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| Spring-Summer Menu 2025 |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Week 1 | Breakfast | **A selection of cereals and fresh fruit.** | **A selection of cereals and fresh fruit.** | **A selection of cereals and fresh fruit.** | **A selection of cereals and fresh fruit.** | **A selection of cereals and fresh fruit.** |
| Snack  | **Fresh fruit** | **Fresh fruit** | **Fresh fruit** | **Fresh fruit** | **Fresh fruit** |
| Lunch | **Fish in Parsley Sauce/ or Spinach and Chickpea bites with New Potatoes, Peas and Sweetcorn**  | **Macaroni and Cauliflower Cheese** | **Carrot and Squash Risotto** | **Aubergine, Courgette and Sweet Potato Dahl with Rice** | **Roast Chicken or Chickpea Pattie and New Potatoes with Broccoli**  |
| Pudding | **Blueberry Sponge** | **Jelly and Ice-Cream** | **Choc-Banana bites** | **Natural yoghurt with honey** | **Angel Delight** |
| 2PM Snack(optional)  | **Fresh fruit, breadsticks, or rice cakes** | **Fresh fruit, breadsticks, or rice cakes.** | **Fresh fruit, breadsticks, or rice cakes.** | **Fresh fruit, breadsticks, or rice cakes.** | **Fresh fruit, breadsticks, or rice cakes.** |
| Tea | **Tomato and Beans Pasta Pot** | **A selection of Sandwiches with Cucumber Sticks & Apple Slices** | **Mini Cheese and Onion Quiches or Vegetable Fingers with baked Beans (reduced sugar and salt)** | **Cod Fish Cakes or Cauliflower and Cheese Cakes with Peas and Sweetcorn** | **A selection of Sandwiches with Pineapple and Cheese Cubes**  |
| Week 2 | Breakfast | **A selection of Cereals and fresh fruit** | **A selection of Cereals and fresh fruit** | **A selection of Cereals and fresh fruit** | **A selection of Cereals and fresh fruit** | **A selection of Cereals and fresh fruit** |
| AM Snack | **Fresh fruit** | **Fresh fruit** | **Fresh fruit** | **Fresh fruit** | **Fresh fruit** |
| Lunch | **Jacket Potatoes with Three-Beans and Cheese** | **Roasted Aubergine and Courgette Bolognaise with Spaghetti** | **Roast Chicken/ or Omelette or Chickpea and Spinach Bites with New Potatoes and Broccoli** | **Salmon Spinach Risotto or Chickpeas and Spinach Risotto** | **Cheese and Broccoli Pasta** |
| Pudding | **Strawberries and Cream** | **Choco Krispie cakes** | **Frozen Yoghurt & Fruit Bark** | **Lemon drizzle cake** | **Sugar Free Jelly** |
| 2PM Snack(optional) | **Fresh fruit, breadsticks, or rice cakes.** | **Fresh fruit, breadsticks, or rice cakes.** | **Fresh fruit, breadsticks, or rice cakes.** | **Fresh fruit, breadsticks, or rice cakes.** | **Fresh fruit, breadsticks, or rice cakes.** |
| Tea | **A selection of Sandwiches with Cucumber Sticks & Apple Slices** | **Scrambled Egg or Baked Beans with Buttered Toasted Muffins.**  | **Homemade Pizza’s with a Varity of Toppings** | **A selection of Sandwiches with Pineapple and Cheese Cubes** | **Fish or Vegetable Fingers with Baked Beans (reduced sugar and salt)** |
| Week 3 | Breakfast  | **A selection of cereals and fresh fruit** | **A selection of cereals and fresh fruit** | **A selection of cereals and fresh fruit** | **A selection of cereals and fresh fruit** | **A selection of cereals and fresh fruit** |
| AM Snack | **Fresh fruit** | **Fresh fruit** | **Fresh fruit** | **Fresh fruit** | **Fresh fruit** |
| Lunch | **Turkey Mince or Aubergine and Courgette Bolognese with Pasta.** | **Chicken or Squash & Chickpea Curry with rice**  | **Jacket potato with cheese and beans (reduced sugar and salt)** | **Tuna or Mushroom Supreme with Sweetcorn** | **Roasted Vegetables Lasagne**  |
| Pudding | **Berries Oaty Tray Bake** | **Frozen Yoghurt & Fruit Bark** | **Banana smoothies**  | **White Chocolate and Cherry Shortbread** | **Strawberries and Cream** |
| 2PM Snack(optional) | **Fresh fruit, breadsticks, or rice cakes.** | **Fresh fruit, breadsticks, or rice cakes.** | **Fresh fruit, breadsticks, or rice cakes.** | **Fresh fruit, breadsticks, or rice cakes.** | **Fresh fruit, breadsticks, or rice cakes.** |
| Tea | **Cheese, Tomato and Mushroom Omelette or Cauliflower and Cheese Bake with Baked Beans (reduced sugar and salt)** | **A selection of Sandwiches with Cucumber Sticks & Apple Slices** | **Courgettes, Squash and Red Pepper Pasta Pot** | **Beef Meatballs or Vegetable Balls with Garlic Bread Slices** | **Homemade Pork or Cheese and Onion Sausage Rolls with Beans (reduced sugar and salt)** |

**All dietary needs will be prepared as needed, accommodating individual children’s needs. For further allergen information please ask the Office.**