Siouxland Center

for Active Generations

Homemade food prepared by Sandy Welch Meals are \$5.25 All Meals include choice of beverage and salads Serving from 11:30 – 12:30 Carry-out available

July 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2 Goulash Garlic Bread Dessert	3 Meatball Mashed Potatoes & Gravy Vegetable Dessert	4 CLOSED	5 Country Fried Steak Mashed Potatoes & Gravy Vegetable Dessert	6 Hot Beef Sandwich Mashed Potatoes & Gravy Vegetable Dessert
9 Baked Ham Mashed Potatoes & Gravy Vegetable Dessert	10 Cabbage Casserole Dessert	11 Liver OR Ham Mashed Potatoes & Gravy Vegetable Dessert	12 Roast Beef Mashed Potatoes & Gravy Vegetable Dessert	13 Tavern Onion Rings Vegetable Dessert
16 Country Fried Chicken Mashed Potatoes & Gravy Vegetable Dessert	17 Pork Loin Mashed Potatoes & Gravy Vegetable Dessert	18 Meatloaf Baked Potato Vegetable Dessert	19 Broasted Chicken Cheesy Potatoes Vegetable Dessert	20 Hamburger Casserole Vegetable Dessert
23 Beef Stroganoff Vegetable Dessert	24 Cheeseburger French Fries Vegetable Dessert	25 Salisbury Steak Mashed Potatoes & Gravy Vegetable Dessert	26 BBQ Ribs Baked Potato Vegetable Dessert	27 Hot Pork Sandwich Mashed Potatoes & Gravy Vegetable Dessert
30 Baked Chicken Hindquarters Mashed Potatoes & Gravy Vegetable Dessert	31 Goulash Garlic Bread Dessert	Aug.1 Hamburger Steak Mashed Potatoes & Gravy Vegetable Dessert	Aug.2 Country Fried Chicken Mashed Potatoes & Gravy Vegetable Dessert	Aug.3 Spaghetti with meat sauce Garlic Bread Dessert