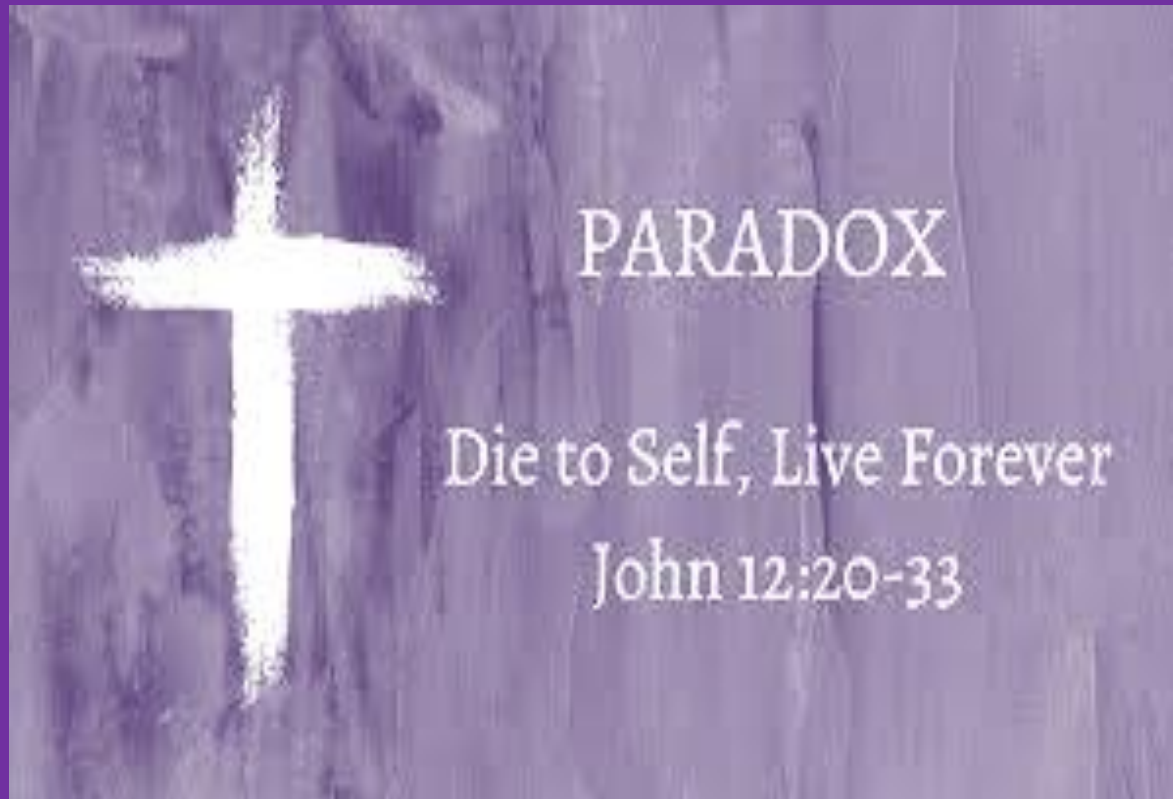


# Grace Trinity Catholic Church

*Fifth Sunday of Lent 2024*

*March 17, 2024*



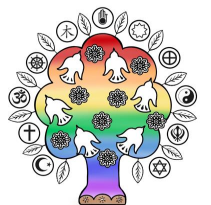
## *Today's Readings:*

*Jeremiah 31:31-34*

*Psalm 51:3-15*

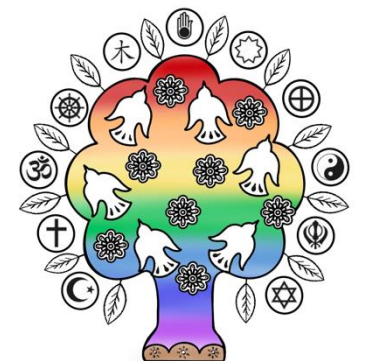
*Hebrews 5:7-9*

*John 12:20-33*



Grace Trinity Catholic Church grew out of a vision to provide spiritual services to people everywhere. Grace Trinity is committed to following the traditions of the early church, meeting in small groups and homes while embracing our modern technology. We are dedicated to carrying Jesus's message of love and justice. Grace Trinity is representative of a non-Vatican Catholic Movement as a sacramental and liturgical church.

