











December 2020

Questions? Call (712) 255-1729 OPEN: Monday-Friday 8:00 am-2:30 p.m.,

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Our Center, due to Iowa's Governor's guidelines and in support of reducing stress on our healthcare workers, will be closed from November 26th through December 6th, reopening on Monday, December 7th. (No Group Fitness classes until at least December 11th, unless the Governor's proclamation is extended).</p> 	<p>1</p> <p><i>Center is Closed</i></p> 	<p>2</p> <p><i>Center is Closed</i></p> 	<p>3</p> <p><i>Center is Closed</i></p> 	<p>4</p> <p><i>Center is Closed</i></p> 
<p>7</p> <p>8:00 am Scrapbooking 9:30 am Wii Bowling 10:00 am Knitting & Crocheting 11:00 am Woodcarving 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:30 pm Movie "I'll Be Home For Christmas" 1:00 pm Pinochle</p>	<p>8</p> <p>1:00 p.m. Crafts with Diana Merry Bright Sign (Sign up- Limit of 10)</p> <p>9:30 am Painting Class 10:00 am Open Bridge Group 10:00 am Creative Writing 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Mexican Train 12:30 pm Pitch 1:00 pm Painting Class 1:00 pm Ping Pong</p>	<p>9</p> <p>11:00 a.m. "It's a Wonderful Life - Annual Appeal meeting"</p> <p>9:00 am Chess 9:30 am Painting Class 10:30 am Open Jam Session 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm 500 Card Club 1:00 pm Coloring Corner 1:00 pm Phase 10 1:00 pm Texas Hold'em</p>	<p>10</p> <p>11:00 am Woodcarving 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Cribbage 12:30 pm Pinochle 1:00 pm Ping Pong</p>	<p>11</p> <p>9:00 am Fitness with Dixie 10:00 am T.O.P.S- meeting (Take Off Pounds Sensibly) 11:00 am Jazz Dancercise 11:00 am Karaoke 11:30 am Mixed Media Art Class/ Vivian Miller 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm 500 Card Club 12:00 pm Card/Game Group-(Misc.) 12:30 pm Open Craft Time</p> <p><i>No Friday Dance</i></p>
<p>14</p> <p>9:30 am Grief Support (2nd Monday) 1:00 p.m. Birthday Party (2nd Monday) Hosts: Staff Entertainment: "Gene Goergen" Treat Providers: Continental Springs & Siera with Great Plains Medicare</p> <p>8:00 am Scrapbooking 8:30 am Exercise Plus 50 9:00 am Senior Yoga (CD) 9:30 am Wii Bowling 10:00 am Knitting & Crocheting 10:00 am Tai Chi (Advanced) 11:00 am Woodcarving 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 1:00 pm Pinochle 1:30 pm Walking off the Pounds</p>	<p>15</p> <p>1:00 p.m. Christmas Celebration (Pre-register)</p> <p>9:00 am Get Fit With Lee 9:30 am Painting Class 10:00 am Open Bridge Group 10:00 am Creative Writing 10:00 am Tai Chi (Beginning) 11:00 am Jazz Dancercise 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Mexican Train 12:30 pm Pitch 1:00 pm Painting Class 1:00 pm Ping Pong</p>	<p>16</p> <p>11:00 a.m. "It's a Wonderful Life - Annual Appeal meeting"</p> <p>9:00 am Yoga w/Dixie 9:00 am Chess 9:30 am Painting Class 10:00 am Sexy & Fit after 40 10:30 am Open Jam Session 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm 500 Card Club 1:00 pm Coloring Corner 1:00 pm Phase 10 1:00 pm Texas Hold'em 1:30 pm Walking off the Pounds</p>	<p>17</p> <p>1:00 p.m. Crafts with Diana Christmas Candle Glass (Sign up- Limit of 10)</p> <p>9:00 am Line Dance-(Intermediate Beginner) 9:00 am Senior Yoga (CD) 10:00 am Line Dance-(Beginner) 10:00 am Line Dance - (Intermediate) 11:00 am Woodcarving 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Cribbage 12:30 pm Pinochle 1:00 pm Ping Pong</p>	<p>18</p> <p>9:00 am Fitness with Dixie 10:00 am T.O.P.S- meeting (Take Off Pounds Sensibly) 11:00 am Jazz Dancercise 11:00 am Karaoke 11:30 am Mixed Media Art Class/ Vivian Miller 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm 500 Card Club 12:00 pm Card/Game Group-(Misc.) 12:30 pm Open Craft Time</p> <p><i>No Friday Dance</i></p>
<p>21</p> <p>8:00 am Scrapbooking 8:30 am Exercise Plus 50 9:00 am Senior Yoga (CD) 9:30 am Wii Bowling 10:00 am Knitting & Crocheting 10:00 am Tai Chi (Advanced) 11:00 am Woodcarving 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:30 pm Movie "White Christmas" 1:00 pm Pinochle 1:30 pm Walking off the Pounds</p>	<p>22</p> <p>9:30 a.m. -11:00 a.m. Hot Chocolate with Megan from Care Initiatives Hospice</p> <p>9:00 am Get Fit With Lee 9:30 am Painting Class 10:00 am Open Bridge Group 10:00 am Creative Writing 10:00 am Tai Chi (Beginning) 11:00 am Jazz Dancercise 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Mexican Train 12:30 pm Pitch 1:00 pm Painting Class 1:00 pm Ping Pong</p>	<p>23</p> <p>9:00 am Yoga w/Dixie 9:00 am Chess 9:30 am Painting Class 10:00 am Sexy & Fit after 40 10:30 am Open Jam Session 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm 500 Card Club 1:00 pm Coloring Corner 1:00 pm Phase 10 1:00 pm Texas Hold'em 1:30 pm Walking off the Pounds</p>	<p>24</p> <p>9:00 am Senior Yoga (CD) 11:00 am Woodcarving 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Cribbage 12:30 pm Pinochle 1:00 pm Ping Pong</p>	<p>25</p> <p><i>Center is Closed</i></p> 
<p>28</p> <p><i>Center is Closed</i></p> 	<p>29</p> <p><i>Center is Closed</i></p> 	<p>30</p> <p><i>Center is Closed</i></p> 	<p>31</p> <p><i>Center is Closed</i></p> 	<p>January 1, 2021</p> <p><i>Center is Closed</i></p> 