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PRESS

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THE

Your #1 community news and information source!

CAMPBELL

SEPTEMBER 5, 2022 FREE

COFFEE WITH THE MAYOR

By Benjamin Noel

Last Friday, I sat down for a coffee to talk all things Campbell with Mayor Paul Resnikoff. We covered a lot of ground, more than I had expected, as I unprofessionally allowed our discussion to run nearly double the intended length. By the time his cup was dry, we had discussed why he became involved in local government (eventually landing in the office of mayor), the new city's housing development plan, the local police, and how anyone can make an impact in this city.

Mayor Resnikoff started with the city working for the Parks and Recreation department, thanks to a little encouragement from a friend. His friend told him he could sit around and complain about what could be done better, or he could go and make those changes. He opted for the latter.

After his work with the Parks department, Resnikoff began moving up into elected posts.

Eight years ago, Resnikoff ran for council, because he liked the direction the city was growing in, and thought that some candidates would change things. With a goal to "keep the city safe and vibrant," Resnikoff has served on the council for years, currently as mayor, while sitting on the boards of a handful of committees as well.

I asked Mr. Resnikoff what a day in the life of a mayor looked like. He told me there are no "typical days." To the public eye, the mayor

simply runs two meetings a month, but his work goes much deeper than that. In addition to committee meetings, he frequently meets with members of the council to discuss current issues.

If attending in person, please RSVP by Monday, September 19 to: MayorStateOfTheCity@campbellca.gov

MPBELL Mayor Paul State of the City Thursday, September 22, 2022 Orchard City Banquet Hall Campbell Community Center One W. Campbell Avenue

Doors open at 5:30 pm, event begins at 6:00 pm State of the City Presented by: Mayor Paul Resnikoff Join Mayor Paul Resnikoff for the 2022 State of the City address, hear about recent accomplishments, find out about upcoming projects and recognize members in our community Event will be telecast live on Channels 26 and 88 as well as livestreamed on the City's YouTube Channel

To overcome the limitations of Covid on group assemblies, the City Council began broadcasting their bi-monthly meetings on their YouTube channel, "CityofCampbell." Transparency and accessibility

meetings in a hybrid format - meeting in person, while broadcasting and allowing residents to voice their thoughts from the convenience of their own homes. Another change made due to the pandemic, processes which were previously done in person, such as acquiring permits, are now available online on city

skyrocketed.

The city plans

to keep their

websites.

And now, what everyone's been waiting for, the part about housing. Regional Housing Needs Allocation's sixth 9-year cycle begins in 2023, and Campbell's plan has just been completed. The plan is rather lengthy, at a page count falling somewhere between Catcher in the Rye and East of Eden, so to give you a taste before you crack that open, I will break down some key details, courtesy of the mayor. In the last cycle, Campbell was assigned to demonstrate ability to construct 900 units at various tiers. For the current cycle, the number is approx. 3,000. These new numbers reflect a greatly growing need for housing in the expanding Silicon Valley. The city has planned to accommodate this growth by assigning areas of possible construction which would complement the existing environment.

Alarmingly, for the upcoming elections only 1 candidate per district has decided to run. Write-ins are encouraged, though you will have to convince voters you're worth spelling out a name instead of checking a box come election day. Anyone interested should contact the City Clerk as soon as possible to qualify as a write-in candidate.

Resnikoff says, "the Campbell of families is making a comeback." This may be in part due to the effective community policing of the Campbell PD. The local blue seems to enjoy the quiet, and they're only really noticed while controlling the rare undesirable situation. And it's nice that way. People feel safe while not over-policed. Much of it has to do with the longevity of officers' careers in the Campbell force. Many are locals, live locally, or have served for decades in the city.

A theme our conversation began with, and ended with, was change. If you think something is ineffective, or should be done differently, often all it takes is stepping up, and asking the right question in the right place. Great change can be brought about by a question as simple as, "Why do we do it this way?"

The mayor extends and invitation to all residents to the State of the City Address on September 22 at Orchard City Banquet Hall. More information in the graphic above. RSVP for the snacks, but stay for the good time and talk with council members, city officials, and fellow residents!



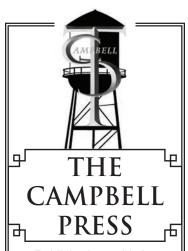
Campbell Park renovation.

WORD OF THE MONTH

"APROSEXIA"

(NOUN)

Lack of ability to keep attention or focus on any subject; extreme mind-wandering.



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HAPPENINGS

Ainsley House Fall Garden Concert Series!!

Don't miss live music in the Ainsley House Garden this fall. Three dates with three excellent shows: Sunday, September 18: Latin Heat: Latin Jazz and Salsa (dancing encouraged!) Sunday, October 23: Tony Lindsay (R & B, Jazz, and Soul vocalist) Sunday, November 13: Brian Ho with vocalist Tiffany Austin (A Holiday show with Brian Ho original and Holiday Classics) Music begins at 2 pm \$30/ Person (tickets include live music, light appetizers, wine or other beverages, and a free return pass to visit the Ainsley House) Outdoor setting, seating, and shade are provided Registration is required: www.campbellmuseums.com/shop

Holidays at the Ainsley **House 2022**

Campbell, CA – The Ainsley House is excited to be open this holiday season with Holiday events for the whole family. This year will have something to delight everyone! Join us for a myriad of fun events for the holiday season: Holiday Teas & Tours, Holiday Boutique, and Evening Open Houses, as the Ainsley House brings Holiday Cheer to Campbell. Additional details will be available at www.campbellmuseums. com. The Ainsley House will be decorated in the theme: Holiday Alphabet. Discover how each volunteer, business, and organization who participated in decorating the Ainsley House, decorates a room using a letter of the Alphabet as inspiration!

Tours will through the Ainsley House will be unguided, self-paced. The Ainsley House and Boutique will be open November 17 through December 18, Thursdays-

...Continued on page 4

HERE'S HOWE

Campbell Park is currently getting

a major facelift much like the renovation that took place last year at John D. Morgan park by creating an all-inclusive playground. (See pic of month on page 1)

This seems to be the modus operandi these days for constructing playgrounds for all age groups with all abilities that inspire multigenerational play as well as providing handicapped access throughout. By utilizing long ramps with wider pathways that are safer for wheelchairs, walkers, and bicycles, it is a more universal approach for all ages and will have plenty of seating areas for the grandparents as well. The renovation will also include new restroom facilities that were much needed. This playground has long been overdue for a serious makeover and will be a great new attraction for families that bring their kids down for some afterschool fun. The park is part of the Los Gatos Creek Trail where many active people come for biking, walking, basketball, and weekend family picnics. No finish date has been announced for the play structure, but we can't wait to see what the latest greatest apparatus will be built for all families to enjoy. The park is still operating as normal though the playground area is currently fenced off and closed during the playground reconstruction.

The Wild Rose is now officially open, and you will find it to be quite the change from what you may remember when il Sogna and the Campbell Brewery were still in operation there before the pandemic. After experiencing Wild Rose's family and friend's night, this dimly-lit Vegas-style cocktail bar and restaurant features beautiful waitresses bringing custom cocktails to your table like their 'La Vie En Rose or 'Velvet Moon.' On that evening, the restaurant shared an interesting and diverse menu that included items for just about anyone's palate such as steak tartare, short ribs, lechon pork, oysters, tempura shrimp, salmon and cod, soups, salads, fresh vegetables, as well as spaghetti and meatballs. For after your lunch or dinner they have some great desserts like lava cake, fried bananas, and their special rose water ice cream. Wild Rose has plans to be open late on weekends and will be a unique addition to downtown Campbell's entertainment scene. Welcome Wild Rose! We wish you the best!

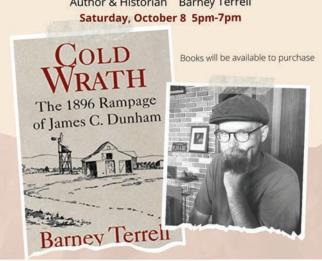
I'm excited to say that this month we have started a new column on page 15 called 'Campbell Retro Rock.' It will focus and highlight rock bands and other acts that played here in Campbell in the 60's 70's and 80's and 90's featuring some stellar photography by Dave Lepori. Dave had photographed nearly every local band back in the day including my band "No Rules" that just happens to be our first featured group this month, and we look forward in seeing what Dave can dig up, dust off, and share from his archives each month!

