

Breakfast!

French Toast

honey oat french toast, topped with granola & powdered sugar.
served with 100% pure maple syrup \$8.50

Quiche of the Day

your choice of quiche, served with a cup of fruit \$10.75
(a la carte \$6.50)

Ham + Cheese Croissant

served with a cup of fruit \$9.75
(a la carte \$5.50)

The Continental

croissant, brie, housemade jam & a cup of fruit \$10.50

Granola

housemade granola served with vanilla yogurt or milk \$7.25
(add fruit \$3.25)

Fruit

seasonal fruit cup \$4.25 or bowl \$6

Steel Cut Oatmeal

prepared in almond milk with your choice of toppings \$5.25
(apples, raisins, blueberries, almonds, cinnamon or honey)

Oatmeal

nuts & seeds, five berry or apple walnut with water \$4 or milk \$4.75