

THE CAMPBELL PRESS

Serving the Community for over 125 Years



VOL. 03 No. 3

YOUR #1 COMMUNITY NEWS AND INFORMATION SOURCE!

JANUARY 5, 2023

FREE

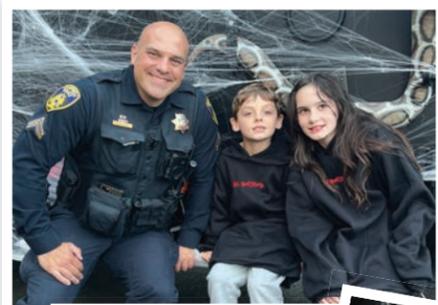
2023 HAPPY NEW YEAR

A YEAR IN PICTURES




Mayor Paul Resnikoff
State of the City

Thursday, September 22, 2022
Orchard City Banquet Hall
Campbell Community Center
One W. Campbell Avenue
Doors open at 5:30 pm, event begins at 6:00 pm



PIC OF THE MONTH

Photo: © Matthew C. Howe

THE OLD CAMPBELL LIBRARY Groundbreaking for the renovation of the Campbell Public Library building will begin soon.

HAPPY NEW YEAR



THE COUNTRY WOMAN'S CLUB OF CAMPBELL
ANNOUNCES THEIR

25TH ANNUAL CRAB & GOURMET PASTA DINNER

A benefit for Scholarships and Community Projects.
Enjoy our Silent Auction and Raffle!

THE EVENT WILL BE SATURDAY,
FEBRUARY 4, 2023 AT 6:00 P.M.
AT THE ORCHARD CITY BANQUET HALL
CAMPBELL AVENUE, CAMPBELL CA 95008

TICKETS ARE \$60

Contact Ursula Smith at (408) 377-2371,
Or Cherri Fontana at (408) 209-1310, cell/text (408) 313-3793



WORD OF THE MONTH

“HOMEOSTASIS” (NOUN)

The tendency toward a relatively stable equilibrium between interdependent elements, especially as maintained by physiological processes.



THE CAMPBELL PRESS

Published monthly by
THE CAMPBELL PRESS

334 E. Campbell Ave.
Campbell, CA 95008
Phone: (408) 374-9700

Publishers:

Nancy O. Whitney
Matthew C. Howe

Editor:

Matthew C. Howe

Layout:

Chris Matthews

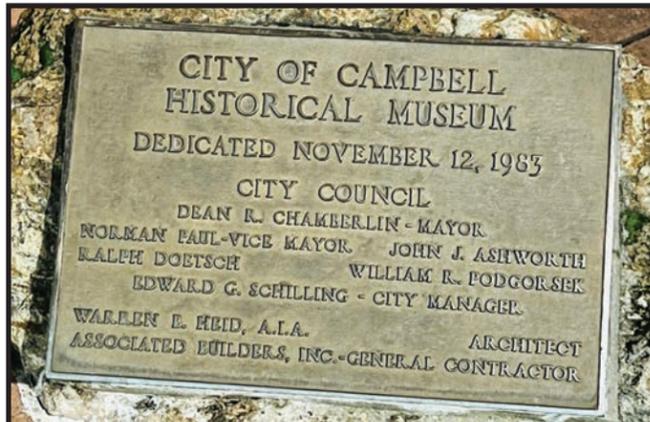
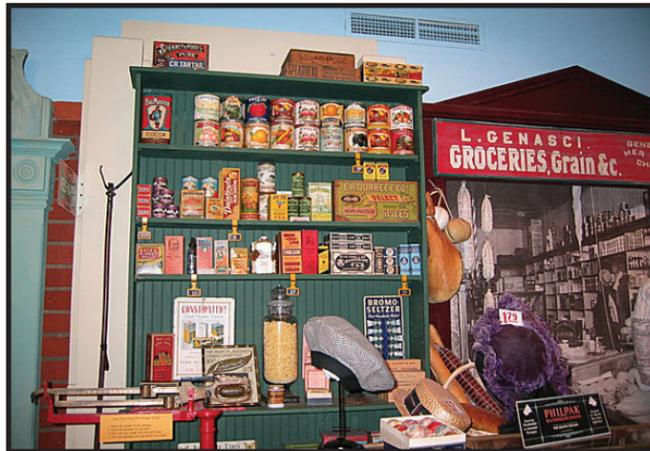
Contributing Writers:

Adam Buchbinder
Leena Chitnis
Carol W. Gerwitz
Jay Harnden
Matthew C. Howe
Chris Jackson
Ken Johnson
John MacCalman
SAM/Sharon McCray
Celeste Martin Nathan
Benjamin Noel
Kerry Perkins
Jill Scarnecchia
Margaret Schieck
Joe Simitian
Nancy O. Whitney
Sam Wilson

Graphic Design:

Alicia Mont
Lisa Norene Farrar

thecampbellpress@gmail.com



HERE'S HOWE



PERSPECTIVE:

A WET START FOR 2023

Rain rain go away come again another day; and so it did, and it did again, and again a few more times after that too. Hopefully by the time you're reading this you're drying out a bit. Maybe in more ways than one. Dry to wet. Drought to flood. I worried about my roof. I worried about my large trees that would do serious damage if any part of them came down. I worried about the glistening front yard lake that was once a driveway; growing and expanding ever so rapidly with every drop; the potential need for boating equipment looming just to get the kids to school. I know I'm not alone here. Last night about 3am, I stood in my front yard surveying the wind and rain damage.

It was dark. Very dark. That's when I realized all power was out around me in all directions but to the east, though my power was oddly the only one still on. I shined my flashlight around the yard as its light reflected off the 5" of water that lay just before me. My "lake" was at maximum capacity. Sandbags would be needed soon if it didn't stop. The 60+ mph gusts of wind an hour earlier you couldn't sleep through and sounded like a freight train. It shook the house and rattled two interior sliding doors from a draft I never knew existed until that ferocious energy came through the place.

A heavy door I had propped up against my house was tossed 50 feet into the garden like a torn napkin. I only remember one other time in my life where this much rain came down in such a short time. I wore the standard yellow rain gear that always hung in the garage never thinking there would ever be a reason to use it, but that day but I was completely soaked even with it on – stacking up sandbags in front of the garage door and digging trenches with a pick and shovel in the overly saturated muddy ground; re-routing water away from the house in the middle of the night to prevent any flooding. However, there always seems to be an end to the weather onslaught where we live.

I don't know about you, but I will take a Campbell mother nature beating every 5 years over boarding up my house potentially multiple times a year, and running for the hills or maybe even worse, waking up to a thunderous sound, only to look out the kitchen window to see your neighbor's house fly away in an F3 tornado. Campbell is still going to be Campbell no matter what kind of beating we end up taking. This one though, we will remember for a long time to come and it's not over just yet. But we will still have our spirit and that's what any real community is about. Rebound. Rebuild. Replay. Happy New Year and please stay safe.

THEN AND NOW

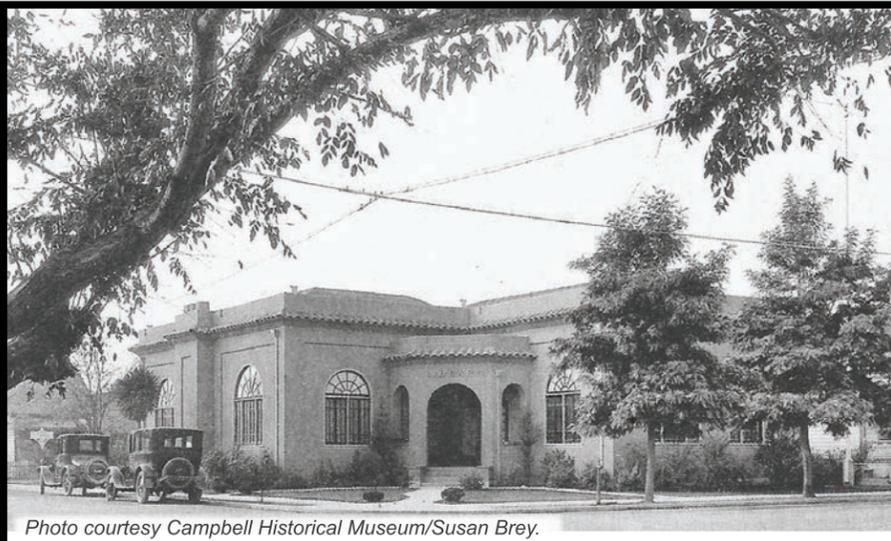


Photo courtesy Campbell Historical Museum/Susan Brey.



Photo: © Matthew C. Howe

This building on the SW corner of Campbell Ave. and 1st Street was built back in 1923 and shows the gallant fund raising efforts by the Country Woman's Club of Campbell. It was a place the club would proudly call home, hold meetings, and gather for community events. At that time, the local library occupied the right side of the front steps, and the clubroom was on the left. I remember going there as a child with my grandmother who was at one time not only a member, but President of the club in 1963-64. It was a large open room with a beautiful shiny wooden floor that glowed in the sunlight. I ran circles around the people there burning off the left over energy I still had after school. Today, it is the home of the Palazzi Salon that has occupied the space for many years now.



HIKES AND RIDES 5

By Benjamin Noel

SUMMITS FOR THE NEW YEAR

This collection will be a list of some summits. These are all routes starting at the base, and ending at the peak of a mountain or hill.

My favorite type of bike rides and hikes are summits. They are challenging, and rewarding. A metaphor for any challenge in life, knowing that as long as you keep pushing, you'll make it to the top. The perfect way to ring in the New Year is at the top of a mountain, or if your fitness is not quite there yet, start the year building up your fitness to reach the top of one of these hills by the end of the year!

Mission Peak

A Bay Area staple. I've covered this in the August issue, but Mission Peak could not be left off this list. The route is 6 miles round trip, but a whopping 2,000 feet elevation gain in just 3 miles. My favorite route

up is the path on the right, it's singletrack, more technical, and very steep at parts. The route on the left is an even grade gravel path, and is much more approachable for those new to hiking.

Word of advice, avoid this route like the plague after rains as it gets extremely muddy.

St. Joseph's

A highly popular spot in the south bay located just outside of downtown Los Gatos. This is a great park to go with family, especially for a casual summit. There are many trail options to add mileage to the route, but a simple out and back from Jones trail will run you about 4 miles and 800 feet of elevation gain. This is a great trail to get your feet wet (metaphorically)!

El Sereno - Aquinas Trail

Another favorite of mine is Aquinas trail just 5

minutes from downtown Los Gatos. There is no parking lot for El Sereno Open Space, and the road leading up to the trailhead is private. Park on Overlook Road, and walk up to the trailhead. From there the hike to the summit is approximately 4 miles, and 2,000 feet of elevation gain. This trail is particularly beautiful in the early morning as the sun is just coming up, but during the winter-time midday is just the same. Also, this trail does exceptionally well in the rain, so if you're favorite spots are mudded up, give Aquinas a shot. I typically bike this trail, but hiking is also nice, and there's a bench at the top if you'd like to reward yourself with a summit sandwich! I would advise bringing lots and lots of water if you do this route midday in the summer, as there is no tree cover.



