

<u>This Week</u>				
Sun.,	Sept. 13	Adult Discussion Group	9:30 PM	
		Worship Service, Children's Church	10:45 AM	
		Admin. Council	12:30 PM	
		Youth Group	7:00-8:00 PM	
Mon.,	Sept. 14	Exercise Your Faith	1:30 PM	
		City Council	6:30 PM	
Tues.,	Sept. 15	Kids Shopping Day Planning Mtg.	7:00- 8:00 PM	
Wed.,	Sept. 16	JAM	6:15-7:45 PM	
		Chancel Choir	7:00 PM	
Sat.,	Sept. 19	4-H	8:00 AM - 12:00 PM	
<u>Upcoming</u>				
Sun.,	Sept. 20	Adult Discussion Group	9:30 AM	
		Worship Service	10:45 AM	
		Youth Group	7:00-8:00 PM	
Mon.,	Sept. 21	Exercise Your Faith	1:30 PM	
Wed.,	Sept. 22	JAM	6:15-7:45 PM	
		Chancel Choir	7:00 PM	

Trunk or Treat, Oct. 25th

Bring your candy donations & place in the bin in the entryway. It will be here before we know it!



SUNDAY, SEPT. 13, 2026



The Grapevine is a weekly publication designed to enhance our church communications. The deadline to submit material is Wednesday at 8:00 AM. Call the office at 515.996.2572 or email your information to office@vmumc.com.



Sunday:
Adult Discussion Group, 9:30 AM
Worship Service, 10:45 AM
Youth Group, 7-8 PM

Monday:
Exercise Your Faith, 1:30 PM

Wednesday:
JAM, 6:15-7:45 PM
Chancel Choir, 7 PM

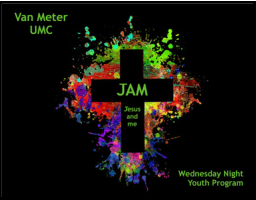
Youth Ministries This Fall:

**Middle School & High School
Sundays, 7-8 PM**



**JAM = Jesus And Me
TK - 5th grade
Wednesdays, 6:15-7:45**

Dinner @6:15
Activities and fun learning
about the love of Jesus to follow



**GO
DAWGS!!**

**Congratulations to our very own
Emma Dea on being chosen for this
year's Homecoming Court.**



“Weathering the Storm”

Join the Van Meter community on **Friday, September 25**, rain or shine, to honor **Jerianne Ritter(Leary)** and support her fight against ALS. Show your solidarity by purchasing and wearing a “Weathering the Storm” T-shirt to the Varsity Football Game.

All proceeds go to The ALS

Association. Order your shirt by Monday, September 21 at:

<https://www.raygunsite.com/collections/jerianne/products/weathering-the-storm>

Let's unite as a community, raise awareness, and make this night truly special for Jerianne.

Light the Night



Blood Cancers United
formerly Leukemia and Lymphoma Society
annual event
Light the Night.

 Fundraiser to Support research for cancer treatments & patients families.

 **OCTOBER 3RD @ 6PM**

 Location: **DMACC campus in Ankeny**

 Visit our team page:
<https://pages.ils.org/ltm/ia/DesMineL26/DansDreamTeam>

Adel Good
Samaritan Food
Pantry Donations

Toilet paper is the personal item of the month.



Place your donations in the tub marked in the entryway. Thanks for the donations! All donations are greatly appreciated.

STUDENT KITS

We are continuing to collect student kits through Sunday, Oct. 25th. Grab your bag, follow the list below, pack the bags & leave your bag in the bin in the entry way.

Bags available in the entryway. Grab yours today, fill and return!



STUDENT KIT

- ☒ 3 notebooks - 1 subject spiral, 8” x 10 1/2”
 - ☒ 1 ruler - 12” long with metric
 - ☒ 6 unsharpened pencils (please, no advertising)
 - ☒ 1 pencil sharpener
 - ☒ 1 eraser - 2” or larger
 - ☒ 1 box 12 colored pencils
 - ☒ 1 box 24 crayons
 - ☒ 1 pair student scissors (round tip)
- Place all items in the cloth bag.



Please Pray For ...



those under medical care

Annette (Kim’s friend), Tom H. & family(son of Sherry H.), Kim (Marva’s friend), Todd B., Jeremiah and Jackson (Cody J’s nephews), Geri R., baby Lydia (Pastor Cathy’s granddaughter) and her parents Emily and Stephen, Roger C., Clark and Mary M.(Holly G’s parents), Bailey B., Betty J., Kathleen G., Melvis J., Gene D., Nyla P., Keith G., Ila T.

those recovering (from illness, abuse, natural disasters, loss)

those living with challenges (immigrants, caregivers, refugees, disabled)

those in harm’s way (in war zones, first responders, medical professionals, people defending civil liberties)

communities with immigrant populations

those who grieve


ADULT Bible Discussion GROUP
(ADG)

 Starts **SEPT. 13TH**

 Sunday's **@ 9:30**

 **OVERFLOW AREA** behind sanctuary

Let's grow together in God's Word!



THIS WEEK

Exercise
YOUR FAITH



 **MONDAYS AT 1:30**
starting sept 14th
IN THE OVERFLOW SPACE

All are welcome

 **30 MINUTES** OF VIDEO LED, LOW IMPACT WALKING EXERCISES (NO FLOOR WORK).

 FOLLOWED BY DISCUSSIONS *on healthy living.*

 CLASS IS FREE, EASY TO FOLLOW & FOR ALL FITNESS LEVELS.

 Reminder to check with your doctor before starting any exercise program.

Chancel Choir rehearsals started last week on Wednesday @ 7 PM and singing for Sunday service starts Sunday, Sept. 27th.

Praise Team will be singing on the 3rd Sundays of the month(when possible) starting on Sept. 20th.

If you are interested in joining contact Mike Cooper @515-201-4200. All are welcome to help in musically uplifting our Sunday Services with their talents.

