

Vol. 05 No. 9

Your #1 community news and information source!

AUGUST 2025

FREE

THE STATE OF THE CITY & By Benjamin Noel THE FUTURE OF CAMPBELL

Mayor Sergio Lopez has been a familiar presence in Campbell for years. A young face in the scene, Lopez brings a fresh drive towards the future in his roles as Chair of the Valley Transportation Authority, and as Mayor of Campbell.

Mayor Lopez's State of the City address will focus on the future of Campbell, through projects and plans that will create a city that serves the current generation, and will grow with the younger generations.

The most apparent display of this drive is the renovation projects on the library building and the police headquarters. Most residents will remember when the library first closed down years ago. Then the first shovel was put in the ground, and now, driving past the block of the library, residents are greeted by a strikingly modern building. The future of the Campbell Library isn't just about a modern building. Lopez talks of the updated spaces, creating more cohesion between the spaces for different uses. The library will have workspaces near the front for people to work and research with their laptops, areas for young children, areas for teenagers, and an adult section. Additionally, there will be an area that will be designated for special events, including community and educational event programming. The police building is also nearing completion. Both projects are on track to be completed in the coming months.

In the same plaza, City Hall is also set to see some improvements. Thanks to federal funding secured by Sam Liccardo and Anna Eshoo, renovations with the aim of modernizing City Hall will take place. This includes providing ADA accommodations and other features that will improve accessibility.

Another major piece of Campbell's future comes with the development of housing, affordable and market-rate projects, and the efficiency of procedures for residents to receive permits for projects, in particular, ADUs. As prices in the valley and the wider Bay Area continue to rise, Mayor Lopez addresses the problem this poses for younger generations. As someone who grew up in the area, he takes the issue very seriously. At the moment, there are 3 housing projects at different stages of funding,

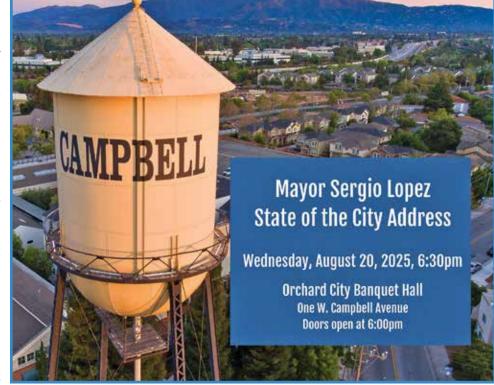
which will include a total of roughly 300 affordable units. Market-rate housing projects are also in the works. Additionally, great work has been done in the realm of ADUs in the past years in Campbell. As ADUs have become a very attractive investment for homeowners, the city has continued to keep pace with the demand. Under Mayor Lopez, the city boasts the shortest turnaround time to approve permits in the county. From application to approval, residents are looking at about a week, in some

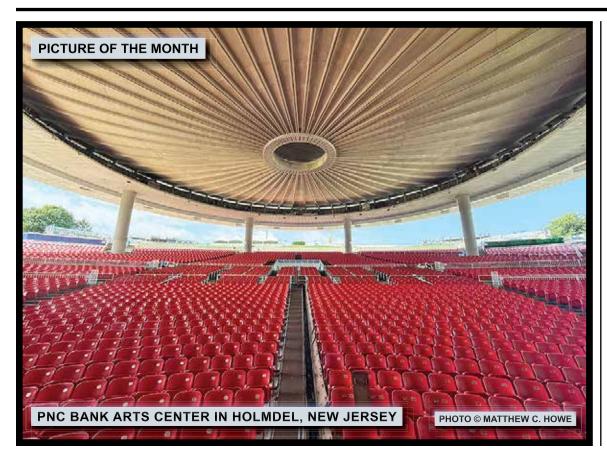
cases, as short as 3-4 business days.

Mayor Lopez concludes with the thought, "Campbell can't do it all on its own". He has prioritized working alongside neighboring cities in the valley, pushing for support at the state level, and leading research that

will improve the city's offerings. Campbell is leading a project that is researching the gap in homeless services provided by the cities in the valley. Mayor Lopez, alongside other city leaders, has signed off on a childcare initiative presented to District 4 Coordinator Ellenberg. "Making progress is going to mean creating partnerships." By working together with nearby cities, and with support from county and state programs, Campbell can continue to build towards a future that welcomes and serves the generations to come.

To learn more about the projects Mayor Lopez has overseen, he invites you to attend the State of the City address on August 20 at 6:30 pm in the Orchard City Banquet Hall. This is your opportunity to learn more about the present and future of the city, as well as pose your questions and share your ideas to contribute to building a strong future for Campbell.





Just a Little Bit of History

By Susan Blake, Campbell Historic Preservation Board

The stained-glass window shown in June can be seen on the Gilman House, located at 151 N. First Street and Grant Avenue. Built in 1900, it has watched over the transformation of our downtown from a rural, agricultural area with orchards and dirt roads when horse and buggies passed by, to today's Civic Center with City Hall, the new Police Station, and Library being completed just across the street.

The house was the original home of an early settler, Mrs. Maude Gilman, who was an active member of the Campbell Methodist Episcopal Church. That church was located at the northwest corner of Campbell Avenue and North First Street,



where Starbucks is today. It stood at that location until 1955.

This house is another fine example of adaptive reuse, and the owner did extensive restoration while turning it into his business. In

Continued on page 7

WORD OF THE MONTH

"PERTINACIOUS"

[pərtnˈāSHəs]

ADJECTIVE

Someone who is pertinacious continues trying to do something difficult rather than giving up quickly.

THE **CAMPBELL PRESS**

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HAPPENINGS

Museum Happenings August 2025

As summer winds down, see what's happening at the **Campbell Museums!**

From fundraisers that support our mission to community partnerships that bring history to life—here's what's coming up!

CAMPBELL HISTORICAL MUSEUM & AINSLEY HOUSE PUBLIC HOURS:

Both Museums are open: Fridays through Sundays, 11 am to 3 pm.

During the school year, the Historical Museum will open at 12:30 when on-site field trips are taking place. The last tour at the Ainsley House leaves at 2:15 pm.

FIELD TRIP RESERVA-TIONS NOW OPEN!

Hands-on History at the **Campbell Historical Museum**

A new school year means new adventures—and what better way to bring history to life than with a field trip to the Campbell Historical Museum? Our long-running Hands-on History program is designed especially for 2nd and 3rdgrade students, offering an immersive, interactive journey into the past through play, role-playing, and exploration. Field Trips run Monday-Friday, 9:00 AM-11:30 AM \$8 per student | Teachers & chaperones are FREE.

Students will step back in time to discover what life was like in early 20th-century Campbell from working in a general store to trying out old-fashioned chores and schoolwork. Spots fill quickly —reserve your visit today!

Learn more and book your field trip at:

https://www.campbellmuseums. com/education

Let's make history the most exciting subject of the year!

HISTORY HAPPY HOUR AT THE AINSLEY HOUSE

Discover our History Happy Hour events, where history enthusiasts, our vibrant community, and eager learners unite! Join us for these upcoming sessions:

- Friday, August 15: "The History of the Bernal-Gulnac-Joice Ranch," with SCC Parks and Recreation interpreter, Rob McDonnell
- Friday, September 12: "The History of Wine Making in the Santa Clara Valley," with Bonnie Bamburg from the Friends of the Wine Makers
- Friday, October 10: "Genetic Genealogy, DNA Testing to Solve Old Crimes," with Cordelia Willis, Criminalist & Forensic Scientist from the Santa Clara County Crime Lab

Immerse yourself in historic tales and personal narratives of pivotal moments. Reservations are required. Tickets are \$25/ person.

NEW EXHIBIT AT THE AINSLEY HOUSE

From the Archives: Revitalizing History — Transforming the Sleeping Porch at the **Ainsley House**

Launching in September 2025, the sleeping porch will reopen as From the Archives—a brandnew exhibit featuring rarely seen artifacts, personal stories, and a closer look at the legacy of the Ainsley Packing Company.

AINSLEY HOUSE GARDEN CONCERTS

Join us for Garden Grooves, a relaxing series of Sunday afternoon concerts in the beautiful Ainsley House Garden!

Enjoy live music in one of Campbell's most charming historic settings.

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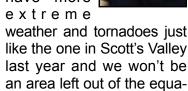
HERE'S HOWE

Crazy to think that in the last 40 days, I have been in over 22 states and 35 cities. That's exhausting just to think about. Not for the meek. Not for the weak. At my age, let's just say it's 'no vacation' and I certainly hope it's something you wouldn't attempt to do either, even if breaking a Guinness Book of World Records was your motivation! This music tour has been challenging in so many ways, creatively and technically, but especially difficult with the addition of the hot weather in the southeast. Working in amphitheaters outdoors for 18 hours a day in 85-95 degree heat with 70+% humidity day after day is truly insane. Not sure how people can live in those conditions even if they weren't working outside! We have been slowly moving north and west and it's finally getting bearable. But you can call me a spoiled Campbell, California child who was lucky enough NOT to grow up in such unruly conditions. The weather is changing everywhere and becoming more extreme across the globe.

Meanwhile, Campbell has had an extremely mildtempered summer this year. No hundred degree temps at all? Hardly any 90's and mostly 70's and 80's? I'll take that. The perfect summer. Not sure if anyone enjoys the temps when they are in the triple digits anyway? Is this global warming? Global cooling? Something is clearly happening on earth, and I believe Mother Nature is going to correct our damage to it one way or another – without any concern or guilt for the existing population, so hold on for the ride.