Everyone is welcome and included here, regardless of religion, gender, marital status, sexual orientation, or gender identity. You are greeted and embraced here, whomever you are. And wherever you are on your spiritual journey.



■ Grace Trinity Catholic Church strives to provide a safe environment, spreading love, joy, and unity for everyone.

You are invited to join us each Sunday at 10:00 am PDT.  
We are on Zoom.

Meeting number 860-7358-7940

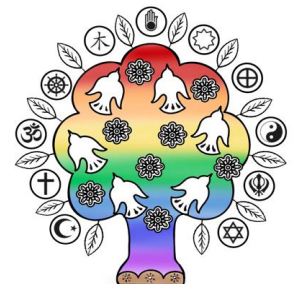
Password: Allwelcome

Our Pastor is Rev. Elizabeth English, OSB

GraceTrinityOSB@gmail.com

She can be reached at 916 502-6773

GraceTrinityCatholicChurch.com



# Communion

Grace Trinity Catholic Church welcomes **everyone** to the Lord's table. We invite each of you here today to receive Communion.

Today I will be Consecrating bread and wine or grape juice, on the altar. Each of you is invited to have your bread and juice/wine set out before you to be Consecrated.

God Delights and Blesses you.





**IN THESE  
DAYS OF  
LENTEN  
JOURNEY**



Presented by  
**St Mary's Music Ministry**

## Greeting

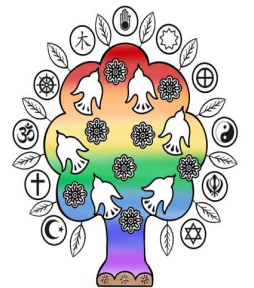
In the name of our God who is ✝ Creator, Redeemer,  
and Spirit. *R: Amen*

Let the heavens rejoice and earth be glad.  
May the God who created the world and fills it with  
love be with you all.

*R: And also with you.*

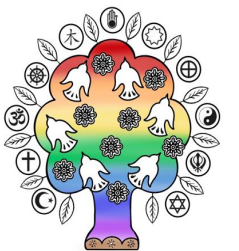
For whom and for what shall we offer this Mass?

Let us remember these petitions as we pray our mass.



## Introduction

It is not reasonable to look for pain and suffering. Yet, we know that in life, there are certain pains we have to accept in line with our tasks in life – a woman has to pass through birth pangs to bring a child into the world; parents sacrifice themselves for their children; nurses dedicate themselves to lighten the pains of the sick. Yes, the seed has to die in the furrows to give life to a new plant. Today, Jesus invites us to follow him in accepting the pain and efforts needed to carry out our tasks in life.



## Our Call to be Oriented Towards God with Gratitude

Eucharist means thanksgiving or grateful. Dear Family, as we begin this Eucharist, let us give thanks for the people and occurrences in our lives for which we are grateful. (*Intentions may be spoken aloud or offered in the silence of your heart*).

***R: Thanks be to God***

Mighty God, Father of all, Compassionate God, Mother of all, bless every person we have met, every face we have seen, every voice we have heard, especially those most dear to us; bless every city, town, and street that we have known, bless every sight we have seen, every sound we have heard, every object we have touched.

