11:30 am Cribbage

12:00 pm Pinochle

12:00 pm Bridge-Duplicate

1:00 pm SilverSneakers Chair Fitness

Tuesday Wednesday Thursday Monday Friday 3 5 6 7:30 am—1 pm Coffee Shop 10 am Book Discussion Group 12 pm Team Trivia 9:00 am Fitness with Dixie 7:30 am—1 pm Coffee Shop 7:30 am—1 pm Coffee Shop 7:45 am Walking Exercise 1 pm Karaoke on the stage 10:00 am Thicss with Divic 10:00 am Chair Yoga with Kaye 10:00 am T.O.P.S meeting 7:30 am-1 pm Coffee Shop 8:15 am Spanish Class 9:00 am Fitness Logic with Lee 7:45 am Walking Exercise 8:00 am-9:30 am Biscuits and Gravy 7:30 am—1 pm Coffee Shop (Take Off Pounds Sensibly) 11:00 am-12:30 pm Full lunch 9:00 am Penny Bingo 8:15 am Spanish Class 9:00 am Yoga w/Dixie 8:15 am Spanish Class 9:00 am Rock Steady Boxing (Fee) 9:00 am Senior Yoga (CD) 9:00 am Duplicate Bridge 11:30 am Open Bridge Group 11:30 am Mixed Media Art Class/ Vivian Miller 9:00 am Penny Bingo 9:30 am Cornhole 9:30 am Painting Class 9:00 am Tatting
9:00 am Rock Steady Boxing (Fee)
9:00 am Bellydancing
9:00 am Line Dance Beginner, Registration Req. 9:30 am Painting Class 9:30 am Intermediate/Advanced Bridge 10:00 am Knitting & Crocheting 10:00 am Tai Chi (Advanced) 9:30 am Bible Study 10:00 am Creative Writing 10:00 am Chess **12:00 pm** 500 Card Club 10:00 am Wii Bowling 12:00 pm Bunco-\$1 entry 12:00 pm Card/ Board Game Group-Misc. 10:00 am Tai Chi (Beginning) **10:00 am** Sexy & Fit after 40 10:30 am SilverSneakers Classic Fitness 10:30 am Open Jam Session -\$1.00 Guests 11:00 am Choir Practice 11:00 am Balance Class 12:30 pm Open Craft Time 1:00—3:30 pm Friday Dance 9:00 am Beginner Bridge 11:30 am Woodcarving 11:30 am Jazz Dancercise 10:00 am Canasta 11:00 am Belly Dancing 11:00 am Mah Jongg (experienced players) 11:30 am Mexican Train 11:30 am Cribbage 11:00 am-12:30 pm Full lunch 11:00 am Mah Jongg (beginner 12:00 pm Pinochle **11:30 am** Phase 10 **Featuring** lessons offered) 12:00 pm Bunco-\$1 entry 12:00 pm Bridge-Duplicate 12:00 pm 500 Card Club 11:30 am Woodcarving **Bob Brewer and Country Brew** 11:30 am Unlucky 7 Dice Game 12:00 pm Bridge –Men 11:30 am Cribbage 1:00 pm SilverSneakers Chair Fitness 12:30 pm Penny Bingo 12:30 pm Chair Yoga with Suky 12:00 pm Open Bridge 1:00 pm Coloring Corner 12:30 pm Tap Dance, 12:30 pm Penny Bingo 12:30 pm Painting Class 1:00 pm SilverSneakers Chair Fitness 1:00 pm Ping Pong 1:00 pm Ping Pong 1:00 pm Social Group 10 11 12 13 10:30 am Genealogy Class 9 am CPR Training 10am-1pm Craft 1 pm Snowman Hat Craft with 10 am Community Action Agency: 1 pm Karaoke on the stage (2nd Friday) and Bake Sale Bickford **Rent and Heating Rebate** 7:30 am—1 pm Coffee Shop 2-4 pm Jukbox Dance Party 7:30 am—1 pm Coffee Shop 7:45 am Walking Exercise 7:30 am—1 pm Coffee Shop 1 pm Birthday Party 8:15 am Spanish Class 9:00 am Fitness with Dixie (2nd