PUBLISHER NOTES

By Nancy O. Whitney

Next up... Health and Local Human Interest Stories...

It seems like everyone is talking or thinking about their New Year's resolutions. People tend to reflect on their lives and focus more on goals at this time of the year. We sometimes put new goals together that help guide us with our own hopes and dreams and brings them into a clearer view. The Campbell Press has started a new holistic health series this month with more information and ways to be healthier. TCP focuses on finding experts in their varied fields and bring their knowledge to our pages as contributing writers. Any readers will benefit from useful information and learn something new in the process too. The Campbell Press believes as the community newspaper, we can use our platform to share interesting topics you may never have heard about.

My favorites are human interest stories; especially those about residents that grew up here as a child. Many long-time residents still live in Campbell and share historical nuggets with us from time to time. TCP has its own history too, with 3rd generation ties not only to publishing but history and more that dates back to the 1930's. We enjoy knowing more about both the old-timers and newer ones alike. We encourage everyone to share stories and/or photos with us of something they may know a lot about or

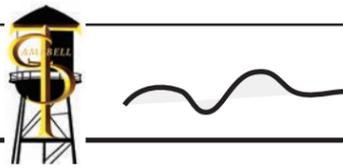
perhaps something they'd like to know more about. After all, this IS Campbell's best local news and information source. So, send us an old and new photo for our Special Announcement Section regarding a family occasion that's coming up, like a birthday, wedding, or anniversary. We are also always happy to hear any comments, feedback or ideas from our readers too.

Look on page 5 to find 'Stomach Health' the first entry of an educational series provided for learning more about stomach issues. We hope you find this both useful and informative. Also, page 3 is the 5th installment in a series of popular local walking and hiking trails that as well and some newer places you may not know of that you can enjoy too.

TCP is now the place from human interest stories with our in-memorium, obituary section, and special announcement columns. For many folks, announcing a loved one's celebration-of-life in our community newspaper is a great way of reaching out to others that may not have known about the event otherwise. It's also a more affordable choice too! It's a great way to share with friends and family about when services or parties are being held for Campbell residents. Thanks again for supporting The Campbell Press as we continue to grow.



January	CAMPBELL REAL ESTATE				January
ADDRESS	SALES PRICE	B/B	AGE	LOT SIZE	SQ. FT.
SOLD/CLOSED ESCROW, SINGLE FAMILY HOMES					
W. Hacienda Avenue	\$2,950,000	5/3	26	9071	3350
Maximallian Drive	\$2,000,000	4/2	60	6000	1486
Ensenada Drive	\$1,793,500	3/2	65	6180	1602
Via Salice	\$1,725,000	3/2	60	6504	1242
Waldo Road	\$1,633,000	3/2	60	7536	1706
Louise Court	\$1,570,000	3/2	61	6656	1276
Jeffrey Avenue	\$1,560,000	3/2	59	6215	1275
Boise Drive	\$1,500,000	3/2	63	6552	1542
Sobrato Drive	\$1,476,000	3/2	59	6180	1407
Harrison Avenue	\$2,450,000	5/4	73	9417	3546
SOLD/CLOSED ESCROW, CONDO/TOWNHOMES					
Honeydew Way	\$2,000,000	4/3.5	4		2165
Robin RidgeWay	\$1,775,000	4/3.5	5	1106	2159
W. Hacienda Avenue	\$1,201,000	3/2.5	33	1947	1589
W. Sunnyoaks Avenue	\$1,110,888	3/2.5	40		1635
Shelley Avenue	\$1,020,000	2/2.5	41		1280
Ponderosa Terrace	\$840,000	2/1.5	49		970
Redding Road	\$810,000	2/1.5	42	944	1279



WEST SAN JOSE – CAMPBELL LIONS



By Dr. Arthur Low

The West San Jose Campbell Lions presented the Campbell Foundation a check for \$500 for the Toys for Tots drive held in early Dec.

With a grant from the California Lions Foundation and



City of Hope 6 members of the lions club and 4 nurses shopped and assembled bags of food for students at the Educational Options Program at the Fremont Union High School District classroom in Sunnyvale.



The Certified Diabetes Educator nurses taught the students about diabetes and led them in a game called Diabingo. Students prepared the diabetes friendly meal and each given a full bag of in-

gredients and a set of measuring cups to bring home so that they can make the same meal for their families.

Our next eye-glass sorting

event will be Sat. Jan. 7 at the Vista Center for the blind. Volunteers are needed to help sort and clean donated used eye-glasses.



Lions and non-Lions (including not-yet-Lions) are welcome at these events. You can volunteer for part of the time, or work the entire day. Please visit our website @wsjclions.org

for information about upcoming events.



Happy New Year from the West San Jose – Campbell Lions Club. We look forward to serving our community in 2023.

A puppy, her pawrent, and a dog bed

By Leena Chitnis, Founder, Timberdog®

In 2017 I adopted a scrawny, traumatized puppy who had been put in a cardboard box and left for dead in an abandoned lot in Fresno, California. Luckily, some kids heard her pitiful baby howls, waded through chest-high weeds and found her, delivering her and her sisters to a nearby shelter.

Shortly after, she was in my arms. Both of us were ailing at the time – I with my poor health, broken heart, and empty bank account, and Kashi, trembling and wide-eyed with fear and confusion. I wasn't sure if it was the right time to get a puppy, or even if we were right for each other, but my doubts were soon dispelled. Kashi arrived just in time and turned out to be everything I needed.

Being unemployed and constantly seeking escape from my life, I turned towards the outdoors, and found that Kashi loved it, too. We were road-tripping warriors, cozy cabin dwellers, roadside motel sleepers, and Alpine sunset worshippers. We hiked through the redwoods and sequoias, swam in freezing lakes, peered up at ancient volcanic mountains, and ran screaming and laughing from the ocean surf. With every stop on the road, Kashi came out of her shell, made new friends, and learned how to be a dog. And I began to heal, too.

We were, in a word, adventurers. But Kashi's gear wasn't reflective of that, and packing for her became a bear. I had to create a different

list for each type of outing, pack several different types of bags, and throw the whole lot in an old backpack. Whenever I needed anything, I'd have to rifle through that backpack and would finally dump everything out to find it. In addition, I lugged around her giant foam bed, which had no waterproof barrier, was unwieldy, took up too much space in my car, and was inappropriate for days at the beach.

I had the best of multi-functional gear when it came to road trips, flights, hotels, and camping, so why didn't dogs have similar items? I scoured the internet for good travel gear – I didn't know quite what –

but anything would have been better than our current setup. I knew I wanted something that looked nice, was comfy, and had handy travel features I could access right away. I also wanted it to be able to stow all of Kashi's things and compress for easy carriage.

So, I set out to make the pet bed of my dreams. Five years of designing, prototyping, and iterating later, I finally arrived at RuffRest®, the first pet bed of its kind in the world. A complete sleep, luggage, and travel system, the patent-pending RuffRest® has been an indispensable part of my life with Kashi and we never leave home without it. It keeps her packed up for

any destination, elevated off of dirty floors, cool on sunny days, and warm at night with its built-in sleeping bag. Best of all, it's got all the smells of home and remains a familiar comfort wherever we go.

Our pets aren't just our best friends. They're family. And I'd love to share RuffRest® with my Campbell community. I have had the pleasure of meeting so many of you at John D. Morgan park, and a lot of you were part of my entrepreneurial journey when I carried my prototype over those big, grassy fields. Please come say hello at leena@timberdog.com, and, for a limited time, use **CAMPBELLFAMILY20** to receive 20% off any purchase at www.timberdog.com.



By Margaret Schieck, chapter President

Happy New Year to all. Let us hope for a happy and healthy 2023! Also, remember Martin Luther King Holiday on January 16th.

In December, the Campbell Area Chapter 5151 of AARP enjoyed a lovely Holiday Harp Concert by performers From Harpers' Hall. The music set the mood for a peaceful holiday season.

The Campbell Area Chapter of AARP generally meets on the third Tuesday of the month at the Campbell Community Center. However, we will not have a regular meeting. In lieu of our general gathering, we will be having our annual anniversary luncheon celebrating the founding of Chapter 5151 in January of 1995. The luncheon will be held on January 17th, 2023 at Casa Lupe Restaurant on Winchester Blvd. near Cherry in Campbell. It will begin at 11:30

Reservations and payment must be made in advance. See our website (campbellaarp.org) for details.

We will resume our customary meeting schedule on February 21st, at which time our program topic will be Hospice Care. At that time, we will also announce the total number of volunteer hours that our members have Contributed to the Campbell Area community. In 2021 we accumulated almost 4,000 hours of volunteer service.

We hope to see many new members joining our lively group in 2023!



THE CAMPBELL AREA CHAPTER 5151 OF AARP

MEETS ON THE 3rd TUESDAY OF EACH MONTH
AT THE CAMPBELL COMMUNITY CENTER,
ROOM Q-80; THE CENTER IS
LOCATED AT 1 W. CAMPBELL AVE.
AT THE CORNER OF WINCHESTER BLVD.
FELLOWSHIP FROM 9:15 TO 10 AM,
FOLLOWED BY THE PROGRAM
AND GENERAL MEETING

VISIT OUR WEBSITE AT
campbellaarp.org

COME JOIN US!

Better Stomach Health

By Dr. Tronica Vanzant DTCM, L.Ac.

There is a saying in Chinese Medicine that if the stomach is healthy, the prognosis is good.

So many of us have digestive problems: gas, bloating, fatigue after eating, never really feeling hungry, acid reflux, nausea. These are all signs of poor digestive function. Especially when nausea or acid reflux strikes, the common practice is to reach for the Pepcid, Omeprazole or other proton pump inhibitor (PPI). Those medications are helpful in a moment of crisis when acid is burning your throat and it wakes you from sleep – believe me, I get it, I’ve been there – but they were never meant to be taken for more than 2 weeks.

PPI drugs are meant to suppress acid production in the stomach, but most acid reflux is actually due to too little stomach acid, not too much. Here’s why.

Weak stomach acid fails to trigger the signal from the lower valve of the stomach (the pyloric sphincter), to close the valve at the top of the stomach (the cardiac sphincter) when food is digesting, and acid (weak as it may be, it’s still acid) escapes up the esophagus.

When stomach acid is weak, not only does it fail to break down our food into the nutrients we need to support our bodies, but we can

become allergic to what we eat. Our bodies are not meant to absorb undigested proteins. If the stomach can’t break down proteins into amino acids due to weak acid, then the undigested protein gets passed along to the small intestine, which sees the protein as an intruder (similar to a virus) and our immune defenses kick in to attack the invader. Our bodies create antibodies to attack the undigested food proteins, so each time we eat that same food, the body now has a defense system of antibodies at the ready to defend us against the “invader” (undigested food protein) and that’s how we become allergic to the food we eat.

