# Texas AHF Chapter Meeting

## November 6, 2026

**Chrane Foodservice Solutions, 9155 Sterling Street Suite 140, Irving, Tx 75063**

## Today's Agenda:

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| 8:00 – 8:25 | Registration, Breakfast, and Networking |
| 8:25 | Welcome Chapter/National Announcements<br>Introduction of First Speaker |
| 8:30 – 9:30 | "Re-recruit your current employees"<br>Speaker: Mark Mitford, Managing Director HR Catalyst Consulting |
| 9:30 – 10:30 | "Why Nutrition Matters More on GLP-1 Medications After Age 65"<br>Speaker: Joyce Lamilla, M.Ed, RD, LD, FAND |
| 10:30 – 12:00 | Vendor Fair Instructions/Vendor Fair |
| 12:00 – 12:45 | Lunch |
| 12:45 – 1:45 | "The Next Course Wellness"<br>Speaker: Carrie Serrano |
| 1:45 | Wrap up, Meeting Survey, Raffle Drawing and Certificate Pickup |

**Lunch will be served, vendor show, plus 4.5 CEU's pending approval**