Author Lecture

Cold Wrath

The 1896 Rampage of James C. Dunham

History Happy Hour Author & Historian Barney Terrell



\$15/ Person

includes: light snacks/ beverages at the Carriage House

www.campbellmuseums.com/shop





Directly across from where the Campbell Press once resided, is this view from 34 Dillon Ave. - the site of the old Paul Del Grande auto parts store that operated on the corner of Campbell Ave. between Dillon & Gilman for many years. It will soon become a five-story mixed-use building containing 6500 sq. ft. of ground level retail space, with second floor residential parking, as well as 59 condos on the top three floors. These would include at least 9 units of affordable housing. Campbell is growing up, and this will soon change the look of this location dramatically.









PUBLISHER NOTES

By Nancy O. Whitney

Sharing Some Memorable Events

It's hard to believe that Labor Day weekend has come and gone with one of the strongest heat waves we've ever experienced. Stay hydrated! Turns out September 5th was 'Sarah Winchester Day' commemorating 100 years since Sarah Winchester's death with special guided tours as well as a visit from a famed psychic conjuring up some spirits.

Saturday the 3rd was 'National Cinema Day' and this year it was extended through Monday night the 5th for \$3.00 movies at AMC theaters!

Second Saturday is always a fun time, and as you stroll by The Campbell Press enjoying the music, pick up a newspaper for free.

Don't forget to get your tickets for DCBA's annual September Wine Walk on Wednesday the 21st, from 6-9 pm @ www.downtowncampbell-businessassociation.com. There will be over 20 local wineries participating this year.

September 11th is always a day of remembrance! A special event is being held by the Veterans Memorial in Los Gatos in partnership with Campbell Veterans Memorial Foundation. See page 3 for more info.

The Campbell Veterans Memorial Foundation is also preparing for a ceremony in honor of Veterans Day on November 11th, that will be held @ the Campbell Veterans Memorial just outside City Hall. The foundation is asking for volunteers to help with the preparations, so

please go to www.campbell-veteransmemorialfoundation.com and sign up as a volunteer.

Look for their Veterans dinner too! Yes, the public is invited to their annual Campbell Veterans Memorial Dinner that evening at Villa Ragusa with keynote speaker Al Guido, President of the San Francisco 49ers. Scholarships for Mission College and West Valley College student veterans are the main reason for this fundraiser along with support for the CVMF organization. Scholarships will be presented by the College Chancellor Brad Davis.

Campbell Veterans Memorial Foundation is also in need of volunteers to help at the dinner and with fundraising efforts. Interested? Come to the mixer on September 8th from 5-8 pm at the Pruneyard DoubleTree Hotel. Plenty of refreshments and networking to be had by all. Meet the board members and learn more about becoming a volunteer.

The Campbell Press has noticed the racks outside our office and other locations are running out quickly. We just want to say thank you for all your support as we continually try and refill them. Remember you can get a subscription at any time for only \$30 a year and it's mailed directly to your home! We are still asking locals to help us deliver newspapers in our area while they do their walks through the neighborhood.

For more information call TCP @ 408 374-9700.



September CAMPBELL REAL ESTATE September					
ADDRESS	SALES PRICE	B/B	AGE	LOT SIZE	SQ. FT.
Herbert Lane	\$2,940,000	3/4	66	6500	2568
Almarida Drive	\$2,750,000	4/3	18	9417	3469
Carlyn Avenue	\$2,250,000	3/2	71	7740	1822
Inskip Drive	\$1,825,000	3/2	59	6225	1390
Ridgeley Drive	\$1,788,000	3/2.5	66	8568	1785
Pecan Way	\$1,735,000	2/1.5	73	12750	968
Shadle Avenue	\$1,650,000	3/2	62	7588	1286
Victor Avenue	\$1,531,000	3/2	65	6014	1210
Colleen Way	\$1,499,000	4/2	61	6000	1398
Albert Way	\$1,221,000	3/2	66	7000	1120
SOLD/CLOSED ESCROW, CONDO/TOWNHOMES					
E. Rincon Avenue	\$1,500,000	3/2.5	31	1650	1702
S. 1st Street	\$965,000	2/2.5	16		1277
W. Campbell Avenue	\$895,000	2/1.5	43	757	1232
Vizcaya Circle	\$1,850,000	3/2.5	30	4356	2396
Robin Ridge Way	\$1,400,000	3/3	6	877	1605
Redding Road	\$1,050,000	2/2.5	36	1229	1267
Peach Terrace	\$870,000	3/1.5	49	1035	1176



Museum Happenings

Continued from page 2

Sundays, from 11am-3pm. The Ainsley House will be closed on Thanksgiving Day. Tour admission is \$10 adults (18-64), seniors (65+) \$8. youth age 7-17 \$6, Museum members are free. The Holiday Boutique is located in the Carriage House as well as in several rooms on the first floor of the Ainsley House. In the Boutique you will find unique seasonal gifts, ornaments, jewelry, scarves, and much more. The Boutique will be open during touring hours.

The Campbell Museum Foundation's annual Holiday

Teas fundraiser: T's the Season, will take place December 2, 4, 9, 10, & 11. Seating will take place at 12pm. The tea menu includes finger sandwiches, champagne, a special Ainsley blend tea, and tasty treats in the Carriage House, followed by a docent led tour of the Ainsley House. There will be a daily raffle, and a grand prize raffle at the end of the entire 9 days of teas. Admission is \$60/ General Public and \$55/ Museum Member. Admission proceeds go toward supporting education programs and preservation efforts at the Campbell Historical Museum and Ainsley House. Reservations are required for the teas and

can be made at www.camp-bellmuseums.com. Reservations for the Holiday Teas and Tours are open now. If you are museum member, please call Kerry Perkins (408) 866-2718 to reserve your date.

One of the best ways to see the Ainsley House decorated for the Holidays is to attend one of two evening *Open House* events. The *Open House* events at the Ainsley House offer the public an opportunity to enjoy the holiday decorations at night, with live music in the Ainsley living room and light refreshments in the Carriage House. The Open House events take

place 5:30 – 8:00 pm on Thursday, December 15 and Sunday, December 18, 2019. Admission is \$15, \$10 for Museum members; children under 10 years old are free. Tickets can be purchased at the Carriage House the evening of each event.

History Happy Hour

History Happy Hour at the Ainsley House, Saturday, October 8, 5pm-7pm, \$15/person. Please register at www.campbellmuseums. com/shop

Author and Historian Barney Terrell will present his new book, *Cold Wrath: the 8196 Rampage of James C. Dunham.*

Jim Dunham killed six people on the evening of May 26, 1896. That much is certain. What remains unclear 125 years later is exactly why he did it. Why murder his wife and her parents, or kill his brother-in-law, or murder two farmhands on the ranch where they lived? Why leave his three-week-old son alive in bed next to his murdered mother? With the twentieth century looming, Santa Clara, California was a small farming community south of San Francisco, and Jim Dunham was a family man with ambitions. Somehow in the spring of that year, his great plans

...Continued on page 5

It Was A Hot July Night

By Carol W. Gerwitz

So it came to pass that on a hot Saturday night in July the Mission Valley Chorus took to the field to sing the National Anthem at Excite Park before the San Jose Giants took on the Visalia Rawhides. This event was years in the making. The process started when MVC was forced into Zoom rehearsals. As did many other performing groups in an effort to continue sharing their music, the members recorded several songs individually in their kitchens, dens, backyards, and bedrooms. The recordings were then skillfully melded together by chorus members Susan Zarchy and Randy Sahae resulting in a capella songs in four-part harmony.

Master Director Angela Suraci had the foresight to choose the versatile Star Spangled Banner as one of the first recordings. As previously reported in this newspaper, this recording was played on numerous occasions by both the San Jose Giants and the San Francisco Giant when in-person performances were not allowed.

When live performers were again welcome for the 2022 season, the chorus was in contact with the SJ Giants and was scheduled to sing on July 16. When the Giants had their season opener, so did the chorus. There was a kick-off skit to jump start ticket sales. Members wore baseball regalia to rehearsal that Tuesday evening in April, and there

was a corn hole game on site for loosening up pitching arms. The fun continued each week as the chorus rehearsed the National Anthem and sold tickets to Section C.

