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| Autumn-Winter Menu 2025/6 | | | | | | |
|  | | Monday | Tuesday | Wednesday | Thursday | Friday |
| Week 1 | Breakfast | **A selection of cereals and fresh fruit.** | **A selection of cereals and fresh fruit.** | **A selection of cereals and fresh fruit.** | **A selection of cereals and fresh fruit.** | **A selection of cereals and fresh fruit.** |
| Snack | **Fresh fruit** | **Fresh fruit** | **Fresh fruit** | **Fresh fruit** | **Fresh fruit** |
| Lunch | **Beefy Bean or Veggie Bean Cobbler.** | **Macaroni Cheese with Green Beans.** | **Chicken or Chickpeas and Apricot Casserole.** | **Jacket potato with Cheese and Reduced Sugar and Salt Baked Beans.** | **Tuna or Mushroom Pasta Bake with sweetcorn.** |
| Pudding | **Natural yoghurt with honey.** | **Homemade Apple Crumble.** | **Homemade Jam Sponge with Fresh Custard.** | **Homemade Chocolate Shortbread.** | **Homemade Semolina.** |
| 2PM Snack  (optional) | **Fresh fruit, breadsticks, or rice cakes** | **Fresh fruit, breadsticks, or rice cakes.** | **Fresh fruit, breadsticks, or rice cakes.** | **Fresh fruit, breadsticks, or rice cakes.** | **Fresh fruit, breadsticks, or rice cakes.** |
| Tea | **Golden Vegetable Rice pot.** | **A selection of Sandwiches with Veggie Sticks.** | **Fish Fingers or Veggie fingers with Sweetcorn Wraps.** | **Chicken or Vegetable Soup with Buttered Bread Roll.** | **A selection of Sandwiches with Veggie Sticks.** |
| Week 2 | Breakfast | **A selection of Cereals and fresh fruit** | **A selection of Cereals and fresh fruit** | **A selection of Cereals and fresh fruit** | **A selection of Cereals and fresh fruit** | **A selection of Cereals and fresh fruit** |
| AM Snack | **Fresh fruit** | **Fresh fruit** | **Fresh fruit** | **Fresh fruit** | **Fresh fruit** |
| Lunch | **Vegetable Chilli Con Carne and Rice.** | **Spaghetti Bolognaise or Aubergine and Courgette Bolognaise.** | **Cheesy Fish or Spinach and mushroom Pie with Peas.** | **Chicken or Squash and Chickpea Curry with Rice.** | **Tomato and Vegetable Lentils.** |
| Pudding | **Slices of Banana with Fresh Custard.** | **Homemade Gooey Chocolate Sponge.** | **Homemade Rice Pudding.** | **Natural yoghurt with honey.** | **Homemade Cherry and Oat Cookies.** |
| 2PM Snack  (optional) | **Fresh fruit, breadsticks, or rice cakes.** | **Fresh fruit, breadsticks, or rice cakes.** | **Fresh fruit, breadsticks, or rice cakes.** | **Fresh fruit, breadsticks, or rice cakes.** | **Fresh fruit, breadsticks, or rice cakes.** |
| Tea | **A selection of Sandwiches with Veggie Sticks.** | **Vegetable Soup with a Buttered Bread Roll.** | **Reduced Sugar and Salt Baked Beans on Toast.** | **A selection of Sandwiches with Veggie Sticks.** | **Crumpets with Spaghetti Hoops.** |
| Week 3 | Breakfast | **A selection of cereals and fresh fruit** | **A selection of cereals and fresh fruit** | **A selection of cereals and fresh fruit** | **A selection of cereals and fresh fruit** | **A selection of cereals and fresh fruit** |
| AM Snack | **Fresh fruit** | **Fresh fruit** | **Fresh fruit** | **Fresh fruit** | **Fresh fruit** |
| Lunch | **Jacket potato with Cheese and Baked Beans** | **Roast Chicken or Three Bean Pattie with Roast Potatoes with Vegetables.** | **Aubergine, Courgette and Sweet Potato Dahl.** | **Tuna or Mushroom Supreme with Sweetcorn.** | **Cottage or Roasted Aubergine and Mushroom Pie with Carrots.** |
| Pudding | **Homemade Peach Crumble.** | **Natural Yoghurt with Honey.** | **Homemade Oaty Chocolate Chip Cookies.** | **Homemade Upside-Down Pineapple Sponge.** | **Homemade Lemon Cheesecake.** |
| 2PM Snack  (optional) | **Fresh fruit, breadsticks, or rice cakes.** | **Fresh fruit, breadsticks, or rice cakes.** | **Fresh fruit, breadsticks, or rice cakes.** | **Fresh fruit, breadsticks, or rice cakes.** | **Fresh fruit, breadsticks, or rice cakes.** |
| Tea | **Vegetable and Paneer Curry Pot with a Mini Naan.** | **A selection of Sandwiches with Veggie Sticks.** | **Reduced Sugar and Salt Baked Beans on Toast.** | **Mini Meatballs or Chickpeas in a Basil and Tomato Pasta Sauce.** | **Tomato Soup with a Buttered Bread Roll.** |

**All allergy and preference meals will be prepared as needed, accommodating individual children’s needs. For further allergen information please ask the Office.**