

High Acuity CV Conditions and Rapid EKG Interpretation:

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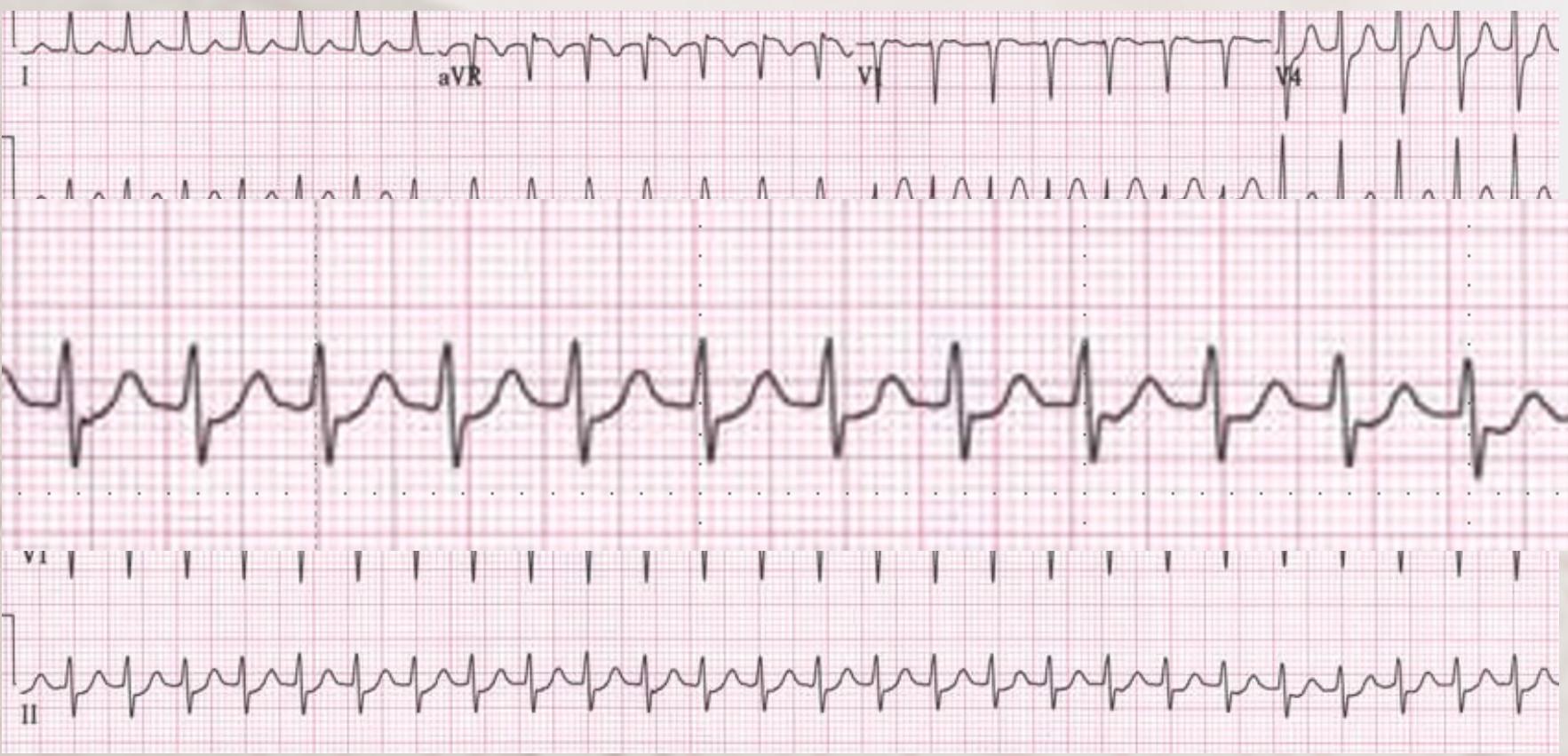
What Happens In Vegas.....

C. D. Batiste, MD, FACC, FSCAI

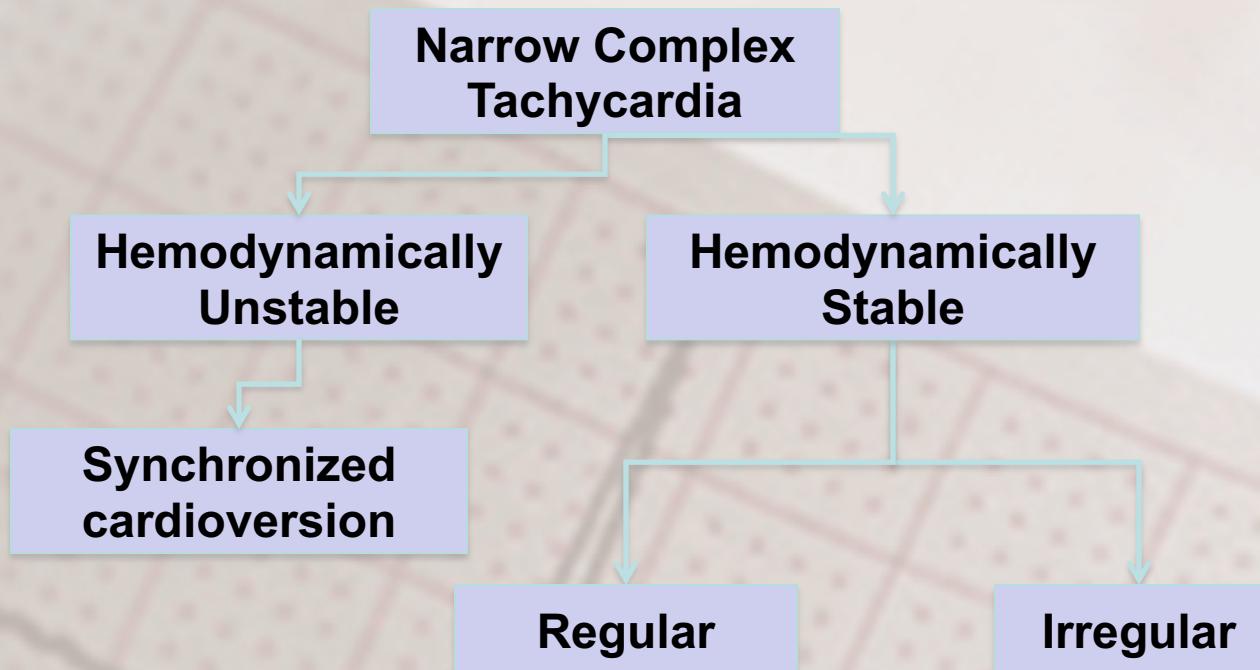


Questions to ask when analyzing an ECG

1. Is the patient stable or unstable?
 - A. Hypotension
 - B. Chest pain
 - C. Shortness of breath
 - D. Decreased LOC
2. Is the QRS narrow or wide?
3. What is the QRS rate
4. Is the rate regular or irregular?
5. Are P waves visible?
6. What is the **P:QRS** relation?