Finally it was Game Day. The chorus, attired in patriotic red, white and blue, gathered outside the gates before the park opened and was escorted through the

stadium, through the field entrance at the first base line, and onto the field for a short mic check. Clustered around the one microphone in the hot sunshine, the chorus sang the anthem a couple times. Then it was quickly off the field to make way for the teams' batting practices.

Prior to the game the chorus re-gathered along the

first base side. MVC's ace pitcher/baritone, Sarah Clish, threw out the ceremonial first pitch, and the crowd went wild. After an impressive retirement ceremony on the field, it was time for the ballgame and the National Anthem. The San Jose Giants took to the field and faced the flag, each accompanied by a young fan. The chorus made their entrance onto the field and clustered around that microphone. They took their first (and only) pitch, a B-Flat. A unison inhale ("singer's breath") and MVC hit that first chord confidently. It was a splendid two minutes! The tenors' glorious high voices sailed into the stratosphere on the tag (ending), and the crowd again went wild. MVC members victoriously left the field, joined cheering family and friends in a packed Section C, yelled for the Giants who won in extra innings, ate churros, and delighted in the post-game tennis balls tossing and spectacular fireworks. The evening was worth the wait. (See missionvalley.org or MeetUp for chorus information.)



Members of the Mission Valley Chorus (MVC) at the San Jose Giants Excite Park, to sing the National Anthem.

ARP

Campbell Area Chapter 5151 AARP Margaret Schieck, President

The Campbell Area Chapter 5151 of AARP has had a busy month! On August 13th, members joined the Lions Club volunteers at Vista Center for the Blind on Bascom Avenue to clean and sort donated eyeglasses. It was actually fun! If you have never seen what 100,000 pairs of eyeglasses looks like, it is an impressive vision. There will be another event of this type in October and we hope to have even more volunteers at that one. Thank you, Sal Pizarro (Mercury News), for calling our attention to this event.

At our August general meeting, the speaker was from the California Telephone Access Program. Our membership received valuable information and a demonstration of special telephones that are adapted for hearing impairment, low vision, and mobility issues.

At this same meeting, we collected 2 cartons of school supplies to go to Sacred Heart Community Services.

On August 25th, we met at Happy Hollow in Kelly Park for "Senior Safari" to participate in some outdoor exercise and socializing. After 2+ years of isolation indoors, it felt good to be moving, even if slowly, among friends again. We plan to do this again in September.

Our next general meeting will be on September 20th at 9:15 a.m. for coffee and 10:00 for the speaker's presentation We meet in Room Q80 of the Campbell Community Center at the corner of W. Campbell Ave. and Winchester Blvd. Our September presentation will be about the other various adult programs available at the Center in which seniors may enjoy participating. You do not have to live in Campbell to join our Chapter. Come and join us.

In the meantime, Happy Labor Day and First Day of Fall.



Speaker. Triet Hoang and AARP Chapter 5151 President, Margaret Schieck.

THE CAMPBELL AREA CHAPTER 5151 OF AARP MEETS
ON THE 3rd TUESDAY OF EACH MONTH AT THE
CAMPBELL COMMUNITY CENTER, ROOM Q-80;
THE CENTER IS LOCATED AT 1 W. CAMPBELL AVE. AT THE
CORNER OF WINCHESTER BLVD. FELLOWSHIP FROM 9:15 TO
10 AM, FOLLOWED BY THE PROGRAM AND GENERAL MEETING





Museum Happenings

Continued from page 4

derailed. We know Jim Dunham killed all those people. The messy truth is that we may never know why. In Cold Wrath: The 1896 Rampage of James C. Dunham, author Barney Terrell takes us through the known facts and eyewitness accounts, the manhunt, and the enduring questions. It is just as important, all these years later, to understand the forces that drove Jim Dunham to unleash his wrath on the victims.

Volunteers Encouraged!

The Campbell Museums is recruiting for a variety volunteer positions. If you love History, want to meet new people, and be a part of the community, then joining the museum volunteer group is a great opportunity!

The following volunteer positions are open now:

<u>Campbell Museum Foundation Board Member.</u>

Time commitment a few hours a month. The primary responsibility of the Campbell Museum Foundation is to develop financial support for the Museum's activities and day to day operation. Each Board Member utilizes personal interests in planning and managing the fundraising, education and community outreach programs. The activities vary over the year and most are a joint effort amongst Foundation members, involving many community-wide activities.

Ainsley House Docents & Greeters: Time commitment 4 hours a month, more if available. Docents lead guided tours through the Ainsley House during public hours. Greeters staff the admission desk inside the Carriage House and handle Museum gift shop sales. Training for both opportunities is provided.

The Ainsley House is open for summer tours Fridays-Sundays, 11am-3pm.

Museum Gift Shop Store
Manager: Time commitment 10 hours per month.
Primary responsibility is to manage operations of
Museum store: Merchandise products, Inventory Control/

Pricing Issues/Customer Product Inquiries.

Other volunteer opportunities include: Ainsley House Gardener. The Ainsley House Garden group meets every Tuesday from 9am-11am. Special Events Volunteer: help with various aspect of onsite Museum events.

If interested in any of the above volunteer positions please contact Kerry Perkins *kerryp@campbellca.gov* (408) 866-2718

Or more information can be found on the Campbell Museums website:

www.campbellmuseums.com

Fall Family Art Day at NUMU

The Campbell Museums will be participating in Los Gatos' NUMU museum Fall Family Art Day. Come explore the NUMU museum and meet members of several local participating museums. There will be hands on activities for kids and families. To learn more visit: https://www.numulosgatos.org/events/family-art-history-day.

TURN-AROUND SCHOLARSHIPS LOS GATOS & SARATOGA HIGH * SPECIAL GAMES * FISHER ARE TUDERS CLUB * DAVES BLUE HILLS TRA SEPTEMBER 17-18, 2022 Civic Center Lawn, 110 E. Main St, 10am-6pm Free Concerts all Weekend! Sat: The Joint Chiefs 4-6pm, RPM 2-4pm, First Call 12n-2pm. Gypsy Tribe 10am-12n Sun: Houserockers 4-6pm, Tsunami 2-4pm, 10o'clock Lunch 12n-2, Hoot'nHoller 10-12n All Proceeds Support Local Youth Programs & Scholarships Y FRI. ADAPT 50 Years of Fun TO SCHOOL SE AT-RISK UNDERFORMED KIDS SPECIAL GAMES FOR ALL SPECIALLYABLED KIDS IN SANTA CLARA COUNTY*



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SPECIAL ANNOUNCEMENTS



Country Woman's Club of Campbell

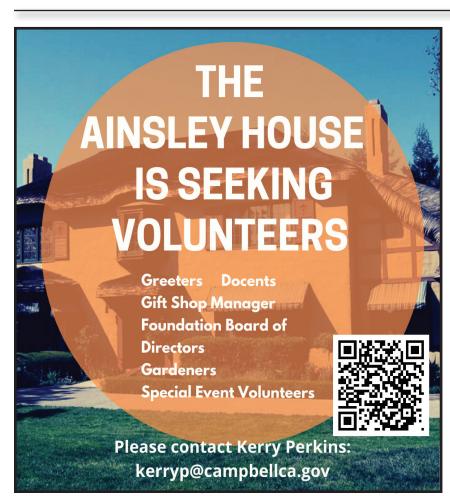
By Roberta Howe

The Country Woman's Club of Campbell (CWCC) is holding their first meeting of the 2022-23 Club year on Monday, September 12 in the

Roosevelt Redwood Room at the Campbell Community Center at 4:30 PM. Dinner: \$20.00 catered by the Florentine restaurant. If you are interested in find-

ing out more about CWCC please contact Joan Fontana *joanfontana840@gmail.com* and reserve a meal.

ALL INTERESTED LADIES welcome!











Companion planting is touted as a silver bullet for the perfect garden. Plants are said to "like" and "help" each other when grown together, but they don't. In fact, it's a war zone out there.