Again, without adequate stomach acid, proteins are not broken down into amino acids like tyrosine and tryptophan. Without tyrosine, we can’t make adrenalin, and without adrenaline, we can’t tolerate stress. Tyrosine and tryptophan also support the creation of neurochemicals like serotonin and dopamine which we know regulate our mood.

So far, we’ve talked about weak stomach acid and the problems it creates, but symptoms like fatigue after eating, never really feeling hungry, and bloating are classic indicators in Chinese Medicine of

weak Spleen and Stomach meridians. These meridians supply energy to the frontal lobe of the brain (thinking, judgement, planning), the macula of the eye, the thyroid, adrenal glands, stomach, spleen, and pancreas, the breasts, and the genitals. A lack of energy or a blockage along these meridians greatly impacts the whole body because the brain and virtually all endocrine function is supplied by these meridians.

It’s easy to see why digestive health is such a foundational part of our overall physical and mental health and our ability to stay healthy.

The next time acid reflux shows up, instead of a PPI, consider DGL (Deglycyrrhizinated Licorice). It’s an anti-inflammatory herb that helps repair the lining of the digestive tract. For the longer-term fix to this problem, you can take Betaine HCl before each meal to help the stomach have enough acid to signal closure of the upper sphincter and to properly digest your food. A note of caution for anyone who has ulcers or H. Pylori, you’ll need to clear the bacteria and heal the stomach lining before adding Betaine HCl to your regimen. A good herbalist (Western or Chinese Medicine) can help you with this.

Don't mask your pain
fix the root cause.

Text us:
408-300-3792

\$21
Acupuncture
Pain Relief
Jumpstart



WellnessAcuAndHerbs.com 408-300-3792
1836 Hamilton Ave, San Jose 95125
Dr. Tronica Vanzant DTCM, L.Ac.

MOVING TOWARD RETIREMENT?

YOU are INVITED to a FREE WORKSHOP with EXPERTS!

January 26, 2023
5:00-6:30 PM
PRUNEYARD TOWERS

More info and register @:
bit.ly/TH3R3SA



- Downsize your personal items
- Minimize taxes
- Plan for your next chapter

This workshop is sponsored by:



Body Doc Chiropractic has got your back!

OUR MISSION IS TO HELP YOU HAVE YOUR HEALTH

(408) 377-2207



FREE EXAM-\$75 value

• Families welcome • Discounts available



Dr. Jeff Potts, DC

2207 S. Bascom Ave., Campbell, CA 95008

www.bodydocchiro.com

ARE YOU A MILITARY VETERAN? NOTIFICATION

-NO CHARGE-
Over \$18,000 in Savings!

UNLIKE PRIVATE OR CITY CEMETERIES,
BURIAL EXPENSE IS AT ABSOLUTELY NO COST!

Burial at a National Cemetery is FREE for Veterans Who Have Been Honorably Discharged and FREE for Their Spouses.

MOST IMPORTANTLY, ONE OF THE MOST BEAUTIFUL NATIONAL CEMETERIES IN THE COUNTRY IS AVAILABLE TO YOU... RIGHT IN YOUR OWN AREA! BEAUTIFUL CREMATION SECTIONS ARE AVAILABLE TOO.

MAIL COUPON TODAY

For Full Details About Your Veterans Burial Benefits

Name _____ Your Age _____

Your Spouse's Age _____ Phone _____

Address _____

City/State _____

Zip _____

Email Address _____

408-893-3237 for info
Nancy O. Gomes
Insurance Agent 0G92728
Health, Life, Medicare, Disability

Mail To:
National Burial Program
334 E. Campbell Ave.
Campbell, CA 95008



55th ANNUAL CELEBRATE CAMPBELL TO BE HELD MARCH 11



CAMPBELL CHAMBER
By Ken Johnson

This year, Celebrate Campbell will be “roaring back” to our pre-pandemic gala event with a Roaring 20’s theme. The celebration of the best of Campbell will be held on Saturday, March 11, 2023, with a fundraising gala at Villa Ragusa in Downtown Campbell.

Tickets for this memorial event will be available for purchase on the Campbell Chamber Community Foundation’s web site.

For most of its 55-year history, Celebrate Campbell has been a formal evening Fundraising Gala held each March and attracting over 250 attendees to share in celebrating the community and acknowledging Campbell’s outstanding individuals and businesses.

Celebrate Campbell honors the previous year’s Citizen-of-the-Year and Business-of-the-Year, as well as the Campbell Chamber’s Ambassador and Volunteer-of-the-Year. Each local service organization will also select one volunteer to be recognized at this very special event. The Campbell Mayor, City Council, civil servants, community leaders, local politicians and more are in attendance.

Celebrate Campbell is designed to give credit to those who dedicate their time and donate their services for the betterment of

our community. The Chamber has been honoring our community’s silent heroes for over 50 years!

The Gala also serves as a fundraising event for the Campbell Community Foundation’s Scholarship Fund. Last year, the first three recipients of the Foundation’s scholarships were announced and honored for the Betty Deal Memorial Scholarship, the Sally Howe Memorial Scholarship and the Mike Kotowski Honorary Scholarship. Recipients are selected from application received from graduating student in the Campbell Union High School District.

Nominations for the 2022 Business of the Year and 2022 Citizen of the Year may be made by an individual, organization, club or group. The intention is to honor the business and person, who, by their actions in 2022 and previous years, has given unselfishly for the betterment of the Campbell area and/or the citizens therein, as well as the Campbell Chamber of Commerce. Below are the selection criteria used by the selection committee to choose winners. The only difference is that the Business of the Year needs to be a member of the Campbell Chamber.

Nominations are being accepted through January 13, 2022.

- The nominees do not need to reside in Campbell.
- Nominations are valid for five years. If a nominee is not selected, their name will automatically be added to the nominations for the following year.
- Selection will be based on service to this community above and beyond normal duties.
- Consideration will be given to contributions made in past years in addition to current activities. A business’ work in governmental affairs, involvement in service clubs and voluntary service in charitable, educational or recreational activities will all be considered.
- It is important to include all aspects of your nominee’s community activities in your application.

Links to the nomination forms for both awards can be found at www.campbellchamber.net and www.campbellchamberfoundation.org/celebrate-campbell

Money Empowerment *by Jill*



We’ve reached the end of another year and what a year it has been! I think most of us have been on a financial roller coaster this year one way or another.

It is generally this time of year that I’ll give some advice about holiday money saving tips. However, this time around I feel that with all that is happening in the financial world, it is a sign for us to think more about the gift of time.

As my children grow older, they remind me of the holidays they remember most. It is usually not the gifts. Instead, they remember the movie marathons, puzzles that are left on the table for anyone to sit down to work on, making the meal together, and going for a walk or hike with our dogs.

I’ve been reflecting on our past holidays and concluded that those were the best for me as well. No pressure to make everything perfect, no rushing around the store looking for last minute gifts, no stress about the food. Instead, a nice cozy, intimate holiday spending time with my family. No work, no school, just us.

Now, having said all of this, many of you are probably ready to get out there and pick up where everything left off right before the COVID lockdowns. Maybe you’ve had all of the intimate time you need. I totally get that. However, you can still have an

awesome holiday, without breaking your pocketbook by giving the gift of time.

Below are a few ideas to get you started. None of these are mind-blowing, but they will get you started. Whatever you and your friends/family/pets like to do, set aside some time to do it together.

- Movie marathon
- Game/puzzle night
- Go on a hike or somewhere outdoors if weather permits
- Host wine tasting - everyone brings a bottle
- Make a meal together
- Host a potluck
- Bake cookies and then deliver them to friends
- Gather donations together and then deliver to the shelters (blankets, coats, food)
- Help out at the food pantry/kitchen

Whatever you choose to do this holiday season, I hope you truly enjoy it and are able to make some wonderful memories.

Blessings,
Jill Scarnecchia

Have a money management question?

Email me: livinbalanced52@gmail.com

Want more tips? visit my website www.livinbalanced.com

DOUBLETREE CAMPBELL WEDDINGS

Your one stop shop for your SPECIAL day!



Guest Room Blocks, Ceremonies, Receptions, Rehearsal Dinners, Farewell Brunches and much more!

- Recently completed \$7.2 Million Hotel Renovation
- 169 completely redesigned guest rooms including 2 Bridal Suites
- Outdoor Garden Terrace accommodates up to 100 attendees
- Private Indoor/Outdoor Event space customizable to your needs
- Courtesy room block agreement with no financial obligation for unused rooms (30 Day reservation cutoff date)
- Personalized wedding webpage with a 1 click reservation link
- Complimentary high speed guest room WiFi and self-parking
- Complimentary use of outdoor Pool, Whirl Pool Spa and Fitness Center
- PY Kitchen Restaurant & Bar with outdoor Wine Garden
- Numerous restaurants, retail and entertainment options footsteps away in the Pruneyard Shopping Center



Where the little things mean everything.™

DoubleTree by Hilton Hotel Campbell – Pruneyard Plaza
www.campbellpruneyardplaza.DoubleTree.com

Please call our Wedding Specialist at (408) 558-4284

Mention “Campbell Press Ad” at the time of your inquiry and receive the following concessions when booking your group and/or event with us: complimentary breakfast for the Bride and Groom the morning after your Wedding, complimentary upgrade to a Premium King Bed room or discounted Bridal Suite upgrade and Double Hilton Honors meeting planner bonus points. Offer expires December 31, 2023.



HAPPY
20
23
NEW YEAR



Are Finances Stressing You Out?

Learn the Skills to:

*Reduce Debt
Build Savings
Plan for a Large Purchase
Create your Lifestyle*

**Book a Complimentary
30 Min Personal Session**

408-221-6412

livinbalanced52@gmail.com



www.livinbalanced.com



CITY NEWS

By Sergio Lopez

The end of 2022 saw a major transition on the Campbell City Council. As I shared in last month's column, both Paul Resnikoff and Liz Gibbons were termed out. We are now joined on the City Council by Dan Furtado and Elliot Scozzola.

Furtado is a veteran and was previously elected to the Council in 1996, and last served in office in 2010. (Although Councilmembers are limited to serving two consecutive four-year terms at a time, they may come back after a minimum of two years). Scozzola is a small business owner and a first-time elected official. Their election, along with the return of incumbent Anne Bybee to the Council, means that a broad spectrum of perspectives and experiences will be represented.

At that meeting, the Council also selected Anne Bybee to serve as Mayor and Susan Landry to serve as Vice Mayor.

Through this process, I have received questions from curious residents as to why Campbell does not directly elect a mayor, but instead has the Council appoint one of its members. The reason behind this process is simply due to the fact that in the majority of cities in California — particularly in smaller cities — the mayor is a ceremonial position, someone whose job it is to run the meetings (as well as to be invited to attend more ribbon cuttings and community events!)