Approach to narrow complex tachycardias



Narrow complex tachycardias

REGULAR	IRREGULAR
<ul style="list-style-type: none">• Sinus Tachycardia• Paroxysmal supraventricular tachycardia (PSVT)• Atrial flutter with consistent conduction	<ul style="list-style-type: none">• Atrial Fibrillation• Atrial flutter with variable conduction• Multifocal atrial tachycardia

Narrow complex tachycardias

REGULAR

- Sinus Tachycardia
- Paroxysmal supraventricular tachycardia (PSVT)
- Atrial flutter with consistent block

Regular narrow complex tachycardia

Vagal Maneuvers

Valsalva

Carotid artery massage

Adenosine

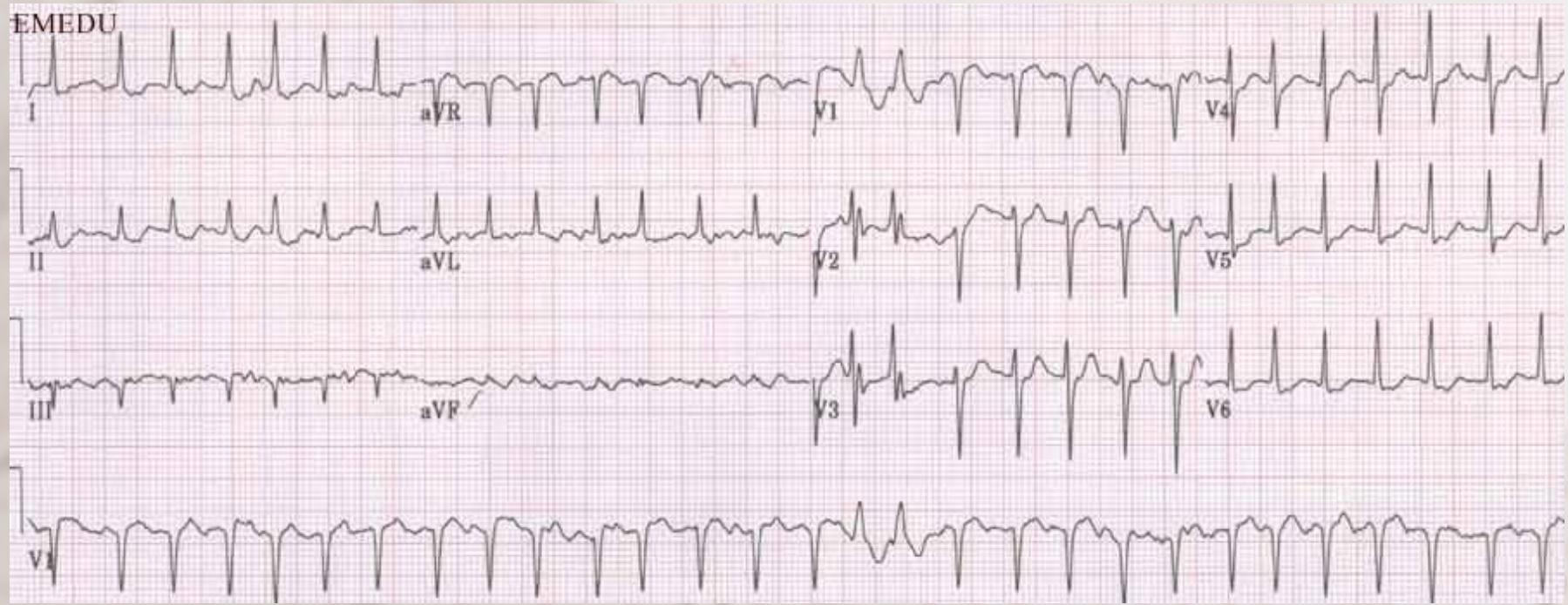
IV 6mg push then repeat 12mg (2 times if unsuccessful)

Calcium Channel Blockers

IV 0.25mg/kg diltiazem over 2 min (15-20mg)

Modified from Neumar et al. Circulation 2010; 122:S729-S767





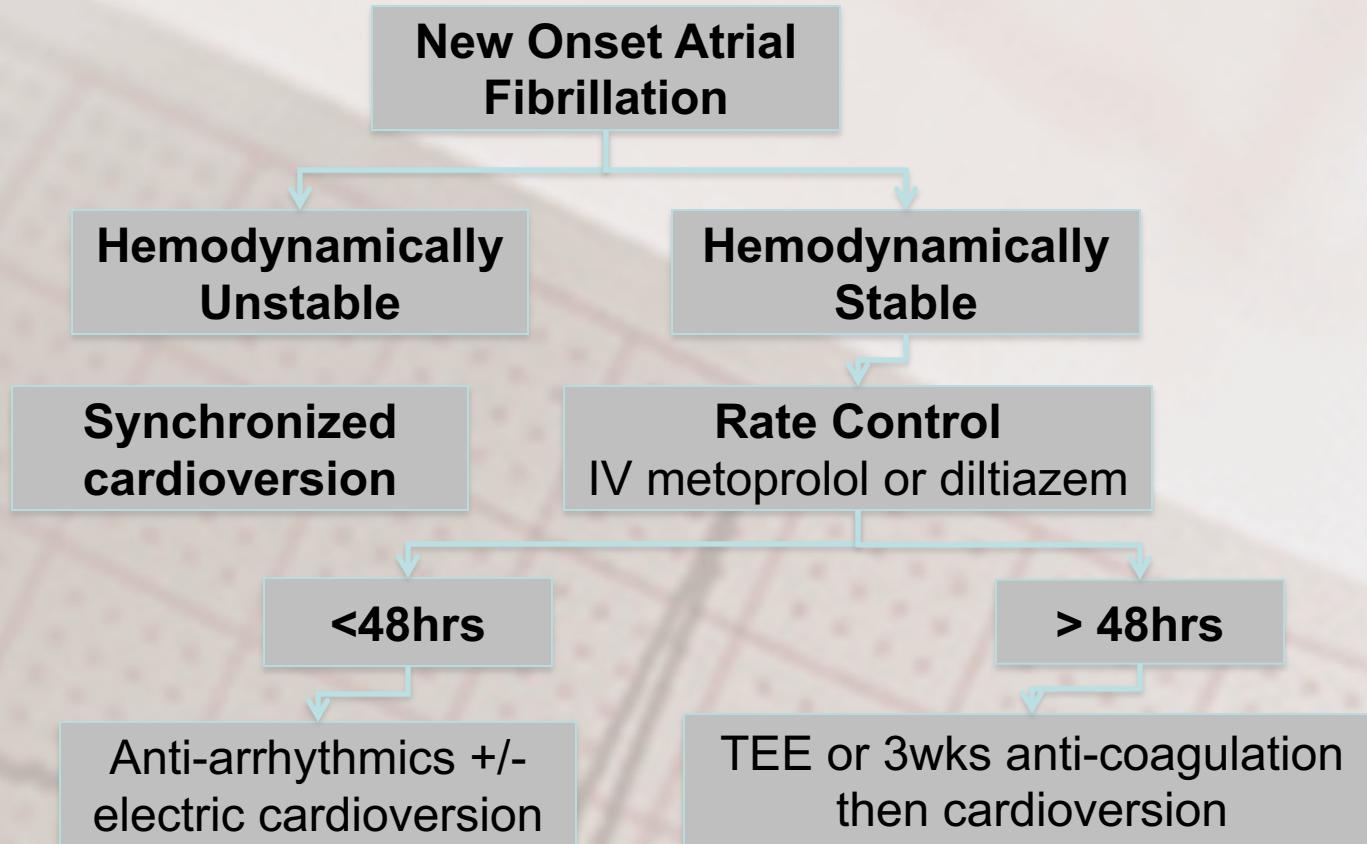
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Narrow complex tachycardias