Biochemicals produced by some plants actively harm neighboring plants. This is called allelopathy. Common pea plants use chemicals to inhibit the growth of nearby lettuce, wheat, cress, or sorghum. The truth is, popular claims about companion planting are based on a 1930's study that had nothing to do with how plants actually grow.

A more useful concept is intercropping. Intercropping refers to mixed plantings that take advantage of certain plant behaviors and needs to make the most of limited garden space. The traditional Three Sisters Method of growing corn, squash, and beans together is an example of intercrop-

ping. In this method, the corn grows tall, providing pole beans with something to climb. Nitrogen-fixing pole beans feed the squash and corn. The broad squash leaves shade the ground, reducing competitive weeds and retaining moisture. The three types of plants grow better together than they would alone. But it has nothing to do with how they feel about each other.

Intercropping provides many benefits to the home gardener. They make better use of sunlight, soil, and water than monoculture crops. These mixed plantings tend to confuse many insect pests, reducing damage and the need for pesticides. Pollination rates increase because there is a wider variety of blooms and different times throughout the growing season. Intercropping also provides better habitat for more biodiversity.

The downside of intercropping is that it requires more planning than traditional rows. Rather than simply planting a row of seeds, you need to consider things like speed of growth and rooting depth. With intercropping, you plant deep-rooted crops, such as tomatoes, with shallow-rooted crops, like lettuce. You can also grow fast-growing plants like spinach or radishes, with slower-growing crops, like corn or carrots. Plants that don't need as much sunlight are planted alongside taller plants.

The science behind which plants perform best together is still being researched. Bottom line: pay attention to your plants and do what works best for you, your soil, and the varieties in your garden.

Kate Russell is the author of Stop Wasting Your Yard! She also maintains a sciencebased gardening blog, The Daily Garden.

Money Empowerment by Jill



Do you cringe when you hear or see the word budget? That word can easily send a negative vibe through your body. Growing up, I always thought being on a budget meant that we were broke and we had to give things up. "What must we cut from the budget this month?" "You cannot buy that because we are on a budget."

Don't get me wrong, I totally encourage budgets. I help people create and maintain them! However, budgets are not meant to be restrictive and they can be adjusted. Budgets are simply a tool to use throughout your financial journey. Before you create a worthwhile budget, it is important to get to know your spending habits and relationship with money.

WHY?

Because, once you have that a-ha moment and realize why you make the choices you make, you will be ready to create a budget that is custom designed for you. A budget that you will stick with because it does not feel restrictive. You will release the habits that are holding you back and create new habits that propel you forward.

Not sure where to start? Here are a few steps you can follow.

1. List all of your expenses You can download your activity from your bank account and credit card statements or just write everything down. Whatever method you us, list everything! Try to get three months worth.

2. Assign a category

Assign a category to each expense. Don't make too many categories or it can get messy. Examples are groceries, dining out, clothing, household items, recreation, gas, insurance, you get the idea.

3. Note YOUR feelings about each category

Now sort your expenses by category. If you are using pen and paper method, you can just list the different categories on a separate sheet. Next to each category, make a note of how spending money in this category makes you feel. Another question you may ask yourself is how did you feel before you made the purchase.

This may seem strange but it is a good exercise to determine what is important to you and what triggers you to spend on what you do.

I suggest to take time with this step and really deep dive into it. Be honest with your-

4. Rank you category

Ranking your categories helps narrow down what is important to YOU. You can create your own ranking system. Mine is a number system and looks like this:

- 1 non-negotiable expense and the amount is fixed
- 2 non-negotiable expense and the amount is variable
- 3 I really like or need this but I can adjust the amount or frequency
- 4 I like this, but I don't really need it and can do without
- 5 An expense I can do without

Once you've gone through these exercises, you will be more mindful of your spending habits and you will clearly see the areas that are working for you and those that might need some tweaking.

Best of luck, Jill Scarnecchia

Have a money management question?

Email me: livinbalanced52 @gmail.com

Want more tips? visit my website www/livinbalanced.com

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CITY NEWS By Sergio Lopez

Democracy is a bedrock value of American life. It means representation not just at the statewide and federal level, but also at the local level — where the representatives you elect impact your day to day life, including crucial services such as public safety, trash pickup, basic infrastructure, and more.

As Campbell residents, we believe in our democratic values. Many of us attend City Council meetings or contact our representatives with questions or issues. These values are part of what made the August 16th meeting of the City Council a particularly challenging discussion.

The context is as follows: following the close of the election period, only one candidate filed per district for the three City Council races which are up. In November of 2022, residents of District 3 (the Downtown area), District 4 (West Campbell Ave), and District 5 (San Tomas) will elect their City Council representatives. (Dan Furtado, Elliot Scozzola, and Anne Bybee have filed respectively in each district. For comparison, the 2020 elections had a total of five candidates across the two districts on the ballot).

This situation presented the City and our Council with a dilemma: to cancel the election in the name of some cost savings or to allow the election to proceed in the name of our democratic values? Both options had positives and negatives. The question is in the context of a political climate where questions around our commitment to democracy are raging.

The discussion was a challenging one, with multiple Councilmembers noting the difficulty of the situation and the imperfect solution offered by either alternative. However, it was a high-minded discussion, with all Councilmembers foregrounding their commitment to democracy and to the Campbell community in their decision-making process.

Ultimately, the Council made the decision to proceed with the elec-

tion, on a unanimous 4-0 vote (with Vice Mayor Anne Bybee recusing from the vote). This means that voters in Districts 3, 4, and 5 will receive a ballot this election season which will include the names of the person who has filed in their area, along with a write-in option (with an additional qualification process for any interested write-in candidates).

The dilemma highlights one of the challenges facing our community. Democratic participation is more important than ever. Debates over ideas and issues, in turn, matter more than ever. Campbell residents have a tradition of thoughtful consideration of ideas, with most of our representatives historically being thoughtful and deliberate in trying to ensure they serve the entire Campbell community. But this decision-making process depends on all of us.

This is part of why I encourage you to engage with your local city government (or perhaps your school board, state representative, or other level of government). These local positions impact the services all of us receive on a daily basis. Participation could include volunteering for a local civic organization; bringing your children to a Council meeting to learn about representative government; applying for a board or commission on a topic that interests you; or just reaching out with questions, comments, and even complaints (as these are often no less important!) about the issues you see in your community. (I am always happy to answer questions or to meet with residents and can be reached at sergiol@campbellca.gov).

Perhaps one day, your engagement may even include running for City Council yourself.

Ultimately, all of our voices – even when we can respectfully disagree – are part of what makes our community a special place to live. All of us have a valuable role to play – and our democratic system of government depends on all of us.

COUNTY NEWS

Delivering 21st Century Job Skills



By County Supervisor Joe Simitian

The Metropolitan Education District (MetroEd) is a Santa Clara County gold mine of learning, with low cost or free classes that prepare high school students and adults for college and technical careers.

More than 1,100 students from six local high school districts—including the Campbell Union High School District—are enrolled in MetroEd's Silicon Valley Career Technical Education (SVCTE) program, which offers 23 science, technology, engineering, arts and mathematics (STEAM) courses, most of which fulfill University of California admissions requirements.

SVCTE is one of our County's key educational resources, boosting individual career potential and economic development. I'm gratified that my Board colleagues recently approved my proposal for a grant that will allow MetroEd to establish two new SVCTE programs targeting high-demand sectors: health care and electric vehicles.

As became all too clear during the pandemic, essential workers like nurses are in short supply. With this one-time County grant, MetroED will develop a new nursing science program focused on preparing students to work in long-term care facilities, hospitals, home health, and other patient care facilities.

This academically rigorous program will enable students to complete college

preparatory courses in partnership with local community colleges as "guided pathways" to Licensed Practical Nurse (LPN), Licensed Vocational Nurse (LVN), and Associate Degree in Nursing (ADN) programs. In fact, this coursework is designed to motivate students to pursue further professional nursing paths beyond a two-year degree, including obtaining an RN, BSN, MSN, DNP, and PhD.

Electric Vehicle (EV) technology is one means to move us away from reliance on fossil fuels, and related climate impacts. With state and federal governments looking to accelerate the transition to electric cars, we will need far more workers versed in servicing and building EVs.

County funding now enables MetroED to address that need, adding an EV program to its suite of traditional Automotive Services classes, creating a much-needed pipeline of technicians trained to work on both types of vehicles.

