

Monday	Tuesday	Wednesday	Thursday	Friday
				<p><b>1</b></p> <p>8:30 am Enhance Fitness w/YMCA Instr. <u>\$1.00</u>            9:00 am Mixed Media Art Class/Vivian Miller            9:30 am Wii Bowling            9:30 am Get Fit With Lee            9:30 am Women's Pool Shooting Class            10:00 am Blood Pressures- St. Luke's (1st)            10:00 am Chair Yoga with Kaye            11:30 am-12:30 pm Lunch            12:00 pm Beginner Tap            12:00 pm Open Bridge Group            12:30 pm Open Craft Time            1:00 pm 500            1:00 pm <b>Friday Dance</b> - weekly drawing for a special table treat</p> <p><i>Featuring "Jerry Odell's - Country Flavor Band"</i></p>
<p><b>4</b></p> <p>10:00 a.m.  <i>Meet &amp; Greet, Pat Tomscha (Our New Executive Director)</i></p> <p>8:00 am Scrapbooking            8:30 am Yoga with Amanda, Exercise Plus 50            9:30 am Tap Class            9:30 am Wii Bowling            9:45 am Interm. Duplicate Bridge Class            9:45 am Intermediate Tai Chi            10:00 am Knitting &amp; Crocheting            11:00 am American Mah Jong            11:30 am-12:30 pm Lunch            12:00 pm ACBL Duplicate Bridge            12:30 pm <b>Movie " Shall We Dance"</b>            1:00 pm Jazz Dancercise            1:00 pm Pinochle            1:00 pm Woodcarving            2:30 pm Walking off the Pounds            3:00 pm Fitness with Kelly            4:00 pm Open -Card Games/Board Games</p>	<p><b>5</b></p> <p>3:00 p.m.  <i>Politics with Pat (Our Executive Director)</i></p> <p>8:30 am Penny Bingo            8:30 am Enhance Fitness w/YMCA Instr. <u>\$1.00</u>            9:00 am Senior Yoga            9:30 am Painting Class            10:00 am Creative Writing            10:45 am Beginning Tai Chi Class            11:30 am-12:30 pm Lunch            12:30 pm Penny Bingo, Pitch            1:00 pm Mexican Train, Painting Class            1:00 pm Tap            2:00 pm Ping Pong            4:00 pm-? Open -Card Games/Board Games            4:00 pm Balance with Courtney            5:00 pm Exercise with Courtney/ Strength            6:00 pm Yoga/Meditation with Courtney            6:00- 8:00 pm Women to the Rescue            6:00 pm Touchstone -Chocolate &amp; Vanilla Dessert Gnocchi " (1st &amp; 3rd Tuesday's)</p>	<p><b>6</b></p> <p>10:30 a.m. <i>Talk Show with Pat Wojcik "The History &amp; Projects of Ho-Chunk"</i></p> <p>8:30 am Enhance Fitness w/YMCA Instr. <u>\$1.00</u>            9:00 am Yoga w/Dixie from Regency Square            9:00 am Open Novice Dup. Bridge Game            9:00 am Chess            9:30 am Painting Class            10:00 am Sexy &amp; Fit after 40            10:30 am Open Jam Session            11:00 am Jazz Dancercise            11:30 am-12:30 pm Lunch            12:00 pm Choreographed Ballroom            1:00 pm ACBL Duplicate Bridge            1:00 pm 500, Coloring Corner, Phase 10            2:30 pm Walking off the Pounds            3:00 pm Fitness with Kelly            4:00 pm-? Open -Card Games/Board Games, Phase 10, Skip Bo, Uno, Sequence, Pegs &amp; Jokers, Ect.            5:00 pm Belly Dancing Class</p>	<p><b>7</b></p> <p>1:00-2:00 p.m. <i>Open Door Time with Pat (in the Finance Office)</i></p> <p>8:30 am Penny Bingo            9:00 am Yoga            9:00 am Medium Beginner Line Dance            9:30 am Beginning Bridge/Advanced Bridge (Howard/Ercolini)            10:00 am Beginner Line Dance            10:00 am Men's Club, Women's Club            10:00 am Walking off the Pounds            11:00 am Balance Class w/YMCA Instr. <u>\$1.00</u>            11:00 am Advanced Line Dance            11:00 am German-Beginner            11:30 am-12:30 pm Lunch            12:30 pm ACBL Duplicate Bridge, Canasta, Penny Bingo            1:00 pm Cribbage, Inter. Line Dance, Men's &amp; Women's Social Group, Woodcarving            2:00 pm Ping Pong            4:00 pm Open -Card Games/Board Games, Phase 10, Skip Bo, Uno, Etc.            4:00 pm Zumba with Courtney            5:00 pm Exercise with Courtney/ Strength            6:00 pm