IRREGULAR

- Atrial fibrillation
- Atrial flutter with variable block
- Multi focal atrial tachycardia



Chest 2009; 135:849-859

Rate control

No accessory pathway

- Diltiazem IV 0.25mg/kg over 2min (Class I)
- Verapamil IV 0.075-0.15mg/kg over 2min (Class I)

Accessory Pathway

- Amiodarone IV 150mg over 10min (Class IIa)

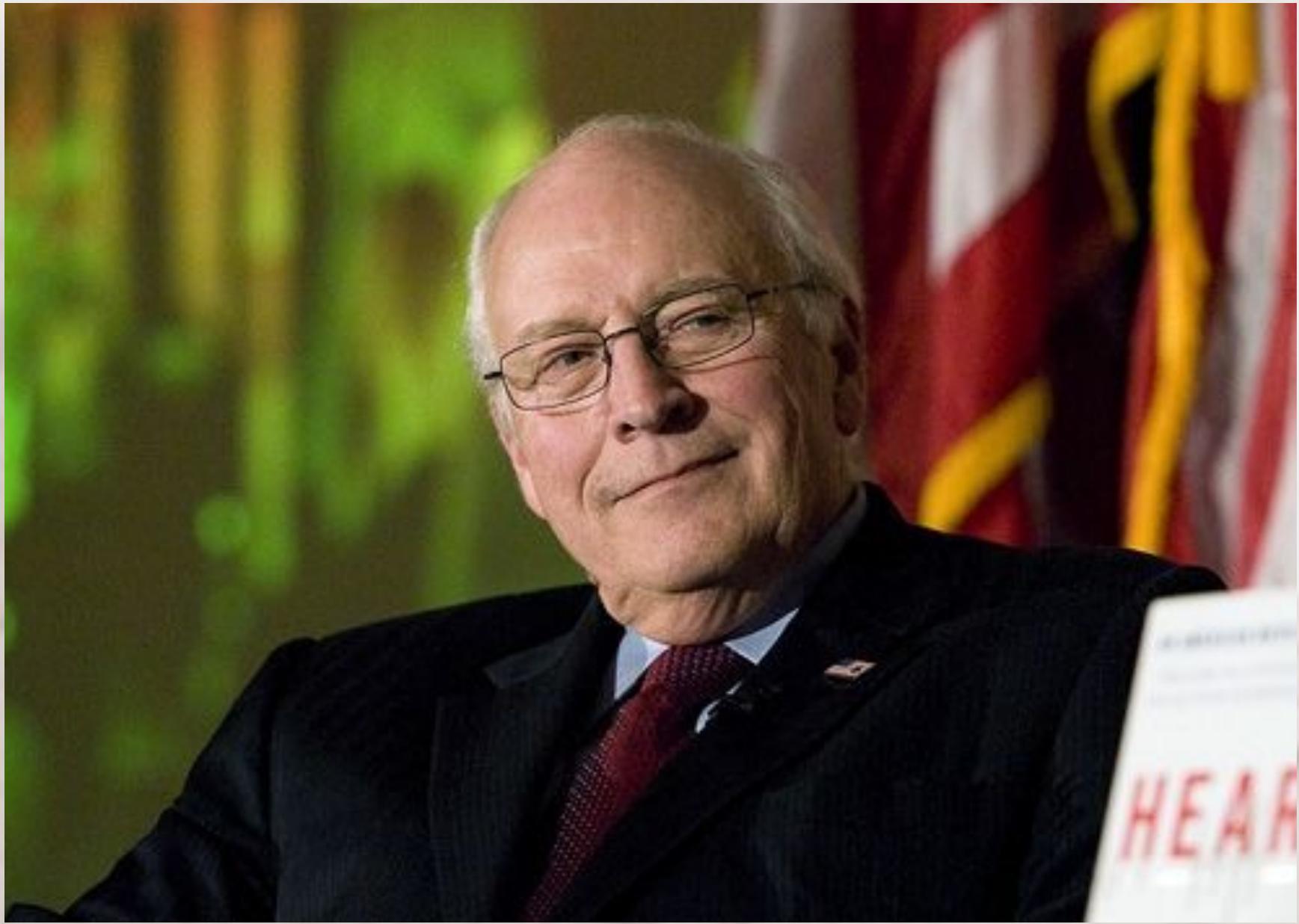
Heart Failure without accessory pathway

- Digoxin IV 0.25mg q2h (Class I)
- Amiodarone IV 150mg over 10min (Class IIa)

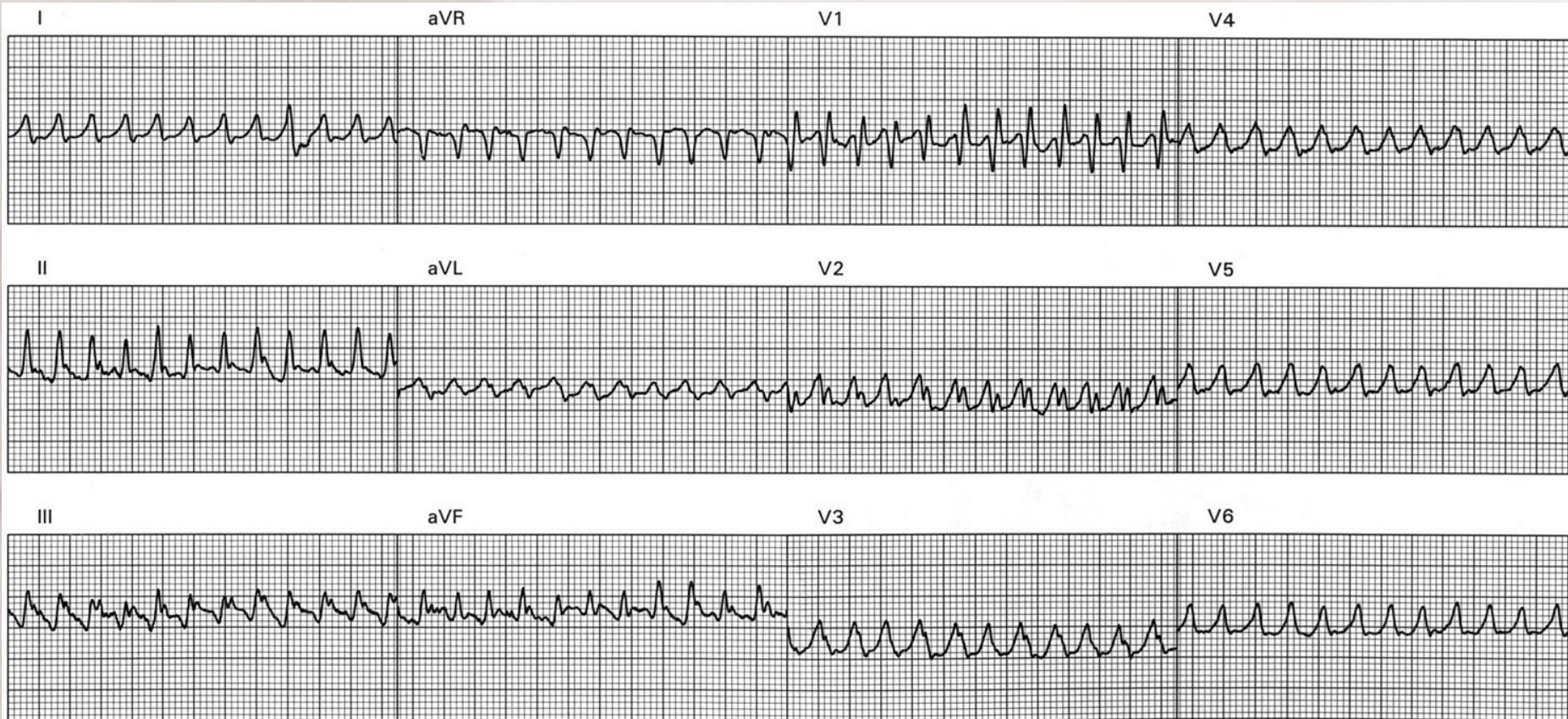
ACC/AHA/ESC 2006 Atrial Fibrillation guidelines