Funds will be used to develop a curriculum in self-driving vehicles, EV powertrain conversions, and computerized e-learning of future technology, including electric bicycles. Funding will also support the conversion of a new classroom where students will have an opportunity to build electric vehicles.

SVCTE is the largest career-oriented education program in Santa Clara County for high school and adult students (who can participate on a space-available basis). Classes are free for qualified 11th and 12th graders, and bus transportation is provided from the student's home high school to the SVCTE campus and back.

Supporting careers in health care and EV technology provides a great return on investment. We know we have a critical nursing shortage, and we know electric vehicles are a rapidly growing share of the automotive market. By focusing on these fields, MetroED is creating a conduit to 21st century jobs. It's a win-win for our students, and for our local economy!

Joe Simitian was elected to the Santa Clara County Board of Supervisors in 2012 and re-elected in 2016 and 2020. He represents the Fifth District, which now includes Cupertino, Los Altos, Los Altos Hills, Los Gatos, Monte Sereno, Mountain View, Palo Alto, Saratoga, Stanford, and portions of San Jose. Joe's public service over the years includes stints as a member of the California State Senate, the California State Assembly, Mayor of Palo Alto, and President of the Palo Alto School Board, as well as an earlier term on the Santa Clara County Board of Supervisors. He served as an election observer/ supervisor in El Salvador and Bosnia and participated in refugee relief and resettlement efforts in Albania and Kosovo.

City Council & Planning Commission News



By Adam Buchbinder

Even when the rules seem straightforward, sometimes they aren't in practice. That's the lesson I learned at the August 9th Site and Architectural Review Committee meeting. Those are non-binding advisory reviews that developers get before bringing a Site and Architectural Review Permit to the Planning Commission. They're informal and short.

The project under review is seven townhomes in the Union neighborhood, to be built on the site of a single-family home, on a street full of low-rise apartment buildings. Over the last five years, likely more, all multi-family developments in Campbell have had to apply for a

custom "Planned Development" zone to be created. This meant going up to the City Council and undergoing an uncertain, discretionary process. This time, however, staff was able to collaborate with the applicant to make the project work without any rezoning.

Our General Plan Land Use map marks this area of the city as "high density residential", and the General Plan supersedes the Zoning Map and zoning code. By setting aside one of the seven homes for sale below the market rate, the applicant was able to use the state Density Bonus law, which provides concessions and waivers. (Concessions modify standards that

would make a project more expensive; waivers modify standards which would make a project physically impossible.)

In order to meet the General Plan density range of 23 to 27 units per acre, the project has waivers for its minimum lot size, minimum parcel width, minimum public frontage, setbacks (front, side, and rear), floor-area ratio and maximum lot coverage, and minimum landscaping, plus a concession for the city's utility undergrounding ordinance. As staff wrote in their report: "The request for waivers reflects the number of restrictions in the City's traditional zoning districts, particularly the mismatch between the number of allowable housing units based on the General Plan and the amount of actual buildable capacity created by the development standards, as well as the inability to create lots on private driveways/roadways. It is for these reasons that the City has historically resorted to use of Planned Development zoning to facilitate higher density housing projects."

We had assumed that it was impossible to build higher-density housing without completely revamping the zoning code (which will be part of the upcoming objective standards process), but because staff got creative and worked with the applicant, they were able to produce a project which doesn't have to go all the way to City Council, and is protected under the Housing Accountability Act with no discretionary uncertainty involved. This kind of streamlining, where the rules are clear and developers can follow them in exchange for a predictable outcome, is exactly what the city is working toward.

Adam Buchbinder is a member of the Campbell Planning Commission. Opinions here are his own, not the Commission's or the City's. To contact the Planning Department, email planning@campbellca.gov. To learn about future meetings, go to https://campbellca.gov/AgendaCenter.

ENTERTAINMENT



'SIX BY SIX' RELEASES DEBUT ALBUM TO RAVE REVIEWS

The newly formed super-group 'SIX' has just released their debut album and it is yet another incredible set of songs coming from our Campbell-based veteran rocker Robert Berry.

If you've lived in Campbell for any length of time, you

should know who Robert Berry is. When it comes to music legends, Robert is Campbell's true claim to fame, and its unlikely you will find anyone else more successful in the music business from this area than Mr. Berry.

Robert is a very humble and down to earth guy that would deny his legacy for



Photo: © Dave Lepori

an eternity. When he's not working on his own material or performing somewhere in the country with one of his groups, Robert is producing, engineering, composing and songwriting in his Campbell Soundtek Studios for various clients and artists and has done quite well for himself since the 1970's. Robert often dreams up projects like 'Six by Six' and this one has just come front and



center. This supergroup of rockers has recently been signed to Sony Records European affiliate Inside/Out Music. The record company initially told the band they weren't interested in signing any new acts at this time, that is until they heard recordings by 'Six by Six' and out came the signature pen to paper.

Robert has carved himself a spotlight in local music history on more than one occasion, and I must say that I first witnessed this gifted musician some 48 years ago when his rock band 'HUSH' played at some of our Campbell High School dances. I am still inspired by Robert's musical talents, just as I was that first night I saw him play in The Orchard City Banquet Hall; previously our CHS cafetorium. With a long list of who's who, Robert has worked with top artists such as Ambrosia, GTR (with Steve Howe from Yes) '3' (with Keith Emerson and Carl Palmer of ELP) The Greg Kihn Band, By Matthew C. Howe

Alliance, December People, and his own group The Robert Berry Band as well as many others.

I managed to catch up with Robert in-between mixing sessions at his Campbell recording studio to discuss this

latest venture. In what was scheduled to be 45 minutes, we talked about a variety of topics for close to 2 ½ hours attempting to catch up from our busy schedules as well as solve all the world's problems.

Robert told me that after working with the late great Keith Emerson and Carl Palmer in "3", he was talking with his manager Nick Chilton one afternoon and said, "What do I do after I've played with the greatest rock keyboardist on planet earth?" Robert was thinking he wanted to take things in a different direction this time around, and perhaps with a more guitar-oriented approach. The next day Nick called Robert back and suggested Ian Crichton, guitarist from Canadian group SAGA that had a few hits back in the 80's with . Robert loved Ian's playing; often masked and buried behind keyboard parts in the band, yet Robert knew he was a great

...Continued on page 15

SEPTEMBER MOVIES By Sam Wilson

Rullet Train - B.

A highly entertaining hyper action comedy with a killer ensemble cast. A-lister Brad Pitt stars as a former assassin on a job to retrieve a suitcase on a bullet train in Japan who discovers there are many other colorful assassins also after the suitcase on the speeding train. Co-starring Brian Tyree Henry, Aaron Taylor Johnson, Hiroyuki Sanada, Bad Bunny, Logan Lerman, and more. The film is influenced by Guy Ritchie's violent British crime comedies and Jackie Chan's comedic action choreography.

The Invitation - C

Game of Thrones alum Nathalie Emmanuel stars in this gothic horror as a woman who connects with an unknown cousin who invites her to a wedding at an English mansion. While there she develops a romantic relationship with the mansion owner who harbors a dark secret. Some familiar mayhem eventually ensues.

Beast - C

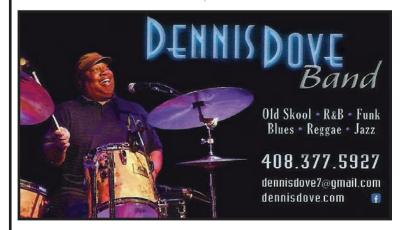
A mediocre entry into the predator survival horror genre about a murderous lion. Charismatic leading man Idris Elba stars as a recently widowed father taking his two daughters on a safari trip with his best friend (Sharlto Copley) as their tour guide. The trip goes awry when they encounter an enraged lion that is currently on a killing rampage. There was some solid filmmaking and suspense at the beginning that seemed heavily influenced by video games, but once the action starts the entertainment quality dips.

Fall - D+

A poorly constructed survival gimmick film following two paper thin characters stuck a top a 2,000 foot old radio tower in the middle of the desert with no way down. The entire characterization of the friends is that one is getting over a recent tragedy and the other is a social media influencer. The single location thriller stretches out the film by filling it with lots of boring talking and silly scenarios of them trying to figure out how to get down. The end twist is insultingly bad and unnecessary.

