

Siouxland Center

for Active Generations

Homemade food prepared by Sandy Welch

Meals are \$5.25

All Meals include choice of beverage and salads

Serving from 11:30 – 12:30 Carry-out available

October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 Hot Beef Sandwich Mashed Potatoes & Gravy Vegetable Dessert	2 Goulash Garlic Bread Dessert	3 Salisbury Steak Mashed Potatoes & Gravy Vegetable Dessert	4 Country Fried Steak Mashed Potatoes & Gravy Vegetable Dessert	5 Tavern Onion Rings Dessert
8 Chicken Fried Chicken Mashed Potatoes & Gravy Vegetable Dessert	9 Roast Beef Mashed Potatoes & Gravy Vegetable Dessert	10 Beef Vegetable Soup Ham Sandwich Dessert	11 BBQ Ribs Baked Potato Vegetable Dessert	12 Flat Bread Pizza Dessert
15 Country Fried Steak Mashed Potatoes & Gravy Vegetable Dessert	16 Meatloaf Mashed Potatoes & Gravy Vegetable Dessert	17 Hot Pork Sandwich Mashed Potatoes & Gravy Vegetable Dessert	18 Broasted Chicken Cheesy Potatoes Vegetable Dessert	19 Philly Steak Sandwich French Fries Dessert
22 Chicken Noodle Soup Egg Salad Sandwich Dessert	23 Pork Loin Mashed Potatoes & Gravy Vegetable Dessert	24 Hamburger French Fries Dessert	25 Baked Chicken Hindquarters Mashed Potatoes & Gravy Vegetable Dessert	26 Goulash Garlic Bread Dessert
29 Hot Meatloaf Sandwich Mashed Potatoes & Gravy Vegetable Dessert	30 Chicken Fried Chicken Mashed Potatoes & Gravy Vegetable Dessert	31 Liver OR Polish Sausage Baked Potato Vegetable Dessert	Nov. 1 Burrito (Not Spicy) Refried Beans Dessert	Nov. 2 Beef Stew Dessert