

## Facing our Fears Booklist (Full List)

### Nonfiction

Angelou	<i>Life Doesn't Frighten Me</i>	J811.54 ANG
De Paola	<i>I'm Still Scared</i>	J813.54 DEP
Huebner	<i>What to do when you worry too much?: a kid's guide to overcoming anxiety</i>	J155.4 HUE
Poole	<i>Separation Anxiety</i>	J155.4 POO
Poole	<i>Anxiety and Fears in Daily Life</i>	J155.4 POO
Poole	<i>Family Fears</i>	J618.92 POO
Poole	<i>School Fears</i>	J370.15 POO
Thomas	<i>I miss you: a first look at death</i>	J155.9 THO
Wilhelm	<i>I'll always love you</i>	J236.1 WIL

### Picture Books

Cook	<i>Wilma Jean the worry machine</i>	JP COO
Crimi	<i>There might be lobsters</i>	JP CRI
DePaola	<i>Nana upstairs and Nana downstairs</i>	JP DEP
Dewdney	<i>Llama llama misses mama</i>	JP DEW
Doerrfield	<i>The rabbit listened</i>	JP DOE
Ehrlich	<i>Twindergarten</i>	JP HER
Falatko	<i>Two dogs and a trench coat go to school</i>	JP FAL
Henkes	<i>Wemberly worried</i>	JP HEN
Hest	<i>My old pal Oscar</i>	JP HES
Karst	<i>The invisible string</i>	JP KAR
Mallery	<i>A Most Unusual Day</i>	JP MAL
McCully	<i>Mirette on the high wire</i>	JPMCC
Ornstein	<i>The Kindergarten bus</i>	JP ORN
Pett	<i>The girl who never made mistakes</i>	JP PET
Silver	<i>Mindful Bea and the worry tree</i>	JP SIL
Spelman	<i>When I feel worried</i>	JP SPE
Verburg	<i>The kiss box</i>	JP VER
Verde	<i>I am peace: a book of mindfulness</i>	JP VER

### Chapter Books

Barber	<i>Red Zone</i>	JF BAR
Branford	<i>Violet Mackerel's possible friend</i>	JF BRA
Cooper	<i>Look at Lucy</i>	JF COO
Jones	<i>Dancer the wild pony</i>	JF JON
Kinsella	<i>Finding Audrey</i>	YA KIN
Maddox	<i>Pool Panic</i>	JF MAD
Maddox	<i>Soccer shake-up</i>	JF MAD
Schumacher	<i>The black box</i>	YA SCH
Tripp	<i>Sunlight and Shadows: a Josefina classic</i>	JF AME

### YA Books

Kinsella	<i>Finding Audrey</i>	YA KIN
Schumacher	<i>The black box</i>	YA SCH
Ford	<i>What must you think of me: a firsthand account of one teenager's experience with a social anxiety disorder</i>	YA616.8522 FOR