

# Breakfast!

## French Toast

honey oat french toast, topped with granola & powdered sugar.  
served with 100% pure maple syrup \$7.50

## Quiche of the Day

your choice of quiche, served with a cup of fruit \$9.75  
(a la carte \$6)

## Ham + Cheese Croissant

served with a cup of fruit \$8.75  
(a la carte \$5)

## The Continental

croissant, brie, housemade jam & a cup of fruit \$9.50

## Granola

housemade granola served with vanilla yogurt or milk \$6.50  
(add fruit \$3)

## Fruit

seasonal fruit cup \$3.75 or bowl \$5.50

## Steel Cut Oatmeal

prepared in almond milk with your choice of toppings \$4.75  
(apples, raisins, blueberries, almonds, cinnamon or honey)

## Oatmeal

nuts & seeds, five berry or apple walnut with water \$4 or milk \$4.50