

#### IMPORTANT DATES:

11/1: Tuition Due

11/2: Daylight Saving Time

Ends

11/4: NO SCHOOL - Election

Day

11/26-28 - NO SCHOOL -

Thanksgiving Break

#### FAMILY FUN

11/30: Noon- 5:00. Wondering where you can make your own reindeer food, take a picture with Santa, ride in train or a horse drawn carriage, skate on an iceless rink, enjoy cookies, cocoa, and so much more? Well, all of this happens right here in Worthington Holiday Open House

# NOVEMBER 2025

#### APPROPRIATE DRESS

We believe in fresh air and physical activity for everyone so we will continue to go outdoors each day as the weather permits. Please see our Outdoor Play Guidelines in the Parent Handbook to ensure your child is dressed appropriately.

#### PROFESSIONAL GROWTH

CAS is committed to providing the best care for our children and families. All CAS staff recently attended a training session to learn more about promoting Social Emotional Learning in our programs. Through fun games and activities, your children won't even realize their emotional health and coping strategies are being strengthened!

#### **ACTIVITY TIME**

CAS activities are designed to help children develop skills, accept responsibility, assume leadership roles and have FUN! Activities are openended so children can explore and learn at their own pace. Supplies are provided for each scheduled activity, and creative variations are encouraged. Additionally, did you know that our activities revolve around several different curriculum areas? Math, literacy, engineering, science, drama, music, nature, technology, physical activity, social emotional learning and art! WOW! Who knew our CAS programs offer all this every month?



#### **EMERGENCY CLOSINGS & DELAYS**

Please be reminded of the Care After School policy regarding emergency dismissals. If emergency conditions such as snowstorms, facility problems, etc., cause the school day to be altered, CAS will follow these guidelines:

- If the schools are <u>closed for the day</u>,
   CAS is closed.
- If the start of school is <u>delayed</u>, the CAS <u>before</u> school program is closed, but the <u>after</u> school program will be in session.
- If the elementary schools dismiss at their regular time but the <u>middle</u> <u>schools or high schools</u> are dismissed early for an emergency, CAS is closed.
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Cancellation information will be posted on the CAS website and a message will be sent through Brightwheel to inform parents about emergency dismissals. Keep an eye out for a message asking for your family's Emergency Release Plan. All families must have an emergency release plan on file. Please ensure your child is aware of the plan in the event CAS is cancelled unexpectedly.

## DAYLIGHT SAVING TIME

Don't forget to set your clocks back one hour Sat. Nov. 1<sup>st</sup> before going to bed.
Remember, we do not release "walkers" after sunset for their safety.

# SPECIAL THANK YOU

Romeo's Pizza was generous with a discount for CAS! Chris Beattie offered a great deal for us to provide dinner for our entire staff during our professional development training last month. Please consider Romeo's for your next family pizza night!



### SNACK TIME

CAS serves a snack each afternoon consisting of a fruit or vegetable plus at least one other food group. Additional or alternate snacks from home are always permitted and, in accordance with Worthington School policy, must be nut free.



# November 17th is national "Take a Hike" day!

<u>Make some trail mix together</u> - Gather your favorite snacks, throw them in a bowl together, mix it all up! Chex, pretzels, goldfish crackers, seeds, nuts, chocolate chips, raisins, dried cranberries, m&ms, Reese's Pieces... the list goes on!

<u>Take a Hike</u> - Head to your favorite metropark and go for a family hike! Add some fun to your hike by creating a scavenger hunt. Grab a brown paper lunch bag and tape your list to it, using the bag to collect your finds! Who can find an acorn? A mushroom? A pinecone, something yellow, a spider web, a trail sign, a bench, a smooth rock...

<u>Watch the sunset</u> - I know it's setting earlier these days, but try to catch a glimpse as a family. Fall sunsets are beautiful!