

# 2025 Primary Care Hawaii Conference Conference

## Agenda Monday July 21, 2025

4 Hours CME



### MENTAL HEALTH

Monday July 21, 2025	Lecture Topic	Speaker
10:00 AM-5:00 PM	Registration and Name Badge Pick-up	
12:25 PM	Opening Remarks by the Chairman	Robert Sallis, MD
12:30 PM	Managing Depression and Anxiety in Primary Care	Neel Doshi, DO
1:10 PM	Relationship Between Cardiac Health and Mental Health	Columbus D Batiste, MD
1:50 PM	Psychological Trauma in Athletes	Neel Doshi, DO
2:30 PM	Refreshment Break and Exhibit Hall	
3:00 PM	Get Selfish: The Relationship Between Selfish Principles and Exercise	Columbus D Batiste, MD
3:40 PM	Mental Health and Wellness in Athletes	John DiFiori, MD
4:20 PM	Case Studies in Mental Health for Family Medicine Docs	Neel Doshi, DO
5:00 PM	Adjourn	

All lectures held in the Kauai Ballroom

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## Agenda Tuesday July 22, 2025

4 Hours CME

### Lifestyle Medicine



Tuesday July 22, 2025	Lecture Topic	Speaker
8:00 AM	The Prescriptions Every Cardiologist Should Give	Columbus D Batiste, MD
8:40 AM	The Effect of Sedentary Behavior on Health and Wellness	Jessie Fudge, MD
9:20 AM	Prescribing Exercise in Clinical Practice	Robert Sallis, MD
10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM	Managing Insomnia in Clinical Practice	Neel Doshi, DO
11:10 AM	GLP-1 Medications: What You Need to Know	Columbus D Batiste, MD
11:50 AM	Helping Your Patients with COPD Get Back to Activity	Ted O'Connell, MD
12:30 PM	Adjourn <b>All lectures held in the Kauai Ballroom</b>	

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Wednesday July 23, 2025

4 Hours CME



### Hot Topics for the Primary Care Physician

Wednesday July 23, 2025	Lecture Topic	Speaker
12:30 PM	What is the Evidence Behind Dietary Supplements?	Ted O'Connell, MD
1:10 PM	Diagnosing and Managing Knee OA	Gregory Maletis, MD
1:50 PM	Managing Common Dislocations	David Olson, MD
2:30 PM	Refreshment Break and Exhibit Hall	
3:00 PM	Understanding Alternative Therapies Your Patients are Using	Ted O'Connell, MD
3:40 PM	Cupping, Percussion Therapy and Trigger Point Massage for Musculoskeletal Pain	Jessie Fudge, MD
4:20 PM	Pharmacology Updates for Primary Care Docs	Ted O'Connell, MD
5:00 PM	Adjourn	

All lectures held in the Kauai Ballroom

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### Agenda

Thursday July 24, 2025

4 Hours CME



### Musculoskeletal Issues

Thursday July 24, 2025	Lecture Topic	Speaker
8:00 AM	The Importance of a Good History in Caring for Musculoskeletal Injuries	Jessie Fudge, MD
8:40 AM	Orthopedic Injuries Not to Miss	Gregory Maletis, MD
9:20 AM	Evaluation and Management of Muscle Strain Injuries	John DiFiori, MD
10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM	Neck Problems in the Athlete	Robert Sallis, MD
11:10 AM	Evaluation of the Patient with Knee Pain	John DiFiori, MD
11:50 AM	Diagnosis and Management of ACL Injuries	Gregory Maletis, MD
12:30 PM	Adjourn	

All lectures held in the Kauai Ballroom

# 2025 Primary Care Hawaii Conference

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### Agenda

Friday July 25, 2025

4 Hours CME



### Caring for Special Populations of Active and Athletic Patients

Friday July 25, 2025	Lecture Topic	Speaker
8:00 AM	Unique Concerns in Special Olympics Athletes	Jessie Fudge, MD
8:40 AM	Caring for the Master's Athlete	David Olson, MD
9:20 AM	Overuse Injuries in the Young Athlete	John DiFiori, MD
10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM	Internal Organ Injuries in Sports	David Olson, MD
11:10 AM	Activity Recommendations After Total Joint Replacement	Gregory Maletis, MD
11:50 AM	Update on Concussion Management	David Olson, MD
12:30 PM	Final Adjourn	

All lectures held in the Kauai Ballroom