

Loren McK

Artist & Writer

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About

Loren McK is a freelance performer, writer and current PhD researcher based in Lewisham - South East London. Their practice is built around facilitating conversations, using their experience and knowledge of access and liberation to develop responsible creative spaces, and performing/disseminating research to active publics through LEC/DEM's and teaching.

Work & Research



Artist Archive Film Night: SDS

Nov 2025 - Jan 2026

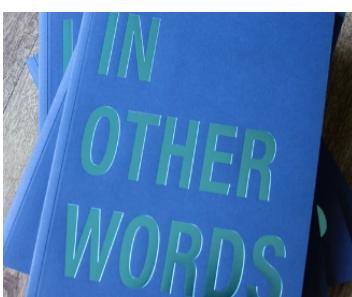
As part of my PhD research (cripping the archive - centre for dance research) I have contributed to the upcoming Artist Archive Night at Siobhan Davies Studios through planning and discussions. This event is part of their 20th anniversary celebrations and seeks to hold artists' archival footage which may otherwise be dismissed, forgotten or lost.



Cabrolé! Access Support Consultant

Sept 2025 - Nov 2025

Supporting the development of behind the scenes access offer for artists and team for Cabrolé! as part of KUNSTY festival at Southbank centre alongside developing access strategies to develop audience experiences.



In Other Words: METAL/ Commissioned Artist

June 2025 - (ongoing)

In Other Words, now in it's third series, is a collection of urgent reflections by a community of 6 commissioned artists. Artists participate in an artists congress, discussions and development of collaborative work, alongside this they are commissioned to develop their own response to discussed themes in the form of performance, writing, practice, or sculpture.



It's got legs!!!! / Studio assistant and access support

Jan 2025 - Dec 2026

Supporting the development and performances of a new whirlwind show by Samir Kennedy and Sean Murray dealing with the glamorous, filthy and pathetic. Funded by Arts Council England and supported by Menagerie de Verre with residencies taking place at Battersea Arts Centre, Wainsgate Chapel (Hebden Bridge), Queen Mary University and ICC CCN Montpelier.



The Trembling Forest / Chorus, Performer and Outside eye

April 2025 - May 2025

Created by emilyn claid, in collaboration with Martin O'Brien, The Trembling Forest draws on the spontaneous physicality of live art practices together with the scenic, choreographic structures of balletic traditions. Performing in good queer company as a trembling forest artists painted with clay crack, shiver, tremble, dance and decay.



Duckie (Homosexualist Summer School & Cabaret), Gay Shame & Dirty Thirty / Performer

June - July 2025

Beauty Contestant Miss Manor Park battles it out at Duckie's 30th Bday party and farewell to the readers wives. Alternative Pride event held at Albany Deptford. Previous mentoring by Duckie with guest workshop from Daniel Oliver. Culminating in queer cabaret performances at Duckie, Latitude Festival, The Eagle and The Glory,



Disabled People Against Cuts - Lewisham / local organiser

Ongoing

DPAC is a UK based organisation fighting against austerity, cuts and a lack of fundamental rights for disabled people. Campaigns, actions and protests are organised locally or for South East London residents. Recent action include day of action, Candoco Dance Co. protest, Piehouse fundraiser and local/national demos.



Cabrolé! The Show / Project Mentor

July 2024- Dec 2024, Stanley Arts

Supporting lead artist to plan and deliver artist development workshops, community workshops and Cabrolé: an outrageous cabaret with a flamenco twist. This role focussed on building understanding of and working toward creating environments which understand and embed access for artists and audiences.

Marina Abramović Retrospective: Royal Academy / Performer

Aug 2023- Dec 2023

Major exhibition presents key moments from Abramović's career through sculpture, video, installation and performance. Participating in preparation workshop (Cleaning The House) and performer in 3 restaged works: Imponderabilia (1977), Luminosity (1997) & Nude with Skeleton (2002).

Jay Barnard / Performer

Aug 2023- Sept 2023

Text and movement based performance with voice work and accompaniment from Musarc and Petals (P Kalule) developed to capture conversations over 7 years in a turbulent British Landscape through brexit, austerity and a pandemic.

Education

Centre for Dance Research - Coventry University / PhD student

Current (Sept 2023- Mar 2027)

London Contemporary Dance School / MA (Distinction)

Jan 2022 - Dec 2022

Trinity Laban Conservatoire / BA hons

Sept 2013- July 2016

Previous Work and Relevant Training



Performance: Since graduating from Laban in 2016 Loren has worked as a performer developing their own solo works and performed for other artists such as Marina Abramović, Jay Barnard, Natalie Mitchell (conditions), Ella&co, Sean Murray and Marina Collard. As part of their writing practice Loren has shared their writing at Deptford Literature Festival events (Deptford Lounge, Triangle Deptford, Catford Library) where group writing sessions were facilitated by Dean Atta, Carinya Sharples and other invited poets.

Loren has experience working in different contexts performing at Festivals and Art trails (Pink House, Latitude Nunhead), in Cabaret settings, in site specific work (Horniman Museums and St Olave's Church, APT Deptford), at Symposiums (Roehampton University, Courtauld Institute) and for TV/Film Conditions Queerole and BBC Proms.



Access Support and Studio assisting: Loren has provided Access support for Thick & Tight Adieu (2023), Patricia Langa for QUEEROLÉ! (2023), Candoco Dance Company (2024) and Day of Dance: Peckham (2024). This work is informed by their experience as a student adviser at Trinity Laban 2019-2023, ongoing professional development supported through Radiate at RAD and Sign Language/Deaf Awareness Courses (Teach me Sign and Deaf Umbrella). As part of their PhD Loren is also undertaking 300 hours of CPD and working to attain a fellowship in teaching higher education.



Facilitation: Loren has experience facilitating and lecturing for MA and Undergraduate students (Trinity Laban and LCDS) with a focus on archiving, lec/dems and working with materials/embodiment. As part of their facilitation practice Loren works with RADIADE (Royal Academy of Dance) in SEN settings in London Schools to deliver inclusive dance sessions to engage young people.



Mentoring: Loren regularly returns to Trinity Laban as a mentor and supervisor for students exploring collaborative projects which has been an ongoing interest since 2016 that has seen the development of multidisciplinary projects exploring copyleft, identification, silence, duration, objects of use (in collaboration with the Horniman Museum) and posing the body. This developing practice of mentoring with the goal of creating more deliberately/active inclusive spaces.