

Step-by-Step Guide to RTM

Remote Therapeutic Monitoring (RTM) is a simple way to improve patient outcomes while generating new income for your practice.

Educate

Identify a patient that could benefit from RTM and inform them of the process.

*Patients should have MSK or Resp condition and an active plan of care.

Start a Plan

Create a patient profile in the Relay App and ensure a 30-day monitoring plan is live.

Collect Data

Patients receive one SMS check-in per day to track symptoms and adherence.

Review Data

In the app, monitor trends, identify issues, and adjust care plans as needed.

Log Review

In the app, document time spent reviewing patient data.

Completion

Monitoring plans automatically end after 30-days. Billing reports are created monthly

Medicare pays ~\$150/patient each month for these actions!