Wednesday Friday Tuesday Thursday Monday 2 10 am Book Discussion Group (1st Thursday) 9:00 am Fitness with Dixie 10:00 am Chair Yoga with Kaye 10:00 am T.O.P.S. meeting (Take Off Pounds Sensibly) 1 pm Karaoke on the stage 9:00 am Penny Bingo 9:00 am Tatting 9:00 am Rock Steady Boxing (Fee) 11:00 am Karaoke 11:00 am-12:30 pm Coffee Shop lunch 9:00 am Bellydancing 11:30 am Open Bridge Group 11:30 am Mixed Media Art Class/ Vivian Miller 9:00 am Line Dance Beginner, Registration Req. Valentines 9:00 am SilverSneakers Classic Fitness 9:00 am Beginner Bridge 10:00 am Line Dance (Intermediate) 12:00 pm Bunco-\$1 entry 12:00 pm 500 Card Club 12:00 pm Card/ Board Game Group-Misc. 10:00 am Canasta 12:30 pm Open Craft Time 1:00—3:30 pm Friday Dance 11:00 am Line Dance (Advanced) 11:00 am Mah Jongg 11:00 am-12:30 pm Coffee Shop lunch 11:30 am Woodcarving Featuring Jerry O'Dell 12:00 pm Cribbage 12:00 pm Open Bridge 12:30 pm Penny Bingo 1:00 pm Ping Pong 12-1 pm Team Trivia: African 2-4 pm Jukebox Dance Party 8:00 am-9:30 am Biscuits and Gravy **American History** 10:30 am Genealogy Class The Day the Music Died 7:45 am Walking Exercise 1 pm Karaoke on the stage 9:00 am Yoga w/Dixie 9:00 am Duplicate Bridge (2nd Friday) 9:00 am Fitness Logic with Lee 7:45 am Walking Exercise 9:00 am Penny Bingo 9:00 am Penny Bingo 9:00 am Fitness with Dixie 9:00 am Senior Yoga (CD) 9:30 am Cornhole 10:00 am Knitting & Crocheting 10:00 am Tai Chi (Advanced) 9:30 am Painting Class 9:00 am Tatting
9:00 am Rock Steady Boxing (Fee)
9:00 am Bellydancing
9:00 am Line Dance Beginner, Registration Req. 9:00 am Rock Steady Boxing (Fee) 10:00 am Chair Yoga with Kaye 10:00 am Chess 9:30 am Painting Class 9:30 am Bible Study 10:00 am Beginner Canasta and Cribbage 10:00 am T.O.P.S meeting (Take Off Pounds Sensibly) 10:00 am Wii Bowling 10:00 am Sexy & Fit after 40 10:30 am Open Jam Session -\$1.00 Guests 11:00 am Karaoke 11:00 am Azria Balance Class 10:00 am Creative Writing 9:00 am SilverSneakers Classic Fitness 11:00 am-12:30 pm Coffee Shop lunch 11:00 am Choir Practice 11:00 am-12:30 pm -Coffee Shop Lunch 11:30 am Open Bridge Group 11:30 am Mixed Media Art Class/ Vivian Miller 10:00 am Tai Chi (Beginning) 9:00 am Beginner Bridge 11:00 am-12:30 pm Coffee Shop lunch 11:30 am Woodcarving 10:30 am SilverSneakers Classic Fitness 10:00 am Line Dance (Intermediate) 10:00 am Canasta **11:30 am** Phase 10 **12:00 pm** 500 Card Club **12:00 pm** Bunco-\$1 entry 12:00 pm 500 Card Club 11:00 am Belly Dancing 11:00 am Mah Jongg (experienced players) 11:00 am-12:30 pm Coffee Shop lunch 12:00 pm Pinochle 12:00 pm Card/ Board Game Group-Misc. 11:00 am Line Dance (Advanced) 12:00 pm Bridge –Men 12:00 pm Bridge-Duplicate 11:00 am Mah Jongg 11:00 am-12:30 pm Coffee Shop lunch 12:30 pm Open Craft Time 1:00—3:30 pm Friday Dance 1:00 pm Coloring Corner 11:30 am Jazz Dancercise 11:30 am Mexican Train 11:30 am Unlucky 7 Dice Game 11:30 am Woodcarving **Featuring** 12:00 pm Cribbage 12:30 pm Penny Bingo 12:30 pm Tap Dance 12:00 pm Open Bridge 12:30 pm Penny Bingo 4 on the Road 12:30 pm Painting Class 1:00 pm Ping Pong 1:00 pm Cake Decorating Class 1:00 pm Social Group 1:00 pm Ping Pong 12 13 15 16 10:00 am Talk Show with Dr 10:30 am Hot Cocoa with Connections 9:30 am Grief Support Group 1 pm Karaoke on the stage Callaghan on Palliative Care 5:30 Valentine's Day Dinner (2nd Monday) 9:00 am Penny Bingo 1:00 pm Games with Bickford 7-9 Dance Party with the 9:00 am Fitness with Dixie 9:00 am Tatting
