

This Week

Sun.,	Sept. 20	Adult Discussion Group	9:30 PM
		Worship Service, Children's Church	10:45 AM
		Youth Group	7:00-8:00 PM
Mon.,	Sept. 21	Exercise Your Faith	1:30 PM
Wed.,	Sept. 23	JAM	6:15-7:45 PM
		Chancel Choir	7:00 PM

Upcoming

Sun.,	Sept. 27	Adult Discussion Group	9:30 AM
		Worship Service	10:45 AM
Mon.,	Sept. 28	Exercise Your Faith	1:30 PM
		City Workshop	6:00 PM
Tues.,	Sept. 29	Prayer Shawl @ Margo Suckow's	6:30 PM
Wed.,	Sept. 30	JAM	6:15-7:45 PM
		Chancel Choir	7:00 PM



Ways to Give to Your Church

Your gifts help to nurture children, support families, create community, and share our faith. All your gifts are greatly appreciated.

You can now give through:

- * our Van Meter UMC Venmo account (use QR code at right)
- * the Bill Pay function offered by your bank or credit union
- * in person
- * mailing a check to: Van Meter UMC / P.O. Box 149 / Van Meter, IA 50261



SUNDAY, SEPT. 20, 2026



The Grapevine is a weekly publication designed to enhance our church communications. The deadline to submit material is Wednesday at 8:00 AM. Call the office at 515.996.2572 or email your information to office@vmumc.com.

“Weathering the Storm”

Join the Van Meter community on **Friday, September 25**, to honor **Jeriann Ritter(Leary)** and support her fight against ALS. “Weathering the Storm” T-shirts can be purchased to be worn at the Varsity Football Game. **Proceeds go to The ALS Association.**



<https://www.raygunsite.com/collections/jeriann/products/weathering-the-storm>



Congratulations to the Beck
family on their new arrival.

Elizabeth Joyce Beck,
born on Sept. 14th

Youth Ministries This Fall:

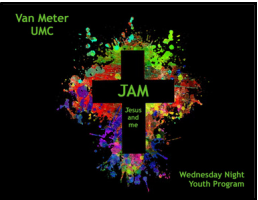
Middle School & High School
Sundays, 7-8 PM

*****No Youth Group tonight*****



JAM = Jesus And Me
TK - 5th grade
Wednesdays, 6:15-7:45

Dinner @6:15
Activities and fun learning
about the love of Jesus to follow



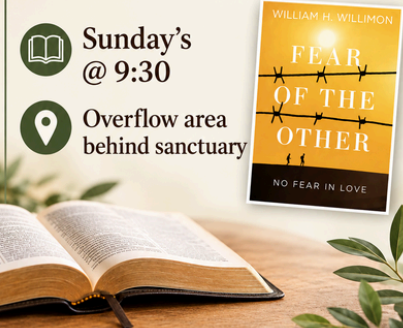
Guest Pastor Heidi Myers

Thank you, Pastor Heidi for stepping in and giving the message today and next Sunday while Pastor Cathy is away.

Glad to have you here and looking forward to hearing your message.


Thanks

Adult BIBLE Discussion Group (ADG)

 Sunday's @ 9:30
Overflow area behind sanctuary

COME JOIN US

Exercise YOUR FAITH

 MONDAYS AT 1:30 starting sept 14th IN THE OVERFLOW SPACE

All are welcome

- 30 MINUTES OF VIDEO LED, LOW IMPACT WALKING EXERCISES (NO FLOOR WORK).
- FOLLOWED BY DISCUSSIONS on healthy living.
- CLASS IS FREE, EASY TO FOLLOW & FOR ALL FITNESS LEVELS.
- Reminder to check with your doctor before starting any exercise program.

Please Pray For ...

those under medical care

Annette (Kim's friend), Tom H. & family(son of Sherry H.), Kim (Marva's friend), Todd B., Jeremiah and Jackson (Cody J's nephews), Geri R., baby Lydia (Pastor Cathy's granddaughter) and her parents Emily and Stephen, Roger C., Clark and Mary M.(Holly G's parents), Bailey B., Betty J., Kathleen G., Melvis J., Gene D., Nyla P., Keith G., Ila T.

those recovering (from illness, abuse, natural disasters, loss)

those living with challenges (immigrants, caregivers, refugees, disabled)

those in harm's way (in war zones, first responders, medical professionals, people defending civil liberties)

communities with immigrant populations

those who grieve



Light the Night

 Blood Cancers United formerly Leukemia and Lymphoma Society annual event *Light the Night.*

 Fundraiser to Support research for cancer treatments & patients families.

 **OCTOBER 3RD @ 6PM**

 Location: **DMACC campus in Ankeny**

 Visit our team page: <https://pages.ils.org/ltn/ia/DesMineL26/DansDreamTeam>

STUDENT KITS

We are continuing to collect student kits through **Sunday, Oct. 25th**. Grab your bag, follow the list below, pack the bags & leave your bag in the bin in the entry way.

Bags available in the entryway. Grab yours today, fill and return!

STUDENT KIT

- ☒ 3 notebooks - 1 subject spiral, 8" x 10½"
 - ☒ 1 ruler - 12" long with metric
 - ☒ 6 unsharpened pencils (please, no advertising)
 - ☒ 1 pencil sharpener
 - ☒ 1 eraser - 2" or larger
 - ☒ 1 box 12 colored pencils
 - ☒ 1 box 24 crayons
 - ☒ 1 pair student scissors (round tip)
- Place all items in the cloth bag.



LAITY BOOK STUDY
FIVE MARKS OF A METHODIST

 Join Rev. Melissa Drake, Director of Leadership Development and Spiritual Formation & author Steve Harper 

Oct. 12 - Nov. 16 Monday evenings, 6:30-8:00 via ZOOM.

For more information & how to register go to:

<https://www.iaumc.org/newsdetail/upcoming-laity-book-study-19976997>



Adel Good Samaritan Food Pantry Donations

Toilet paper is the personal item of the month.

Place your donations in the tub marked in the entryway.

Thanks for the donations! All donations are greatly appreciated.



Trunk or Treat, Oct. 25th

Bring your candy donations & place in the bin in the entryway. It will be here before we know it!