



# 2025-2026

## Class Schedule

|      | Monday                                           | Tuesday                                             | Wednesday                                             | Thursday                                             | Friday                                             | Saturday                                           | Sunday                                |
|------|--------------------------------------------------|-----------------------------------------------------|-------------------------------------------------------|------------------------------------------------------|----------------------------------------------------|----------------------------------------------------|---------------------------------------|
| 8am  |                                                  |                                                     |                                                       |                                                      |                                                    |                                                    |                                       |
| 9am  |                                                  |                                                     |                                                       |                                                      |                                                    |                                                    | Sunday Morning Kids Class             |
| 10am | Monday Morning Adult Class<br><b>Sam Hostert</b> | Tuesday Morning Adult Class<br><b>Claire Willis</b> | Wednesday Morning Adult Class<br><b>Claire Willis</b> | Thursday Morning Adult Class<br><b>Claire Willis</b> | Friday Morning Adult Class<br><b>Claire Willis</b> | Saturday Morning Adult Class<br><b>Ceci Aviles</b> | <b>Tamar Wolf</b><br>(9:30 – 11am)    |
| 11am | (10am – 12noon)                                  | (10am – 12noon)                                     | (10am – 12noon)                                       | (10am – 12noon)                                      | (10am – 12noon)                                    | (10am – 12noon)                                    |                                       |
| 12pm |                                                  |                                                     |                                                       |                                                      |                                                    |                                                    |                                       |
|      |                                                  |                                                     |                                                       |                                                      |                                                    |                                                    |                                       |
| 1pm  |                                                  |                                                     | Wednesday Afternoon Adult Class                       | Thursday Afternoon Adult Class                       | Friday Afternoon Adult Class                       |                                                    | Drop In Classes                       |
| 2pm  |                                                  |                                                     | <b>David Harsthorne</b>                               | <b>David Harsthorne</b>                              | <b>Ana Spencer</b>                                 |                                                    | <b>Workshops</b>                      |
| 3pm  |                                                  |                                                     | (1pm – 3pm)                                           | (1pm – 3pm)                                          | (1pm – 3pm)                                        |                                                    | <b>Charli Bardwell</b><br>Time Varies |
|      |                                                  |                                                     |                                                       |                                                      |                                                    |                                                    |                                       |
| 4pm  |                                                  |                                                     |                                                       | Thursday 11+ Kids Class                              | Friday 11+ Kids Class                              |                                                    |                                       |
| 5pm  |                                                  |                                                     |                                                       | <b>Natalie Steinmetz</b>                             | <b>Ana Spencer</b>                                 |                                                    |                                       |
| 6pm  |                                                  |                                                     |                                                       | (4pm – 6pm)                                          | (4pm – 6pm)                                        |                                                    |                                       |
|      |                                                  |                                                     |                                                       |                                                      |                                                    |                                                    |                                       |
| 7pm  | Monday Evening Adult Class                       | Tuesday Evening Adult Class                         | Wednesday Evening Class                               | Thursday Evening Adult Class                         |                                                    |                                                    |                                       |
| 8pm  | <b>Claire Willis</b>                             | <b>Natalie Poklop</b>                               | <b>Charli Bardwell</b>                                | <b>Natalie Steinmetz</b>                             |                                                    |                                                    |                                       |
| 9pm  | (7pm – 9pm)                                      | (7pm – 9pm)                                         | (7pm – 9pm)                                           | (7pm – 9pm)                                          |                                                    |                                                    |                                       |