Campbell does not have an "executive" mayor — a mayor with direct power over city departments and services. Instead, our Council works collaboratively,

and even the mayor only has one vote on Council decisions. The cities where residents directly elect their mayor are generally larger cities such as San Jose or, regionally, Oakland and San Francisco. Additionally, Sunnyvale and Morgan Hill also now directly elect their mayors; all other cities in Santa Clara County have the council appoint a mayor for a one-year term.

Additionally, I have also received questions from residents wondering if they missed the election for City Council on their ballot. If you were wondering this, you are likely not alone! There are two possible explanations.

For context, with the 2022 elections, all of Campbell's Councilmembers are now elected by district. (This is the result of a city response to a challenging lawsuit which was filed several years ago). Councilwoman Susan Landry and I were not up for election, having both been elected in 2020 to a four-year term to Districts 1 and 2 respectively. In the November 2022 election, Dan Furtado, Elliot Scozzola, and incumbent Anne Bybee were elected to represent Districts 3, 4, and 5 respectively.

If you missed the Council election on your ballot yet you reside in Campbell, you may likely be a resident of Districts 1 and 2 and will next vote for a Councilmember in 2024. Meanwhile, every election in the other three districts this year were unopposed, an unfortunate circumstance I have lamented in previous columns (though

Continued on page 15

COUNTY NEWS

Health Care: Providing Equal Access Countywide



By County Supervisor Joe Simitian

Every supervisorial district in Santa Clara County contains roughly the same population: about 400,000 residents. Four of our five districts have at least three, in some cases four, County-owned clinics or hospitals that offer high quality subsidized health services to lower income residents.

I represent District 5, which encompasses the County's western and northern flanks. The number of County health clinics in my district? None. And that's been the case for the County's entire 172-year history.

That's not right.

As Chair of the County's Health and Hospital Committee, I see the impact of having conveniently located primary and preventative health care. It takes some of the stress and worry out of visiting a doctor. It allows people to focus on their health, family, work, and school. There's also the bottom line to consider when the County is the safety net. Simply put, helping folks *before* their health condition turns into an emergency or a disability costs less.

My initial proposal to explore development of a primary care clinic in my district started to bear fruit in October 2022, with the Board of Supervisors' unanimous approval of a long-term lease for a facility located on the Palo Alto-Mountain View border, scheduled to open later this year.

Simultaneously, I've asked our County staff to focus on the West Valley. When Foothill-De Anza Community College District (FDACCD) Board President Patrick Ahrens mentioned the idea of locating a County health clinic on the District's campus in Cupertino, I thought right away: it's a win-win.

Students — many of whom are under or un-insured — would get access to a full array of health services. The general public in need in the West Valley would also have affordable care closer to where they live or work.

While many residents of Campbell, Cupertino, Los Gatos, Monte Sereno, and Saratoga have access to quality health care through established providers, there are almost 90,000 people in these communities who earn less than 400% of the federal poverty level. That's \$111,000 annually for a family of four — which may be too much to qualify for Medicaid, but also not enough to cover adequate care in a high-cost area like ours.

As far as we know, this would be the first county-community college district health clinic partnership in the state. It's not an easy task. But it's worth the effort.

I'm gratified that the FDACCD Board agreed, unanimously and enthusiastically approving a Letter of Interest in November 2022 to explore the construction of a County operated medical office building on the De Anza College campus.

This coming year, we'll be working together on feasibility planning for a facility that would provide primary care, mental health, imaging, laboratory, and pharmacy services. To support FDACCD's health care profession programs and curriculum, the County and District will also develop education/internship programs within the clinic.

A clinic partnership with De Anza is a smart choice. As FDACCD Board President Ahrens put it: "Providing critical access and affordable medical care on our De Anza College campus will have exponential potential to serve our community for years to come."

Joe Simitian was elected to the Santa Clara County Board of Supervisors in 2012 and re-elected in 2016 and 2020. He represents the Fifth District, which now includes Cupertino, Los Altos, Los Altos Hills, Los Gatos, Monte Sereno, Mountain View, Palo Alto, Saratoga, Stanford, and portions of San Jose. Joe's public service over the years includes stints as a member of the California State Senate, the California State Assembly, Mayor of Palo Alto, President of the Palo Alto School Board, as well as an earlier term on the Santa Clara County Board of Supervisors. He served as an election observer/supervisor in El Salvador and Bosnia and participated in refugee relief and resettlement efforts in Albania and Kosovo.

City Council & Planning Commission News



By Adam Buchbinder

Happy New Year! 2022 was a busy year for the City, and next year will be no different. We've made tremendous progress on Campbell's Plan for Housing, on our General Plan, and on our Residential Standards for Multifamily Housing. We're currently on track to finish all of those projects by March.

Two of our five City Council members will be new, going forward, and the city will be on fully districted elections. That is, instead of the entire

city electing a member, each is elected by the residents of just their district. Dan Furtado will be representing District 3, containing Downtown and the northwest of the city; Elliot Scozzola will be representing District 4, containing the central-west portion of the city. Councilmembers Sergio Lopez, Susan Landry, and Anne Bybee will be returning.

The Council will be setting its priorities for the year some time around the end of February. Until then, we won't know what staff's

focus will be after the current projects, but some possibilities include updating the city's zoning code to reflect the new General Plan, or beginning work on updating design standards for single-family homes. If the City Council decides to pursue an active transportation program, we may prepare a grant application for the Sustainable Transportation Planning Grant program.

As always, the state legislature will be making changes that we'll learn about and react to as they happen.

For example, Senator Scott Wiener of San Francisco has already introduced SB 4, which would create a streamlined, by-right approval process for affordable housing on land owned by a religious organization or nonprofit college.

Lastly, I've been elected Chair of the Planning Commission. This doesn't give me any extra authority; I still have just one vote, like the other Commissioners. I'll have extra responsibility, though. I'll be in charge of making sure that the

meetings run smoothly, that discussion is efficient and focused, and that the public's input is effectively heard. I take this responsibility seriously, and I hope that I'll do well by the city that's so generously welcomed me in along with my family.

Adam Buchbinder is a member of the Campbell Planning Commission. Opinions here are his own, not the Commission's or the City's. To contact the Planning Department, email planning@campbellca.gov.



JANUARY MOVIES

By Sam Wilson



Avatar:

The Way of Water – B+

A triumphant sequel set over a decade later that sees nearly all the original players return while expanding the cast to include many interesting new characters. Sam Worthington and Zoe Saldana's couple have created a large family over the years that's immediately put in danger once Stephen Lang's original villain returns. The family flees the forest to the ocean and we are introduced to a fascinating new clan that uses the way of water. Most of the film is set in or around the ocean and the special effects are so crisp and impressive that it has to be seen on the big screen. Director James Cameron lives up to his reputation as the master of making big-budgeted blockbusters.

Puss in Boots:

The Last Wish – B-

Antonio Banderas successfully returns to his iconic role as the swashbuckling feline with a sword and a pair of boots. The surprisingly inventive sequel sees our hero down to the last of his nine lives which sends him and Salma Hayek's Kitty Softpaws on an ad-

venture to find the mythical Wishing Star. Hot on their heels also looking for the macguffin are the assassin The Big Bad Wolf, the gangster kingpin 'Big' Jack Horner, and criminals Goldilocks and the Three Bears.

Babylon – B-

An entertaining yet over-long dark comedy drama about life in the Old Hollywood elite during the late 1920's. The impressive ensemble cast led by Brad Pitt and Margot Robbie carry this frenetic R-rated tale of debauchery and outrageous excess. Acclaimed director Damien Chazelle's (La La Land, Whiplash) latest is equal parts depraved, lavish, and even cartoonish with its silly humor, and it can be hard to take your eyes away from the screen even with the long runtime.

I Wanna Dance With Somebody – C-

Naomi Ackie and Stanley Tucci star in this lacking Whitney Houston musical biopic that feels like a cliff notes version of the legends life. The film is sadly basic and standard in every way. Whitney Houston deserves a powerful biopic and this isn't it.

The Whale – B-

Surrealistic and controversial auteur Darren Aronofsky (The Black Swan, Requiem for a Dream) returns with this heartbreaking story about a reclusive man (Brendan Fraser) suffering from severe obesity who attempts to reconnect with his teenage daughter (Sadie Sink). The always likable Fraser delivers a powerful and vulnerable performance that will have him in the races for best actor during the awards season.

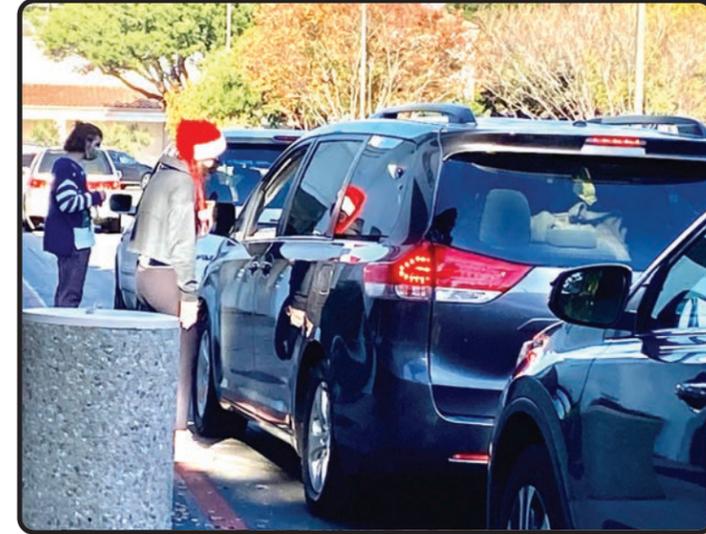
Women Talking – C+

Accomplished director Sarah Polley's adaptation about a group of women in a small secluded Mennonite community who meet to talk in a barn for the whole movie in response to the horrors they've long been enduring by the colonies men. The year is 2010 but it feels like 1810, and the film itself feels like an adapted stage play rather than a novel. Rooney Mara, Jessie Buckley, and Claire Foy star in this story which boasts powerful conversations but little else.



Campbell Chamber Expands Toy Program

Last year at Christmas time the Campbell Chamber of Commerce held its annual toy program that served over 957 families for over 2100 children in our local area. Led by Campbell Cares and Chamber of Commerce Executive Director Ken Johnson, the drive was a huge success and surpassed previous efforts as the two organizations expanded their efforts to also support the Santa Clara County Sheriff's Department with their annual 'Clause For A Cause' program. Volunteers shopped for goods and then wrapped all the presents before the long lines of cars filed into the parking lot at The Home Church to receive a generous assortment of pre-wrapped presents for the whole family. What a great service the Chamber provides each year for families in need and help to spread more smiles to all the children every Christmas.



Tessoras Barra di Vino

A Campbell Restaurant & Wine Bar of Choice.

Come visit Tessoras' and discover wine, beer & food from all over the world.

Tessoras Wine Club release Party 1/18 6-8pm.

New members welcome, sign ups available online or in version. Choose a club, taste your wines, take them home to enjoy!

Tuesday at Tessoras' means fondue!