Thank you for the world. All: Amen

(Adapted from God Bless the World by John J. Morris, S.J)

***R: Amen***



*Together, let us pray: God of all, through your loving kindness, which we experience through nature and others, may we be made new and alive. Grant us peace with you and with each other. Perfect our faithfulness and love and strengthen us with hopeful joy. Renew us in the commitment we made at baptism, refresh us with the winds of your Spirit, and sustain us with the bread of life.*

*R: Amen*

## Opening Prayer

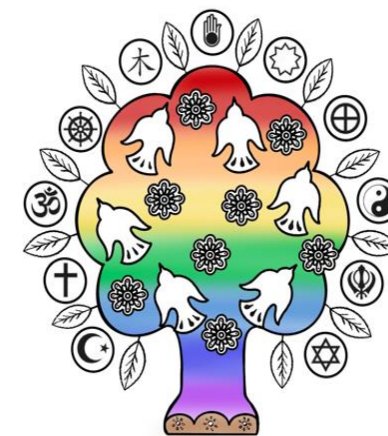
Let us pray..(pause)

Loving and gracious God, you loved the world so much that you gave us Jesus, your Son. May this gift always remind us that you are with us in days of trouble and pain. May we look up to him and learn from him to open our hands and hearts to each other and to offer our gifts to your world. We ask this through the One who gave his life for us, Jesus, our Lord forever.

***R/ Amen.***



# Liturgy of the Word



## *First Reading*

### *A Reading from the Book of the Prophet Jeremiah 31:31-34*

Behold the days are coming, says our God, when I will make a new covenant with the house of Israel and the house of Judah, not like the covenant which I made with their ancestors when I took them by the hand to bring them out of the land of Egypt, my covenant which they broke, though I had espoused them says our God.

But this is the covenant I will make with the house of Israel after those days: I will be their God, and they shall be my people. No longer shall they teach their neighbors or their kindred, saying, “Know your God,” for they shall all know me, from the least of them to the greatest; for I will forgive their iniquity, and I will remember their sin no more, says our God.

Hear what the Spirit is saying to us, God’s People.

***R: Thanks be to God!***

## Responsorial Psalm: Psalm 51





Responsorial Psalm: *Psalm 51:3-4, 12-15*

Lord, you have the words of everlasting life.

***R: Lord, you have the words of everlasting life.***

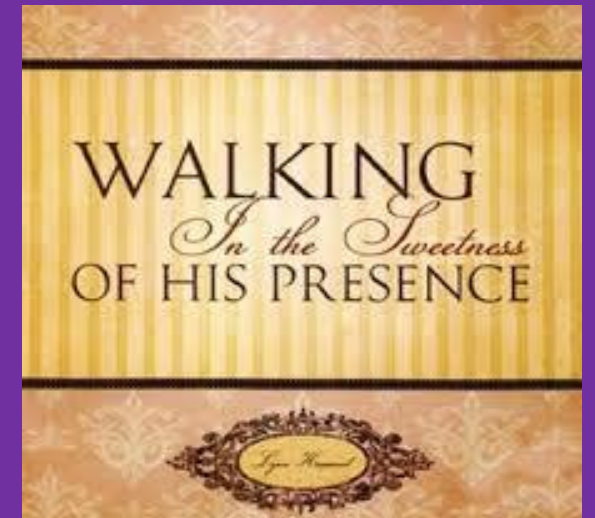
The decree of the Lord is perfect, refreshing the soul;  
The decree of the Lord is trustworthy, giving wisdom to the simple.

***R: Lord, you have the words of everlasting life.***

The precepts of the Lord are right, rejoicing the heart;  
The command of the Lord is clear, enlightening the eye.