Soon we'll have more

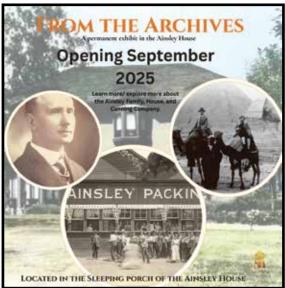
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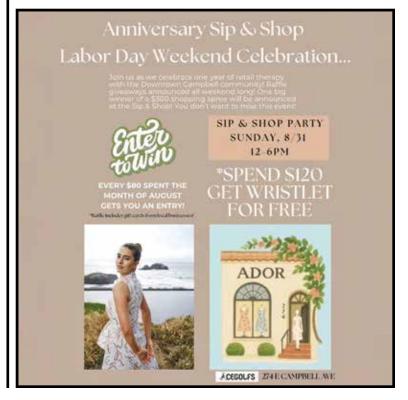
On another slightly lighter note, the restaurant business seems to be suffering everywhere I go. Economic woes, tariffs and the fear of inflation are part of what is causing this lull in the nightlife. Clearly not as many people are going out these days. Weekends in downtown seem to have died down a bit this summer and many establishments have been forced to cut their days and hours back-even closing earlier on some occasions. The days of any place being open late for food may be past tense for good. We really never have fully recovered from the days before Covid and not sure if we ever will. Opa is changing ownership. Rock Bottom Brewery has closed, and a few other places will soon be gone too. The landscape is changing. But... we have a new restaurant that just opened in the old Desi location just across the tracks to the East called "Square Pie Guys." Please support our local businesses and keep them here and have a slice for me! It will hopefully get better soon for all businesses. Currently I am only halfway through my tour and still have another 19 shows to go before getting back home! I am still bummed I am missing all the Orchard City Green concerts! Please go out and enjoy them on Thursday evenings! Stay safe. See you all in September!

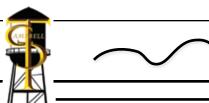






TCP





Westmont High School Reunion By Celia Green

They came from near They came from afar They came by plane They came in a car

More than 80 old friends gathered at Vasona Park to

Planning began in December, but the idea germinated in November at a Friendsgiving celebration in San Jose with several Westmont grads in attendance.



catch up on news and reminisce about old times when Westmont High School's class of 1980 held its 45 year reunion. The Creekside picnic site was abuzz with chatter as classmates reconnected, some who hadn't seen each other for 45 years. "I grew up in Campbell and still live nearby, but you just don't run into people like you think you would at farmer's markets and other events," said Rick Medefesser, now a resident of Santa Clara. "I wanted to go to the reunion to see people I haven't seen in decades."

"Forty-five isn't typically a big year to celebrate, but we weren't able to have a 40th reunion because of Covid," said Marty Simpson, now living in Southern California. "This was our chance to rev up for a bigger celebration in 2030."

"I would love to have had all 350 graduates at the

reunion, but this was a good turnout. I drove from Sacramento, but we had classmates come from Arizona, Georgia and Connecticut." said Celia Green, who helped track down email addresses and phone numbers for "lost" alumni.

While some grads still live in the area, others haven't seen Campbell in decades and noticed the changes. "I'm sure it was a surprise," said Rich Perez. "I was raised and still live in Campbell, the 'orchard city.' When we were in school we walked through orchards. Now we go to the Farmer's Market for our fruits and vegetables. But Campbell is still a great city: it's safe, diverse, clean, it's got good public transportation and great weather."

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Fruits 4 Nuts







PUBLISHER NOTES By Nancy O. Whitney

State of the City, Music, Reunions & More— A Summer to Remember in Campbell

Every year, Campbell residents | look forward to hearing about the progress and plans for our city. This August, Mayor Sergio Lopez will deliver his annual State of the City Address, an event that brings the community together. Please note: this year's address will be held on August 20th instead of September. All are welcomesee the front page for details.

This season is filled with meaningful hometown events. Turn to page 4 for news on the upcoming Campbell High School Reunion in September. On page 5, enjoy a recap of a joyful evening at the Community Center, where members of our adaptive community participated in dancing and creative coloring activities. It was a big success and hopefully the first of many more to come at our recreational center.

The Campbell Chamber of Commerce is hosting its 60th annual golf tournament on August 27th. Check page 6 for information. Bring your best game, enjoy a fun day out, win prizes, and meet new people while networking with local businesses.

As many of you have already done, marking your spot early with chairs and blankets, the community continues to come together for the Concerts on the Green, running through the end of August. The Campbell Press has been enjoying the music right alongside you. Turn to page 8 for our review of a local band, Chain of Fools, that played in July. Want to go to the movies? Check out our reviews by Sam Wilson.

In our Entertainment Section, discover what's new at the San Jose Rocks and History Museum, which celebrates Bay Area musicians and highlights the roots of local music history. See page 10 for the full story. Along with our regular columnist, Chris Jackson of KFOX, talks about an iconic song and the story behind it.

Looking ahead, don't miss the Los Gatos Kiwanis Art & Wine Festival, September 20th and 21st, featuring eight live bands and two full days of music, art, and community celebration. Details are in the events calendar.

We're also excited to welcome travel columnist Susan Lola to The Campbell Press. With years of travel expertise and local insight, Susan's new column debuts on page 12. Don't miss it!

As mentioned by Mayor Lopez in his column, Capers, a beloved neighborhood hangout and longtime Campbell landmark, is celebrating its 25th anniversary. It's not uncommon to walk in and immediately feel welcomed just like the classic show Cheers, where everyone knows your name. Capers has built a reputation for great food, friendly faces, and a loyal crowd of regulars who treat it like a second home. Congratulations to the hardworking team for making it such a special part of our community.

On our back page, read about a special event on August 16th hosted by Spirit 45, an organization that honors veterans and their families while fostering meaningful connections among neighbors and friends.

A heartfelt thank-you to our loyal readers—100,000 strong and growing—and to our subscribers and advertisers. Your continued support helps us stay in business and grow to be able to share the stories that matter most. If you have a local or humaninterest story you'd like to share, we'd like to hear from you. Call 408-374-9700 or email us at thecampbellpress@gmail.com.

AUGUST

CAMPBELL REAL ESTATE

AUGUST



property value analysis on your property. 408-915-7755 CA DRE #01217039

ADDRESS	SALES PRICE	B/B	AGE L	OT SIZE	SQ. FT			
SOLD/CLOSED ESCROW, SINGLE FAMILY HOMES								
W. Hedegard Avenue	\$2,650,000	4/3.5	74	9924	2690			
Herbert Lane	\$2,550,000	3/2.5	69	10455	1838			
McBain Avenue	\$2,400,000	3/2	68	8000	1480			
Twyla Lane	\$2,250,000	3/2	55	6050	1538			
Jim Elder Drive	\$2,100,000	4/2	52	6050	1785			
Bucknall Road	\$2,000,000	4/2.5	24	3920	2140			
Theresa Avenue	\$1,955,000	3/2	75	11070	1885			
Adrien Drive	\$1,900,000	3/2	63	6000	1233			
Kings Court	\$1,830,000	4/2	61	6200	1507			
Acapulco Drive	\$1,813,000	4/2	62	6148	1512			

SOLD/CLOSED ESCROW, CONDO/TOWNHOMES							
W. Sunnyoaks Avenue	\$1,300,000	3/2.5	35	2077	1759		
Division Street	\$1,150,000	3/2.5	50	1502	1327		
Salice Way	\$970,000	2/1.5	49		1141		
Rue Montagne	\$935,000	2/1.5	47	1207	1295		
Ponderosa Terrace	\$775,000	2/1	52	1795	920		
Union Avenue	\$600,101	1/1	41	889	887		
S. Bascom Avenue	\$565,000	1/1	41		778		





Lions Clubs Unite to Deliver Sight: 15,000+ Eyeglasses Delivered to Nigeria at Lions International Convention Larry Edson - President West SJ/Campbell Lions



Orlando, FL – July 2025 – Lions Clubs from across the globe came together with a powerful shared mission: to restore vision and dignity to those in need. At this year's Lions International Convention in Orlando, Florida, a remarkable grassroots initiative made headlines - the collection and hand-delivery of thousands of cleaned and readied eyeglasses to Nigeria.

"**2025 marked the 100th anniversary of Helen Keller's personal call to action when she challenged Lions to become the 'Knights of the Blind'," said Lion Donna Rollins, Co-Chair of the Lions Clubs & Helen Keller Challenge 2.0 — a California Lions Marketing initiative that reached a global audience this year.

After hearing of a dire need for eyeglasses and limited resources in Nigeria, the team sprang into action. As part of Lions International's longstanding commitment to vision, members from multiple districts across California donated and personally transported boxes and suitcases filled with gently used prescription eyeglasses to the convention in Florida.

These eyeglasses were entrusted to attending Nigerian Lions, who hand-carried them back to their communities, where they will be distributed to individuals with limited access to eye care.

"This was Lions in action," said Lion Jennifer Gass, a Lions Vision Chair in Northern California and Co-Chair of the marketing team.

"We didn't just provide supplies. We literally placed sight into the hands of our global partners ensuring no child is held back in school, no elder remains isolated, and no one loses hope simply because they can't see clearly.

This initiative underscored the very core of Lions International's mission: collaboration, compassion, and community-driven service. With vision remaining one of Lions? eight global causes, this hand-tohand, heart-to-heart project served as a shining example of how Lions serve beyond borders.

As part of the Helen Keller Challenge 2.0 campaign, a team of California Lions successfully transferred 20 large suitcases filled with over 15,000 donated, recycled eyeglasses to Nigerian Lions for use in their Eye Clinic programs.

A Legacy Renewed: Helen Keller Challenge 2.0

Lions Clubs and Helen Keller Challenge 2.0 Co-Captains Lion Jennifer Gass and Lion Donna Rollins have been leading this global visibility initiative throughout 2025.

"This may be one of the largest vision service projects in Lions history," said Rollins.

Lions Clubs around the world are being called to reconnect with Helen Keller's 1925 challenge to become "Knights of the Blind in the crusade against darkness." For over a century, Lions have helped millions see better through vision screenings, surgeries, exams, and recycled eyeglasses.

Join the Movement

Lions International encourages all members and the public to continue collecting used eyeglasses and supporting vision initiatives both locally and globally.

More Information:

- www.LionsClubs.org californialions.org/
- helen-keller-challenge • www.facebook.com/

LionsHelenKellerChallenge Because when Lions serve, sight is restored—and lives are transformed.

HURRAY-CVMF gets new Board Members and a new Strategy Partner

By Harold Harvey

In our continuing efforts to expand our base, improve our organization, and fulfill our Mission, CVMF was delighted to welcome two brand new members at our July meeting. Introduced by Veep Liz Gibbons, the Board voted to accept Anna Rutledge and Izetta Kennedy our new charges.