Every Tuesday in January and February you can enjoy our house special fondue with sides to dip. Ask your server about your favorite beer or wine to pair.

Fridays Live music, see website for bands and times.

2/7 Succulent Plant Night. Create a heart shaped cork planter and hand select your garden. This beautiful and living cork planter will last and last. \$58 person, sign up via venmo to Tessoras Barra di Vino. Dose not include food or drinks. Two items order minimum required.

Join our Wine Club

New Season Bistro Menu launching 1/11

Check out our website for live music on Fridays and Saturdays.

Call or email us for your reservation
408-626-7711 or Tessoras@gmail.com

Tessoras Barra di Vino

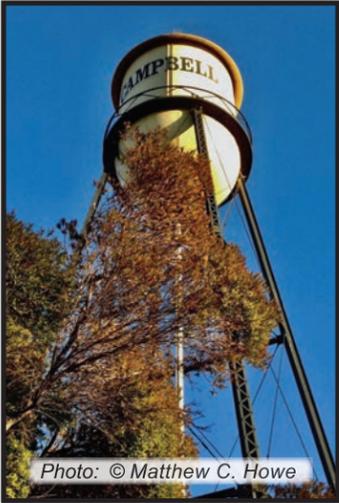
234 E. Campbell Ave., Campbell, CA 95008
www.tessoras.com



The family owners:
Jennifer, Carol, and Nikki.

Come and order an appetizer from a variety of items.





GOING OUT ON THE TOWN?

Look for our Entertainment calendar monthly



BUSINESS OWNERS

Call us to feature your restaurants' special dishes and holiday events
408-374-9700

SUBSCRIPTIONS ONLY \$30/YR

Give us your information and mail in a check. It's THAT EASY to get your monthly subscription!

Name: _____
Address: _____
Phone: _____
Email: _____

Make Check to:
The Campbell Press
Drop off or Mail to:
The Campbell Press
334 E. Campbell Ave.
Campbell, CA 95008
Phone: (408) 374-9700



ENTERTAINMENT CALENDAR

- Wednesday, January 11**
6:00pm
Gold Money Band Jam
- Thursday, January 12**
6:00pm
Blues Jam
- Friday, January 13**
7:00pm
Professional Day Drinkers
- Saturday, January 14**
7:00pm
Jinx Jones
- Wednesday, January 18**
6:00pm
Jazz Jam
- Thursday, January 19**
6:00pm
Blues Jam
- Friday, January 20**
7:00pm
Fossil Farm (Bruce Scott)
- Saturday, January 21**
7:00pm
Serious Condition
- Wednesday, January 25**
6:00pm
Acoustic Showcase
- Thursday, January 26**
6:00pm
Blues Jam
- Friday, January 27**
7:00pm
Dennis King Band
- Saturday, January 28**
7:00pm
Identity Problem
- Wednesday, February 1**
6:00pm
Dennis Dove Jam
- Thursday, February 2**
6:00pm
Blues Jam
- Friday, February 3**
7:00pm
Them Slack Jawed SOB's
- Saturday, February 4**
7:00pm
Sound Decision
- Thursday, February 9**
6:00pm
Blues Jam
- Friday, February 10**
7:00pm
Ghosts of Calico

**2455 S. WINCHESTER BLVD.
CAMPBELL, CA 95008**



HELP WANTED: Little Lou's is hiring!

Want a great place to work?
Love people and music?

LLBBQ needs cashiers and other positions as well. Full and part-time shifts are now available.

Please stop by Little Lou's BBQ and fill out an application.

2455 S. Winchester Blvd.
Campbell CA 95008

For more information call
408-796-7852



Place your advertising here!!

Call **408-374-9700** for more information!

The Campbell Heritage Theatre Fall 2022/ Spring 2023 Season on sale

Big Head Todd & The Monsters:
Sunday November 6th, 2022

Christmas with the Celts:
Friday December 9th, 2022

The Marshall Tucker Band:
Saturday January 28th, 2023

Heritage Theatre

at the Campbell Community Center
1 West Campbell Avenue • Campbell, CA 95008

www.heritagetheatre.org

Cupcakes by Kristina

Cupcakes, Cookies, Cakes, Candy, Dessert Bars

Specialty Cupcakes \$35/dozen
Cookies \$15/dozen
Chocolate Candy \$9/half doz



*I can create custom flavors/colors to fit your theme, just ask!

Thank you for supporting my small business!

CupcakesbyKristina@gmail.com
Facebook @cupcakeskristina
Instagram @kristinascupcakes



*must be ordered by the dozen, per flavor
*delivery starts at \$10



January 4 TRIVIA & KARAOKE

Every Wednesday

January 5 DJ NIGHT

Dance to your favorite hits

January 6 EUROPEAN DANCE PARTY

Champagne Zhemchug Band

January 7 THE HOUSEROCKERS

The Bay Area's "Rock & Soul Blowout"

January 11 TRIVIA & KARAOKE

Every Wednesday

January 12 SALSA-LATIN NIGHT

Every Thursday - Salsa Band, DJ & Lessons

January 13 LATE NIGHT SESSIONS

Art & Dance like you've never seen before

January 14 JOHNNY NERI BAND

Rock N Roll Music that will keep you dancing

January 18 TRIVIA & KARAOKE

Every Wednesday

January 19 SALSA-LATIN NIGHT

Every Thursday - Salsa Band, DJ & Lessons

January 20 ZEP LIVE

Led Zeppelin Tribute Band

January 21 TORTILLA SOUP

Unbelievable Dance Music

January 25 TRIVIA & KARAOKE

Every Wednesday

January 26 SALSA-LATIN NIGHT

Every Thursday - Salsa Band, DJ & Lessons

January 27 DJ & DANCE NIGHT

Dance to your favorite hits

January 28 KRUEL SUMMER

Indie Rock Reggae Band

February 4 R50

RUSH Tribute Band

15 N Santa Cruz Ave, Los Gatos, CA 95030
www.charleyslogatos.com/events



Closed

WE ARE CLOSED FOR ANNUAL CONSERVATION

The Ainsley House re-opens
March 2023

MATTHEW C. HOWE
DIRECTOR OF PHOTOGRAPHY

AUDIO VIDEO MUSIC MEDIA

mhoweproductions@hotmail.com (408) 472-4876

A perfect gift for anyone!

GIFT CARDS

Purchase Inside or at tamragrill.com

SCAN ME

12019 Saratoga Sunnyvale Road Saratoga, California 95070
408-352-5445 | tamragrill.com

DENNIS DOVE
Band

Old Skool • R&B • Funk
Blues • Reggae • Jazz

408.377.5927
dennisdove7@gmail.com
dennisdove.com

Before the Song: "Barracuda"

by Chris Jackson

It's been raining so much here in the South Bay that I've got a band from the rainy city of Seattle on my mind: Heart. Their lead singer, Ann Wilson, has the vocal range to sing Led Zeppelin songs that most other bands would struggle to cover, so they started off including quite a few Zeppelin songs in their shows. To this day, you can still see them play "Battle of Evermore" and "Black Dog," among others.

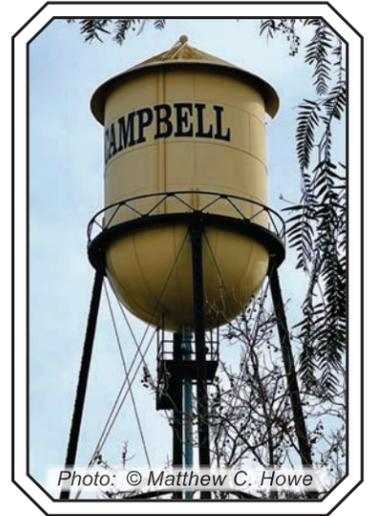
Some of Heart's earliest original songs have musical parts that sound like they could've come from Zeppelin songs. For example, the opening guitar riff in Heart's "Magic Man" sounds like a slowed-down version of the opening riff to Zeppelin's "immigrant Song"; and when I first heard "Barracuda," I thought I recognized the intro from the Zeppelin song, "Achilles Last Stand." I learned where the intro really came from during one of my interviews with Heart guitarist Nancy Wilson (sister of Ann Wilson).

Nancy says she got the idea from the opening guitar pattern in "This Flight Tonight" by Nazareth. Heart used to open for Nazareth, and that guitar riff found its way into Nancy's songwriting. "This Flight Tonight" was written and first released by folk singer Joni Mitchell. Joni's version doesn't include the

opening guitar riff that was added by Nazareth and later became the influence for the "Barracuda" guitar riff, but to bring it full circle, when you listen to Joni Mitchell's version, you really hear the *singing style* of Nancy Wilson.

Heart's smash hit, "These Dreams," showcases Nancy's singing like no other Heart song. I'd love to hear Joni sing it with Nancy. Given Joni's heartfelt performance at the recent Newport Folk Festival, I'd say the timing's just right for a duet. ☺

Chris Jackson can be heard on 98.5 KFOX The South Bay's Classic Rock, weekdays 6am-9am



DCBA Presents
First Fridays
and
Second Saturdays
DOWNTOWN
CAMPBELL

Bringing you the best of local artists and music from 5-8pm.

Start New Traditions With Us



Merrill Gardens at Campbell knows how to celebrate — with music, entertainment, and special dining experiences. Join us and enjoy the benefits of our community lifestyle!

MERRILL GARDENS
SENIOR LIVING

Call To Schedule A Tour!

(408) 340-6726

merrillgardescampbell.com

2115 S Winchester Blvd, Campbell, CA 95008

Lic #435202572

January 21 Saturday 1P-4P.
Horse Thief Winery 12575
Watsonville Rd, Morgan Hill

January 22 Sunday 1P-4P
Horse Thief Winery, 12575
Watsonville Rd, Morgan Hill

January 25 Wednesday
6P-9P Acoustic Showcase
with special guests. Come
early for a good seat and
Cook'n Fenny set at 6 PM.



YOUR BOUTIQUE CAFE

Everything is better with our pastissiers and coffee

Dine In or Take Out 408-816-7046 <http://www.marvelcake.com>

TCP



DIG IT...with SAM



By Sharon McCray,
UCCE Master Gardener

House Plants

When I began writing this month's column I was in the middle of an extensive trip to Australia, Papua New Guinea and New Zealand, visiting botanical gardens, forest/jungle reserves and national parks. What occurred to me during this adventure, is that there is no such plant as a "house plant".

No matter where I traveled, I realized that the term "house plant" is a term for plants that all evolved out of doors in native soil in mostly a temperate climates, that we humans try to assimilate into our environment. For us to truly be able to successfully grow so many of these marvelous and delicate plants, we must first understand their evolution. Our efforts to mimic those complex growing conditions determine success or failure with plants growing inside our homes or greenhouses.

Something gets our attention in the nursery and suddenly we have to have it. Usually we make these types of decisions based on eye candy and nothing practical. I too have been seduced by brilliant foliage and striking flowers. Success will depend on our skills and adaptability.