Rhythm control: Stable patients

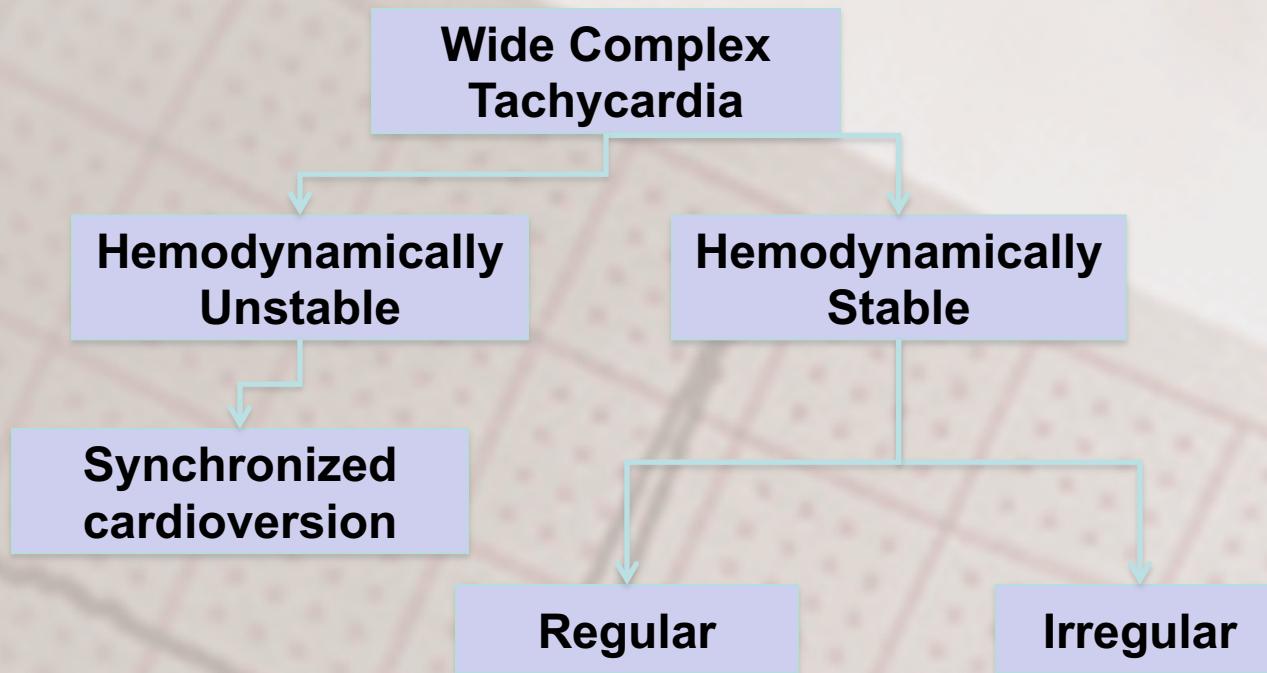
- Consider cardioversion especially if younger, without hypertension or heart disease ACC/AHA/ESC Atrial Fibrillation guidelines 2006
- Ottawa protocol: IV 1g procainamide (in 250ml D5W) over 1hr; 58% conversion rate CJEM 2010 12(3):181-91
- Amiodarone 3-5mg/kg IV over 15-20min
- Ibutilide 0.015-0.02mg/kg IV over 10-15min
- Electrical cardioversion: 80-90% conversion rates
- Admit AF patients if:
 - Unstable, MI, worse heart failure



Wide complex tachycardias



Approach to wide complex tachycardias



Wide Complex Tachycardias

Differential Diagnosis

Regular	Irregular
<ul style="list-style-type: none">• Monomorphic VT• SVT with aberrancy (BBB)• Antidromic Wolf Parkinson White syndrome• Electrolyte abnormalities or overdoses	<ul style="list-style-type: none">• Polymorphic VT (including Torsades)• A. Fib with aberrancy (BBB)• A. Fib + accessory pathway

Wide Complex Tachycardias

Ventricular Tachycardia vs. SVT

Ventricular Tachycardia

- Age > 50yrs
- Hx MI, CHF, CABG
- Previous VT
- ECG: fusion beats or AV dissociation

SVT with aberrancy

- Age <35yrs
- No cardiac history
- Previous SVT

Wide Complex Tachycardias

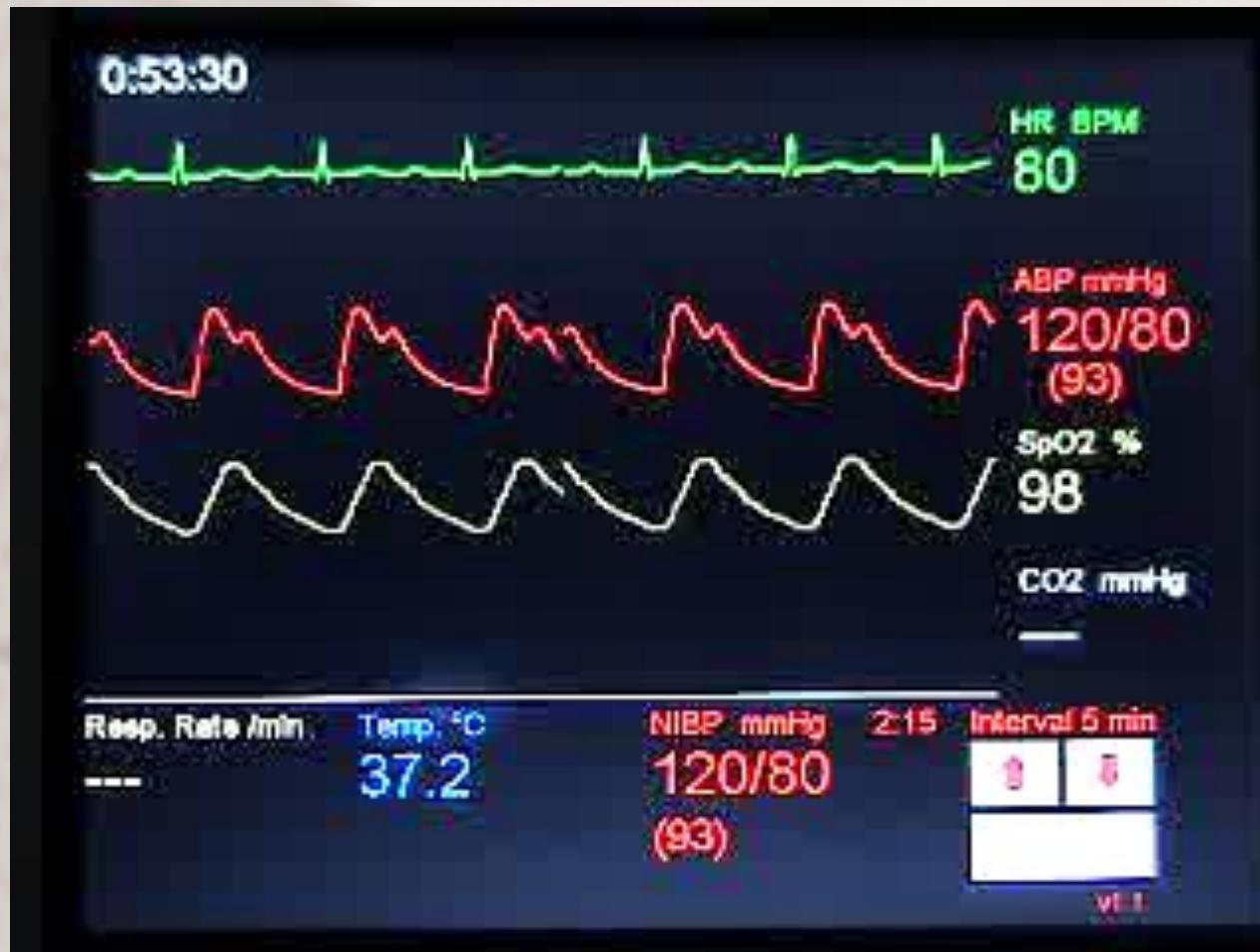
Regular wide complex tachycardia is ventricular tachycardia until proven otherwise