Anna comes from a proud military family. Her father, a WWII Flying Tiger, retired as a full Air Force colonel. Raised on Air Force bases, Anna gained a deep respect for military service. Her husband and brother, both Vietnam veterans, now suffer serious health issues from Agent Orange exposure. These personal ties to military sacrifice inspired Anna to get involved with the Campbell Veterans Memorial Foundation (CVMF). A retired educator with 27 years of experience, she brings creativity, compassion, and a strong sense of service. Anna aims to support CVMF's scholarship fundraising and help boost its visibility in the Campbell community through fresh, engaging ideas.

Izetta was born in San Jose, raised in Saratoga, and has lived in Campbell for decades. She earned a degree in Administration of Justice from San José State and worked five years in the federal court system before managing her family's apartment complex, Courtland Manor, since 1999. Married to Navy veteran John Kennedy for 28 years, she has two children and a strong commitment to veterans' causes. Her father, WWII veteran Robert Laws, was Campbell's 2019 Veteran of the Year. Izetta joined the Country Woman's Club of Campbell in 2014, serving as President and now Treasurer of its Endowment Board.

Of course, CVMF got a huge lift when we agreed to engage Dr. Simone Lundquist and Open Doors To Future Possibilities as our newest Strategic Partner. ODTFP supports veterans and first responders with counseling, employment help, computer training, and lifestyle guidance. (https://opendoorstofuturepossibilities.org)

40 YEARS OF SINGING: JOIN US! NOTES AND AN INVITATION FROM ORCHARD CITY COMMUNITY CHORUS Carol W. Gerwitz



The Orchard City Community Chorus ended its spring 2025 season with a resounding flourish! Its "America the Beautiful" concert played to a nearly full house and showcased the chorus with accomplished accompanist Crista Alvey on piano | popular music. In addition to | orchardcitychorus.org.

and talented instrumentalists on drums, bass guitar, flute, trombones, trumpets, euphonium and tuba. Michael Taylor, making his stellar debut with OCCC, directed the chorus in a mixture of anthems, classic pieces and the full chorus performances, smaller groups of chorus members presented songs throughout the concert.

OCCC is thrilled to resume weekly rehearsals on Monday, August 25. They'll be preparing for their holiday concert on December 6. The Chorus, whose motto is "we love to sing," welcomes new singers, especially those with lower voices, as they continue to celebrate their 40th year. Rehearsals are held at 7 pm at the Campbell Methodist Church, 1675 Winchester Boulevard. For further information, call Bill Wright at 408-374-2622 or visit the chorus website at www.

By Margaret Schieck, Co-President

Welcome to the "dog days" of August. With the exception of International Women's Equality Day on the 26th, there are no significant commemorative days in August. However, Seniors please remember to stay hydrated; our body thermostats aren't as accurate as they used to be.

On July15th, our AARP Chapter was tunefully entertained by the AllSorts Barbershop Quartet, an all- female group. Our members thoroughly enjoyed their performance!



Our presenter for August will be Marti Goddard, Co-Chair of the Access Advisors Support Group to the San Francisco Fine Arts Museums (DeYoung and the Legion of Honor). She will be giving us information about the special adaptive programs available at the museums.

We are in the midst of our drive to provide school supplies for the coming academic year to Sacred Heart Community Services. So far, we have provided over 50 backpacks. Our goal now is to fill them. Our Chapter not only provides information and entertainment to area seniors, but we also live up to our motto, "To Serve, Not to be Served".

Campbell Area Chapter 5151 of AARP meets monthly on the 3rd Tuesday of each month (August 19th), at the Campbell Community Center at 1 West Campbell Avenue in Room Q80; however, coffee and snacks are ready at 9:15, as well as the Used Book and Treasure Chest tables. One does not need to be a Campbell resident to join this organization. Guests are welcome to come and check us out!

Campbell High Reunions -September 2025



Ahoy, buccaneers! Calling all Campbell High grads 1900-1980. An all class reunion is being held on Saturday, September 13, 2025, from noon to 5 pm in the Orchard City Banquet Hall at our old high school. A tour of the refurbished theater, now the "Heritage Theater" and accessible areas of the campus will also take place Friday afternoon, September 12.

Register for this event at https://www.eventbrite. com/e/campbell-high-allclass-reunion-2025-tickets-1353773405699?aff=oddtdtcreator.

Cost is \$45 per person, which includes admission to the event and your choice of box lunch and drink. Registration deadline for the reunion is August 23. Souvenir T-shirts are also available on the site. For our out of town guests, the registration site gives links to local hotels holding special rate room blocks for reunion attendees. Questions to dturner67bucs@gmail.com or Campbellreunion2025@ gmail.com.

Former Campbell High teachers, coaches, and administrators attend free! Contact dturner67bucs@ gmail.com for details.

BONUS for Class of 1975.

A 50 year reunion dinner also will be held Saturday, September 13, 2025, from 6-10 pm in the Roosevelt Redwood Room Q80 at the school (old band room) For more information, send e-mail to campbell50yrs@ gmail.com.

Return to Campbell High for a weekend of reminiscing and reconnecting! Go Bucs!



LOCALAND MORE ~



Adaptive Dis Glow Dance Shines Bright During National Park and **Recreation Month**

By Lauren Council

Campbell's Adaptive Dis Glow Dance lit up the night with music, movement, and iov in celebration of July as National Park and Recreation Month. Hosted by the Campbell Recreation Department and co-sponsored by the Autism Society San Francisco Bay Area, the event brought together individuals of all abilities for an inclusive and unforgettable evening.

This fall, Campbell Recreation is excited to welcome back our Adaptive Art class for teens and adults, offering a creative,

supportive space for self-expression, as well as the return of our Adaptive Ballet program partnership with the Academy of Classical Ballet California. The ballet program will offer three age-based classes for youth, teens, and adults, providing an encouraging environment for all participants to experience the joy of movement Photo credit: Georgina Ong. and dance.







Seniors Helping Seniors

In-Home Services for Seniors by Seniors

Bringing Love into the Lives of Seniors with Dignity and Respect® We provide companionship and in-home care services to help seniors stay independent in their homes. Our unique program matches mature adults who want to help with seniors who are in need of help.













And, WOW, the matched careaiver far exceeded my expectations. Her performance of the activities outlined in the contract as outstanding! In addition, she was very proactive to identify what could be done to help me, and after requesting permission, she provided the help beautifully. Also, very important to me, she is a very kind. intelligent and interesting individual with lots of comment sense. I couldn't ask for a better helper. In fact, we became friends.



- 408-854-5540
- (a) seniorshelpingseniors.com

-Seniors Helping Seniors® Client

info@sanjoseshs.com



Seniors Helping Seniors® San Jose Celebrates National Senior Citizens Day by Honoring Older Adults and Supporting Their Independence

The in-home care brand celebrates National Senior Citizens Day on August 21 by recognizing the value, strength and continued contributions of older adults across the country.

August 21 is National Senior Citizens Day, a time to celebrate the legacy and impact of older adults across the country. At Seniors Helping Seniors® San Jose every day is an opportunity to honor and support the contributions of seniors, and this month, the



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The Healing Power of Meditation and **Gemstones: An Educational Exploration**

By Anuradha Chopade

Meditation: Rewiring the Brain, Calming the Body

At its core, **meditation** is the practice of training the mindoften through breath awareness, stillness, or focused attention. Scientific research has shown that regular meditation can lead to measurable changes in brain structure and function.

Proven Health Benefits:

- 1. Stress Reduction: Meditation reduces activity in the amygdala, the brain's fear center, helping the body lower cortisol levels (the stress hormone).
- 2. Improved Focus and Memory: Practices like mindfulness and breathwork increase gray matter in the hippocampus and prefrontal cortex, areas associated with concentration and memory.
- 3. Emotional Regulation: Longterm meditators show greater emotional resilience and reduced symptoms of anxiety, depression, and PTSD.
- 4. Physical Health: Meditation is linked to lower blood pressure, improved sleep, and reduced chronic pain by calming the nervous system and reducing inflammation.

Energetic and Spiritual Insights:

In many spiritual systems, meditation is seen as a way to align with higher consciousness, activate subtle energy centers (chakras), and clear emotional blockages. When paired with intention, meditation becomes a selfhealing ritual—connecting the practitioner to their own inner wisdom.

Gemstones: Ancient Tools for Energy Alignment

Gemstones and crystals have been used in healing practices by ancient civilizations—from the Egyptians and Chinese to the Vedic and Indigenous traditions. Each stone is believed to carry a specific vibrational frequency that can interact with the human energy field, or aura.

Gemstones are often used as **complementary therapy** to help balance emotions, support personal growth, and even aid physical healing.

How They Work:

 Vibration and Resonance: Every crystal has a unique molecular structure that vibrates at a consistent frequency. Placing a gemstone near the body is thought to harmonize the person's own energy field.

• Symbolic and Intentional Use: Gemstones are also powerful **focal points** for intention. When used during meditation or healing sessions, they help anchor the mind and body into a state of focused healing.

Integration: The Synergy of Meditation and Gemstones

When meditation and crystal healing are combined, they create a synergistic experience:

- Meditating with specific stones aligned to certain chakras can help focus healing intention and support energy flow.
- Holding a stone during a breathing practice can amplify grounding or help release stored emotional tension.
- Placing stones in a healing grid or layout around the body during sound healing or energy healing sessions enhances the energetic effect.

This approach is rooted in the **prin**ciples of vibrational healing the idea that everything is energy. and health comes from harmony and flow within that energy.

Why These Practices Benefit You 1. Holistic Balance: Rather than targeting symptoms, meditation and gemstone work address the root energetic and emotional causes of imbalance.

- **2. Empowerment:** These practices teach people how to listen to their body, trust their intuition, and become active participants in their own healing journey.
- 3. Spiritual Growth: Many people report that through regular meditation and intuitive crystal use, they feel more connected to their purpose, their emotions, and even a higher power.

Final Thoughts

In a world of increasing stress, disconnection, and overstimulation, tools like meditation and gemstone healing provide **gentle** yet powerful ways to return to ourselves. Their true power lies in direct experience—how they make us feel, heal, and grow.

Whether you're beginning your healing journey or deepening your spiritual practice, these ancient modalities offer a bridge between inner peace and outer health, reminding us that the body, mind, and spirit are not separate—but beautifully connected.







Campbell Chamber of Commerce

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Members



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SENIOR HELPERS (2023)





(2011)



For 100 years, a primary aspect of the Chamber is to promote the development of an atmosphere in which the business community is allowed and encouraged to thrive. As a membership-focused organization, our mission is to be the preeminent voice for promoting the community of Campbell in all its aspects.

