

Texas AHF Chapter Meeting

September 11, 2026

Children's Health Plano Specialty Center 1, P1410 Speese Conference Center, 7609 Preston Rd, Plano, Tx 75024

Today's Agenda:

8:00 – 8:25 Registration, Breakfast, and Networking

8:25 Welcome Chapter/National Announcements
Introduction of First Speaker

8:30 – 9:30 “Cultivating Wellness: Garden, Sustainability, and Culinary Innovation”
Speakers: Janae Bagley, Wei Nee Yean, and Gregg Sterin

9:30 – 10:30 “Employee Engagement in Action: Strategies, Successes, and Lessons Learned”
Speakers: Brittany Manning and Witek Nowosiad

10:30 – 12:00 Vendor Fair Instructions/Vendor Fair

12:00 – 12:45 Lunch

12:45 – 1:45 “Improving Weight Restoration Velocity with The Plate-by-Plate Approach® in Children and Adolescents”
Speakers: Gabriella Clark and Twyala Smith

1:45 Wrap up, Meeting Survey, Raffle Drawing and Certificate Pickup

Lunch will be served, vendor show, plus 4.5 CEU's pending approval