Monday) 7:30 am—1 pm Coffee Shop 9:00 am Penny Bingo 10:00 am Chair Yoga with Kaye 8:00 am-9:30 am Biscuits and Gravy 8:15 am Spanish Class 9:00 am Tatting 9:00 am Rock Steady Boxing (Fee) **Christmas Carol Singalong** 10:00 am T.O.P.S meeting 9:00 am Yoga w/Dixie 9:00 am Fitness Logic with Lee (Take Off Pounds Sensibly) 11:00 am-12:30 pm Full lunch Cake donated by Medigold 9:00 am Duplicate Bridge 9:00 am Penny Bingo 9:00 am Bellydancing 9:30 am Painting Class 9:00 am Rock Steady Boxing (Fee) 7:30 am-1 pm Coffee Shop 9:00 am Line Dance Beginner, Registration Req. 11:30 am Open Bridge Group 10:00 am Chess 7:45 am Walking Exercise 8:15 am Spanish Class 9:30 am Painting Class 9:00 am SilverSneakers Classic Fitness 11:30 am Mixed Media Art Class/ Vivian Miller 10:00 am Wii Bowling 9:30 am Bible Study 9:00 am Beginner Bridge 10:00 am Line Dance (Intermediate) 12:00 pm 500 Card Club **10:00 am** Sexy & Fit after 40 10:00 am Creative Writing 10:00 am Tai Chi (Beginning) 10:30 am SilverSneakers Classic Fitness 9:00 am Senior Yoga (CD) 12:00 pm Card/ Board Game Group-Misc. 10:30 am Open Jam Session -\$1.00 Guests 10:00 am Canasta 9:30 am Cornhole 12:30 pm Open Craft Time 11:00 am Choir Practice 11:00 am-12:30 pm Full lunch 9:30 am Intermediate/Advanced Bridge 11:00 am Line Dance Pot Luck Party 1:00—3:30 pm Friday Dance 11:00 am Belly Dancing 10:00 am Knitting & Crocheting 10:00 am Tai Chi (Advanced) 11:00 am Mah Jongg 11:30 am Phase 10 11:00 am Mah Jongg (experienced players) Featuring 11:30 am Woodcarving 11:30 am Cribbage 12:00 pm 500 Card Club 11:30 am Jazz Dancercise 11:00 am Balance Class The Singer Family Band 12:00 pm Bridge –Men 11:30 am Mexican Train 11:30 am Woodcarving 12:00 pm Open Bridge 12:30 pm Chair Yoga with Suky 1:00 pm Coloring Corner 11:30 am Unlucky 7 Dice Game 11:30 am Cribbage 12:30 pm Penny Bingo 12:30 pm Penny Bingo 12:00 pm Pinochle 1:00 pm Ping Pong 1:00 pm SilverSneakers Chair Fitness 12:30 pm Tap Dance 12:00 pm Bridge-Duplicate 1:00 pm Social Group 12:30 pm Painting Class, Ping Pong 1:00 pm Ping Pong 18 16 17 19 20 1-4 pm Christmas Party 7:30 am—1 pm Coffee Shop 9:00 am Fitness with Dixie 1 pm Karaoke on the stage 12 pm Team Trivia featuring the Embers 7:30 am—1 pm Coffee Shop 10:00 am Chair Yoga with Kaye 7:30 am-1 pm Coffee Shop 8:15 am Spanish Class 8:15 am Spanish Class 10:00 am T.O.P.S meeting 7:30 am—1 pm Coffee Shop 9:00 am Fitness Logic with Lee 7:30 am—1 pm Coffee Shop 7:45 am Walking Exercise 9:00 am Penny Bingo (Take Off Pounds Sensib 7:45 am Walking Exercise 9:00 am Penny Bingo 11:00 am-12:30 pm Full lunch 9:00 am Tatting 9:00 am Rock Steady Boxing (Fee) 8:15 am Spanish Class 9:00 am Senior Yoga (CD) 9:00 am Rock Steady Boxing (Fee) 8:00 am-9:30 am Biscuits and Gravy 11:30 am Open Bridge Group 9:00 am Yoga w/Dixie 9:00 am Duplicate Bridge 9:30 am Painting Class 9:30 am Painting Class 9:00 am Bellydancing 11:30 am Mixed Media Art Class/ Vivian Miller 9:30 am Cornhole 9:30 am Bible Study