BECOME A MEMBER OF THE CAMPBELL CHAMBER

The Campbell Chamber of Commerce helps all types of businesses increase their exposure and offers numerous networking opportunities within the Campbell community. We offer multiple levels of membership to fit your needs.

To learn more about why we're the Friendliest Chamber in the Bay Area, visit our website or register for our FREE Membership 101 workshop to find out how membership can benefit your business

CampbellChamber.net



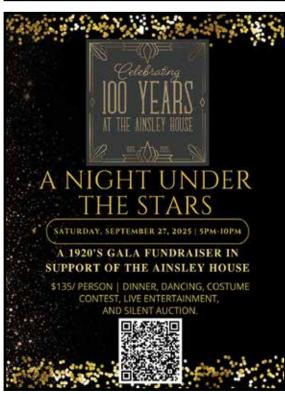




Left to right: Nagib Magee, Jordan Finstine, Brad Reigel, Campbell Police Department's finest and a moment at the summer concert series.







Money Empowerment by Jill



Fall into Financial Wellness: Smart Money Moves for the Autumn Season

As the air turns crisp and the leaves change colors, fall brings more than just pumpkin spice and cozy sweaters. It is also the perfect time to reassess your finances before the year wraps up. Whether you're planning for the holidays, preparing for winter expenses, or just trying to finish the year strong, here are some smart fall season financial tips to keep your budget in check and your goals on track.

1. Review Your Year-to-**Date Spending**

Before the holiday rush, take a moment to look back at your budget. Are you on track with your savings goals? Are there categories where you're overspending? Use this season as a checkpoint to reset and realign.

2. Prep for Holiday Spending

The holidays are closer than they seem and they can quickly take a toll on your budget if you're not prepared. Start now by setting a realistic gift budget, making lists, looking for early sales, and spacing out purchases.

3. Check Your Insurance **Policies**

Fall is a great time to shop around for better rates on home, auto, or renters insurance. It's also a good time to review your current coverages and make adjustments if necessary.

4. Plan for Home Maintenance

Avoid costly surprises by tackling seasonal home

maintenance early. Common tasks are furnace check ups, gutter cleaning, insulation and chimney inspections.

5. Max Out Retirement **Contributions**

If you have an IRA or 401(k), this is a good time to calculate how much more you can contribute before yearend. Not only will this boost your retirement savings, but it could lower your taxable income, too.

6. Use or Lose: FSA **Accounts**

If you have a Flexible Spending Account (FSA) through your employer, check your balance. Many FSA funds expire at the end of the year, so fall is a smart time to schedule doctor visits, dental work, or buy eligible supplies.

7. Start Planning for 2026

Yes, really! The last few months of the year are ideal for goal setting. Think about what you want to accomplish financially in the next year. Do you want to build an emergency fund, save for a big trip, or pay off debt. This is a great time to plant the seeds for financial growth.

Final Thoughts

I like to think of fall as a season of transition. It's a time to pause, reflect, and make meaningful adjustments. With a little planning and a proactive mindset, you can finish the year on solid financial ground and step into the new year with confidence and clarity.

All the best,

Jill







CITY NEWS By Sergio Lopez

Campbell community events

Congratulations to Capers, which just celebrated its 25th anniversary. Other Councilmembers and many community members joined in commemorating the special occasion.

I also had the honor of saying a few words at the American Cancer Society Relay for Life. The Campbell location raises an average of \$300,000 each year for cancer research and treatment, and is one of the only remaining locations that still runs a 24-hour relay.

Council receives West Valley homelessness report

At the August 4th City Council meeting, city staff presented a feasibility study which represents the first part in a larger study of homelessness resources and needs in the West Valley. Using left-over federal funds, Campbell is taking the lead, with a Memorandum of Understanding from the four other West Valley cities (Saratoga, Cupertino, Monte Sereno, and Los Gatos) co-signing the effort.

The study revealed that there is a significant gap in resources in our region. Additionally, people of color and other minorities are over-represented among the homeless population in our region compared to the average around the county. The West Valley also has a higher percentage of those who have become recently homeless, as well as higher numbers of women and victims of domestic violence.

The next phase of the study will look at potential resources to address our specific homeless population, with potential policy recommendations to follow.

VTA revenue measure considered

As Chair of VTA, much of my time has been spent in discussions around SB 63. This is state legislation, authored by Bay Area Senators Scott Wiener (San Francisco) and Jesse Arre-

guin (Berkeley), which, if adopted, would place a revenue measure for public transit on the ballot in the Bay Area.

The legislation originally came about because of the "death spiral" that a number of Bay Area agencies, including BART and MUNI, faced following the COVID pandemic. Accordingly, the measure was originally written as a three-county measure for San Francisco, Alameda, and Contra Costa.

As this year's legislative session progressed, however, the VTA board of directors began to better understand the serious challenges which we faced in Santa Clara County. Apart from addressing a current deficit, leaders on the board, including myself and Vice Chair/San Jose Mayor Matt Mahan, expressed a desire to transform what public transit looks like into a more innovative and financially sustainable business model. Understanding that this would require investments in our public infrastructure, board leadership, along with VTA staff, began conversations with the bill authors around potentially joining the measure.

Chief among our conditions for joining was making sure that money raised in Santa Clara County would return back to us, with an expenditure plan to be decided locally. Negotiations with the bill authors resulted in modifying the allocation of funds accordingly, with an increase of tens of millions more dollars returning to our county under a new formula. With the updates to the legislation, the VTA board of directors will consider, at its August 7th meeting, whether Santa Clara County voters will see the measure on their ballot. Expect more details to come.

Invitation to State of the City Finally, I would like to take the opportunity to invite readers to

my State of the City Address on August 21st, at Orchard City Banquet Hall at the Community Center. Doors will open at 6 pm, and the address will begin promptly at 6:30 pm. Attendees are encouraged to RSVP to MayorStateOfTheCity@campbellca.gov.

This column is written by Mayor Sergio Lopez in an individual capacity and not on behalf of the City Council, city staff, or the City of Campbell.

MUSEUM

Continued from page 2

FALL GALA AT THE AINSLEY HOUSE

The Ainsley House Turns 100! Swing, Celebrate, and Support:

A 1920s Ainsley House Gala Step into the sparkle and spirit of the Roaring Twenties as we celebrate the Ainsley House Centennial with an unforgettable evening under the stars!

Saturday, September 27 | Ainsley House Garden | 5 pm - 10 pm

Get ready for a night of vintage glamour featuring 1920s Costume Contest

Whether you're channeling your inner flapper or dapper gent, this gala is your chance to party like it's 1925 — all in support of local history.

All proceeds benefit the Campbell Museum Foundation and the preservation of the beloved Ainsley House.

Tickets on Sale Now!

\$135 per guest | Prices increase to \$150 on September 1.

HOLIDAY DECORATORS WANTED

Call for Holiday Decorators! Be a part of the magic at the Ainsley House!

The holidays are right around the corner, and we're decking the halls—Santa's Village style! The historic Ainsley House is looking for creative, festive, and fun-loving volunteers to help transform its rooms into a holiday wonderland.

JUST A LITTLE BIT OF HISTORY

Continued from page 1

talking to the owner, he shared an interesting story about the home. About 16 years ago, shortly after he purchased it and moved in, an elderly lady came to his from door. She asked if she could come in for a few minutes, just to look around. He welcomed her and she told him she had lived there as a child. She said she was now 86, but remembered how she loved to sit by the big dining room window on Grant and watch the buggies go by on Sundays on the way to church. Back then, the side streets were dirt, but the town sprayed them with oil to keep the dust down.

Before she left, she said that the house had spirits. She made her way back out the front door, but paused, laughing. She said she was just a silly old woman and paused again. Turning back briefly, she told him, "Oh, they're still here." Unfortunately, the owner did not catch her name.

Here is August's mystery photo. Can you figure out what it is and where it is located?

Here's your chance to GO BIG!

We provide the trees and access to our fantastic collection of holiday decorations—or feel free to bring your own flair. You'll get to decorate a room in this historic gem, bringing joy to hundreds of visitors during our annual Holiday Tours.

Decorating happens the first week of November

Holiday Tours run from November 13 to December 21

If you're interested in becoming a decorator elf, visit our Holiday webpage:

https://www.campbellmuseums.com/whatson/holidays

Or contact Anna Rosenbluth directly to get involved; annar@campbellca.gov.

SENIORS HELPING SENIORS®

Continued from page 5

team is proud to join the national celebration by spotlighting the important role seniors continue to play in their communities.

"At Seniors Helping Seniors® in-home services, we don't just care for seniors — we empower them," said San Jose owner of Seniors Helping Seniors® San Jose "Our caregivers are seniors themselves, so they understand the value of staying active, engaged, and independent as we age."

Founded on the belief that seniors can help each other age with dignity and purpose, Seniors Helping Seniors® services matches experienced, compassionate senior caregivers with clients who need help with everyday tasks. These peer-based relationships are designed to reduce isolation, promote wellness, and honor the unique life experiences of each individual.

"We're proud to provide more than just care — we provide connection," said Namrata Yocom-Jan, Seniors Helping Seniors® President. "On National Senior Citizens Day, we're reminded of the incredible wisdom and kindness our clients and caregivers bring into the world. They deserve to be celebrated every day."

As the number of Americans aged 65 and older continues to grow — projected to exceed 78 million by 2035 — Seniors Helping Seniors® locations remain committed to serving this vital and growing population with compassion and peer-to-peer support.



City Council & Planning Commission News

By Adam Buchbinder

After spending a great deal of last year streamlining, reconsidering, and revamping our rules, the city's new approach of reducing discretion is paying off.

The Planning Commission will no longer see Condition Use Permits for the most common uses, or Site and Architectural Review permits for individual houses. To the extent that we see individual projects, they're either unusual, like a sign which is larger than usual but is set very far back from the road, or appeals of issues otherwise decided by staff.

But there are also issues which aren't policy-heavy so much as they depend on our judgment. For example, fences in Campbell can be six feet high, or eight at the Community Development Director's discretion. We had an appellant at the late July meeting who wanted a higher fence, because there had been an unpermitted ADU there which had burned down and in turn destroyed her own home. And this isn't a compelling reason under the rules to allow a higher fence, but it was heartbreaking to hear.