***R: Lord, you have the words of everlasting life.***

***(Reading continued on next slide.)***



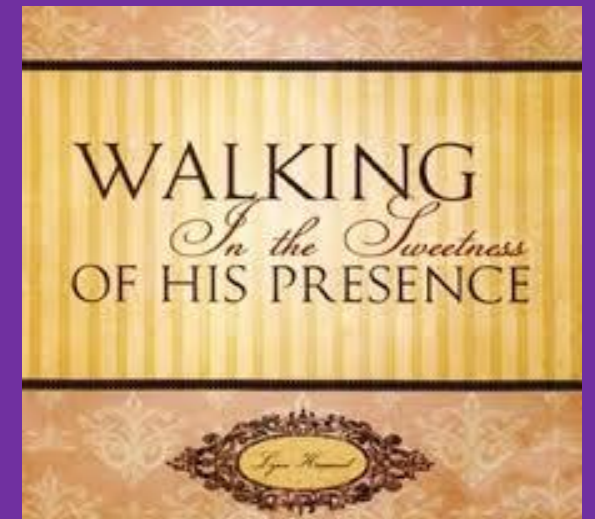
The respect of the Lord is pure, enduring forever,  
and the ordinances of the Lord are true, all of them just.

**R:/ Lord, you have the words of everlasting life.**

They are more precious than gold, than a heap of purest  
gold;

Sweeter also than syrup or honey from the comb.

***R:/ Lord, you have the words of everlasting life.***



## Second Reading A reading from the Letter to the Hebrews 5:7-9

When Jesus still lived among us, he offered up prayers and supplications, with loud cries and tears, to God who was able to save him from death, and he was heard because of his reverence. Although he was a son of God, he learned obedience through what he suffered; and being made perfect he became the source of eternal salvation to all who obey him.


Hear what the Spirit is saying to us God's People

***R. Thanks be to God***




# LENTEN GOSPEL ACCLAMATION

*Mass of Renewal*  
Curtis Stephan



Glo-ry to you, O Word of God, Lord Je - sus Christ!  
*Glo-ry to you, Lord Je - sus Christ, Son of the liv - ing God!*



Glo-ry to you, O Word of God, Lord Je - sus Christ!  
*Glo-ry to you, Lord Je - sus Christ, Son of the liv - ing God!*

One does not live on bread alone, but on every word that comes forth from the mouth of God. *♪ Glory to you...*

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# Gospel

The Lord is with you

***R: And also with you.***

✠ A reading from the Holy Gospel according to John 12:20-33

***R. Glory to you, Lord***





Now, among those who went up to worship at the festival were some Greeks. They came to Philip, who was from Bethsaida in Galilee, and said to him, “Sir, we wish to see Jesus.” Philip went and told Andrew; then Andrew and Philip went and told Jesus. Jesus answered them, “The hour has come for the Son of Man to be glorified. Truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a alone; but if it dies, it bears much fruit. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. “Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honor.

(Reading continued on next slide.)







*Homily*

*Rev. Mother Elizabeth, OSB*

**Walking Humbly With  
Jesus Through Lent**

**Some Greeks Wish to See  
Jesus**

# Homily

## A New Covenant

As always, Good Morning and Welcome to the Fifth Sunday of Lent. Next Sunday we begin another Journey. First, Palm Sunday then Easter Sunday. Before we close out the contemplative period of Lent, we get to reacquaint ourselves with one of the great Prophets of Hebrew Scripture, Jeremiah. Jeremiah's life as a prophet and leader began when he was only 13. Close to the same time in Jesus's life when at 12 years old, He began His public life. Jeremiah spent a lifetime of trials, teaching, journeying, and yes, being murdered. He walked in the Footsteps of Christ 500 years before Jesus was born. The great oracle of Jeremiah announcing the New Covenant is sometimes referred to as "The Gospel before the Gospel."

The Second Reading today from the Book of Hebrews was written. Yes, that is the end of the sentence. It WAS written, but, in reality, no one knows who wrote it. Paul is often given credit but, it lines up more with Luke. Whoever wrote it was clearly a Hebrew Scripture scholar and a follower of Jesus. He felt the Passion, Suffering and Lament from Jesus's crying like he was standing next to Him.

