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## Scott County Health Department

600 W. 4th Street | Davenport, IA 52801-1030 | P. 563-326-8618 | F. 563-326-8774  
health@scottcountyiowa.com | www.scottcountyiowa.com/health

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### **PRESS RELEASE - For Immediate Release**

#### **RE: First Case of COVID-19 Confirmed in Scott County Resident**

A case of novel coronavirus (COVID-19) has been confirmed in a Scott County resident who is a middle aged adult (41-60 years of age). The individual was seen in a Scott County medical clinic earlier this week and is self-isolating at home.

“While this is Scott County’s first case in a resident, it may not be the last, and that’s why we encourage all residents to continue to make prevention a priority,” said Scott County Health Department Director Edward Rivers. These actions include:

- Social distancing by staying at home as much as possible.
- Washing hands frequently with soap and water for at least 20 seconds each time.
- Covering coughs and sneezes with a tissue or elbow/upper arm.
- Staying home when ill.

Approximately 80% of Iowans infected with COVID-19, will experience only a mild to moderate illness. Most mildly ill Iowans do not need to go to their healthcare provider or be tested to confirm they have COVID-19. Sick Iowans must stay home and isolate themselves from others in their house. Stay home and isolate from others in the house until:

- You have had no fever for at least 72 hours (that is three full days of no fever without the use of medicine that reduces fevers)  
AND
- other symptoms have improved (for example, when your cough or shortness of breath have improved)  
AND
- at least 7 days have passed since your symptoms first appeared.

If you think you may need healthcare, **call first**. Your provider can assess whether you need to be seen in the office or if you can recover at home. There may also be options for you to talk to a medical provider from home using technology.

For up-to-date information on COVID-19, visit the Scott County Health Department webpage at <https://www.scottcountyiowa.com/health/covid19> or the IDPH webpage at <https://idph.iowa.gov/Emerging-Health-Issues/Novel-Coronavirus>.

No additional information regarding this case is available.