At that same meeting, there was a standoff of sorts between staff and the owners of The Hub at the old Fry's site, which is a very popular pickleball location. The city had marked that site for housing, and was recommending trying to subtly reduce The Hub's long-term viability in order to encourage the development of housing, by placing an end date on their business permit. This made for an all-around awkward situation, as nobody wants to discourage a thriving business, but about one seventh of our housing plans rely on that one single site. (Also, other uses on that site aren't time-limited anyway.) The Commission decided to avoid placing an end date on the permit, and sent the item back to staff for revision.

Going forward, we do expect to see some policy items, like rewriting the city's Municipal Code (staff has been doing an enormous job working on that), and reviewing upcoming area plans and city-wide plans.

On that note, the Campbell Multimodal Plan is spinning

up. The Community Advisory Committee, where I'll be serving as a citizen, not wearing my Planning Commission hat, starts meeting at the end of July, and we expect public outreach to begin in September. Contact tiffanyh@campbellca.gov for more information there.

Adam Buchbinder is a member of the Campbell Planning Commission. Opinions expressed here are his alone, not those of the Commission or the City. Contact the Campbell Planning Department at planning@campbellca.gov.

ENTERTAINMENT



Chain of Fools brings the groove to Campbell's Thursday night summer concert series By Cuinn Huber

Campbell's beloved Thursday Night Concert Series hit a high note on July 17th with a lively performance by the local band Chain of Fools. With their high-energy set primarily composed of classic hits from the '60s through the '80s, the cover band brought hundreds to the town's Orchard City Green park.

People began staking their claims to the best spots as early as 2 p.m., setting up lawn chairs and blankets. By the time the band arrived at 5 p.m. for their final soundcheck, the crowd was already abuzz. Nearby food vendors offered something for everyone, from burgers to snow cones, and lines persisted throughout the night. Leading some vendors to run out of food midway through the event.

The band took to the stage at 6:30 p.m., and within the first two songs, the area in front of the stage filled with dancing music lovers. With a myriad of classic favorites, Chain of Fools kept the energy high throughout their 90-minute set, which ended just after 8 p.m.

Throughout the show, the entire lawn was full of people of all ages swaying along or playing with their friends. Chain of Fools keyboardist Dave Powell, who has been with the band for two and a half years, said this was their first time performing in the Thursday Night Concert Series. "We did Santana Row last year, but this gig is different—it's the biggest in town. Fletcher Baker, our bandmate, has been trying to get us booked here for about a year. It's a competitive spot, and we didn't expect this big of a crowd."

The enthusiasm was echoed by Baker, who said the city made it easy for performers to feel supported. "The rec department tells us what to expect, and they provide the resources we need. With the library still under construction, they moved the stage up, which made the show feel more intimate. We were closer to the audience. It really worked."

Baker added that the city is "doing the community a solid" by organizing these free concerts. "It's not just about music—it's about creating

a space where people can come together, enjoy themselves, and feel proud of where they live."

Despite the unexpectedly high turnout—which left some vendors scrambling to restock—organizers were thrilled with the evening. Iseth Rae, Campbell's Recreation Supervisor, called this con cert series a "beloved event" that is designed to bring people together. "It's accessible for everyone," Rae said. "We added ADA parking and a new bike valet to encourage more sustainable ways of coming downtown."

The concert series, which kicks off in July during Parks and Recreation Month, is one of the city's most popular offerings. "We try to put on as many of these events as we can," Rae added. "It's all about celebrating community."

With perfect weather, a showstopping performance, and high turnout, Chain of Fools' night in Campbell hit all the right notes—leaving attendees dancing, smiling, and already looking forward to next week.

AUGUST MOVIES By Sam Wilson



Superman - C+

Writer-director James Gunn's (Guardians of the Galaxy) clownish DCU theatrical debut struggles to take flight. Superman (David Corenswet, "Twisters") faces Elon Musk-esque Lex Luthor (Nicholas Hoult, "The Menu") while a war brews between two fictional countries mimicking Ukraine and Russia. The unfocused script, uneven tone, nonexistent stakes, cartoony world, and silly beta portrayal of Superman sink this ship. Brimming with likable characters and actors, including Rachel Brosnahan (Patriots Day), Nathan Fillion (Serenity), and Edi Gathegi (X-Men: First Class).

The Fantastic Four: First Steps – B-

Solid albeit unspectacular third iteration of Marvel's first family. In an alternate dimension with a distinct 1960's retro-futuristic vibe, they must defend Earth from the planet-eating Galactus (Ralph Ineson, "Nosferatu") and the Silver Surfer (Julia Garner, "Wolf Man"). Pedro Pascal (Materialists) shines although the rest of the casting leaves much to be desired. Following a strong first act, TV director Matt Shakman (Disney's "Wanda-Vision") stumbles with horrible CGI resembling video game cut-scenes.

Jurassic World Rebirth - C-Writer David Koepp's (Jurassic Park, Spider-Man) disappointing return is akin to a monotonous merry-goround rather than a thrilling roller-coaster. Follows an expedition to an island five years after "Jurassic World Dominion" to extract DNA from three massive dinosaurs for groundbreaking medical purposes. Gareth Edwards ("Rogue One", 2014's "Godzilla") directs flat farcical action with laughingly bad callbacks. The atrocious reboot stars Scarlett Johansson (Jojo Rabbit), Mahershala Ali (Moonlight), and Jonathan Bailey (Wicked).

F1: The Movie – B

Predictable yet rousing old school narrative from director Joseph Kosinski (Top Gun: Maverick, Tron: Legacy), who's known for realistic breathtaking action. A Formula One legend (Brad Pitt, "Moneyball") comes out of retirement to mentor an up-and-coming driver (Damson Idris, FX's "Snowfall"). Pitt is excellent as the veteran chasing one last chance at glory while butting heads with the hot-headed

young star. Cast includes Javier Bardem (Skyfall), Kerry Condon (Night Swim), and Tobias Menzies (HBO's "Game of Thrones).

Eddington - B-

Standout writer-director Ari Aster's (Hereditary, Midsommar) sharp powder keg drama effectively satirizes many sides of the political spectrum but is toothlessly provocative with too many half-baked ideas. In Eddington, New Mexico, a standoff occurs between a small-town sheriff (Joaquin Phoenix, "Joker") and mayor (Pedro Pascal) during COVID. Emma Stone (Cruella) and Austin Butler (Dune: Part Two) appear in the mixed bag contemporary western with "Taxi Driver" undertones and an unearned chaotic finale.

Together - B

Well-crafted gruesome body horror featuring superb lead performances. A couple moves into the country finding themselves threatened by an unnatural force that horrifically brings them together. Utterly unique, unconventional, and anxiety-inducing with romance, dry humor, and twisted imagery. Real-life partners Dave Franco (Neighbors) and Alison Brie (Scream 4) predictably display electric chemistry.

I Know What You Did Last Summer – C-

Stale 90's horror reboot lacklusterly checking all the boxes but missing ingredients for success. A stalker terrorizes a group of friends due to a past incident. Chase Sui Wonders (Bodies Bodies Bodies) leads the bland cast while Jennifer Love Hewitt (Can't Hardly Wait) and Freddie Prinze Jr. (Scooby-Doo) return in supporting roles. Copying the original formula, it's a forgettable, shallow, poorly made slasher lacking any semblance of camp or spectacle.

Happy Gilmore 2 – C

Nostalgia runs amok in Adam Sandler's (Hustle) pale imitation of a sequel. Happy unretires to finance his daughter's expensive ballet classes. Unapologetically stuffed with fan-service, flashbacks, juvenile humor and recycled jokes with some funny bits sprinkled in. Julie Bowen (ABC's "Modern Family"), Christopher McDonald (The Faculty), and Ben Stiller (Zoolander) are amongst the returnees with newcomers Bad Bunny (Bullet Train), Benny Safdie (Oppenheimer), and cameos galore.

WHS REUNION

Continued from page 3

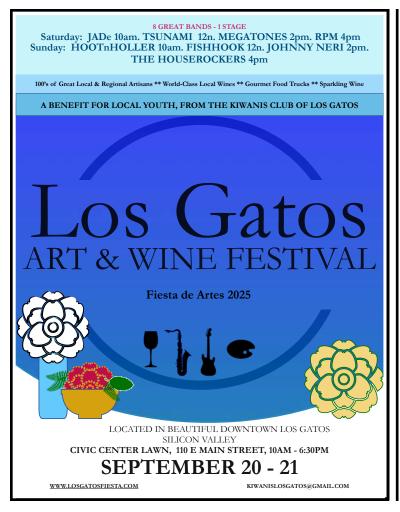
"We're thinking about what to do for our 50th reunion and still want to contact more alumni. We have a website where 1980 graduates can leave their contact

information. We'd like to have casual get-togethers before the 50th," said Jill Prestigiacomo, a graphic artist who lent her skills to advertising the event.

The address for that website is www.Westmont1980.com.



(L-R) Former Campbell residents Johnny Taormina, Rich Perez (still living in Campbell,) Sheri Scadden Borello, and Rick Medefesser.





Current Ainsley House



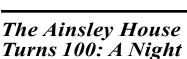
See page 9 for details..

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Email: thecampbellpress.com



Celebrate the Centennial with a Glamorous Gala **Fundraiser**

Under the Stars

Campbell, CA — The historic Ainsley House is turning 100, and the Campbell Museum Foundation is pulling out all the stops to honor this milestone with "A Night Under the Stars", a dazzling Roaring Twentiesthemed gala and fundraiser to be held in the Garden of the Ainsley House.

Set for Saturday, September 27, from 5:00 PM to 10:00 PM, this unforgettable evening will transport guests back to the sparkle and spirit of the 1920s complete with red carpet arrivals, elegant dining, live entertainment, and vintage glamour. The Centennial Gala is more than just a celebration—it's a call to action to preserve one of Campbell's most treasured landmarks.

Proceeds from the event will directly support critical preservation efforts at the Ainsley House, including termite mitigation and wood rot repairs. The goal is to keep this nationally recognized historic home standing strong for the next century.