10:00 am Creative Writing
10:00 am Tai Chi (Beginning) 12:00 pm Bunco-\$1 entry (Luncheon) 9:00 am Line Dance Beginner, Registration Req. 9:30 am Intermediate/Advanced Bridge 12:00 pm 500 Card Club 9:00 am SilverSneakers Classic Fitness 10:00 am Knitting & Crocheting 10:00 am Chess 12:00 pm Card/ Board Game Group-Misc. 9:00 am Beginner Bridge 10:00 am Tai Chi (Advanced) 10:30 am SilverSneakers Classic Fitness 10:00 am Wii Bowling 12:30 pm Open Craft Time 1:00—3:30 pm Friday Dance 10:00 am Line Dance (Intermediate) 10:00 am Canasta 11:00 am Belly Dancing 11:00 am Balance Class **10:00 am** Sexy & Fit after 40 11:30 am Woodcarving 11:00 am Choir Practice 11:30 am Phase 10 11:00 am Mah Jongg (experienced players) 11:00 am Line Dance (Advanced) 11:30 am Cribbage 11:30 am Jazz Dancercise Featuring 11:00 am Mah Jongg (beginner 12:00 pm Pinochle 12:00 pm 500 Card Club 11:30 am Mexican Train 4 on the Road lessons offered) 12:00 pm Bridge-Duplicate 11:30 am Unlucky 7 Dice Game 12:00 pm Bridge –Men 11:30 am Woodcarving 11:30 am Cribbage 1:00 pm SilverSneakers Chair Fitness 12:30 pm Chair Yoga with Suky 12:30 pm Penny Bingo **12:00 pm** Bunco-\$1 entry 1:00 pm Coloring Corner 1:00 pm SilverSneakers Chair Fitness 12:30 pm Tap Dance, 12:00 pm Open Bridge 12:30 pm Painting Class 12:30 pm Penny Bingo 1:00 pm Ping Pong 1:00 pm Ping Pong 1:00 pm Social Group 23 25 26 27 24 **CLOSED** ALL WEEK FOR THE CHRISTMAS HOLIDAYS **30** 3 1 pm Karaoke on the stage **CLOSED** Open with limited services-**CLOSED** coffee shop closed today 7:30 am-1 pm Coffee Shop 7:30 am—1 pm Coffee Shop **FOR** 8:15 am Spanish Class **FOR** 9:00 am Fitness with Dixie 9:00 am Penny Bingo 10:00 am Chair Yoga with Kaye 9:00 am Tatting **NEW YEAR'S** 10:00 am T.O.P.S meeting (Take Off Pounds Sensibly) 11:00 am-12:30 pm Full lunch **NEW YEAR'S** 7:45 am Walking Exercise 9:00 am Rock Steady Boxing (Fee) 8:15 am Spanish Class 9:00 am Bellydancing
9:00 am Line Dance Beginner, Registration Req. 9:00 am Senior Yoga (CD) DAY 11:30 am Open Bridge Group **EVE** 9:30 am Cornhole 9:00 am SilverSneakers Classic Fitness 11:30 am Mixed Media Art Class/ Vivian Miller 9:30 am Intermediate/Advanced Bridge 9:00 am Beginner Bridge 12:00 pm 500 Card Club 10:00 am Knitting & Crocheting 10:00 am Tai Chi (Advanced) 10:00 am Line Dance (Intermediate) 12:00 pm Card/ Board Game Group-Misc. 12:30 pm Open Craft Time 1:00—3:30 pm Friday Dance 10:00 am Canasta 11:00 am Line Dance (Advanced) 11:00 am Balance Class 11:30 am Woodcarving 11:00 am Mah Jongg (beginner lessons offered)

Featuring

Ed Tryon

11:30 am Woodcarving

12:00 pm Open Bridge 12:30 pm Penny Bingo 1:00 pm Ping Pong 1:00 pm Social Group

11:30 am Cribbage