Yoga/Meditation with Courtney</p>	<p><b>8</b></p> <p>8:30 am Enhance Fitness w/YMCA Instr. <u>\$1.00</u>            9:00 am Mixed Media Art Class/Vivian Miller            9:30 am Wii Bowling            9:30 am Get Fit With Lee            9:30 am Women's Pool Shooting Class            10:00 am Blood Pressures- Mercy (2nd)            10:00 am Chair Yoga with Kaye            11:30 am-12:30 pm Lunch            12:00 pm Beginner Tap            12:00 pm Open Bridge Group            12:30 pm Open Craft Time            1:00 pm 500            1:00 pm <b>Friday Dance</b> - weekly drawing for a special table treat</p> <p><i>Featuring "Ron McKewon with Triple Threat" Free Will Donation -Valentines Dance</i></p>
<p><b>11</b></p> <p>9:30 am <i>Grief Support (2nd Monday of the month)</i></p> <p>1:00 pm <i>Birthday Party Hosted by -Knitting &amp; Crocheting and Open Craft Time</i></p> <p>8:00 am Scrapbooking            8:30 am Yoga with Amanda, Exercise Plus 50            9:30 am Tap Class            9:30 am Wii Bowling            9:45 am Interm. Duplicate Bridge Class            9:45 am Intermediate Tai Chi            10:00 am Knitting &amp; Crocheting            11:00 am American Mah Jong            11:30 am-12:30 pm Lunch            12:00 pm ACBL Duplicate Bridge            1:00 pm Jazz Dancercise            1:00 pm Pinochle            1:00 pm Woodcarving            2:30 pm Walking off the Pounds            3:00 pm Fitness with Kelly            4:00 pm Open -Card Games/Board Games</p>	<p><b>12</b></p> <p>10:30-11:30 a.m.  <i>Understanding &amp; Responding to Dementia-Related Behavior</i></p> <p>2:30 p.m.  <i>Homemade Sugar Scrub with Kim from Brookdale</i></p> <p>3:00 p.m.  <i>Politics with Pat (Our Executive Director)</i></p> <p>8:30 am Penny Bingo            8:30 am Enhance Fitness w/YMCA Instr. <u>\$1.00</u>            9:00 am Senior Yoga            9:30 am Painting Class            10:00 am Creative Writing            10:45 am Beginning Tai Chi Class            11:30 am-12:30 pm Lunch            12:30 pm Penny Bingo, Pitch            1:00 pm Mexican Train, Painting Class            1:00 pm Tap            2:00 pm Ping Pong            4:00 pm-? Open -Card Games/Board Games            4:00 pm Balance with Courtney            5:00 pm Exercise with Courtney/ Strength            6:00 pm Yoga/Meditation with Courtney            6:00- 8:00 pm Women to the Rescue—Las mujeres al rescate</p>	<p><b>13</b></p> <p>10:30 a.m. <i>Talk Show with Siera from Humana "Topic to be Determined"</i></p> <p>8:30 am Enhance Fitness w/YMCA Instr. <u>\$1.00</u>            9:00 am Yoga w/Dixie from Regency Square            9:00 am Open Novice Dup. Bridge Game            9:00 am Chess            9:30 am Painting Class            10:00 am Sexy &amp; Fit after 40            10:30 am Open Jam Session            11:00 am Jazz Dancercise            11:30 am-12:30 pm Lunch            12:00 pm Choreographed Ballroom            1:00 pm ACBL Duplicate Bridge            1:00 pm 500, Coloring Corner, Phase 10            2:30 pm Walking off the Pounds            3:00 pm Fitness with Kelly            4:00 pm-? Open -Card Games/Board            5:00 pm Belly Dancing Class</p>	<p><b>14</b></p> <p>1:00-2:00 p.m. <i>Open Door Time with Pat (in the Finance Office)</i></p> <p>8:30 am Penny Bingo            9:00 am Yoga            9:00 am Medium Beginner Line Dance            9:30 am Beginning Bridge/Advanced Bridge (Howard/Ercolini)            10:00 am Beginner Line Dance            10:00 am Men's Club, Women's Club            10:00 am Walking off the Pounds            11:00 am Balance Class w/YMCA Instr. <u>\$1.00</u>            11:00 am Advanced Line Dance            11:00 am German-Beginner            11:30 am-12:30 pm Lunch            12:30 pm ACBL Duplicate Bridge, Canasta, Penny Bingo            1:00 pm Cribbage, Inter. Line Dance, Men's &amp; Women's Social Group            1:00 pm Woodcarving            2:00 pm Ping Pong            4:00 pm Open -Card Games            4:00 pm Zumba with Courtney            5:00 pm Exercise with Courtney/ Strength            6:00 pm Yoga/Meditation with Courtney</p>	<p><b>15</b></p> <p>8:30 am Enhance Fitness w/YMCA Instr. <u>\$1.00</u>            9:00 am Mixed Media Art Class/Vivian Miller            9:30 am Wii Bowling            9:30 am Get Fit With Lee            9:30 am Women's Pool Shooting Class            10:00 am Blood Pressures-Mercy (3rd)            10:00 am Chair Yoga with Kaye            11:30 am-12:30 pm Lunch            12:00 pm Beginner Tap            12:00 pm Open Bridge Group            12:30 pm Open Craft Time            1:00 pm 500            1:00 pm <b>Friday Dance</b> - weekly drawing for a special table treat</p> <p><i>Featuring "Country Brew"</i></p>
<p><b>18</b></p> <p>8:00 am Scrapbooking            8:30 am Yoga with Amanda, Exercise Plus 50            9:30 am Tap Class            9:30 am Wii Bowling            9:45 am Interm. Duplicate Bridge Class            9:45 am Intermediate Tai Chi            10:00 am Knitting &amp; Crocheting            11:00 am American Mah Jong            11:30 am-12:30 pm Lunch            12:00 pm ACBL Duplicate Bridge            12:30 pm <b>Movie " Many Rivers To Cross"</b>            1:00 pm Jazz Dancercise            1:00 pm Pinochle            1:00 pm Woodcarving            2:30 pm Walking off the Pounds            3:00 pm Fitness with Kelly            4:00 pm Open -Card Games/Board Games</p>	<p><b>19</b></p> <p>3:00 p.m.  <i>Politics with Pat (Our Executive Director)</i></p> <p>4:00 p.m.  <i>Alzheimer's Support Group (3rd Tuesday of month)</i></p> <p>8:30 am Penny Bingo            8:30 am Enhance Fitness w/YMCA Instr. <u>\$1.00</u>            9:00 am Senior Yoga            9:30 am Painting Class            10:00 am Creative Writing            10:45 am Beginning Tai Chi Class            11:30 am-12:30 pm Lunch            12:30 pm Penny Bingo, Pitch            1:00 pm Mexican Train, Painting Class            1:00 pm Tap            2:00 pm Ping Pong            4:00 pm-? Open -Card Games/Board Games            4:00 pm Balance with Courtney            5:00 pm Exercise with Courtney/ Strength            6:00 pm Yoga/Meditation with Courtney            6:00- 8:00 pm Women to the Rescue            6:00 pm Touchstone -Baked Southwest Egg Rolls (1st &amp; 3rd Tuesday's)</p>	<p><b>20</b></p> <p>10:30 a.m. <i>Talk Show with Anna from Floyd Place "Train Your Brain" &amp; Brain Healthy Blueberry Smoothies</i></p> <p>8:30 am Enhance Fitness w/YMCA Instr. <u>\$1.00</u>            9:00 am Yoga w/Dixie from Regency Square            9:00 am Open Novice Dup. Bridge Game            9:00 am Chess            9:30 am Painting Class            10:00 am Sexy &amp; Fit after 40            10:30 am Open Jam Session            11:00 am Jazz Dancercise            11:30 am-12:30 pm Lunch            12:00 pm Choreographed Ballroom            1:00 pm ACBL Duplicate Bridge            1:00 pm 500, Coloring Corner, Phase 10            2:30 pm Walking off the Pounds            3:00 pm Fitness with Kelly            4:00 pm-? Open -Card Games/Board            5:00 pm Belly Dancing Class</p>	<p><b>21</b></p> <p>1:00-2:00 p.m. <i>Open Door Time with Pat (in the Finance Office)</i></p> <p>8:30 am Penny Bingo            9:00 am Yoga            9:00 am Medium Beginner Line Dance            9:30 am Beginning Bridge/Advanced Bridge (Howard/Ercolini)            10:00 am Beginner Line Dance            10:00 am Men's Club, Women's Club            10:00 am Walking off the Pounds            11:00 am Balance Class w/YMCA Instr. <u>\$1.00</u>            11:00 am Advanced Line Dance            11:00 am German-Beginner            11:30 am-12:30 pm Lunch            12:30 pm ACBL Duplicate Bridge, Canasta, Penny Bingo            1:00 pm Cribbage, Inter. Line Dance, Men's &amp; Women's Social Group            1:00 pm Woodcarving            2:00 pm Ping Pong            4:00 pm Open -Card Games/Board Games            4:00 pm Zumba with Courtney            5:00 pm Exercise with Courtney/ Strength            6:00 pm Yoga/Meditation with Courtney</p>	<p><b>22</b></p> <p>8:30 am Enhance Fitness