

LEVEL 1 — Pre-Read Worksheet

Warm-Up Paragraph

Before reading, help children settle into a calm and curious space. You might say:

“Today we are going to read a story about learning something new. Sometimes trying new things feels exciting, and sometimes it feels a little wobbly. Everyone learns at their own speed, and everyone grows in their own way. As we get ready to read, think about times when you were learning something and how it felt inside.”

Pre-Reading Questions

(Choose one or two to help students ease into the story.)

1. Can you think of something you learned that took practice?
2. How did you feel when you were first learning it?
3. Who helps you when you feel unsure or nervous?
4. What do you do to help yourself feel brave?
5. What does “trying your best” mean to you?

This discussion guide is for classroom and family use.
It is meant to support reflection, conversation, and exploration.

It is not medical, psychological, or therapeutic advice.

For full context and use guidelines, see the Skip the Little Boat Discussion Levels Guide.