

2026 Primary Care Hawaii Conference

Conference

Agenda

Monday June 22, 2026

4 Hours CME

Staying Well



Monday June 22, 2026	Lecture Topic	Speaker
10:00 AM-5:00 PM	Registration and Name Badge Pick-up	
12:25 PM	Opening Remarks by the Chairman	Robert Sallis, MD
12:30 PM	Natural Pathways to Wellbeing	Gyll Turteltaub, PsyD
1:10 PM	Supplements, Biohacks and Buzzwords	Chad Asplund, MD
1:50 PM	The Art of Resilience: Thriving Through Life's Challenges	Gyll Turteltaub, PsyD
2:30 PM	Refreshment Break and Exhibit Hall	
3:00 PM	Designing an Exercise Program to Maximize Health and Well Being	Robert Sallis, MD
3:40 PM	Staying Fit in Pregnancy	Katrin Massoudian, MD
4:20 PM	The Role of Exercise in Bone Health	Marci Goolsby, MD
5:00 PM	Adjourn	

All lectures held in the Grand Ballroom

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Agenda Tuesday June 23 2026

4 Hours CME



Musculoskeletal Issues

Tuesday June 23, 2026	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	The Shneck: Is Upper Back Pain Coming from the Shoulder or Neck?	Todd W. Weitzenberg, MD
8:40 AM	Lower Back Pain in the Pediatric Patient	Kenneth S. Taylor MD
9:20 AM	The Hack: Is Buttock Pain Coming from the Hip or Back?	Todd W. Weitzenberg, MD
10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM	Evaluation of the Patient with Knee Pain	Robert Sallis, MD
11:10 AM	Managing Patellofemoral Pain	Marci Goolsby, MD
11:50 AM	Foot and Ankle Pain	Kenneth S. Taylor MD
12:30 PM	Adjourn	

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Wednesday June 24, 2026

4 Hours CME



Current Concepts in Primary Care

Wednesday June 24, 2026	Lecture Topic	Speaker
11:30-12:30 pm	Attendee & Exhibitor Networking Luncheon	All attendees
12:30 PM	Menopause 101	Katrin Massoudian, MD
1:10 PM	Update on Immunology for the Primary Care Doc	Steve S Lee, DO
1:50 PM	The Musculoskeletal Syndrome of Menopause	Katrin Massoudian, MD
2:30 PM	Refreshment Break and Exhibit Hall	
3:00 PM	Fatness vs Fitness: What's More Important for Health	Robert Sallis, MD
3:40 PM	Caring for Ourselves So We Can Care for Our Patients	Gyll Turteltaub, PsyD
4:20 PM	Managing Type 1 Diabetes in the Active and Athletic Patient	Marci Goolsby, MD
5:00 PM	Adjourn	

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Agenda Thursday June 25, 2026

4 Hours CME



Caring for the Active and Athletic Patient

Thursday June 25, 2026	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	Common Upper Extremity Problems in Primary Care	Kenneth S. Taylor MD
8:40 AM	MSK Red Flags: What Primary Care Docs Cannot Miss	Chad Asplund, MD
9:20 AM	The Evaluation and Management of Shin Splints	Todd W. Weitzenberg, MD
10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM	Common Cycling Injuries	Todd W. Weitzenberg, MD
11:10 AM	Approach to the Patient with Myopathy	Steve S Lee, DO
11:50 AM	Musculoskeletal Procedures and Injectables	Kenneth S. Taylor MD
12:30 PM	Adjourn	

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Agenda

Friday June 26, 2026

4 Hours CME



Hot Topics for the Primary Care Physician

Friday June 26, 2026	Lecture Topic	Speaker
7:00 AM	Breakfast in the Exhibit Hall	
8:00 AM	A Practical Approach to ANA Testing	Steve S Lee, DO
8:40 AM	Fatigue in the Athletic Patient	Chad Asplund, MD
9:20 AM	Approach to Hormone Therapy for the Busy Clinician	Katrin Massoudian, MD
10:00 AM	Refreshment Break and Exhibit Hall	
10:30 AM	The Evaluation and Management of Polyarthritis	Steve S Lee, DO
11:10 AM	Dermatologic Issues in the Active and Athletic Patient	Marci Goolsby, MD
11:50 AM	A Mindful Approach to Managing Stress	Gyll Turteltaub, PsyD
12:30 PM	Final Adjourn	

All lectures held in the Grand Ballroom