



IMPORTANT DATES

2/1: Tuition Due
2/20: No School/No CAS

FAMILY FUN

2/4: **Winter Carnival** in Upper Arlington. Click here for all the fun details!
[Winter Carnival](#)

Have you been to PLAY: CBUS yet? It's right here in Worthington, and sure to help with cabin fever! Check out the link for more info.

[PLAY: CBUS](#)

February 2023

COMMUNICATION & TECHNOLOGY

Many of our children have been excited to show us their new Smart Watches! We appreciate the convenience these bring to your family. We would like to request that, barring an emergency, children refrain from using this device during CAS programming hours. Please try to limit communications with your child while at CAS. Click to review our [Technology Policy](#).

Here is a helpful video to setup '[SchoolTime](#)' on an apple watch, which allows you to control access during school/program hours.

CURRENT FAMILY REGISTRATION FOR NEXT SCHOOL YEAR

The priority registration period for currently enrolled families for the 2023-24 school year will be April 10-14. Registration is required if you want your child to attend CAS next school year. You will receive additional details along with reminders as we get closer to the date. Check out our [website](#) for details or send questions to info@careafterschool.com.

CRISIS PLAN

The safety of your children is a priority at Care After School. Each site has a plan in place for emergency situations. Although some events can be difficult to prepare for, emergency drills are conducted with the children to give them the necessary tools to increase safety during a crisis.



PARENT SURVEY

Each year, we ask parents to take a brief survey about the program. We constantly strive to make CAS a safe and enjoyable place for your children. We sincerely value your input and hope you'll complete the upcoming survey. In the next couple weeks, please be on the lookout for emails containing the link.

UPDATES NEEDED

If you haven't done so already, please see your Site Director to review your current registration form, and make changes as needed. ***This must be completed and initialed by March 31, 2023.***



NEW SIGN-OUT PROCESS

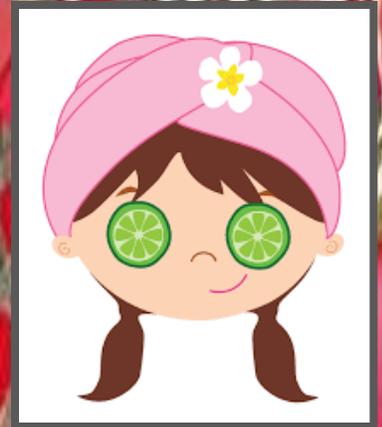
We're going digital! Some sites have already begun the process of signing children in and out on a tablet instead of the paper attendance sheets. Our CAS Enrollment Manager is working hard to get this new system in place. Soon, all parents will have a unique sign-out code. If you have any questions regarding this change, please contact us at info@careafterschool.com

PICK-UP TIME

Please allow a few extra minutes at pick-up time for your children to carry out their end-of-the-day responsibilities. They should put away any supplies they are using, hand their clip to a staff member, put away their basket, and wash their hands.

FAMILY FUN NIGHT

PROMOTING TOGETHERNESS



RELAXATION RETREAT

OUR SKIN CAN GET PRETTY DRY AND ITCHY IN THESE WINTER MONTHS, SO LET'S DO SOMETHING ABOUT IT! THIS IS FOR THE WHOLE FAMILY... WHO DOESN'T LOVE A LITTLE PAMPERING? PUT ON SOME SOFT MUSIC, WORK TOGETHER TO MAKE THE SIMPLE RECIPES BELOW, AND ENJOY AN EVENING OF RELAXATION!

CLICK HERE TO MAKE YOUR VERY OWN KOOL-AID [LIP BALM!](#)

WE'RE NOT STOPPING THERE. FOLLOW THIS LINK TO MAKE YOUR OWN [FOOT SCRUB!](#)

WE'RE NOT QUITE DONE YET. CLICK HERE AND LEARN TO MAKE YOUR OWN [BUBBLE BATH!](#)

WANT TO KEEP THE HOME SPA OPEN A BIT LONGER? TRY SOME OF THESE IDEAS:

- FACIALS
- MANICURES
- BRUSH HAIR
- SHOULDER MASSAGE
- YOGA
- PEDICURES



THE BENEFITS OF PLANNING A WEEKLY FAMILY NIGHT

1. IT MAKES FAMILY TIME A PRIORITY.

SOMETIMES ALL THE THINGS ON OUR TO-DO LISTS PREVENT US FROM JUST SLOWING DOWN AND ENJOYING OUR KIDS. PLANNING A WEEKLY FAMILY NIGHT IS AN EASY WAY TO BECOME MORE INTENTIONAL AND ENJOY MORE QUALITY TIME WITH YOUR FAMILY.

2. IT MAKES CHILDREN FEEL CONNECTED.

KIDS LOVE FAMILY NIGHT NOT ONLY BECAUSE THEY ARE FUN BUT ALSO BECAUSE IT BRINGS THEM CLOSER TO THEIR PARENTS. A FAMILY NIGHT IS A PERFECT OPPORTUNITY TO HAVE FUN TOGETHER AND CONNECT!

3. FAMILY NIGHTS WILL BECOME PRECIOUS MEMORIES.