While we all know that nature manages to fertilize everything with Her own natural elements, we are left at the mercy of chemical companies, again, trying to alter our soil and provide a natural growing medium for plants. And odd

as it may seem, many of these plants require no soil whatsoever. Water - how much, how often and where? Some plants do best with warm tap water while others prefer light misting. Light is another big issue. There is a major difference between light and sunlight. Direct sun light will be challenging for most houseplants. Also taking into account that some window glass blocks certain UV rays that are critical for healthy plant growth. With a little research and common sense, we can have a successful indoor garden, which is especially needed during these gloomy winter days.

Let's start with a few common "house" plants. African Violets have always been a challenge for me. Native to Kenya, prefer ambient air temperature between 65 and 80 degrees F and need bright light to bloom. Avoiding direct sunlight is best. Water after the root ball has dried out a bit and no cold water ever, avoiding getting water on the leaves of the plant. Typical Santa Clara Valley water has too many chemicals that will harm African Violets, so if using tap water, it is best to let the water sit over night which will allow ample time to off gas any chemicals. Specific pots have been designed for these delicate beauties; these pots allow water and air to reach the roots indirectly, providing a better growing environment. For best results, fertilize on a regular basis with products designed specifically for them.

Bromeliads are another wonderful house plant with similar light requirements as African Violets, with more humidity. They require little to no fertilizer, prefer to be kept moist but never sitting in water. As far as soil goes, they grow exceptionally well in the temperate forests, clinging to tree trunks and limbs, therefore requiring no soil whatsoever. Bromeliads are native to the Americas but I found them abundant in the tropical forest of the South Pacific and they seem endemic world wide. When done flowering they will produce a "pup" or offshoot, which will render an entire new plant and another season of enjoyment.

I always liked Peace Lilies (*Spathiphyllum* in the family of Araceae) and have several around my home. They are my go-to plant for housewarming gifts. They prefer regular water but never sitting in water. Because of their constant need for photosynthesis, they should be placed near a window that will provide a bright spot but again, out of direct sunlight. Keep the leaves dusted and remove spent flowers to encourage new flower production. In Australia, we saw Peace Lilies over nine feet tall but unless you have lots of space and ideal conditions, they will stay a manageable size and bring you lots of pleasure. After all, how can you go wrong with the plant named for Peace.

Here's to getting our hands dirty in 2023.



National Weather Service issues flood watch for Santa Clara County on Jan. 4-5

Media line: (408) 681-9265

SAN JOSE – The National Weather Service issued a flood watch for the Bay Area on Jan. 4 and 5, stating that "a strong storm system and atmospheric river will bring widespread moderate to heavy rainfall and strong winds to the region from Wednesday and Thursday. This will increase the threat for widespread flooding and wind damage across the Bay Area & Central Coast."

Valley Water is activating its Emergency Operations Center this week to monitor the storm and its impacts to our reservoirs and waterways. Valley Water remains in regular communication with the Santa Clara County Office of Emergency Management, cities and other agencies across the county. "Valley Water is actively preparing for this upcoming atmospheric river," Valley Water Chair Pro Tem John L. Varela said. "We are asking everyone to please take the necessary steps now to be flood ready."

Valley Water is closely monitoring the storm and potential flooding including:

- Uvas Creek, with potential flooding of Highway 101 south of 10th Street in Gilroy and the area of the Gilroy Sports Park
- San Francisquito Creek in Palo Alto
- Ross Creek at Cherry Avenue in San Jose
- Upper Penitencia Creek at Mabury and King roads in San Jose
- Guadalupe River at West Alma Avenue in San Jose
- Sunnyvale East Channel at Tasman Drive in Sunnyvale
- West Little Llagas Creek in Morgan Hill

Valley Water has identified these locations as hot spots. But it is important to note that the potential areas of flooding are not limited to only these locations.

Valley Water employees are working hard to ensure our waterways remain clear of debris and blockages. Our agency owns and manages 294 miles of the more than 800 miles of creeks in the county. Valley Water has crews working this week to check areas of creeks and

streams throughout the county and clear any debris they find. This work has been taking place this entire rainy season.

The weather service also said subsequent weather systems will bring additional precipitation and periods of stronger winds this weekend and into at least early next week. For updates on the weather forecast, please visit the National Weather Service website.

Below are essential resources for flood preparedness:

- To learn if your home or business is in a Special Flood Hazard Area, please visit our valleywater.org/floodzone.
- Santa Clara County emergency alert system *AlertSCC* provides up-to-date information on emergencies and disasters in your area.
- Valley Water's *ALERT (Automated Local Evaluation in Real Time)* system provides information on levels of streams and reservoirs and precipitation gauges.
- Free, filled sandbags are available for residents of Santa Clara County. The sandbag sites are listed [HERE](#).
- Spills, blockages, or dumping in creeks can be reported by calling Valley Water's watershed hotline at 408-630-2378.
- More flood safety tips and resources are available at valleywater.org/floodready.

Valley Water manages an integrated water resources system that includes the supply of clean, safe water, flood protection and stewardship of streams on behalf of Santa Clara County's nearly 2 million residents. Valley Water effectively manages 10 dams and surface water reservoirs, three water treatment plants, an advanced recycled water purification center, a state-of-the-art water quality laboratory, nearly 400 acres of groundwater recharge ponds and 294 miles of streams. We provide wholesale water and groundwater management services to local municipalities and private water retailers who deliver drinking water directly to homes and businesses in Santa Clara County.

CAREER EXPO
PRESENTED BY CAMPBELL UNION HIGH SCHOOL DISTRICT

TUESDAY, 7 MARCH 2023

18900 PROSPECT RD
SARATOGA CA 95070

START AT 6 PM - 8 PM

Hosted by Prospect High School

TO PARTICIPATE <https://bit.ly/CUHSDcareerexpo>

QUESTIONS? abencorno@cuhsd.org



Coach's Corner

by Jay Harnden

Another year in the books... now what?

When I started to think about the article for the first issue of the Campbell Press for 2023, I thought about how I don't like to make resolutions, but prefer to focus on attainable goals and how to reach them. Then I read an article about friends, and it asked how many of us had friends for more than fifty years. So I asked myself that question, and the first person who came to mind was a friend whom I have known since kindergarten. There are a few more, but he's was my closest, best friend for years. We went to school together through Jr. High... then he went to Bellarmine and I went to Campbell. After high school, he went on to U.C. Davis, I bought a house. After that, he went on to earn a degree from Cal Poly San Louis Obispo, and then he got married. I got married about a year later. We stayed in touch over the years, even did a couple of business ventures together. Our friendship remained constant, until I found out that he suddenly

passed away the day after Christmas. I was more than shocked. I mean, over the years he's just always been there. And now he's not. The purpose of this month's article is not to memorialize my friend, but to remind all of us how short and precious our time here is. One of my goals this year is to reach out to those "long lost friends" of the past, and connect with them on some level, either social media or, if you can believe it, a phone call. I was just so shocked to learn of my friend's passing that it made me realize that there are people out there who are very important to me, but I've let life get in the way and have not been as close to them as I would like to be. How about you... are there people that you need to reconnect with? I bet there are.

I've decided to set a goal of reconnecting with at least one person per month, for the entire year, and see how that goes. I'm anticipating that after the first one or two reconnections, I might

become inspired and actually reach out to more than just one person per month. That would be really cool. I can already think of several old friends I'd like to connect with. When I think about all of the resolutions that people make every year, this one really hits me as one we should all take the time to place at the top of our lists, as it's importance has really hit home for me.

Although we had stayed in touch over the years, we weren't exactly a regular part of each other's lives, and now that he's gone, I can really feel the finality of it all. Won't you join me in making a commitment to reach out to friends from the past? Start making a list, and begin reaching out. The benefits will be great, and very rewarding. Let's do this! Rest in peace Ken Podgorsek.

Jay@famcoach.com
 Jay Harnden, CCC, CCLC
 Family Coaching Solutions
 408.449.3057
 www.FamCoach.com



BY JOHN MACCALMAN

SKY-HIGH POWER

Back in the early 80s, I was flying on a transcontinental trip with Northwest Airlines to the West Coast. I noticed installed in the seat was a telephone handset. Now this was prior to the time that cell phones were in common use, and was more of a brick variety than the slim line models we have today.

The on-board device was an Airfone and for \$5.00 a minute, I could make calls. I was a bit of a show-off and thought I would impress my colleagues back home in Scotland with a call from 35,000 feet. Needless to say, my workmate was not impressed that I would waste money like this.

We have come a long way since then with many full service airlines offering internet connectivity to their passengers. The quality of this can vary and on international flights, the service may be switched off when flying over certain countries.

In-flight entertainment has grown as well. The early days had a single screen in the cabin with a projector. I was on a flight once where the film caught fire in the projector! It was quickly extinguished.

The next stage was seat back screens, some with a credit card pay for slot but now, onboard Wi-Fi has eliminated the need for these screens, saving the airlines weight and wiring. Passengers use their own

mobile devices to pick up the signal and have will connectivity.

While the battery life for personal devices is becoming longer, it can be frustrating if your phone is losing power right in the middle of the movie or ball game.

The answer to this is in-seat power, but not in the style of a mains socket, but instead a USB charging port. To provide in-seat mains power would require a substantial amount of protected wiring and add weight to the aircraft. Instead, airlines are installing USB ports to aid passengers keep their device power strong.

My favourite, Southwest Airlines gradually developed in-flight entertainment over the years in addition to their regular diet of peanuts. As their network expanded, their flight times became longer. The need to provide power to their passengers has grown so much that they recently announced spending \$2 Billion Dollars on aircraft upgrades to include USB ports.

Just beware when using a phone in-flight, as you never know who is listening. It could be me looking for fresh material for this column!

John MacCalman,

Travel + Aviation Consultant. Journalist, Broadcast Producer and Web Editor.

FLIGHTS
RESTAURANT & BAR

BOOK A FLIGHT FOR BRUNCH
SAT & SUN
10AM - 3PM



ALL DAY HOURLY ROTATING HAPPY HOUR



ONE FLIGHT, THREE FLAVORS. \$15



BOOK YOUR BIRTHDAY, BACHELORETTE, OR CORPORATE PARTY TODAY



LOCATIONS:
CAMPBELL
LAS VEGAS
BURLINGAME
SAN JOSE



FOR MORE INFORMATION, VISIT US AT
WWW.FLIGHTSRESTAURANTS.COM







Want to brag? Got a Celebration?

We can put your news out to your neighbors!

Call Us! 408-374-9700

BUSINESS CLASSIFIED



EMPLOYMENT



FLIGHTS

We are an aviation theme-based restaurant that is building its crew. We want energetic and entertaining individuals that can execute our vision.

Our staff operates as a team, helping each other to ensure that our guests receive the finest dining experience possible. If you feel that you are the kind of person that can add to our upbeat and fun environment if interested in a great place to work please call:

(408) 364-1564

Ask for the Manager or Juan

Hiring for all positions.
No experience necessary.