Bodies Bodies - D+

A wannabe horror comedy that is missing both the horror and the comedy. A group of female friends along with two dopey males play a hideand-seek like game game in a large house during a hurricane and drama ensues when one of them turns up dead. Instead of an engaging clever murder mystery in the vain of Clue or Scream, we get a dreadfully boring student film quality level amateur movie with a dumb ending.





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ENTERTAINMENT



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September 9 Rebel Rocks Charley's!

September 10 SPEED DATING

September 14 TRIVIA & KARAOKE

September 16 Redline

September 17 Stung

September 21 TRIVIA & KARAOKE

September 23 R50 Rush Tribute Band

September 24 The Refugees

September 28 TRIVIA & KARAOKE

September 30 The Sun Kings

October 1 The Houserockers Live

October 8 Unchained

October 14 **The Megatones!!**

October 22 Days on the Green

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ENTERTAINMENT CALENDAR

Saturday, September 3

6:00pm

Serious Condition

Wednesday, September 7

6:00pm

Dennis Dove

Thursday, September 8

6:00pm

Blues Jam

Friday, September 9

6:00pm

Them Slack Jawed SOB's

Saturday, September 10

6:00pm

Ghosts of Calico

Wednesday, September 14

6:00pm

Gold Money Band Jam

Thursday, September 15

6:00pm Blues Jam

Friday, September 16

7:00pm

Mike Vanderhule Band

Saturday, September 17

6:00pm

Jinx Jones

Wednesday, September 21

6:00pm

Knee Deep

Thursday, September 22

6:00pm

Blues Jam

Friday, September 23

6:00pm

Bigelow's Treehouse

Saturday, September 24

6:00pm

Cadillac Jack

Wednesday, September 28

6:00pm

Acoustic Showcase

Thursday, September 29 6:00pm

Blues Jam

Friday, September 30

6:00pm **Jokers**

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September 4 Sunday Wildwood Park, Saratoga 1-7pm. Concert In The Park various acts. Free

September 9 Friday Summit House Beer Garden & Grill 6-8:30 pm. Hwy 17 at the Summit. Easy in and out!

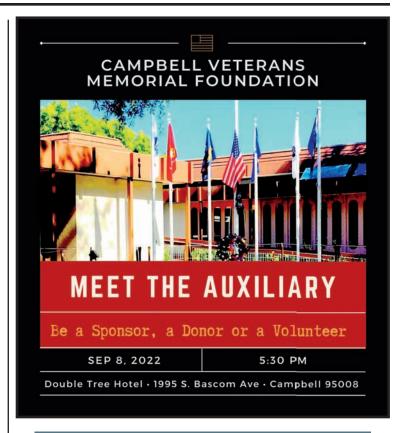
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September 21 Wednesday 2-4pm. Westmont Senior Living private event.







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FROM LEGAL BRIEFS TO BRIEF MYSTERIES

Author's Corner By Carol W. Gerwitz

Just what does a highenergy, competitive trial lawyer do with his time when he retires? What is one "supposed" to do in retirement? These were questions faced by Ron Katz when he left 40 years of law practice a few years ago.

Ron turned to a program at Stanford University for individuals in similar situations, the Distinguished Careers Program Institute. While a Fellow in that program, Ron had access to all of the classes offered at Stanford, one of which was a class on the history of the mystery novel. After authoring a myriad of non-fiction publications in his legal career, Ron was curious about writing fiction so he gave that class a try and discovered his new career: writing mysteries.

"But not just any mystery," Ron explained to me over lunch recently. Ron and I worked together back in the day but hadn't seen each other in over 30 years. After doing a bit of reminiscing and catching up, Ron told me about developing his stories.

When Ron started to write his first story he already had the title, "The Mystery of the Missing Eyeglasses". He knew the basics: the story needed a beginning, middle and end. And it was a good idea to write about something he knew. Hence, the creation of boomer-aged main characters Barb and Bernie Silver, the Sleuthing Silvers, who have been married forever and suffer the typical baby boomers' foibles. In describing Barb and Bernie, Ron says, "Think Nancy Drew marrying one of the Hardy Boys 50 years later." He also drew inspiration from The Thin Man series.

While Ron knows about baby boomers first hand, he researches the back story of each of the cases. Once research is complete, Ron writes about 500 words a day, finishing a 5,000- to 6,000-word story in 10 to 14 days.

Barb and Bernie accept only cases where their age gives them an investigative advantage. (The slogan for their Silver Investigations is "Where Age is an Edge".) Ron finds situations to put Barb and Bernie into, and the characters take off. They didn't have to go far afield in the first story, "The Mystery of the Missing Reading Glasses", in which they went undercover at an assisted living facility to investigate opioid-related deaths. Age definitely gave them an advantage in that story. Ron also sends Barb and Bernie abroadin "The Mystery of the Misplaced Mona Lisa" the sleuths travelled to Italy to investigate the mystery surrounding the obscure actual theft of the Mona Lisa in 1911 and whether the Louvre recovered the actual painting.

Ron keeps his stories short intentionally, a nod to the seeming shortened attention span of baby boomers. The 12 stories (so far) can each be read in around 30 minutes and they are found exclusively and free of charge at www.thesleuthingsilvers.com. Acknowledging the success of the online stories and Ron's vibrant Facebook page, his children nevertheless counsel him that streaming his stories is the way to go in 2022. Yielding to that sage, relevant advice, Ron is investigating this possibility for the Sleuthing Silvers.



Before the Song: by Chris Jackson "(Oh) Pretty Woman"

It's such a sweet little song. Roy Orbison's wife, Claudette, inspired the original recording, and it lived its life just fine for almost two decades, until Eddie Van Halen cranked up his guitar amp to eleven and decided to put his stamp on "(Oh) Pretty Woman."

After their 4th album, Van Halen planned to take a long break from touring and recording. They agreed to release one song during the break just so fans wouldn't forget about them. However, the rigors of the road hadn't given them time to write any new material. This meant recording a cover song. Their singer, David Lee Roth, wanted to record the classic, "Dancing in the Street," and Eddie Van Halen preferred Roy Orbison's "(Oh) Pretty Woman."

Van Halen recorded Eddie's choice first, and it was a huge success. Eddie had mixed feelings about the popularity of his version of "(Oh) Pretty Woman." It ended up being their most popular song up to that point, but it had **no** guitar solo. What?!

He made sure that didn't happen again.

Van Halen soon recorded "Dancing in the Street" (with a nice long guitar solo), and management couldn't have been happier with the results of both songs. They asked the band to release a whole new album. So much for their break.

The four members-Eddie, Alex, David, and Michaelrealized they could finish the album relatively quickly if most of the other songs were cover songs as well. I mean, they started their career by

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releasing their blistering version of The Kink's "You Really Got Me," right? So, why not record another Kinks' song? They chose "Where Have All the Good Times Gone"-which was a "B" side (secondary) release for The Kinks-never reaching the popularity of "You Really Got Me." Van Halen's version was a radio favorite, and the band recorded enough other cover songs to release the album-titled Diver Downjust one year after the success of their previous album, "Fair Warning," sent them on a worldwide tour.

That made it *five* albums in just four years, 1978-1982. When did Van Halen get their break? Right after that. A two year break-before their biggest album of all time, 1984, came out,... in 198-... well, you know. ⊙

Chris Jackson can be heard on 98.5 KFOX The South Bay's Classic Rock, weekdays 6am-9am

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DIG IT...with SAM Fall in the Garden



September

By Sharon McCray

Fall is indeed in the air. Hard to imagine how quickly the weather in Santa Clara County changes. From the fog and cold that slowly creeps into Gilroy to the unbearable heat that covers San Jose interiors and Eastside, we truly have it all.

So now that all the apples are harvested and everything is looking a little shabby, it is time to consider "what is next". If plans include winter vegetables, which it should, remember that we are so blessed with the diversity of soils and climate, that knowing your specific microclimate is essential.

