

# IN-HOUSE TRAINING

from **ATTAVITA**



**YOUR TEAM IS READY TO TAKE THEIR PUBLIC SPEAKING SKILLS TO A HIGHER LEVEL. OUR PROGRAMS WILL HELP THEM GET THERE.**



## **GINA SAUER, J.D.**

FOUNDER + PRINCIPAL CONSULTANT of ATTAVITA

Drawing upon her background as both a lawyer AND professional actor, Gina has developed a unique + practical approach to helping business professionals elevate their presentation skills. An experienced and engaging speaker, she has presented before professional associations, higher ed institutions, and firms in Minnesota and across the country.

*Contact us* FOR CUSTOMIZED WORKSHOPS AND ONE-ON-ONE COACHING, OR CHOOSE OUR FUNDAMENTAL “LUNCH + LEARN” PROGRAM:



### **PUBLIC SPEAKING FOR BUSINESS PROFESSIONALS: TIPS + TECHNIQUES FROM THE THEATER**

This fast-paced presentation borrows methods used by actors and applies them to the business world, with tips + techniques your team can use whether they're making a pitch to a client, speaking before a board of directors, leading an internal meeting, or presenting at a professional conference.

Adaptable to fit a 60 or 90-minute format, with topics that include:

- Physical Presence
- Vocal Technique
- Crafting + Organizing Content
- Assessing Your Audience
- Eliminating Distractions
- Managing Q & A
- Integrating Media
- Overcoming Speaker Anxiety
- Adapting to Virtual Audience

*Career Coaching + Talent Strategies*

Gina@AttavitaCareer.com | 612.701.4462 | AttavitaCareer.com/Speaker-Training