

# PRIMARY CARE HAWAI'I CONFERENCE

## AGENDA

June 22 – 26, 2026

All lectures located in the Grand Ballroom



### Monday, June 22 | Staying Well | 4.0 hours CME credits

TIME	TOPIC	SPEAKER
10:00am–5:00pm	Registration and name badge pickup	
12:25 pm	Opening remarks by the Chairman	<i>Robert Sallis, MD</i>
12:30 pm	A Mindful Approach to Stress	<i>Gyll Turteltaub, PsyD</i>
1:10 pm	Supplements, Biohacks and Buzzwords	<i>Chad Asplund, MD</i>
1:50 pm	Natural Pathways to Wellbeing	<i>Gyll Turteltaub, PsyD</i>
2:30 pm	Refreshment Break and Exhibit Hall	
3:00 pm	Designing an Exercise Program to Maximize Health and Well Being	<i>Robert Sallis, MD</i>
3:40 pm	Staying Fit in Pregnancy	<i>Katrin Massoudian, MD</i>
4:20 pm	The Role of Exercise in Bone Health	<i>Marci Goolsby, MD</i>
5:00 pm	Adjourn	

Exhibit Hall open from 10:00 am–5:00 pm

### Tuesday, June 23 | Musculoskeletal Issues | 4.0 hours CME credits

TIME	TOPIC	SPEAKER
7:00 am	Breakfast in the Exhibit Hall	
8:00 am	The Shneck: Is Upper Back Pain Coming from the Shoulder or Neck?	<i>Todd W. Weitzenberg, MD</i>
8:40 am	Lower Back Pain in the Pediatric Patient	<i>Kenneth S. Taylor MD</i>
9:20 am	The Hack: Is Buttock Pain Coming from the Hip or Back?	<i>Todd W. Weitzenberg, MD</i>
10:00 am	Refreshment Break and Exhibit Hall	
10:30 am	Evaluation of the Patient with Knee Pain	<i>Robert Sallis, MD</i>
11:10 am	Managing Patellofemoral Pain	<i>Marci Goolsby, MD</i>
11:50 am	Foot and Ankle Pain	<i>Kenneth S. Taylor MD</i>
12:30 pm	Adjourn	

Exhibit Hall open from 7:00 am–12:30 pm

**Wednesday, June 24 | Current Concepts in Primary Care | 4.0 hours CME credits**

<b>TIME</b>	<b>TOPIC</b>	<b>SPEAKER</b>
11:30am–12:30pm	Attendee & Exhibitor Networking Luncheon	<i>All attendees</i>
12:30 pm	Menopause 101	<i>Katrin Massoudian, MD</i>
1:10 pm	Update on Immunology for the Primary Care Doc	<i>Steve S Lee, DO</i>
1:50 pm	The Musculoskeletal Syndrome of Menopause	<i>Katrin Massoudian, MD</i>
2:30 pm	Refreshment Break and Exhibit Hall	
3:00 pm	Fatness vs Fitness: What's More Important for Health	<i>Robert Sallis, MD</i>
3:40 pm	The Art of Resilience: Thriving Through Life's Challenges	<i>Gyll Turteltaub, PsyD</i>
4:20 pm	Managing Type 1 Diabetes in the Active and Athletic Patient	<i>Marci Goolsby, MD</i>
5:00 pm	Adjourn	

**Exhibit Hall open from 12:30 pm–5:00 pm**

**Thursday, June 25 | Caring for the Active and Athletic Patient | 4.0 hours CME credits**

<b>TIME</b>	<b>TOPIC</b>	<b>SPEAKER</b>
7:00 am	Breakfast in the Exhibit Hall	
8:00 am	Common Upper Extremity Problems in Primary Care	<i>Kenneth S. Taylor MD</i>
8:40 am	MSK Red Flags: What Primary Care Docs Cannot Miss	<i>Chad Asplund, MD</i>
9:20 am	The Evaluation and Management of Shin Splints	<i>Todd W. Weitzenberg, MD</i>
10:00 am	Refreshment Break and Exhibit Hall	
10:30 am	Common Cycling Injuries	<i>Todd W. Weitzenberg, MD</i>
11:10 am	Approach to the Patient with Myopathy	<i>Steve S Lee, DO</i>
11:50 am	Musculoskeletal Procedures and Injectables	<i>Kenneth S. Taylor MD</i>
12:30 pm	Adjourn	

**Exhibit Hall open from 7:00 am–12:30 pm**

**Friday, June 26 | Hot Topics for the Primary Care Physician | 4.0 hours CME**

<b>TIME</b>	<b>TOPIC</b>	<b>SPEAKER</b>
7:00 am	Breakfast in the Exhibit Hall	
8:00 am	A Practical Approach to ANA Testing	<i>Steve S Lee, DO</i>
8:40 am	Fatigue in the Athletic Patient	<i>Chad Asplund, MD</i>
9:20 am	Approach to Hormone Therapy for the Busy Clinician	<i>Katrin Massoudian, MD</i>
10:00 am	Refreshment Break and Exhibit Hall	
10:30 am	The Evaluation and Management of Polyarthritis	<i>Steve S Lee, DO</i>
11:10 am	Dermatologic Issues in the Active and Athletic Patient	<i>Marci Goolsby, MD</i>
11:50 am	Caring for Ourselves So We Can Care for Our Patients	<i>Gyll Turteltaub, PsyD</i>
12:30 pm	Final Adjourn	

**Exhibit Hall open from 7:00 am–12:30 pm**