Event Highlights Include:

- Red Carpet Arrival with a Surprise
- No-Host Bar featuring Select Wines
- Elegant Buffet Dinner in the
- Garden • 1920s-Themed Costume
- Contest with Prizes
- Live Music & DJ for Dancing
- Silent Auction Featuring Unique Items & Experiences
- Surprise Entertainment Throughout the Night

Guests are encouraged to come dressed in formal attire or 1920s-inspired fashion (note: spiked heels are discouraged to protect the garden turf). Costume contest categories include Best Overall 1920s Look, Best Combo, and Most Creative.

Tickets are \$135/ Person and available now and include dinner, entertainment, and entry to the festivities.

Early bird pricing is available through August 31, 2025.

Beginning September 1, tickets will be \$150. All tickets are considered a donation to the Campbell Museum Foundation, a 501(c)(3) nonprofit (Tax ID: 77-032949), and may be tax-deductible minus the fair market value of goods and services received.

Space is limited, and this event is expected to sell out. Tickets are non-refundable.

To purchase tickets, visit The Ainsley House Centennial Gala

Join us for a night of nostalgia, celebration, and support-and help keep history alive for generations to come.



Friday, August 1 7:30pm **Kaye Bohler**

Saturday, August 2 2:30pm Rick Alegria **Student Recital** 7:30pm Cadillac Jack

Wednesday, August 6 6:00 pm **Ghosts of Calico**

Thursday, August 7 6:00pm **Pro Blues Jam**

Friday, August 8 7:30 pm **Rockafellows Band**

Saturday, August 9 7:30 pm **East Side Funk**

Wednesday, August 13 7:00 pm **First Call**

Thursday, August 14 6:00 pm **Pro Blues Jam**

Friday, August 15 7:30 pm Mitch Polzak

Saturday, August 16 3:00pm Ruth Gerson **Student Show** 7:30pm Jinx Jones

Monday, August 17 5:00 pm **HOOTENANNY**

Wednesday, August 20 6:00pm Kurt, Johnny

and Jim Bruno Thursday, August 21 6:00 pm

Pro Blues Jam

Friday, August 22 7:30 pm **Identity Problem**

Saturday, August 23 2:30 pm

Lencat

Wednesday, August 27 6:00 pm

Pinky & the Diamonds Thursday, August 28

6:00pm **Pro Blues Jam**

Friday, August 29 7:30 pm **Chain of Fools**

Saturday, August 30 7:30 pm

Jukebox Boyz Wednesday, September 3 6:00 pm

Ghosts of Calico Thursday, September 4 6:00pm

Pro Blues Jam

Friday, September 5 7:30 pm **HOOTENANNY**

Saturday, September 6 7:30pm **Engine Room**





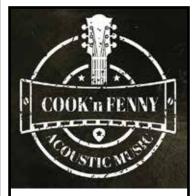


MUSICIANS! Want to draw a crowd?

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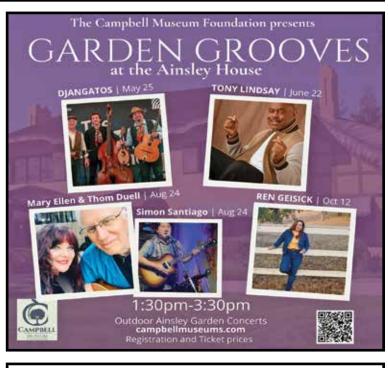
Saturday, August 9 Tempo Kitchen and Bar, Gilroy 4:30 PM to 6:30 PM

Saturday, August 16 Fortino Winery, Gilroy 1:30 PM to 4:30 PM

Sunday, August 17 Satori Cellars Winery, Gilroy 1:30 PM to 4:30 PM

Wednesday, August 27 Little Lou's BBQ Campbell 6 PM to 7 PM Acoustic Showcase with special guest, Paul Kent





Band Announcement



"Pete, Nate and Gary's performance is dynamic and fun for all ages. It was a joy to be the first venue to host the trio and we look forward to seeing them bring this show to other local venues" Kathleen & Zoe of Café Zoe

Pete Sommer, Nate Walker & Gary Nobile perform in a "Nashville Round" style show. Sharing original songs as well as some written by a few of our favorite writers.

We do something a little different. Since we are individual artists, we each take turns playing songs sitting on barstools with just guitars and microphones. It's called a "Nashville Round", this is how many of the writers perform in "Nashville". Since the voices and song styles changes every song it's effectively 3 performers in one.

Pete Sommer is a Local Singer/Songwriter & Producer (TV & Music) including an Award winning 90 Minute Cable TV Show. Often shares background stories and colorful tales of his experiences in the LA & Nashville music scene. Performs guitar and banjo in Americana/ cowboy/folk/rock/blues/pop bands. Performs in concerts and clubs.

Nate Walker is a Singer/Songwriter from San Mateo who records and performs as "Redemption Breaking". Winner of multiple songwriting competitions, His songs are honest, powerful and accompanied by a wide range of guitar playing styles. redemptionbreaking.com

Gary Nobile is a Bay Area singer-songwriter. Gary has won several West Coast Songwriters best song contests and is also a Best Performance winner. He's had his original songs placed in feature films in LA. Gary co-penned a tune that reached third in the Nashville Songwriter's Association International song contest out of over 3,000 songs including submissions from industry pro writers. Gary has recorded with top Nashville talent and currently has his songs represented for consideration by major Nashville producers and artists.

A few of our previous performances include: The Cats Restaurant, Cooper-Garrod Winery, JLohr Winery, Rustic House Bar & Grill, Lutticken's, Moods Wine Bar, Capelo's BBQ, Freewheel Brewery, Café Zoe's, Little Lou's BBQ, Wheelhouse of Willow Glen, Savvy Cellars Wine Bar, BariBar Bistro, Flora, Byington Winery....

Contact:: Pete Sommer/ (650) 996-6100 / pesommer@comcast.net





San Jose Rocks a moment to celebrate local music history By Cuinn Huber

Dan Orloff, founder and selfproclaimed Chief Rock Officer of San Jose Rocks, is on a mission: to give San Jose and the wider Santa Clara County the recognition it deserves in rock and roll history.

"It all started back in 2003," Orloff recalled. "I was serving on the board of History San Jose, and I was frustrated that so few people knew about Santa Clara County's music roots. We've had major moments in music happen right here, and yet no one seemed to talk about it."

The frustration kickstarted a passion project. In 2006, Orloff launched San Jose Rocks as a website and series of events highlighting what he believes are the city's overlooked contributions to rock music. It remained a labor of love for many years until last year, when he took the steps to formalize the organization as a 501(c)(3) nonprofit. With the 60th anniversary of the Grateful Dead's first performance on the horizon, Orloff decided it was time to "make it real."

One of San Jose Rocks' first major initiatives is a mural and commemorative plaque marking the site of the Grateful Dead's first show in 1965. "Mark Purdy, a retired journalist, and I drew up the paperwork and applied to the city to approve a privately funded plaque," Orloff explained. "Fundraising started a few months ago, and the response was incredible. The mayor's office and multiple city council members backed it right away—no resistance at all."

Orloff is especially proud that Rhino Records, which owns the Grateful Dead's trademark, gave San Jose Rocks permission to use the band's iconic logo for the plaque. "The community's reaction has been really positive," he said. "A lot of people didn't even know that the first radio broadcast station was in San Jose. We're trying to tell those stories."

But the Grateful Dead project is only the beginning. Orloff and his team have plans for 50 to 60 more projects over the next five years—many of them timed with major events like the Super Bowl or the FIFA World Cup, both of

which will have a presence in Santa Clara County.

A major goal is to launch a music industry job fair for local teens, introducing them to professionals in sound engineering, lighting, video production, and artist management. "It's rewarding to see industry leaders interact with young people," he said. "We want people who've had careers in music to pay it forward."

With the Grateful Dead's anniversary fast approaching, Orloff feels a sense of urgency. "We're hitting the ground running," he said. "And we want the community involved. If you've been part of a big music moment in San Jose-if you've got a story—we want to hear it. Everyone gets their Andy Warhol moment."

Ultimately, Orloff hopes San Jose Rocks will help carve out an identity for the city that's distinct from San Francisco's long shadow. "We want to stand on our own," he said. "And we've got the history—and the heart—to

Before the Song: "By Chris Jackson "Mayor of Silicon Valley" "Hotel California" by The Eagles

Could you enjoy traveling | the rest of the summer...if it had to be entirely within California? I've actually said on the radio that because we live in California, we should be able to enjoy lots of traveling and vacationing our whole lives without ever leaving the state! Think of it: Yosemite, Gold Country, Lake Tahoe, Napa, Lake Shasta, Mendocino, Monterey Bay, Carmel, Capitola, Santa Cruz, San Francisco, Disneyland, Catalina Island, San Diego, and let's not forget...Campbell!

In fact, California is so awesome it's in the title of some of the greatest songs-like "Hotel California." Eagles guitarist Don Felder says he wrote the music while sitting on the beach.

The lyrics are iconic: from the first line, "On a dark desert highway...," to the last line, "You can check out any time you like, but you can never leave," each word Eagles drummer and singer Don Henley wrote paints a colorful picture. I brought the lyrics up while I was interviewing him on 98.5 KFOX.

I said, "Don, when you're singing and playing drums at the same time on "Hotel California," knowing the audience is singing along with every single word (so you can't mess up), after you sing that last lyric line (which is the most known), you've got to be thinking, 'Whew, I'm so glad that's over; now I get a five minute guitar solo to just relax!" He paused a minute. I thought I'd blown it and he was going to say he never thought that.

Suddenly, the normally serious Don Henley started to laugh! He said, "He-he-he Chris...as a matter of fact, I am! That's exactly what I'm thinking at that moment." He said he'd never been asked that, and never realized his relief in getting past that moment in each show until we spoke. Hey Don, if you can get through all those lyrics during the upcoming shows at The Sphere-with a giant-sized you staring down at you-you can get through any show. ©

Chris Jackson can be heard on 98.5 KFOX The South Bay's Classic Rock, weekdays 9am-2pm

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on August 2nd! What a great musical performance by everyone!







DIG IT...



with SAM

By Sharon McCray, UCCE Master Gardener

SUCCULENTS

I have grown succulents most of my life and believe me, they never disappoint in their own way. Abundant flowers attract a full array of pollinators and beneficial insects. Some produce wonderful edible fruits like Dragon Fruits.

Let's start with succulents, a family of plants that are typically drought tolerant, usually pest and disease free and grow well in our environment. Their nutrient needs are minimal and in the long run, one of the easiest plants to grow with few exceptions. Almost limitless varieties of succulents are readily available everywhere. Best of all, succulents love our alkaline soils.