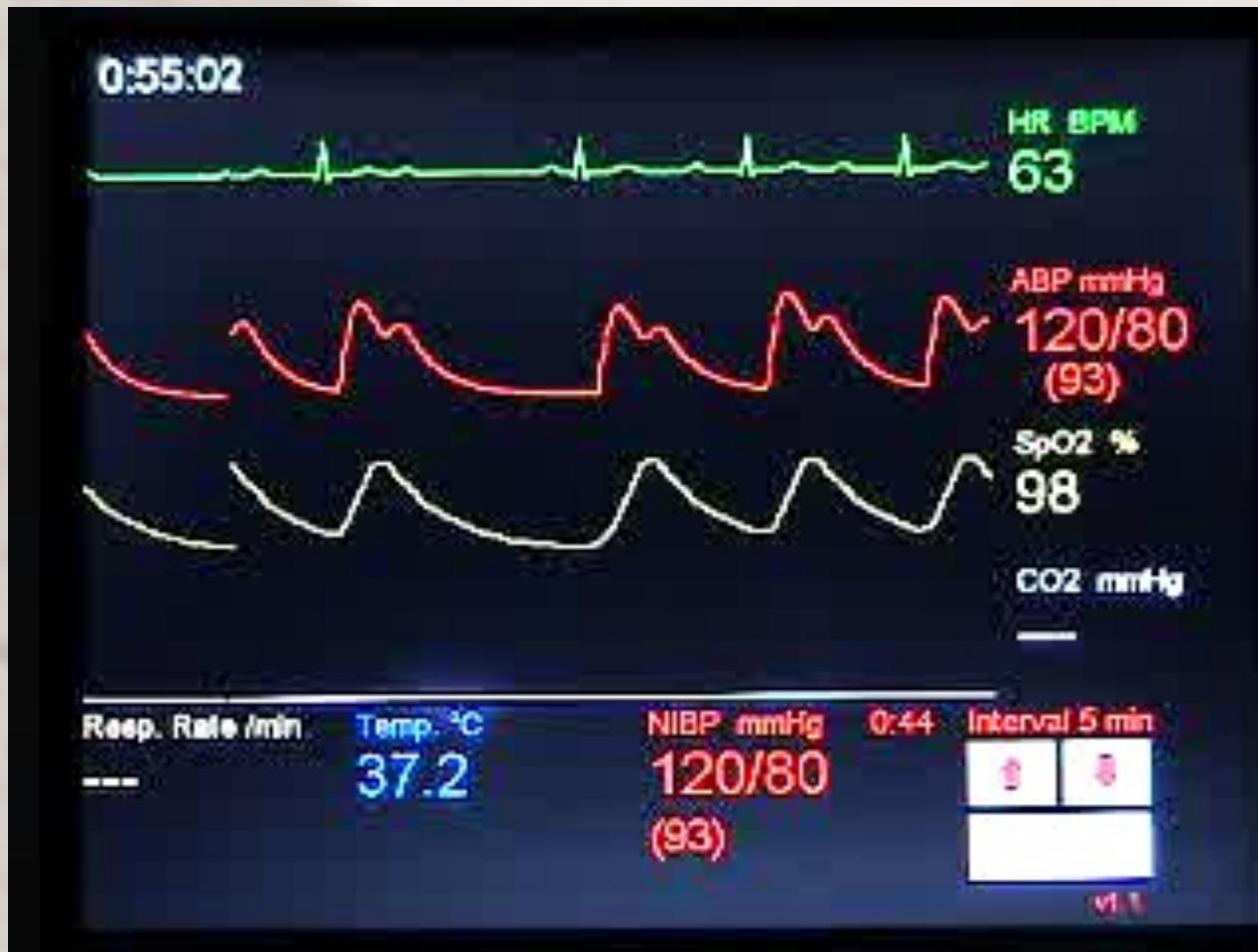
The Bradycardia Algorithm

- The bradycardia algorithm outlines the steps for assessment and management of a patient presenting with symptomatic bradycardia
- The primary point in the bradycardia algorithm is determination of adequate perfusion.