John's Gospel today, as usual, has many players in a familiar story to us, but just so we take time to consider Bethsaida. It was a great fishing lake where many people gathered not only to fish but also to receive healing. We carry that name to hospitals worldwide. In the Gospel, Jesus is once again telling a story. This time about Falling Seeds. In order to fulfill its circle of life a seed must first fall on soil, die, and rise as the fullness of life as a wondrous creation. Jesus was not talking about starting a garden or talking about Johnny Appleseed, He was talking about Himself. Christ must die, Christ must be buried, and Christ will rise again. How can I take anything from this story? Am I supposed to die, get buried and rise again? Well, yes. But in a spiritual way.

I must die to Christ. How??? By being willing to take my faith seriously. To really follow Jesus as best I can. Bury??? Yes, be willing to place all of me in the hands of God. That takes Trust. Bury my ego into the Trustful hands of God.

And Rise??? Yes, each and every day, embrace the Faith, Trust, and Hope that has been so freely given to me that I am confident that I, like the ancient followers of Jesus, continue to Walk with Jesus the Christ now and forever. God Bless.

Amen.

3-17-24



# Affirmation of Faith

by Sister Joan Chittister, OSB; edited version

Children of God, we remember in a special way the faith we share, passed on to us at Baptism and expressed in our life together. Let us affirm that faith now.

*All: We believe in God, who made us all and whose divinity infuses life with the sacred.*

*We believe in the multiple revelations of God, alive in every human heart, expressed in every culture, found in all the wisdom of the world.*

(Reading continued on next slide.)

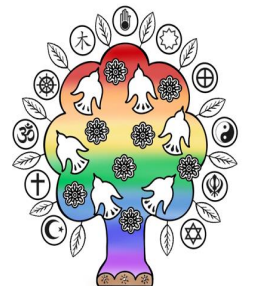


*We believe in Jesus the Christ, who leads us to the fullness of humanity, to what we are meant to become.*

*We believe in the Holy Spirit, the breath of God on earth, who keeps the Christ vision present to souls yet in darkness, gives life to hearts now blind, infuses energy into spirits yet weary, isolated, searching and confused.*

*We believe in God who is life.*

*This is our faith. This is the faith of the church.  
We are proud to profess it, in Christ Jesus our Savior.  
Amen.*



## Prayers of the People

It is the privilege and the duty of all believers to pray for the needs of others. Confident that God hears our prayers, let us pray. ***R: Hear our prayer.***

We pray for peace in the world. We pray for people everywhere who die by violence. We pray for those who die at the hands of another ... we pray, ***R: Hear our prayer.***

We pray for the healing of society's ills: for solutions to problems in health care, education, the media, and political life; for an economy built on justice; for a society that encourages the thriving of all peoples ... we pray, ***R: Hear our prayer.***

We pray for those throughout the world who are suffering and are without the means to ease their pain: for those without access to nourishing food, clean water, needed medication , and adequate health care ... we pray, ***R: Hear our prayer.***

(Reading continued on next slide.)



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(Reading continued on next slide.)



For our families, those we love, and the intentions we now bring before you in the silence of our hearts, . . . . . we pray:

***R: Hear our prayer.***

Loving God, hear the prayers of your people as we continue this holy season of Lent. Calm our minds and enlighten our hearts so that we might more clearly hear your call and better know your will for us.

We pray in Jesus' name. **R: Amen.**

## Sign of God's Peace

Jesus called us to be at peace with one another, to be of one mind and heart.

*Not an easy peace, not an insignificant peace, not a halfhearted peace, but the peace of Jesus Christ, is with us now.*

The peace of the Lord is always with you.

***R: And also with you.***

Let us share that peace with one another.