Whether starting winter vegetables from seed or purchasing seedlings from your favorite nursery, now is the time. The seeds and roots will prefer a warm soil in which to germinate and grow, so planting before the soil gets too cold is important. Some winter vegetables such as peas and carrots, prefer direct seeding into a warm soil. Carrots need to be kept constantly moist until they sprout. Combining a package of carrot seeds with radish seeds, when mixed in a gallon of planting mix, will help to keep the carrots from bunching up. Beets also benefit from this method of planting. Scattering a handful of the planting/seed mixture will allow for an all season long harvest. Succession planting, in two week is what is usually recommended. Lettuce, spinach and chard also prefer direct sewing.

It's not too late to fertilize fruit trees and start preparing the ground for the next opportunity to plant. Hopefully, the rains will come and all will not be lost. Fruit trees are determining just how productive they will be next year based on how much food and water they are getting now. The importance of deep water irrigation cannot be overstated. Usually twice a month at three hours minimum will get water into the root zone, depending on soil type. Plan accordingly perhaps fewer showers and not bathing the kids.

During the fall is also a good time to scatter rye grass seeds in the lawn area as rye thrives in the cooler days and nights and will provide "green" for a summer lawn. It will die back in the summer when other grasses will begin to sprout.

Avoid using nitrogen fertilizers as they provide nutrients for green growth, growth that will be sensitive to freezing and hungry winter pests. Fertilizer with an NPK of 0-15-5 is recommended, The higher the "K", the better protection tender perennials and tropical plants will receive from frost.

It' a little too early to start pruning fruit trees, but the perfect time to pull the tomatoes and pepper plants. Planting an Early Girl or similar early season tomato might just produce fruit before Christmas.

Roses should be deadheaded to encourage a final bloom this season. After cutting off the spent flowers, eight weeks later the final blossoms of the year will open, providing a summer bouquet for your Thanksgiving table.

Now is a good time to prune back perennials for shape and

to encourage new growth and flowers this fall. Lavender, sage and other herbs need regular pruning in order to keep the plants flowering and healthy.

It is never time to stop weeding. Pre-emergent weed controls will keep ALL seeds from germinating so it is not

recommended in a vegetable or flower bed that has been direct sewed. There are lots of great products or the market so there are plenty of choices. Avoiding the use of chemical weed preventing or killing products can harm bees and other beneficial insects and should be avoided.

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Coach's Corner

by Jay Harnden

...AND MORE

BACK TO SCHOOL

Already? Seems like summer just flies by these days. Before you know it, the holidays will be upon us. Remember the "old days"? It took forever for Christmas to get here, the end of school seemed like an eternity, and summer seemed to last forever? Those days are long gone for most of us. But one thing remains the same... back to school is here, and we need to be prepared for it.

I can remember getting new shoes for school. So exciting! But with every new pair of shoes came that look on my mom's face of well, I don't know what to call it, but it sure made me feel guilty when she wrote the check. It sure affected me as an adult, to the point where I love buying my kids new shoes, and I made it clear to my kids that I LOVED buying them shoes, or clothes, or whatever they needed.

Kids have enough going on with back to school that they don't need to be made to feel bad about getting the necessities of life. We as adults have a choice to make this time of year as

easy as possible for all of us. You've probably seen the clips of kids being picked up by the bus, and a parent doing cartwheels, or grabbing a bottle of wine out of the mailbox and jumping up and down in celebration. I get it, it's funny, but is it the message we want to send to our children?

We can share with them how excited we are for them to get to go back to school, see their friends, meet their teachers, and learn. We can also share the plans that we have with the free time that we'll have while they're at school. Let's make plans to help this year be the best one yet and get input from our kids to help make it so.

If you haven't already done so, I encourage you to create a schedule with your family that will cover most of the extra time you'll have. As kids get older and become involved in more activities, this becomes really important. If you have the time mapped out some sort of organized schedule, kids will see light at the end of the tunnel when doing

homework, chores, reading, etc. Include things that must be done, as well as fun stuff that they look forward to.

Some things to consider when making a family plan for the coming school year are simple enough, but it helps to have a few things written down. Do you have adequate childcare in place for after school? Whether you work outside the home or not, make sure you plan ahead and have coverage in case something comes up and you need help. Get with other parents and work out some sort of co-op so you can count on them when you need it. My daughter's kids are 9, 7, and 4... and she's never had to pay a babysitter! Between family, friends and her circle of other parents, she's got it covered.

There's much more to talk about with this topic, so I'll continue in the next issue. As always, I'm open to your emails and suggestions... Jay@famcoach.com

Jay Harnden, CCC, CCLC Family Coaching Solutions 408.449.3057 www.FamCoach.com



TRAVELING LIGHT

Have you ever come back from a trip with clean, unused clothes in your luggage? When packing for a trip, how many "just in case" items do you load up with?

When selecting stuff for a long trip you have to consider if you are going to be able to clean your clothes at any point and if you can, then don't pack so much.

One key thing to consider is what happens if your checked bag gets lost in transit? Always put into your carry-on bag a complete change of underclothing.

While checked bags going astray is not nearly as serious as it used to be, in the first three months of this year, seven bags out of every 1,000 were "mishandled" - initially earmarked as lost.

The good news is that on a worldwide basis, 97% of bags initially reported as lost are eventually traced and returned to their owners.

Many airlines today operate a reassuring system of bag tracking which allows them to let passengers know exactly where their bags are. They will text you are update the information on your booking. You could be sitting on the plane waiting to depart when a message comes

through to say your bag is on board. To use this, you must have the up to date version of the airline's App on your phone.

Most people today store their airline ticket on their phone along with boarding passes. Before boarding the aircraft, make sure your App is up to date.

My greatest fear is losing my iPhone! Keep it safe on your person, and don't put it in a pocket beside credit cards as it could wipe them. If by any chance when on board you drop your phone and it slides under the seats, don't try and recover it yourself but instead, call for a flight attendant to look for it. You could easily damage it, or worse still if it is crushed it could start a fire!

If you ever take a fancy to buying other passengers' lost luggage items, then a trip to the Unclaimed Baggage Store 509 W Willow St, Scottsboro, AL 35768 could be an answer.

But rather than risk a trip there and lose your own bag enroute perhaps a visit to an online store might be a better answer. A Google search is the easiest option.

John MacCalman,

Travel + Aviation Consultant. Journalist, Broadcast Producer and Web Editor.

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Living Classroom Docent Recruitment

Living Classroom, a school-based environmental program, is reaching out to the parent and Campbell volunteer community for new classroom docents. Living Classroom docents lead science-based lessons to Kindergarten and first grade students in Campbell schools. Lessons include garden based activities, tasting fresh, seasonal produce and simple cooking. The lesson goals are to teach relevant and engaging lessons in science, math, social studies and literature while instilling an understanding and pleasure in our natural environment.

No prior teaching experience is needed — just an interest in working with children and a love of nature. Training is provided, including classroom management skills. Training for Fall lessons will take place September 12, 19 and 26, 2022. For more information about training and Living Classroom contact Alexis Li, Program Director at alexisL@living-classroom.org

Living Classroom is a 501(c)(3) non-profit education program bringing garden-based outdoor and hands-on science lessons to local public schools. Living Classroom is helping to raise the next generation of environmental stewards.

www.living-classroom.org

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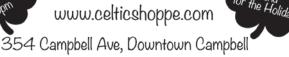


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CAMPBELL FIRE REPORT...

By Justin Stockman



July Campbell Notable Events

During the month of July, SCCFD responded to more than 330 calls for service in the City of Campbell. Detailed below is a small selection of the events that Campbell Firefighters addressed.

July 2 - Vegetation Fire -In the area of San Tomas and Budd Avenue

SCCFD was dispatched to an outside fire. Firefighters found a very small fire in the tanbark of a roadway median. Firefighters quickly extinguished the fire before it could cause additional hazards.

July 7 - Vegetation Fire -In the area of San Tomas Expwy and Winchester Blvd

Firefighters were dispatched to a report of a vegetation fire and arrived on scene to find an approximately 30'x30' fire burning in the center media of the roadway. CPD provided traffic and scene control while firefighters extinguished the fire.

July 13 - Vegetation Fire -In the area of Camden Avenue and Highway 17

SCCFD was dispatched to find a 10'x10' grass fire extending into some redwood trees. Firefighters extinguished the fire and conducted extensive overhaul to ensure it did not reignite.

