022

	Medical Issues in the Active Patient	4.0 Hours CME
10:00 AM	Registration and name badge pickup	Grand Promenade
10:00 AM	Exhibit Hall	Grand Promenade
12:25 PM	Opening remarks by the Chairman	Robert Sallis, MD
12:30 PM	Colorectal Cancer Prevention and Screening	Joseph Weiss, MD
1:10 PM	Axial Spondyloarthritis; Diagnosis and Treatment	Steve Lee, DO
1:50 PM	Common Arrhythmias in Primary Care	Columbus Batiste, MD
2:30 PM	Refreshment Break	
3:00 PM	The Role of Physical Activity in Diabetes Prevention	Liz Joy, MD, MPH
3:40 PM	Athletes and their Rheumatic Diseases	Steve Lee, DO
4:20 PM	The Gut Microbiome: What You Need to Know	Joseph Weiss, MD
5:00 PM	Adjourn	

Tuesday August 2, 2022

	Musculoskeletal Medicine	4.0 Hours CME
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	The Ankle Sprain that Does Not Get Better	Jim Macintyre, MD, MPE
8:40 AM	Heel Pain; Diagnosis and Management	Dennis Khalili-Borna, MD
9:20 AM	Approach to the Patient with Knee Pain	John P. DiFiori, MD
10:00 AM	Refreshment Break	
10:30 AM	Elbow, Wrist, and Hand Problems in Primary Care	Robert E. Sallis, MD
11:10 AM	Common Shoulder Problems in Adults	Jim Macintyre, MD, MPE
11:50 AM	Athletes With Inflammatory Musculoskeletal Disease	Steve Lee, DO
12:30 PM	Adjourn	

Wednesday August 3, 2022		
	Problems in Kids and Beyond	4.0 Hours CME
12:30 PM	Early Sports Specialization for Kids: Weighing the Risks	John P. DiFiori, MD
1:10 PM	Subtle Fractures in Primary Care	Dennis Khalili-Borna, MD
1:50 PM	Overuse Injuries in Youth Sports	John P. DiFiori, MD
2:30 PM	Refreshment Break	
3:00 PM	Air Quality, Health and Exercise	Liz Joy, MD, MPH
3:40 PM	Athletes With Systemic Autoimmune Disease	Steve Lee, DO
4:20 PM	Exercise in the Heart Patient: Risks vs Benefits	Columbus Batiste, MD
5:00 PM	Adjourn	
Thursday August 4, 2022		
	Lifestyle Medicine	4.0 Hours CME
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	The Quest for Immortality and Vitality	Joseph Weiss, MD
8:40 AM	Forks Over Stents: The Role of Nutrition in Managing Heart Disease	Columbus Batiste, MD
9:20 AM	Treating Every Patient as an Athlete	Liz Joy, MD, MPH
10:00 AM	Refreshment Break	
10:30 AM	Designing an Exercise Program to Maximize Health and Well Being	Robert E. Sallis, MD
11:10 AM	Stress and Heart Disease: What's the Connection?	Columbus Batiste, MD
11:50 AM	Is Laughter the Best Medicine?	Joseph Weiss, MD
12:30 PM	Adjourn	
Friday August 5, 2022		
	Primary Care in the Active Patient	4.0 Hours CME
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	Mental Health and Wellness in the Athlete	John P. DiFiori, MD
8:40 AM	Maximizing the Benefit of Imaging Procedures	Jim Macintyre, MD, MPE
9:20 AM	Osteoporosis Assessment and Management	Dennis Khalili-Borna, MD
10:00 AM	Refreshment Break	
10:30 AM	Is There an App for That?	Liz Joy, MD, MPH
11:10 AM	Infectious Diseases in the Active and Athletic Patient	Dennis Khalili-Borna, MD
11:50 AM	Managing Low Back Pain in Primary Care	Jim Macintyre, MD, MPE
12:30 PM	Final Adjourn	