Liturgy of the  
Eucharist



# Liturgy of the Eucharist



## *Sharing the Eucharist*

*Grace Trinity Catholic Church  
welcomes everyone to the Lord's table.  
We invite each of you here today to  
receive Communion.*

*Our Celebrant will be Consecrating  
bread and wine or grape juice on the  
altar. Each of you is invited to have  
your bread and juice/wine set out  
before you to be Consecrated.*

*God Delights in and Blesses you.*

Together, let us offer these gifts:

*All: Blessed are You, God of all creation. Through Your love we have this bread to share, which earth has given and human hands have made. It will become the bread of life. Blessed be God forever.*

By the mystery of this water and fruit of the vine, may we come to share in the divinity of Christ, who shares in our humanity.

*All: Blessed are you, God of all creation. Through Your love we have this wine to share, the fruit of the vine, and the work of human hands. It will become the blood of Christ. Blessed be God forever.*

As we break this bread and share this cup, we remember those who share this journey with us. With those who drum the song of the earth and those who dance the wisdom of women, with those who travel the way of the Hindus, those who follow the path of the Buddha, the children of Islam, the Jewish people from whom we come, with Christians everywhere and all others who walk a spiritual path.

*May God accept this sacrifice at our hands, for the praise and glory of God's name, for our good and the good of all God's people.*

### *Prayer over the Gifts*

Made one with Him, and thus one with each other, we lay before you these gifts of bread and wine as a sign of our sacrifice of praise and thanksgiving, for here we present to you ourselves, our bodies, minds and spirits. May this be the sacrifice we offer you through Jesus Christ our Lord.

***R: Amen***



## Preface

The Lord be with you.

***R: And also with you.***

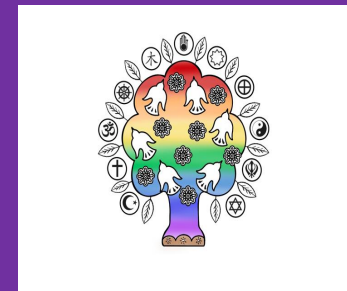
Lift up your hearts.

***R: We lift them up to the Creator.***

Let us give thanks to our Loving God.

***R: It is right to give God thanks and praise.***

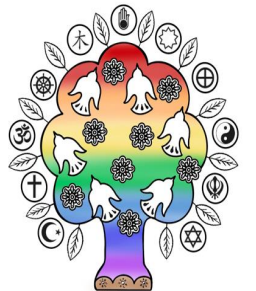
It is indeed right to give you our thanks and praise, O God, for you put your saving word on our lips and in our hearts and strengthen us to endure times of trial. You created the world in all its glory and called forth crops from the ground. When your people were oppressed and enslaved, you reached out your hand to save them, and gave them a land flowing with milk and honey.





You sent Your son, Jesus, as the first fruits of a harvest of truth. He stood firm against temptation, trusting instead in Your saving word, and offering His worship and service to you alone. Though He gave Himself up for us and was killed, you raised Him from the dead and now He saves all who seek refuge in you, and prepares all Your children for rebirth into life with you.

Together we are gathered here at Your table, and with all creation, we offer praise for Your unending love as we say: ***Holy, holy, holy, God of power and might, heaven and earth are full of Your glory. Hosanna in the highest. Blessed are they who come in the name of Yahweh. Hosanna in the highest.***



## *Eucharistic Prayer*

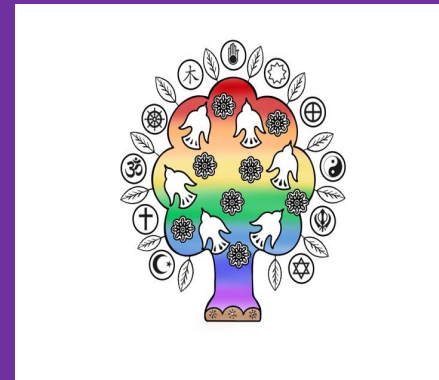
Source of All Being, send your Holy Spirit upon these gifts.  
Let them become for us the ✝ Body and Blood of your Son,  
Jesus the Christ.

Gracious God, creator of the universe and giver of life, you  
formed us in your own image and called us to dwell in your  
infinite love.