w/YMCA Instr. <u>\$1.00</u>            9:00 am Mixed Media Art Class/Vivian Miller            9:30 am Wii Bowling            9:30 am Get Fit With Lee            9:30 am Women's Pool Shooting Class            10:00 am Blood Pressures-Mercy (4th)            10:00 am Chair Yoga with Kaye            11:30 am-12:30 pm Lunch            12:00 pm Beginner Tap            12:00 pm Open Bridge Group            12:30 pm Open Craft Time            1:00 pm 500            1:00 pm <b>Friday Dance</b> - weekly drawing for a special table treat</p> <p><i>Featuring "Shirley's Big Band" Free Dance-Sponsored by George Polak's Family. (Come celebrate George's 95th birthday with him.)</i></p>
<p><b>25</b></p> <p>1:00 p.m.  <i>Parkinson's Support Group (4th Monday of month)</i></p> <p>8:00 am Scrapbooking            8:30 am Yoga with Amanda, Exercise Plus 50            9:30 am Tap Class            9:30 am Wii Bowling            9:45 am Interm. Duplicate Bridge Class            9:45 am Intermediate Tai Chi            10:00 am Knitting &amp; Crocheting            11:00 am American Mah Jong            11:30 am-12:30 pm Lunch            12:00 pm ACBL Duplicate Bridge            12:30 pm <b>Movie " Guilty Conscience"</b>            1:00 pm Jazz Dancercise            1:00 pm Pinochle            1:00 pm Woodcarving            2:30 pm Walking off the Pounds            3:00 pm Fitness with Kelly            4:00 pm Open -Card Games/Board Games</p>	<p><b>26</b></p> <p>10:30-11:30 a.m.  <i>Dementia Conversations</i></p> <p>3:00 p.m.  <i>Politics with Pat (Our Executive Director)</i></p> <p>8:30 am Penny Bingo            8:30 am Enhance Fitness w/YMCA Instr. <u>\$1.00</u>            9:00 am Senior Yoga            9:30 am Painting Class            10:00 am Creative Writing            10:45 am Beginning Tai Chi Class            11:30 am-12:30 pm Lunch            12:30 pm Penny Bingo, Pitch            1:00 pm Mexican Train, Painting Class            1:00 pm Tap            2:00 pm Ping Pong            4:00 pm-? Open -Card Games/Board Games            4:00 pm Balance with Courtney            5:00 pm Exercise with Courtney/ Strength            6:00 pm Yoga/Meditation with Courtney            6:00- 8:00 pm Women to the Rescue—Las mujeres al rescate</p>	<p><b>27</b></p> <p>10:30 a.m. <i>Talk Show with Judy Rehurek "A Believer's Journey to Israel"</i></p> <p>8:30 am Enhance Fitness w/YMCA Instr. <u>\$1.00</u>            9:00 am Yoga w/Dixie from Regency Square            9:00 am Open Novice Dup. Bridge Game            9:00 am Chess            9:30 am Painting Class            10:00 am Sexy &amp; Fit after 40            10:30 am Open Jam Session            11:00 am Jazz Dancercise            11:30 am-12:30 pm Lunch            12:00 pm Choreographed Ballroom            1:00 pm ACBL Duplicate Bridge            1:00 pm <b>Floyd Place Craft Class- Pour Painting on Canvas -4th Wednesday)</b>            1:00 pm 500            1:00 pm Coloring Corner            1:00 pm Phase 10            2:30 pm Walking off the Pounds            3:00 pm Fitness with Kelly            4:00 pm-? Open -Card Games/Board Games</p>	<p><b>28</b></p> <p>1:00-2:00 p.m. <i>Open Door Time with Pat (in the Finance Office)</i></p> <p>8:30 am Penny Bingo            9:00 am Yoga            9:00 am Medium Beginner Line Dance            9:30 am Beginning Bridge/Advanced Bridge (Howard/Ercolini)            10:00 am Beginner Line Dance            10:00 am Men's Club, Women's Club            10:00 am Walking off the Pounds            11:00 am Balance Class w/YMCA Instr. <u>\$1.00</u>            11:00 am Advanced Line Dance            11:00 am German-Beginner            11:30 am-12:30 pm Lunch            12:30 pm ACBL Duplicate Bridge, Canasta, Penny Bingo            1:00 pm Cribbage, Inter. Line Dance, Men's &amp; Women's Social Group            1:00 pm Woodcarving            2:00 pm Ping Pong            4:00 pm Open -Card Games/Board Games            4:00 pm Zumba with Courtney            5:00 pm Exercise with Courtney/ Strength            6:00 pm Yoga/Meditation with Courtney</p>	