EMPLOYMENT

Volunteers Encouraged! The Campbell Museums is recruiting for a variety of volunteer positions. If you love History, want to meet new people, and be a part of the community, then joining the museum volunteer group is a great opportunity!

The following volunteer positions are open now:

Campbell Museum Foundation Board Member. Time commitment a few hours a month. The primary responsibility of the Campbell Museum Foundation is to develop financial support for the Museum's activities and day to day operation. Each Board Member utilizes personal interests in planning and managing the fundraising, education and community outreach programs. The activities vary over the year and most are a joint effort amongst Foundation members, involving many community-wide activities.

Ainsley House Docents & Greeters: Time commitment 4 hours a month, more if avail-

able. Docents lead guided tours through the Ainsley House during public hours. Greeters staff the admission desk inside the CarriageHouse and handle Museum gift shop sales. Training for both opportunities is provided.

Museum Gift Shop Store Manager: Time commitment 10 hours per month. Primary responsibility is to manage operations of Museum store: Merchandise products, Inventory Control/ Pricing Issues/ Customer Product Inquiries.

Other volunteer opportunities include: Ainsley House Gardener. The Ainsley House Garden group meets every Tuesday from 9am-11am. Special Events Volunteer: help with various aspect of onsite Museum events.

If interested in any of the above volunteer positions please contact Kerry Perkins kerry@campbellca.gov (408) 866-2718

Or more information can be found on the Campbell Museums website: www.campbell-museums.com

Living Classroom Docent Recruitment

Living Classroom, a school-based environmental program, is reaching out to the parent and Campbell volunteer community for new classroom docents. Living Classroom docents lead science-based lessons to Kindergarten and first grade students in Campbell schools. Lessons include garden based activities, tasting fresh, seasonal produce and simple cooking. The lesson goals are to teach relevant and engaging lessons in science, math, social studies and literature while instilling an understanding and pleasure in our natural environment.

No prior teaching experience is needed — just an interest in working with children and a love of nature. Training is provided, including classroom management skills. Training for Fall lessons will take place **September 12, 19 and 26, 2022.** For more information about training and Living Classroom contact Alexis Li, Program Director at alexisL@living-classroom.org

Living Classroom is a 501(c)(3) non-profit education program bringing garden-based outdoor and hands-on science lessons to local public schools. Living Classroom is helping to raise the next generation of environmental stewards.

www.living-classroom.org

EDUCATE | PLANT | CULTIVATE
Plant a garden, grow a future.



BEN THERE

REMODELING

Bathroom & Kitchen Remodel
• ADU's • Additions

• Floors • Windows • Doors
Plumbing • Dry Rot

• Sheetrock • Texture • Painting
Decks • Tile Installation

SERVING SOUTH BAY

FREE ESTIMATES (License #769480)

408-687-2280

BUSINESS DIRECTORY

MIKE & NIKI'S HONEY COMPANY.COM
Local Campbell Honey
Our Bees
are flying over head
Online, Farmers Markets
and The Olive Bar
408-641-7440

A EQUIPMENT TOOL SHED INC. RENTALS
Family Owned Since 1945

GOT MOLD? HOW'S THE AIR QUALITY IN YOUR HOME OR BUSINESS?
www.ca-hh.com
California Healthy Home
Registered Agent
855-880-1078

BOB COWDEN PLUMBING
30 YEARS OF QUALITY SERVICE

ROBERT H COWDEN
owner
bcowden67@att.net

1723 Clovis Ave • San Jose • CA • 95124

Office: 408.267.9407 Cell: 408.439.5430

Silicon Valley Animal Control Authority

celtic shoppe
Everything from Hand knit Fisherman Sweaters, Skirts, Mugs, glassware and more...
Fashion • Jewelry • Crafts

Open 10am to 6pm

408 - 379 - 7474
www.celticshoppe.com

Shop Everyday and for the Holidays!

354 Campbell Ave, Downtown Campbell

Of Sound Mind Productions
San Jose, Ca
(408) 921-5338
Complete sound services

Traditional Travels
ALDEN L. MCARA
TCP #13525

Limos • Sedans • SUV's **408-858-8362**
YOUR PERSONAL CAR SERVICE

STRIKE BREWING CO.

Travieso
Locally Made Wines
Atypical & Impish with a
Naughty Wine Society

15% off with Ad

Where Trouble Meets Sophistication
Shop • JOIN US • Book a Tasting
Reserve a Table • Drop In
Join Our Wine Club
Naughty Wine Society

Call us: 650-248-5641
Visit our website: traviesowinery.com
165 Cristich Ln • Campbell • CA



Campbell Crime Report

By Carol W. Gerwitz

Campbell Ave/Jim Elder: Suspect was pointing a light at another car during a road rage. A search of suspect's vehicle revealed a loaded non serialized handgun with a large capacity magazine, fentanyl, a window punch, a meth pipe, and a switch-blade knife. Suspect is a convicted violent felon and a drug addict. Booked.

Hamilton Ave/Salmar Ave: Suspect was stopped for vehicle code violation and found to be DUI. A search of the vehicle revealed a loaded handgun in the center console. The gun had been reported stolen out of Louisiana. Booked.

900 block W. Hamilton Ave: Unknown suspect used the victim's information from a check she wrote to make a fraudulent check and cashed it at a bank. Report.

1800 block S. Bascom Ave: Suspect entered the store, selected merchandise, and fled. Report.

400 block Salmar Ave: Unknown suspect was able to gain access to victim's bank account and withdrew money without victim's knowledge. Report.

2400 block S. Winchester Blvd: 36-year-old transient suspect was causing a distur-

bance at the shopping center. Upon contact, suspect was not cooperative and was refusing to drop a bottle. Suspect finally complied and was arrested. Booked.

200 block Dillon Ave: Suspect came to a house in violation of eight "no contact" court orders. CPD units arrived on scene and were able to take suspect into custody after he walked out of the front door of the residence. Booked.

1600 block S. Winchester Blvd: Suspect entered the store, filled a shopping cart with items, and fled to her vehicle. Suspect attempted to flee in her vehicle when CPD units arrived on scene, but collided into a parked car. Suspect was found to be driving on a suspended driver's license and driving under the influence of a combination of alcohol and a CNS stimulant. Suspect was then booked into the Santa Clara County Main Jail.

San Tomas Expy. @ Hamilton Ave: A surveillance camera recorded three suspects driving a stolen car. The vehicle was returned to the victim. Report.

300 block Budd Ave: Unknown suspect cut the electrical wires to light poles. Report.

100 block E. Hamilton Ave: A suspect threw a rock through a window of the business causing injury to two patrons. Report.

100 block San Tomas Aquino Rd: Unknown suspect entered breakroom and took victim's wallet and fled. Victim's credit card was later used. Report

90 block Kim Louise Dr: Unknown suspect used victim's personal identification information to create a check with victim's bank account information and cashed the check. Report.

Union Ave @ Cambrian Dr: Unknown suspect cut the lock to the electrical box at the intersection. Report.

800 block W. Parr Ave: Suspect, who was apprehended in San Jose by the Santa Clara County Sheriff's Office while committing other vehicle burglaries, had in his possession stolen property from one of four vehicles that were vandalized in Campbell. The vehicles in Campbell had the right front passenger windows smashed and the interiors were ransacked. Report.

500 block W. Hamilton Ave: Suspect was asked to leave by staff after causing issues. Suspect refused to leave and

pulled on a staff member's sweater. To DA.

700 block E. Campbell Ave: Unknown suspect broke into three service trucks overnight and stole various tools. Report.

1700 block S. Bascom Ave: Suspect accused victim of hitting his car in the parking lot and demanded money. When the victim refused, two other suspects brandished handguns at the victim. Referred to Special Enforcement Division.

200 block E. Campbell Ave: Suspect has been threatening victim's life over a money issue and told victim he would be waiting for him outside of his work tonight. To Special Enforcement Division.

300 block Industrial St: Suspect scratched victim on his face leaving a visible injury. Suspect booked into the Santa Clara County Main Jail.

2400 block S. Winchester Blvd: An unknown suspect used victim's personal identification information to rent a car. Report.

2300 block S. Winchester Blvd: Suspect was reported to be drinking and could hardly stand. Suspect was contacted and determined to be too intoxicated to care for himself. Arrested and booked.

Hamilton Ave/Hwy 17: Two suspects were noted to be in a stolen Toyota Sienna van. Suspect #1 got out of the van and ran but was located hiding in the bushes nearby. Suspect #2 was in the passenger seat and a pipe was located on him. Suspect #1 was found to have several warrants and was booked; Suspect #2 was cited.

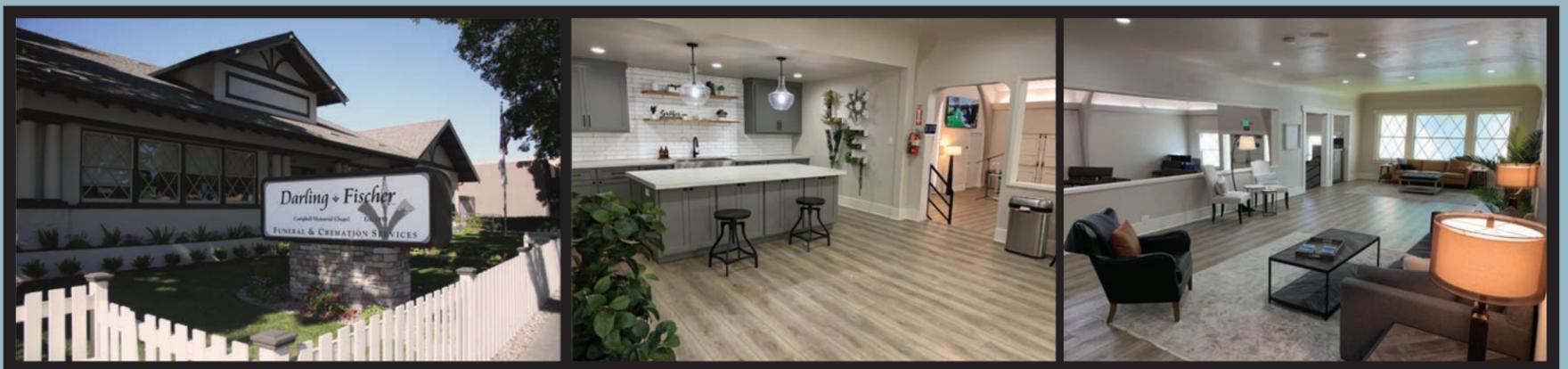
900 block Campisi Way: Two suspects broke the alarm sensor to gain access and then tripped the motion alarm at the complex. Suspect 1 was located inside the complex and had meth in his pocket. Suspect #2 fled. Bolt cutters that Suspect 1 had brought to the scene were found. Booked.

300 block Budd Ave: Suspect was reported to be acting bizarrely. Suspect was contacted and found to be under the influence of and in the possession of a controlled and illegal substance. Booked.