***All: You gave the world into our care that we might be your  
faithful stewards and show forth your bountiful grace.***

You never ceased to care for us and prepared the way of salvation for all people. Through Abraham and Sarah, you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family and dwelling among us, he revealed your glory.

***All: Giving himself freely to death on the cross so that we might know the depths of your love for us, he opened the way to freedom and life.***



God of all, on the night before he died, Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends, and said:

***All: Take this, all of you, and eat it: this is my body, which will be given up for you.***

As supper was ending, he took the cup, gave thanks to you, gave it to his friends, and said:

***All: Take this, all of you, and drink from it: this is the cup of my blood, the blood of the new and everlasting covenant. It will be shed for you and for all so that sins may be forgiven. Do this in memory of me.***





Gathered together as Children of God, we pray as Jesus taught us:

*All: Our Father/Mother in heaven, hallowed be Your name, Your kingdom come, Your will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. Do not let us fall into temptation, but deliver us from evil.*

Deliver us, O God, from every evil and grant us peace in our days, that with the help of Your grace, we may always be free in Your love and protected from all anxiety as we wait in joyful hope for the coming of our Savior, Jesus Christ, now and forever. *Amen*



## Breaking of the Bread

May this mingling of the body and blood of Jesus the Christ bring eternal life to us who receive this Gift.

*R: We, being many, are one body, for we all share in the one bread and in the one cup.*

The Gifts of God for the People of God. This is Jesus, our God-with-us. Happy are we to be called to share His table and to bring His light to all.

*R: Through Your Grace, we are worthy to receive you. May we receive this gift in the purity of heart. May it bring us healing and strength now and forever.*



Communion Is Shared



*Song on next slide.*

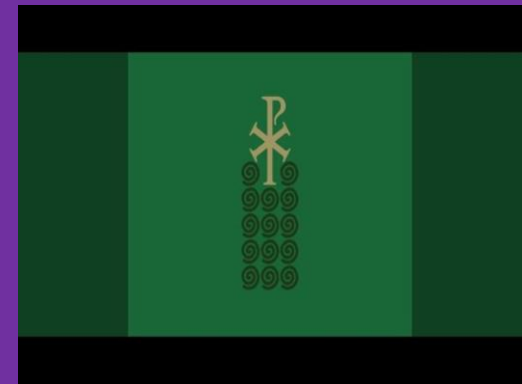
♪ There Is a Longing by Anne Quigley ♪

THERE IS A LONGING IN OUR HEARTS, O LORD,  
FOR YOU TO REVEAL YOURSELF TO US.

THERE IS A LONGING IN OUR HEARTS FOR LOVE  
WE ONLY FIND IN YOU, OUR GOD.

1. For justice, for freedom, for mercy: hear our prayer.  
In sorrow, in grief: be near, hear our prayer, O God.

2. For wisdom, for courage, for comfort: hear our  
prayer. In weakness, in fear: be near, hear our prayer, O  
God.

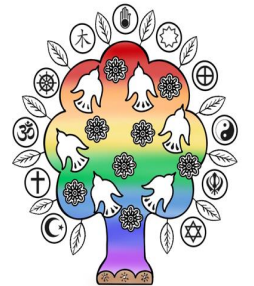


# Prayer after Communion

Children of God, let us pray.

Loving God, in this Eucharistic celebration, you have given us the word and body of your Son to make us a community of love and service. May He be our strength to liberate those who suffer from exploitation and fear, that we may all be free in Jesus the Christ, your Son and our Lord for ever.

***R: Amen***







## *Final Blessing*

The Lord is with you.