Some succulents do not tolerate hot summer sun as readily as we have been lead to believe and I find some plants just fry up and die, even with regular water and care. One of my favorite dependable varieties is Jade. This plant is a work horse in my garden and

provides year around greenery. It is susceptible to freezing but easily recovers. The tiny flowers are of no real consequence and yet the bees seem to like them. Some varieties like Echeveria, Sedums and Agave need full sun to survive. Epsom salts are a good source of magnesium and can be a good fertilizer choice which promotes blooms. Water needs vary depending on season and variety but usually no more often than every 5 to 7 days. It is best not to water the plant leaves.

Recently a friend moved to southern California and a left an amazing collection of plants, including a jade called "Blue Wave". Talk about a beautiful plant that just gives and gives. As the name indicates, the plant's leaves are a shade of silver blue and are wavy. I have it in a pot and it is doing fabulous with no fertilizer and minimal water.

Driving around you have no doubt seen striking purple flowers in borders and gardens throughout our valley. Rock purslane is easy to grow and tolerates extreme heat and drought conditions. They flower all summer long and are a real show stopper.

Common ice plant in the family Carpobrotus, was used by the State to help with erosion and to beautify our roads and highways. Decades later, this flowering plant has become the bane of the state and is now vilified as a non-native invasive species. I volunteered at the San Francisco Zoo one summer with a goal to eradicate every ice plant on zoo property. We filled several huge dumpsters and barely made a dent. It turned out that it's perceived use for erosion control was anything but, and the weight of the plant can acerbate a land slide situation.

Almost all succulents are easily propagated by sticking a broken stem or leaf in soil, water infrequently and leaving it alone. Using a small amount of apple cider vinegar can help prevent fungus growth. Eventually, with a little water and no direct sun, it will sprout roots and take off.

There is a San Jose Cactus and Succulent Society that has regular meetings and hosts amazing plant sales. Membership is \$15 and I can guarantee you, it is worth every penny. Knowledgeable members freely give guidance and advice and PLANTS. Visit CSSSJ.org for more information.

Remember to stay hydrated as you garden. Harvest fruits and vegetables sooner than later. Weed every chance you get. Use sunscreen, wear a hat and enjoy what's left of our summer.

Silver Anniversary Celebration of Cars in the Park By Allan Greenberg

San Jose, CA – On Saturday, September 13, History Park, (693 Phelan Ave, San Jose, CA 95112), will come alive with chrome, craftsmanship, and community spirit as Cars in the Park celebrates its 25th anniversary. This annual event will draw hundreds of car enthusiasts, families, and history buffs to marvel at antique and classic vehicles from automotive history—each one period-correct and dating up to 1949.

The spotlight this year is on pre-1931 race cars and speedsters, the event's official featured vehicle for 2025. These elegant machines, some over a century old, will showcase innovation and the spirit of early American racing.

The most exciting event of the day will be the live assembly of a 1920s Ford Model T. A skilled crew works in concert to put the iconic vehicle together in under ten minutes.

The lively sounds of the Silicon Gulch Dixieland Band and the vintage harmonies of the Tonic Trio Singers. A special presentation on Bay Area Auto Racing will offer historical insight into

local legends and tracks that once dominated the West Coast speed scene. Cars in the Park continues to celebrate the artistry and history of early automobiles while creatingcherished memories for generations of enthusiasts. Here's to the next 25 years of motoring magic.



IN LOVING MEMORY



Anna Theresa Chavez 7/30/31-6/27/25

On June 27, 2025 Anna Theresa Chavez, aged 93, passed away peacefully in her sleep after a long and courageous battle with kidney failure and dialysis.

Anna was born Anna Guzzetti in Utica, New York on July 30, 1931, to Joseph and Jennie Guzzetti, both of whom emigrated to America in the early half of the 20th Century from a region in Italy called Calabria. She was the sixth of seven children. When Anna was in her early teens, her family moved to California and settled in San Jose. She attended San Jose High School where she met her husband, Ephraim Chavez, whom she married in 1950. They were married for 75 years. Two years

after they married, they started their family; today that family has expanded to five generations; four children, seven grandchildren, ten great grandchildren and six great-great grandchildren. At the time of her passing, she had another great and great-great grandchild on the way, but they had not yet come into the world to meet this very special lady.

Anna was many things and had many interests. She worked at Gardner Day Care Center for many years as an administrative assistant before retiring in the late 1980's. She was passionate about cooking, especially Italian food, and loved throwing family dinner parties. Her other passion was the theater and acting; she was active in local theater for many years. She lived a long life filled with traveling and story telling. Anna had a heart of gold and always had a positive outlook.

We believe her purpose here on Earth was to bring comfort to all of her loved ones, in times of joy and in times of despair. Even when facing life's challenges she would say "I'm grateful for everyday." And we are all very grateful to Anna, for our lives were all the more enriched by her very presence.

Anna is survived by her husband, Ephraim Chavez, son Steve Chavez, daughter in law Dana Chavez, son Craig Chavez, daughter Julie Harp, son-in-law Duane Harp, son-in-law Tom Solon, six grandchildren: David Solon, Jeremy Gathright, Jessica Wolfe, Diana Chavez, Michael Chavez, Shannon Hauwert, her great grandchildren, and greatgreat grandchildren. She was predeceased by her daughter Carol Solon, her grandson Scott Solon, her four brothers Clem, Joe, Pat, and Alan, and her two sisters Marie and Anita.

The family would like to express their utmost gratitude to the Care Must Hospice team who attended Anna during her final days. Their expertise, support and compassion truly was a godsend during this difficult time, and we are most grateful for their dedication in providing Anna with comfort and dignity.

A memorial service for Anna will be held on Saturday July 26, 2025; details to be provided at a later date.



Draftbeer\$5 Glassofwine\$50ff

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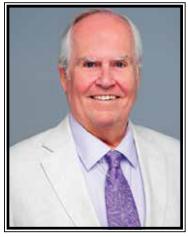
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HIGH WEST OLD FASHIONED \$10



Summer time and the living is easy W. Gene Hunt, Realtor CalDRE 01124702 The William Jefferies Co. CalDRE 01124702



Memorial Day, the unofficial start of summer, is weeks ago. The summer solstice, the astrological beginning of summer is also behind us. The fourth of July celebrations are over. And, along with the summer heat, comes the summer doldrums in the Real Estate market.

We saw, at the beginning of the year, what appeared to be a good market developing despite where interest rates were at the time. At the beginning of the year there had been a downward trend in mortgage rates which tends to bode well for those looking to buy or sell. Buyers benefit from the lower rates making their purchase more affordable and sellers benefit

by the increasing numbers of buyers in the market resulting in growing sales prices and frequent multiple offer situations.

Then the panic over tariffs hit with a brief panic in the Treasury market as well resulting in spiking interest rates. Since then the stock markets; DOW, NASDAQ and the S&P all recovered and they're now setting new record highs. Likewise the Treasury market has returned as the fear of the tariffs died down. All the while, inventory continued to be added to the available stock of homes for sale while homes that entered into contract slowed.

Currently the inventory of available homes for sale is at its highest point for the year so far. Of course, with thousands of homes being available in past years, to have around 2200 now still seems low. At the same time, however, there are only about 950 homes currently under contract in Santa Clara County. Graphing the inventory of available homes and those under contract shows a widening gap between the two as new listings continue to be

added but those going into contract appears to have leveled off.

So, how can you, a buyer or a seller, use this information? Well, it would seem buyers have more choices and more time to look at homes as the days on market grows when sales slow. You can be more deliberate. For sellers, be patient. Recognize the market shift but also realize the number of homes available remains low and property values continue to rise. In fact, well presented and priced homes in desired areas still bring multiple offers. My most recent sale had eight offers and sold for more than 112% of the list price.

To accomplish your goals in Real Estate, you want a Realtor with knowledge, experience and understanding. With 28 years in the local market my knowledge is second to none. Years of working with people like you, I've learned to fully grasp your needs and wants. Contact me and find, "there's no one more dedicated to your goals." Reach out right away by calling: (408) 887-4731 or email me at: geneshomes@earthlink.net.

EXPEDITION CRUISES -EMBARK ON THE ADVENTURE

OF A LIFETIME

By Susan Lola

If you crave authentic, exhilarating experiences in some of the world's most remote and awe-inspiring destinations, an expedition cruise might just be your dream come true. The top 5 reasons why we love expedition cruising:

1. INTIMATE **EXPERIENCES**

Travelers prioritizing authentic, meaningful experiences, smaller ship sizes and flexible itineraries allowing for more spontaneous wildlife sightings and visits to hidden gems that larger ships can't access.

2. MEMORABLE **MOMENTS**

Swim alongside sea lions in the Galápagos Islands, or spot a family of polar bears on an Arctic zodiac tour. Awe-inspiring moments you might experience on an expedition cruise.

3. ENVIRONMENTAL **CONSERVATION** & RESEARCH **CENTERED**

Many expedition cruise lines are deeply committed to environmental conservation and scientific research. Their ships often serve as floating research stations, equipped with state-of-theart tools for data collection and analysis. You may be able to participate in citizen science projects, such as photographing whales for identification or collecting water samples to monitor ocean health.

4. HANDS ON EXPLOR-ING & LEARNING

Venture out on Zodiac boats, kayaks, and hiking excursions led by expert naturalists, scientists, and historians. These knowledgeable guides are passionate about sharing their insights on the region's ecology, geology, and indigenous cultures, enriching your understanding and appreciation of each destination.

5. DESTINATION **FOCUSED**

Unlike traditional ocean cruises, expedition cruises are all about the destination. Unique voyages taking you to far-flung locations like Antarctica, the Galápagos Islands, and the Arctic Circle, with the opportunity to witness incredible wildlife, stunning natural landscapes, and fascinating cultural sites up close.

ANTARCTICA -THE LAST FRONTIER

Imagine setting foot on the world's last untamed continent, a land of superlatives and extremes. Antarctica, a vast expanse of ice and rock, a place where nature reigns supreme. Towering glaciers calve into crystalline waters,

creating a mesmerizing ballet of light and sound. Crackling and booming ice echoes across the pristine landscape - nature's raw power.