300 block Dunster Dr: Unknown suspect keyed victim's vehicle for an unknown reason. Report.

1700 block S. Winchester Blvd: Suspect punched victim in the face, causing injury to his nose and lip. Suspect then stole victim's phone and fled in a grey SUV. Report.

Celebrating Life, One Story at a Time



Darling Fischer has served the community with exceptional compassion and care since 1936. We help families create fitting, memorable and affordable services for their loved ones. At Darling Fischer, prompt, professional, and compassionate service is always a phone call away.

Established in 1887, we have served Los Gatos, San Jose and surrounding communities for generations. We serve all faiths and all traditions. Many pioneering families or notable individuals are buried or interred in the Cemetery. You will always find Los Gatos Memorial Park a peaceful place to remember your loved ones.

DARLING ↓ FISCHER

Celebrating Life One Story at a Time

Darling Fischer Campbell Memorial Chapel

231 East Campbell Avenue, Campbell, CA 95008

www.darlingandfischer.com

Office: (408) 379-5010 • Fax: (408) 379-5016 • FD898



**LOS GATOS
MEMORIAL PARK**

Los Gatos Memorial Park

2255 Los Gatos-Almaden Road, San Jose, CA 95124

www.losgatosmemorialpark.com

Office: (408) 356-4151 • Fax: (408) 356-7893



CITY NEWS *Continued from page 7*

that is no reflection of the candidates who did put their name forward — only a desire for more civic engagement).

Finally, I'll close with a brief look ahead at the year. One of our early meetings as a Council will be our annual priority setting session. Currently, our areas of focus include land use, economic development, Measure O, and sustainability; these may be updated, or more projects may be add-

ed under these categories, at this year's meeting.

Additionally, the early part of the year will bring important meetings to finalize our objective standards for development, our housing element (or "Campbell's Plan for Housing"), and our general plan update. Expect more updates on these major developments in future columns, and please visit the City website or reach out for opportunities to weigh in.

Raising Confident Readers and Writers

Celeste Martin Nathan, M.A.T.

As the new school year continues to unfold, make reading a priority. Help your child this school year to be a confident reader and writer. The impact of reading far extends the halls of a school building. "Reading is the key for lifelong learning, and if you can instill a love of reading at an early age, then a commitment to lifelong learning is sure to follow" (Children's Bureau, 2017).

Below are a few things that you can do to create a culture of reading in your household:

- Work closely with your child's teacher to identify their reading level. This will allow you to help them choose high interest books that they will enjoy reading.
- In addition to reading, speaking and listening are integral components of Literacy. Engage your

child in daily conversation about their day, have them read to you and maybe even create a drawing or written summary of the book they've read.

- Talk everything books! Get your child interested in reading in books by making it personal. Get hooked on a book series or establish a favorite author.

Small yet simple actions can make a big difference in making reading a priority in your family.

Cultivating Literacy is a non-profit based in the San Jose area that empowers families of early readers by providing strategies, individualized interventions, and expert guidance to help children grow as successful readers and writers.

www.cultivatingliteracy.org



BOOK CLUBS FOR KIDS

WEEKLY PHONICS AND WRITING CLASSES

13 classes, Jan- April, \$85

Sign up at www.cultivatingliteracy.org



CAMPBELL RETRO ROCK Wild Fire



Wild Fire is from L-R: Darvin Miller - Bass/Lead vocals, Gary Silva -Drums, Kevin Stoffer - guitar/vocals, and Durland Miller - guitar/keyboards/vocals.

In 1976, the popular local band 'Wild Fire' began their musical journey as brother's Durland and Darvin Miller (along with some high school buddies) decided to start up a band. "We first started out playing at various high schools and colleges and then moved up into the local venues soon after that." says Darvin.

Wild Fire recorded their first EP at SoundTek Studios (there's that name again!) in the early 80's and one of their songs "Video Warrior" made its way onto the 1982 KSJO radio station "Best of the Bay" album that would feature several top local bands from the bay area, some of those groups have been previously highlighted in this column with more to come. I saw Wild Fire sev-

eral times and enjoyed them a lot. They certainly had the rock 'look' down, I thought. I'm surprised our bands were never on the same nights line-up, since sometimes three locally established bands would play in a single night. It was always a good draw for the club, but a bit chaotic too. But like many bands trying to find the best of themselves, there were various players in Wild Fire throughout the years. Most memorably would have been with Gary Silva and Kevin Stoffer in the mid 80's. (see pic above) Wild Fire not only played locally, but they were asked to perform overseas for 4 months in Guam. A Rep from Miller Beer saw them playing at Fort Ord military base in Marina, CA. and asked them if they were interested. They were. Darvin

later wrote, "We really had the best time our lives over in Guam."

Returning to America from that incredible experience, Wild Fire continued playing around the bay area for some time but decided it was perhaps time to move on with their lives. Brothers Durland and Darvin then made the difficult decision together (as twins often do) to stop playing professionally in the late 90's, since their professional careers were becoming more and more demanding with the dot-com industry boom going on at that time. Darvin said he and his brother still enjoy spending time in their practice studio and quipped that they may one day have to 'retire back into music.' ☺

IN MEMORIUM



Philip William Doetsch, 67, passed away on December 6, 2022.

Phil was born September 28, 1955 to Lorraine and Ralph Doetsch (former Mayor and City Council Member of Campbell, CA).

He attended St. Lucy's Elementary School and graduated from Campbell High School in 1973.

Phil is survived by his daughter, Kelsey Doetsch, brothers Ralph Doetsch and



Frank Doetsch and sister, Denise Doetsch. He was preceded in death by his parents, Ralph and Lorraine Doetsch, and his brother Joe Doetsch.

Phil had fond memories of growing up on the farm in Los Gatos near Lark and Winchester and driving tractor for his dad as a child. He always enjoyed working with his hands and worked as a mechanic at Gardenland in Campbell for many years. Phil went on to start his own tractor

business, doing tilling and weed abatement in Los Altos Hills. He also was contracted by the City of Los Altos to maintain their apricot orchard as their orchardist. He had such a love of apricot trees and the orchard. He saw it as Los Altos's "jewel". He took great pride in the City's orchard.

There will be a celebration of life for family and friends at 301 N. First St. Saturday, January 28th at 5pm



Local Wildlife



By Adam Buchbinder

Campbell is home to a remarkable diversity of life. I've started using the iNaturalist app to catalog and identify wildlife, and I've observed over sixty different species, from insects to mushrooms to birds to lizards. Here are four of our wild neighbors; keep an eye out, and you can find them around town!

The garden snail, *Cornu aspersum*, may be familiar to gardeners; while they're eaten



as escargot in some places (called petit gris, "little grey", in French), they're mainly seen as a pest here. They're omnivorous, mainly eating plant matter like the contents of your garden. They're native to the Mediterranean region, but have been introduced worldwide. Nearly all of them have a right-handed spiral, but one in ten or twenty thousand are "sinistral", or left-handed.

The mourning dove, *Zenaida macroura*, is also known as the "turtle dove" of Twelve Days of Christmas fame. Cousins of the common pigeon, they're found from

Panama to Canada and all points in between. We have one that likes to nest in the chimney above our fireplace, every so often producing its distinctive, echoing hoots. They can fly at over fifty miles an hour, and those in Canada migrate all the way to Mexico. They're monogamous, and are devoted parents. When raising young, the male will take the morning and early day shift, and the female will take the evening and night shift, so that the nest isn't left unattended.

The western fence lizard, *Sceloporus occidentalis*, also called the "blue-belly", is small, about three inches long not counting the tail. You can sometimes see them sunning themselves on warm days, but they're very shy,

and they can scamper away pretty quickly! They have a helpful property: ticks carrying Lyme disease that feed on



these lizards will no longer carry it, as a component of the lizard's immune system ingested by the ticks is effective against the bacteria.

Lastly, the eastern gray squirrel, *Sciurus carolinensis*, is native to North America, but is considered an invasive species in Europe. They're what you think of when you think of a squirrel: usually gray, bushy tail, climbs trees, eats acorns (and many other things). They come in a variety of colors; if

you see an all-black squirrel, it's probably an eastern gray squirrel. It's unusual for being able to run down a tree head-first. Most mammals can't do that!

There's plenty to see in Campbell. The ponds at Los Gatos Creek County Park are full of geese, ducks, and coots (that's a real bird, a fact I just learned this year), and you can see lizards on a sunny

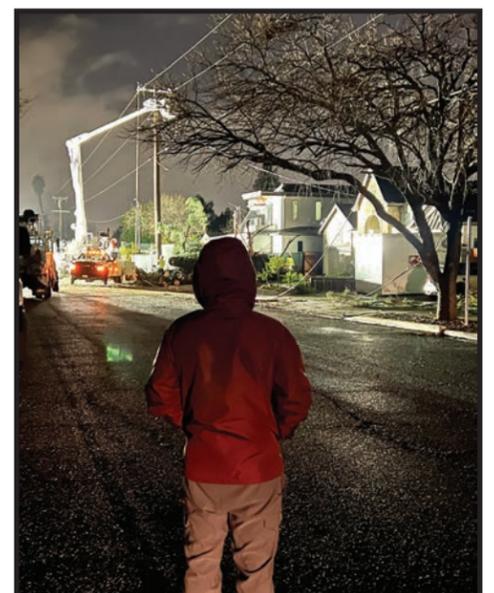
porch or pigeons downtown. In late spring, you can see fluffy little goslings in Campbell Park. Crows like to perch on power lines; there are a

couple of them I see at Latimer and Esther that I'm pretty sure have learned to recognize me. There are mushrooms around trees after a rainfall, and if you're very lucky, you can sometimes see a rabbit at night. In flower season, there are poppies, daisies, buttercups, and more. Once, when living north of Hamilton, I was taking my trash out to the dumpsters, and saw a whole family of raccoons, perched on the fence watching me.

Adam Buchbinder is a resident of Campbell in the Union neighborhood. To sign up for iNaturalist, visit <http://inaturalist.org>. Apps are available for iOS and Android, and the data you collect, if corroborated, can be used for research.



PG&E and arborists work in tandem late into the night to restore power on California St. after a large pine tree toppled over onto power lines.



Local residents patiently look on as PG&E attempts to restore power in the Morgan Park neighborhood.

NASCHMARKT • NEW HOURS • NEW MENU

NOW OPEN FOR LUNCH

Starts July 21st, 2022
Tuesday – Sunday 11:30 AM – 2:00 PM





- Schnitzel (sandwiches) • Fish
- Eggplant • Nash Burger • Hamburger

All Served with Tavern Fries
 Add a Classic Beer - Special Wine
 or Great Desserts

Still OPEN for Dinner < Tues - Sun
 5 - 9 PM

Come and Enjoy Our Lunch or Dinner Menu!
Great Atmosphere ★ Great Food & Service





384 East Campbell Ave · Campbell, CA 95008
(408) 378-0335

<http://www.naschmarkt-restaurant.com>

2323 Birch St · Palo Alto, CA 94306
(650) 561-3202