***R: And also, with you***

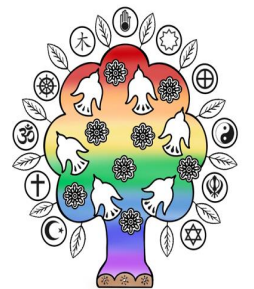
May God guard you wherever you go. ***R: Amen***

May Christ Jesus be your refuge and strength. ***R: Amen***

May the Holy Spirit lead you and put God's Word on your lips and in your hearts. ***R: Amen***

And may the blessing of our loving God: ✚ Father/Mother, Son, and Holy Spirit, come upon you and remain with you forever.

***R: Amen***





**What Does the Lord Require of You**  
*Voices United 701*



## Sending Forth

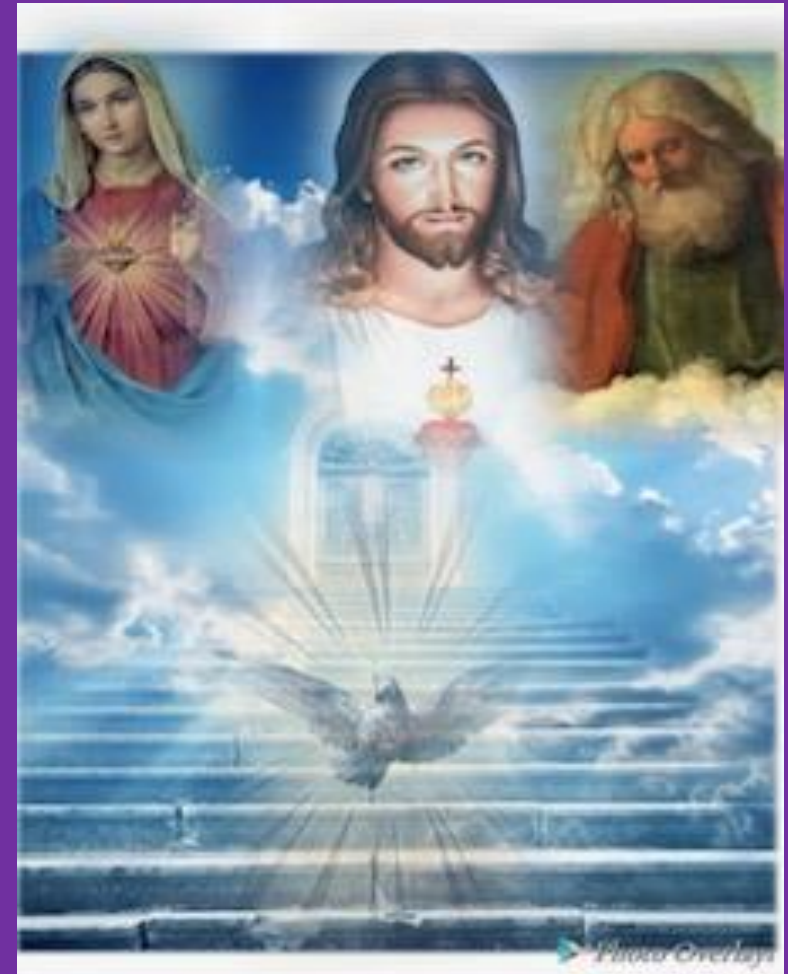
The Mass is ended.

Go now, proclaiming Christ in word and deed.

Stand firm in the time of trial;

Tell the story of God's goodness, and trust in God  
whose saving word is always with you.

***R: Thanks be to God***





Thank you for his designed picture to Carl White

Scriptural References Excerpts From:

HarperCollins Study Bible

Harold W. Attridge & Society of Biblical Literature

<https://books.apple.com/us/book/harpercollins-study-bible/id1099834260>

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And

Priests for Equality. *The Inclusive Bible: The First Egalitarian Translation*.  
Lanham, MD: Rowman and Littlefield Publishers, Inc., 2007.

Special Thank You to Eileen Boyd

**Special Thank You for the edited content from:**

Sister Joan Chittister, OSB

Good Shepherd Independent Catholic Church

St. Michael's Independent Catholic Church