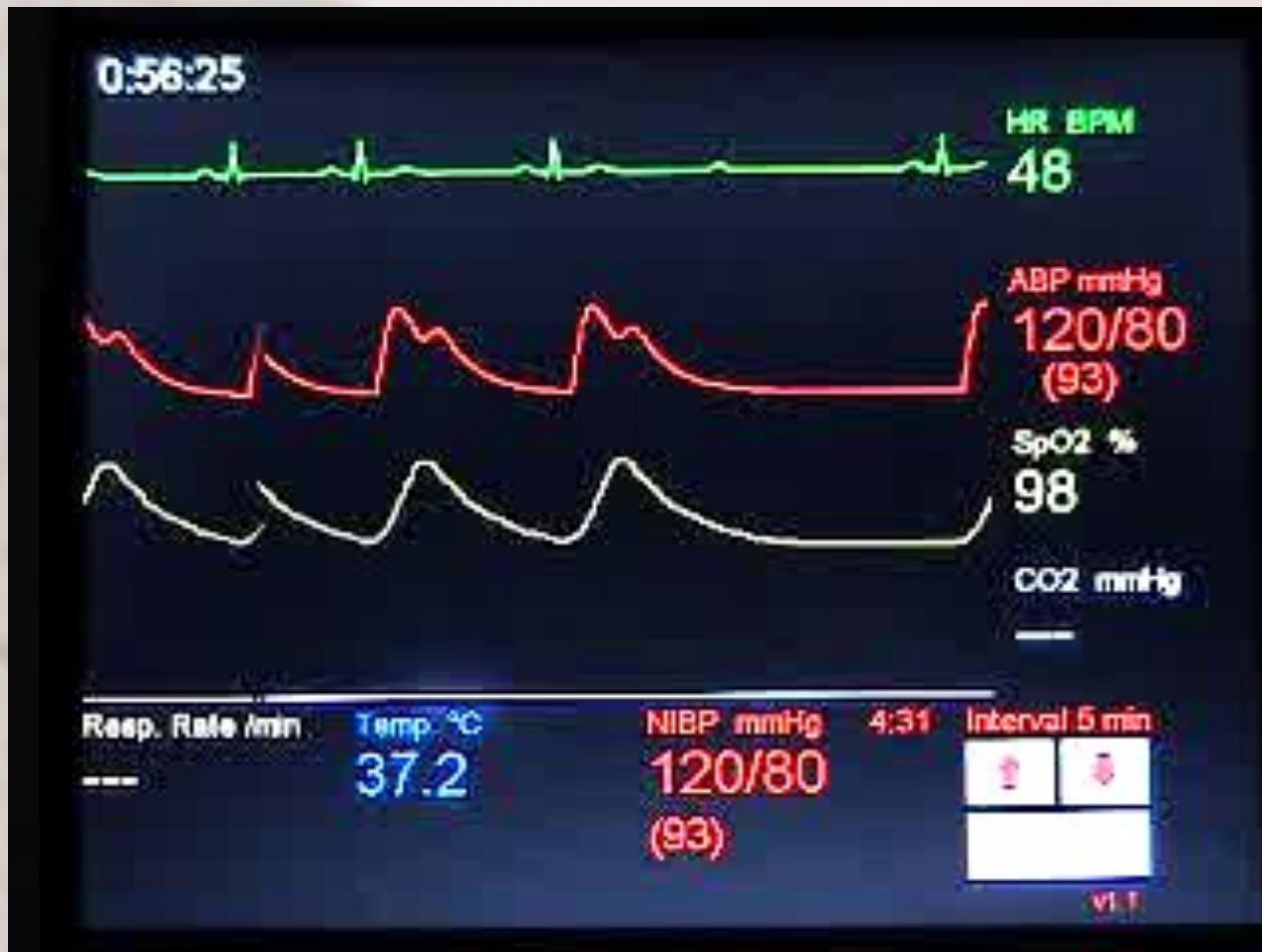
First degree AV Block



Second-degree AV block Mobitz I



Second-degree AV block Mobitz II



Unstable Bradycardia

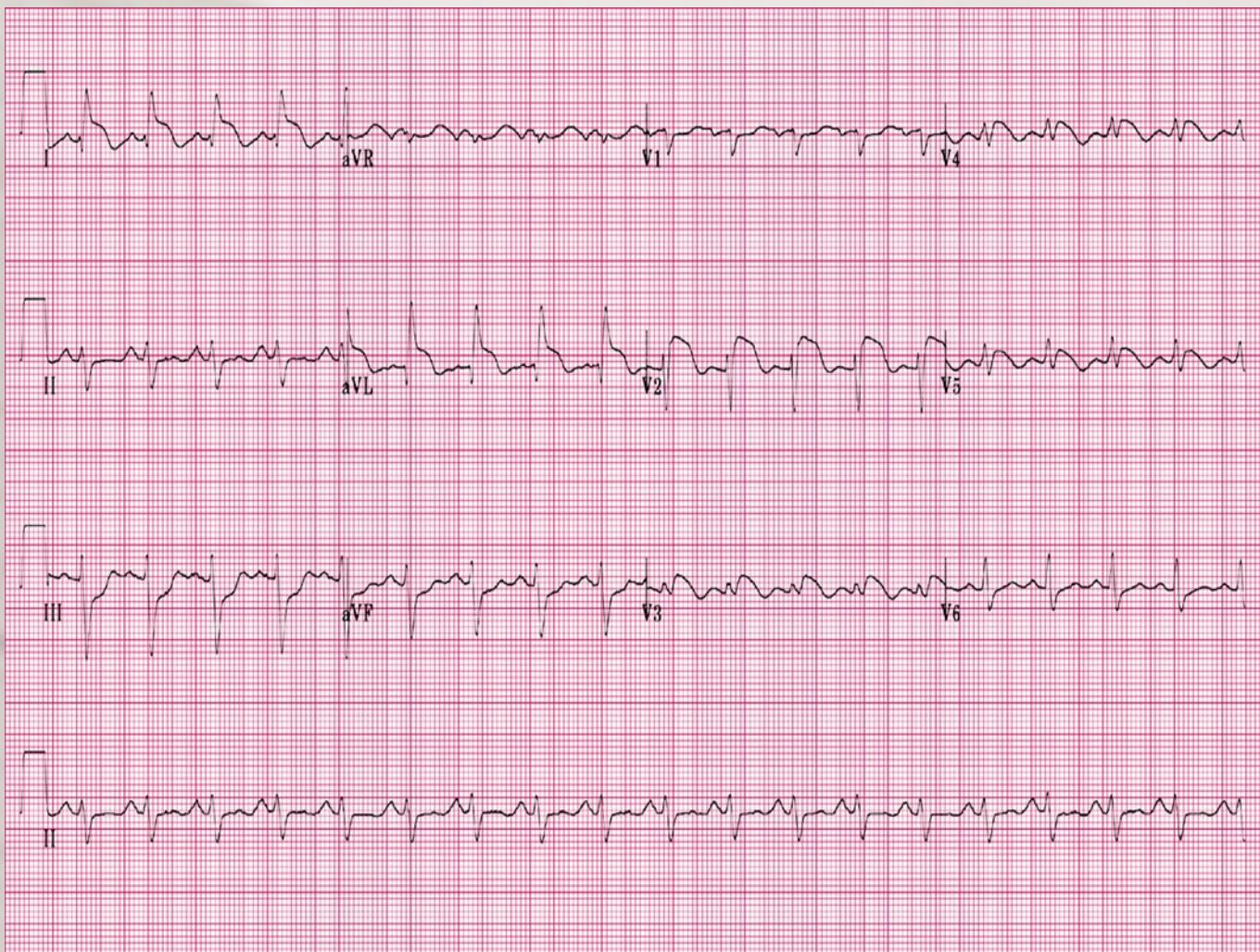


Third-degree AV block



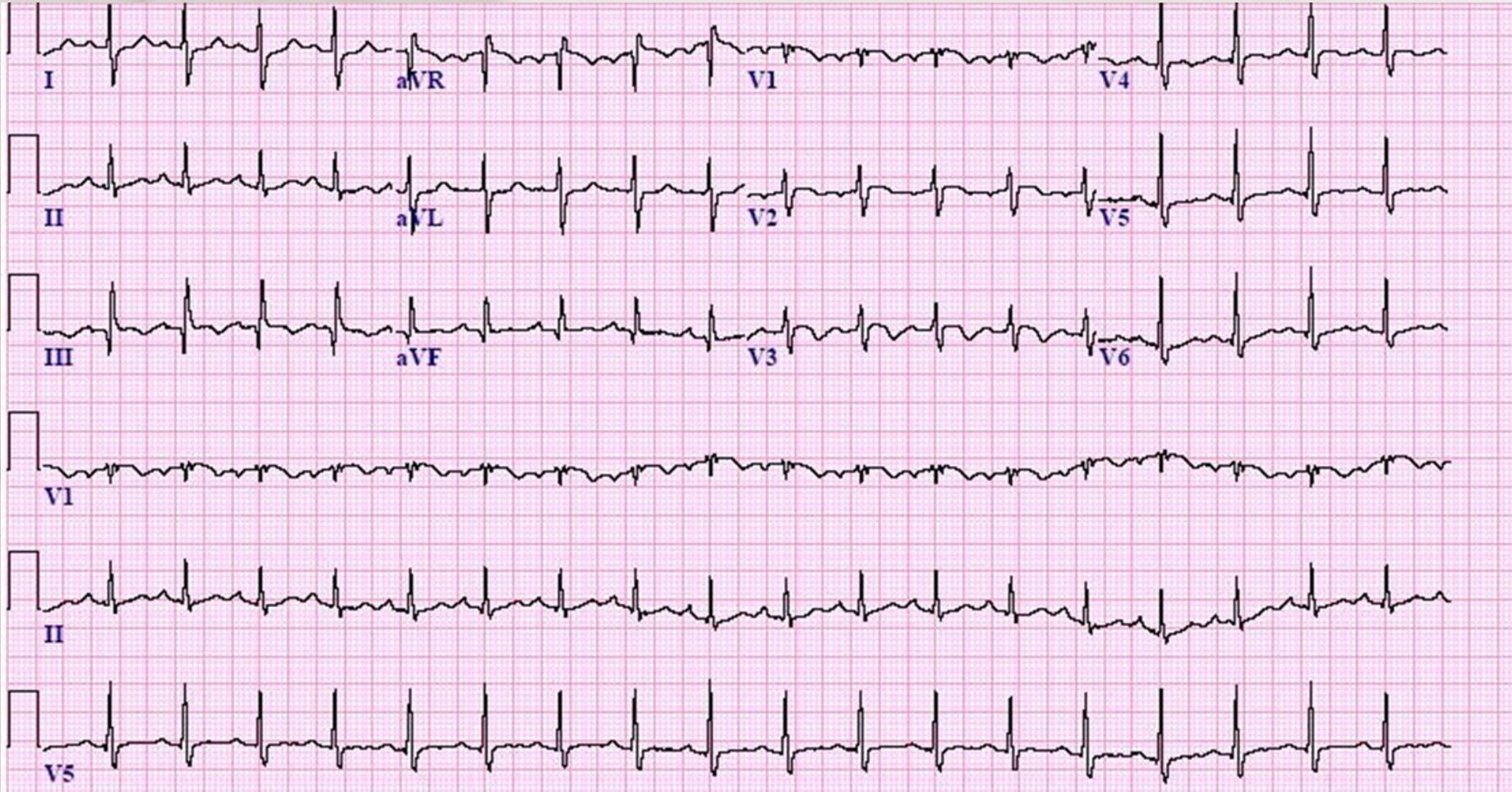


Acute Anterior MI



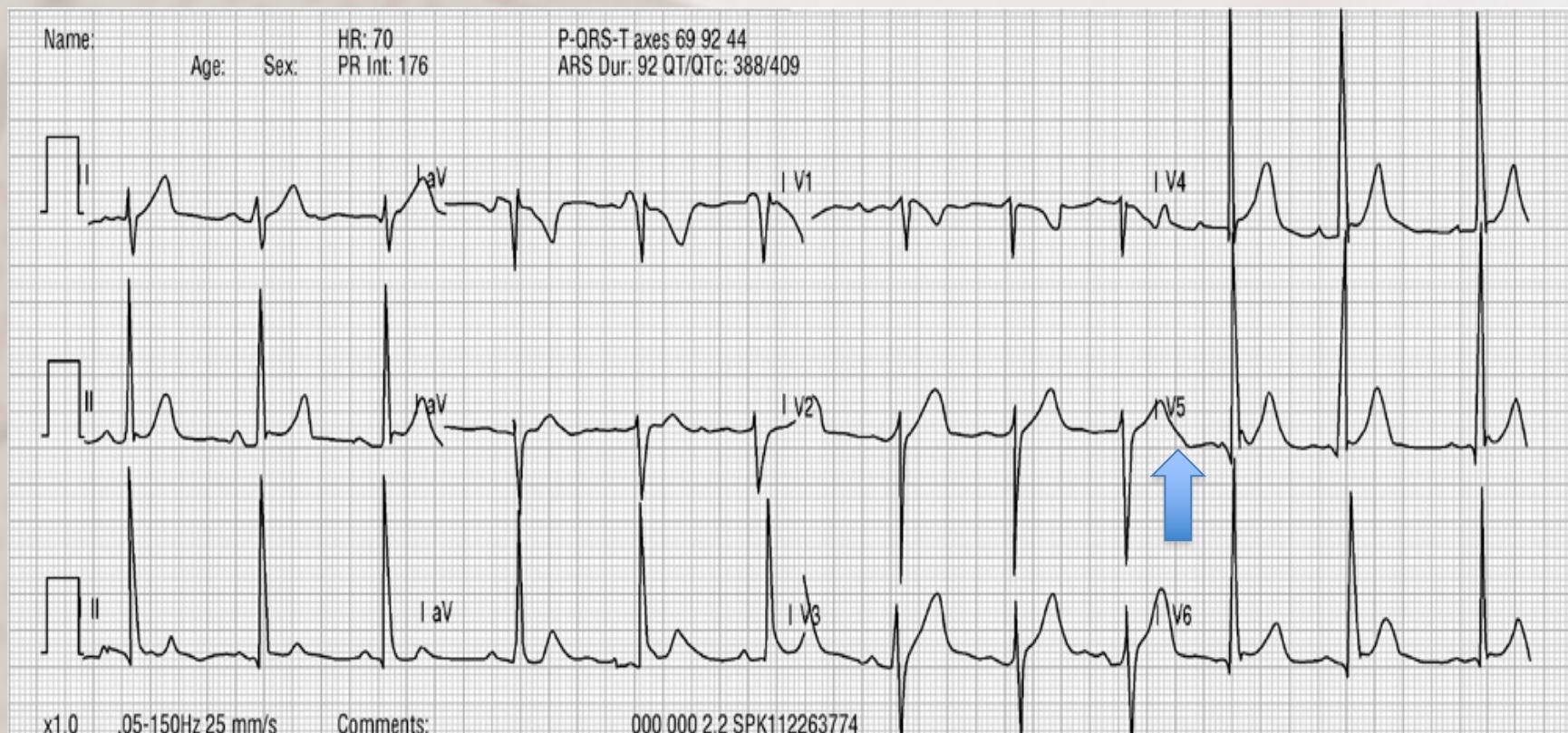


Acute Pulmonary Embolus