THE ARCTIC - WHERE LEGENDS COME ALIVE

The Arctic at the opposite end of the globe, a frozen ocean ringed by lands steeped in mystery and folklore. Legends come alive in the realm of the midnight sun. Polar bears, kings of the Arctic, roam across the pack ice. Majestic predators who perfectly adapted to life in the far north, their thick coats and massive paws allowing them to traverse the frozen landscape with ease.

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THE KIMBERLEY -**AUSTRALIA'S ANCIENT** WONDERLAND

Half a world away, the rugged, remote Kimberley region on Australia's northwest coast beckons with its own brand of wild beauty. This ancient landscape, sculpted by powerful forces of nature over millions of years, is characterized by towering red cliffs, pristine white sand beaches, and cascading waterfalls that defy belief. Marvel at the Montgomery Reef, a vast expanse that emerges from the ocean as the tide recedes, creating a spectacular display of waterfalls, teeming with marine life. Explore hidden gorges adorned with Aboriginal rock art dating back over 40,000 years.

Capers 25th Anniversary



Kam Razavi owner of Capers whose has popularized happy hour specials had been keeping a busy bar since he opened his doors 25 years ago.



Loyal patrons who have a part of the heart of their favorite restaurant in the past 25 years are enjoying the opportunity of having a celebration.



Campbell.

Kam gives his warm welcome at the door greeting guests as he receives a gift of appreciation from his dedicated patrons for years.





CLASSIFIED BUSINESS DIRECTORY The Campbell Press August 2025 - page 13



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San Jose Vice Mayor Pam Foley, gives a welcome speech at the opening of the Fair.

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Campbell Crime Report



By Carol W. Gerwitz

Erin Way Officers responded to a disturbance. Reporting Party was forcefully kept inside home by (S). Arrested: false imprisonment.

Campisi Way (S) was contacted at an encampment and admitted to having meth. (S) also had a concealed dagger and was found to be in possession of ID documentation not belonging to him. Arrested.

Budd Ave. (S) was reported sleeping at the park. (S) was contacted and provided false identifying information. A records check was conducted and (S) had an outstanding warrant out of San Benito. Arrested.

E. Hamilton Ave. (S) was committing fraudulent returns and was in custody by Loss Prevention. (S) was in violation of his probation and under the influence of a controlled substance and had meth and drug paraphernalia in his vehicle. Arrested.

Erin Way (S) brandished and swung an 18" machete at (V1).

(S) threw keys at (V2); no visible injuries or complaint of pain. (S) left the scene and remains at large.

N. Central Ave. (S) was found lying face down on the sidewalk by an off-duty police officer and refused medical care. (S) was placed into custody and transported to the hospital.

E. Campbell Ave. (V) was walking when an unknown (S) approached her and made threatening statements, causing her to flee.

W. Sunnyoaks Ave. (S) was found passed out behind the wheel of his vehicle, which was running and stopped in the middle of the roadway. Upon contact, (S) was determined to be DUI with seven prior DUI convictions, had a suspended license, and was on Post Release Community Supervision for a prior DUI conviction. Booked.

Manchester Ave. (S) was causing a disturbance in front of his residence. (S) was contacted and determined to be too intoxicated to care for himself. Arrested.

W. Hamilton Ave./S. Winchester Blvd. (S) collided with a tree. (S) fled the scene. (S) was unidentified and is at large.

S. Bascom Ave./E. Campbell Ave. (S) was stopped on his bike for a CVC violation. A search of (S) located a glass smoking pipe with burnt residue inside. Cited and released for possession of drug paraphernalia.

S. Winchester Blvd. (S), who was banned from the store previously, fled after being identified. (S) was contacted and found to be on Post Release Community Supervision. (S) was in possession of drug paraphernalia and controlled substances, and was under the influence of a controlled substance. Arrested.

S. Winchester Blvd. (S1) and (S2) were stopped in a stolen vehicle. (S1) was discovered to be in possession of burglary tools and controlled substances. (S1) and (S2) were both discovered to be out on Supervised Own Recognizance Program. (S1) and (S2) were arrested.

Los Gatos Creek Trail (S) was contacted during a no camping ordinance enforcement and was found to be in possession of drug paraphernalia and methamphetamine. Cited and released.

N. 1st Street (V) came into the CPD bleeding from the head and reported that an unknown (S) stopped him on the creek trail and hit him in the head with a blunt object (metal bar) over a prior incident with the unknown (S)'s girlfriend. (V) declined medical and left refusing to provide further information.

E. Campbell Ave./State Route 17 Unknown (S) spray painted the soundwall.

Steinway Ave. Unknown (S) forced entry to an uninhabited residence under construction and stole paperwork. No (S)s were seen or heard.

Sobrato Dr. (S) stated that V slapped his hand. Due to conflicting statements, case was forwarded to the DA for charge.

Wilton Dr. (S) unlawfully discharged fireworks in the street. Cited and released.

Los Gatos Creek Trail/ Creekside Way (S) was contacted camping/sleeping near the Los Gatos Creek Trail. (S) was found to be in violation of a criminal protective order against (V) who was present. Arrested.

Camden Ave. (S) went into restaurant and demanded free food. (S) was angry, grabbed a glass, and threw it to the ground breaking it. (S) left the restaurant and is at large.

Orchard City Dr. (S1) and (S2) were involved in a fight with (V1) and (V2). (V1) and (V2) suffered significant injuries likely to produce great bodily injury, including (V1) being rendered unconscious. (S1) and (S2) were booked.

Ginden Ct. Three unknown (S)s forced entry into (V)'s vehicle through the sunroof prior to being contacted by (V) and subsequently fleeing the scene on foot in an unknown direction.(S)s are at large.

Almarida Dr. \$1,400 loan was taken out using (V)'s identity.

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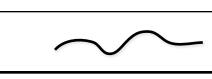
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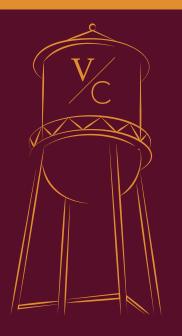
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WEST COAST CHEF

A GLORIOUS SUMMER SEGUE INTO INDIAN SUMMER



By Bill Peil

Its really hard to have a better time of year here in California, than when the days of summer grow shorter, and Indian Summer slowly takes over. Soon, the ever present BBQ and grill will give way to slow, sexy braises, as the feeling of autumn seeps in. I love perusing a farmers market, looking for inspiration. Sometimes a perfect tomato, a fresh herb, a perfect nectarine, or some local salmon, will be the birth of a spontaneous menu. If you always have access to great tomatoes, basil, garlic, red onions, and olive oil, you have the makings of a great dish.

Look for peak flavors from herbs in bloom, sweet red onions, summer garlic, Silver Queen, and Brentwood corn, squash and squash blossoms, Jerusalem artichokes, assorted peppers, Better Boy and Early Girl tomatoes, dill, basil, and tarragon, grapes and grape leaves, blackberries, ripe avocados, Oregon peas, Oregon blueberries, lavender, rockfish, goat cheese, papaya, fresh tuna, new potatoes, red and yellow cherry tomatoes, Walla

Walla onions, lemon cucumbers, Santa Rosa and Satsuma plums, varieties of fresh figs, white Babcock peaches, and varieties of nectarines.

I try to always keep it seasonal. There is nothing simpler or more economical than buying what is wonderfully in season. I believe tomatoes only really taste like tomatoes maybe one month out of the year. And, fresh raspberries in December never fail to disappoint. Fresh corn on the cob at its absolute peak, roasted over the charcoals and then drowned in sweet butter, with a little salt and pepper, can be a great pleasure. I would not think of doing the same in November. Nor would I expect a good persimmon in March. When in season, I enjoy as much as I can, and then put it away until next year. I consumed so many Blenheim apricots this year, that it will take the next 9 months to get ready for the next round.

In the course of all my caterings, these are a sure fire hit at any party...

BILLY'S FIGS:

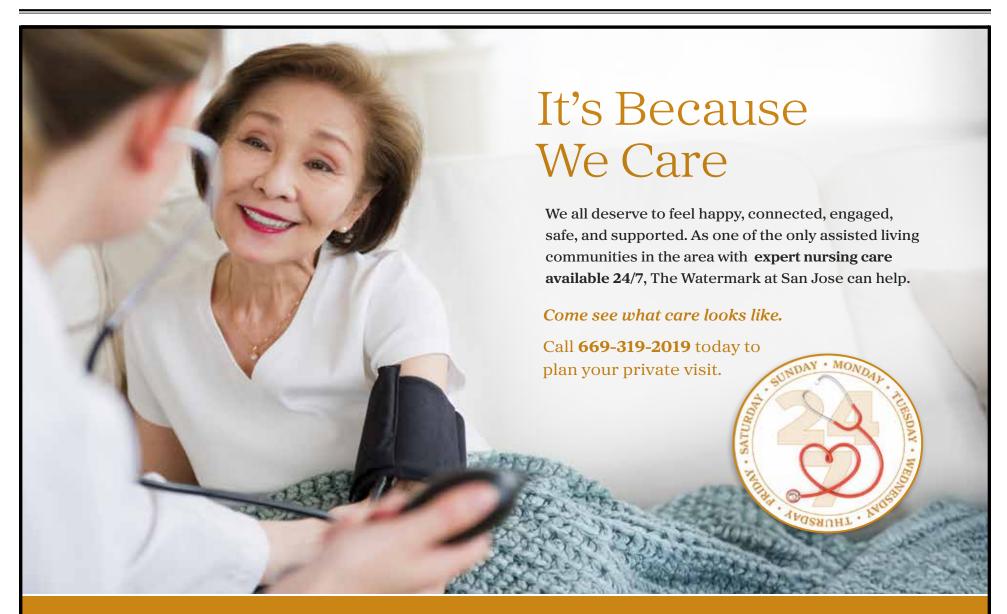
Select some white or dark really ripe figs. Cut them in half.

Then, you want to lightly press your thumb into each half. Put a little nugget if cambozola cheese inside, then a piece of toasted walnut. Then, wrap the fig in prosciutto, brush with herb, garlic olive oil, and heat slightly over a not too hot grill. Serve on platter with herb sprigs, drizzled with balsamic essence or reduction. Wonderful with a number of beverages, certainly with port. Enjoy the rest of this unusually mild summer. We haven't had one like it since 1965. Cheers, Billy...











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