July 16 - Rubbish Fire -In the area of Campbell and Union Avenues

SCCFD was dispatched to a report of smoke in the area. Firefighters located a fire contained to a dumpster and extinguished it before it could threaten life or property in the immediate area.

July 18 - Structure Fire -In the area of Campbell Ave and Winchester

Firefighters responded to a report of a structure fire, however found only a light smell of smoke. Firefighters investigated with a thermal imaging camera and a gas monitor and confirmed that no smoke or fire conditions existed.

July 19 - Vegetation Fire -In the area of Camden Avenue and Highway 17 Firefighters responded to a

small grass and duff fire adjacent to a freeway ramp and extinguished it without incident.

July 27 - Gas Investigation - In the area of Dot and Rincon Avenues

SCCFD was dispatched to a report of a propane leak. Firefighters arrived to find propane gas leaking from a small gas cylinder attached to a barbeque. Firefighters we able to stop the flow of gas without incident, and utilized specialized gas monitors to ensure that no gas remained in the immediate area.

July 26 - Rubbish Fire -In the area of Van Dunes and York

SCCFD was dispatched to a report of a vehicle fire. Firefighters found a garbage truck with its contents dumped in the street. A fire had already been extinguished. Cause is currently undetermined, however recent similar fires have been started by improperly disposed of batteries. Community members are reminded to dispose of all hazardous waste - inclusive of small batteries - according to rules set by their garbage collection company and relevant environmental law. More information can be found at *SCCFD.org* and searching for "disposal of hazardous waste".

New recruits:

Several new firefighters have completed the Santa Clara County Joint Fire Academy (JFA) and have been assigned to fire stations in the City of Campbell. Three firefighters from Joint Fire Academy 2022-2 have been temporarily assigned to Campbell Fire Station (Duncanville and Union) and two from 2022-2 have been assigned to Sunnyoaks Fire Station (Sunnyoaks and Kenneth). Fifteen SCCFD fire-fighters graduated from JFA 2022-2, close on the heels of 3 others from JFA 2022-1. Anyone interest in a career with SCCFD can visit SCCFD.org/employmentcareers. While we are always looking for new fire-fighters, SCCFD is a full service all hazards fire department. As such, SCCFD frequently recruits and hires for a diverse array of positions from IT to business services and everything in between.

July/August Safety Message:

During the summer months, SCCFD reminds all community members of the importance of preparing for evacuation. Evacuations can occur in any community for a broad range of reasons. Having a go bag and an evacuation plan is essential to being ready to evacuate. Visit SCCFD.org/emergency-preparedness/to learn more.

Justin Stockman
Fire Captain,
Public Information Officer
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WHERE WOULD WE BE WITHOUT **VOLUNTEERS?**



Believe it or not, this is not a rhetorical question. Like most non-profits, the Campbell Chamber would struggle to exist. Without individuals and groups willing to give back to their community, we would most likely experience and feel like we did during the COVID pandemic... isolated, distant and alone.

The truth is, finding a cause or organization to gift your time is not only good for them, but it is also good for your own well-being, both physically and mentally. Connecting with other like-minded individuals to co-create a better – pick one event, organization, action in world, can be rewarding and fun.

We are more than anything else social beings. And creating opportunities for yourself to be and work with others can improve your purpose, self-esteem and sense of belonging.

Most non-profits lost many of their volunteers during the pandemic and the challenge today is to bring them back out in a safe and rewarding way. How and where you choose to give your time is up to you. Because what you offer is so valuable, be sure to choose an organization which values your time and effort.

One thing we have learned here at the Campbell Chamber is that volunteers who

participate at one of our events with a friend or family member are more likely to return and volunteer again because of a positive shared experience.

It takes us over 300 volunteers to put on one of our Downtown festivals, like the Boogie Music Festival and Oktoberfest. And when we have an outstanding festival for our 40-50,000 guests who attend, we help showcase what makes Campbell the special place that it is.

Adult volunteers who work a four-hour shift at one of our festivals receive a meal, adult beverage, festival t-shirt, a chance to rest in the volunteer pavilion and an invitation to our annual Volunteer Appreciation Dinner in November, where they receive a free and delicious tri-tip barbeque meal, adult and other beverages, and he possibility of taking home a special prize or two.

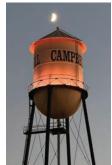
Volunteering for the Campbell Chamber may not be for everyone, but we encourage you to find a group or cause you can support. There is little doubt that you and the non-profit will be better for your time.

To learn more about volunteering at the 27th Annual Campbell Oktoberfest, go to www.campbelloktoberfest.com or give us a call 408-378-6252.





and Janie Kelly





Ken Johnson, Sea Salt Therapy Co-Founders Janis Manacsa & Avery Kinghorn, and Janie Kelly





Ken Johnson, Tom Nelson of Synegy Home Care, and Janie Kelly





NO RULES



NO RULES circa 1982

No rules was an original rock band that performed in Campbell from about 1982-1988 at Zapps & Smoky Mountain (later becoming Puma's & now Water Tower Grill) that spawned from a few other local groups in the South Bay area such as Dreamer, Panzer & Fair Warning. The band was growing in popularity but broke up after my commitment to build a recording studio was taking up all my time. All the band members except for one are still in touch with each other today and continue to write and play music together or on their own. From L-R: Keyboardist - Matthew C. Howe, Guitarist - Jeb Simkins, Drummer - Joe Ochoa, Vocalist - Wayne Mills, and Bassist - Joey Lofaro.

'SIX BY SIX' RELEASES DEBUT ALBUM TO RAVE REVIEWS

Continued from page 8

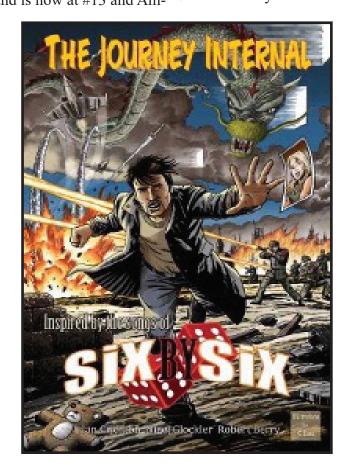
player and thought this could be a great match. Before you could count to 6, (yeah, I said it) he teamed up with Ian. Over the course of year, Crichton (who resides in Canada) sent many unfinished pieces to Robert who was inspired to take his ideas to the next level- creating and arranging the various parts he had sent into full songs, adding beginnings, endings and melodies and lyrics of near complete productions. Robert felt he really wanted to get the best possible rhythm tracks for these songs. Having worked with Saxon Drummer Nigel Glockler in the past with GTR, Robert thought his drumming style could be a perfect fit for the project. After speaking to Nigel at his home in England, he sent him some preliminary tracks. After Nigel listened to only a few of the cuts, he excitedly agreed to join the efforts and 'Six by Six' was officially born and recording soon began right here in Campbell.

It's a shame to have to categorize anyone's album, especially when they contain forms of progressive, heavy metal, hard rock and even pop elements that are cleverly blended into a cohesive style they can uniquely be called their own; and as a threesome, (though sounds like a lot more!) these guys have really hit it out of the ballpark with this record.

With a unique blend of powerful songs that intricately weave their way throughout this album, it's as good as it gets here, and you would be hard-pressed to find anything that delivers a meaningful message at this high level. But due to limited space, I won't go into detail on the actual album cuts here, (several have done this already) and you can read some great reviews like the one from Ralph Greco Jr. on Vintagerock.com, https://youtu.be/ LzxmugjqV64 on YouTube or simply go to sixbysixband.com.

You can also order the CD, vinyl, or download. Great news for the band as of this writing, their album is climbing up the UK charts and is now at #13 and Amazon is currently sold out of them in Canada, U.S., and the UK.

In addition to the album and music video releases, Chicago graphic illustrator and artist JC Baez was so intrigued by Six by Six, he created a visual storybook inspired by the songs and lyrics. 'It's quite compelling and really an honor to have someone create such an epoch book about your music' said Robert. Ít's called "The Journey Internal" and is due out on September 30th. You can pre-order it at stnickspicks.com where you will also find many other great products involving Robert Berry.







Sat. October 15th 10am - 6pm | Sun. October 16th 10am - 5pm HISTORIC DOWNTOWN CAMPBELL

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