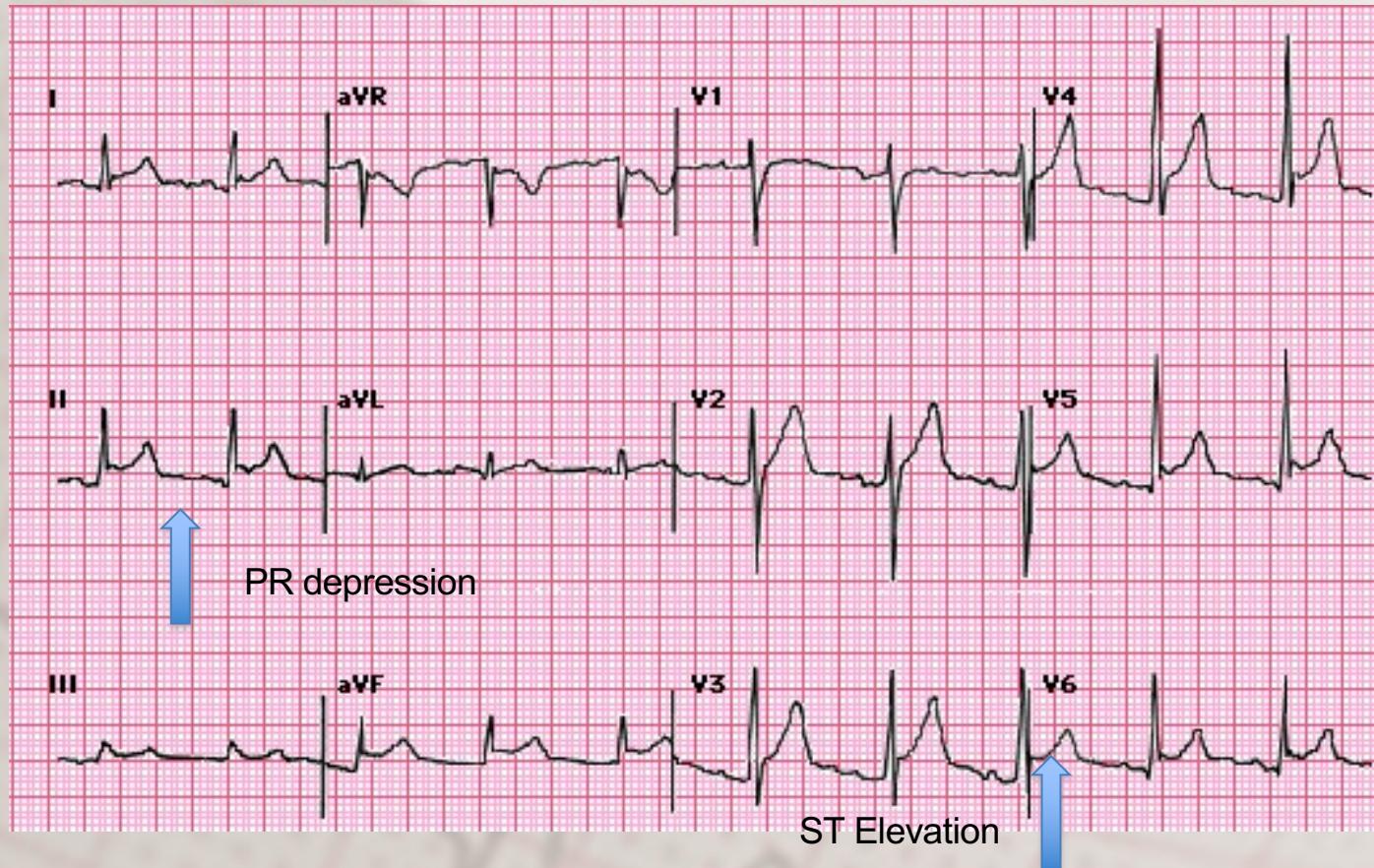
Early Repolarization



Wayne Guerra MD, MBA



Acute Pericarditis

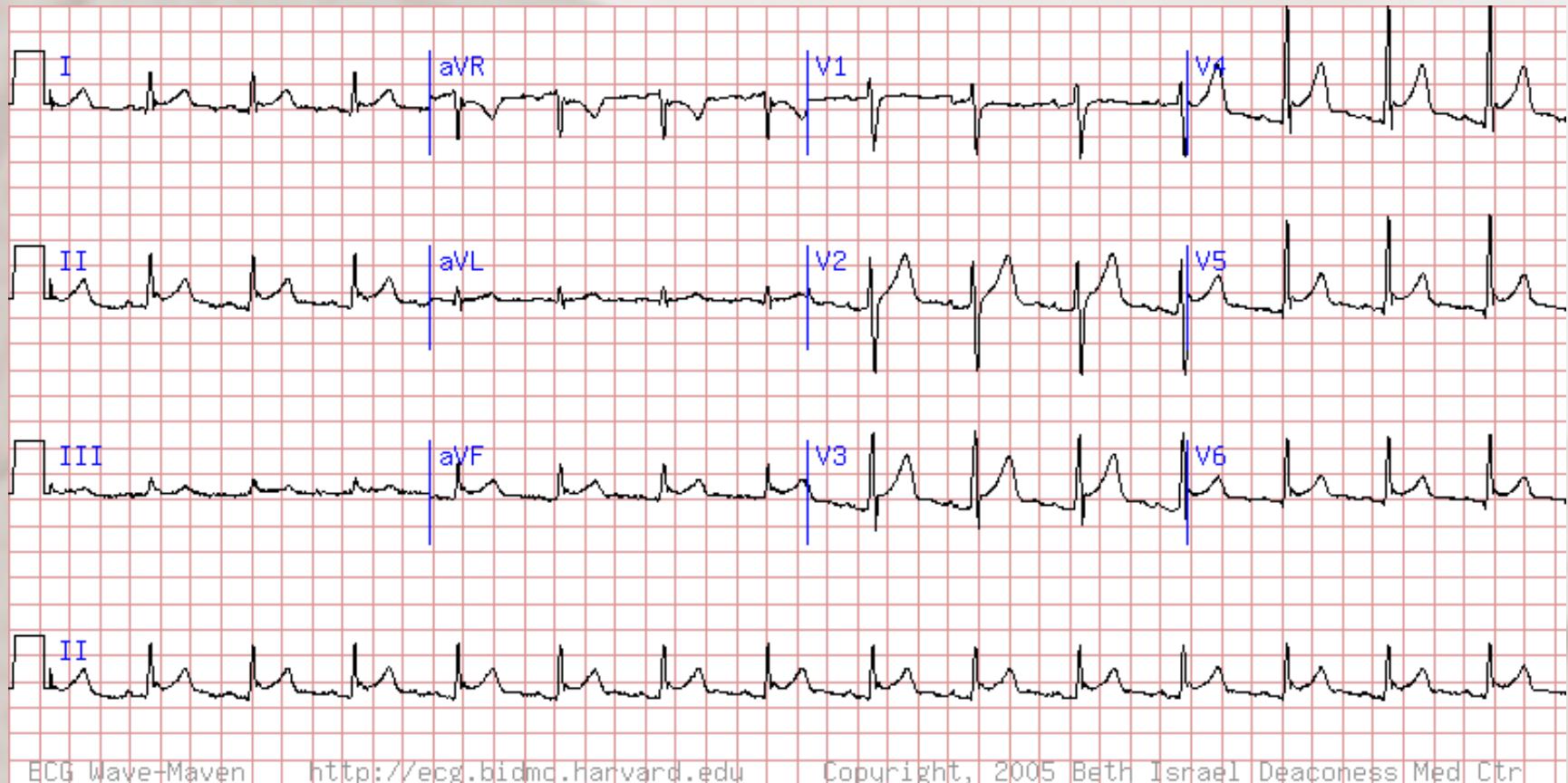


Wayne Guerra MD, MBA

ECG Findings

- Stage I: ST segment elevation (concave upward not convex) in all leads except aVR and V1 without reciprocal ST segment depression (which occurs in MI) (Several hours later).
- Stage II: ST segments return to baseline, the initially upright T waves flatten (several days later)
- Stage III: T waves invert (weeks later)
- Stage IV: T waves revert to normal (weeks or months later)
- Other changes: Large effusion can cause both reduced voltage and electrical alternans.

EKG of Acute pericarditis (Stage I)



Other Findings