9:00 am Rock Steady Boxing (Fee)
9:00 am Bellydancing
9:00 am Line Dance Beginner, Registration Req. 10:00 am Chair Yoga with Kaye 1 pm Birthday Party **Embers** 9:00 am Fitness Logic with Lee 10:00 am T.O.P.S meeting (Take Off Pounds Sensibly) (2nd Monday) 9:00 am Penny Bingo 9:00 am Rock Steady Boxing (Fee) 9:30 am Painting Class 8:00 am-9:30 am Biscuits and Gravy 7:45 am Walking Exercise Valentine's Day Carnival 11:00 am Karaoke 9:00 am SilverSneakers Classic Fitness 11:00 am-12:30 pm Coffee Shop lunch Cake donated by Medigold 9:00 am Yoga w/Dixie 9:30 am Bible Study 9:00 am Beginner Bridge 11:30 am Open Bridge Group 11:30 am Mixed Media Art Class/ Vivian Miller 9:00 am Duplicate Bridge 10:00 am Line Dance (Intermediate) 10:00 am Beginner Canasta Lessons 9:30 am Painting Class 10:00 am Canasta 11:00 am Line Dance (Advanced) 10:00 am Creative Writing 10:00 am Tai Chi (Beginning) 10:30 am SilverSneakers Classic Fitness 10:00 am Chess 10:00 am Wii Bowling 12:00 pm Bunco-\$1 entry 7:45 am Walking Exercise 12:00 pm 500 Card Club 9:00 am Senior Yoga (CD) 11:00 am Mah Jongg (beginner 10:00 am Sexy & Fit after 40 10:30 am Open Jam Session -\$1.00 Guests **12:00 pm** Card/ Board Game Group-Misc. 9:30 am Cornhole 10:00 am Knitting & Crocheting 11:00 am Belly Dancing lessons offered) 12:30 pm Open Craft Time 1:00—3:30 pm Friday Dance 11:00 am-12:30 pm Coffee Shop lunch 11:00 am Mah Jongg (experienced players) 11:00 am Choir Practice 10:00 am Tai Chi (Advanced) 11:30 am Woodcarving 11:00 am-12:30 pm Coffee Shop lunch 11:00 am-12:30 Coffee Shop lunch 11:00 am-12:30 pm -Coffee Shop Lunch 12:00 pm Cribbage 11:30 am Jazz Dancercise **Featuring 11:30 am** Phase 10 **12:00 pm** 500 Card Club 11:30 am Woodcarving 11:30 am Mexican Train 11:30 am Unlucky 7 Dice Game 12:00 pm Open Bridge **Bob Brewer and Country Brew** 12:00 pm Pinochle 12:30 pm Penny Bingo 12:00 pm Bridge –Men 12:00 pm Bridge-Duplicate 12:30 pm Penny Bingo 1:00 pm Ping Pong 1:00 pm Coloring Corner 1:00 pm Social Group 12:30 pm Tap Dance, 12:30 pm Painting Class Biscuits & Gravy 1:00 pm Cake Decorating Class 1:00 pm Ping Pong 19 23 9 am Spa Day 1 p.m. Ocean-themed craft with 11 a.m. Hawaiian Shirt Contest Diana **Hawaiian Cruise Week** 2-4 pm Jukebox Dance Party 6:30 p.m. Hypnotist 1 pm Karaoke on the deck Cruise Week Glow Party 9:00 am Fitness with Dixie 10:00 am Chair Yoga with Kaye 8:00 a.m Welcome Leis with **Matt Markey** 9:00 am Fitness Logic with Lee 9:00 am Penny Bingo 9:00 am Rock Steady Boxing (Fee) 9:00 am Penny Bingo 10:00 am T.O.P.S meeting (Take Off Pounds Sensibly) 11:00 am Karaoke **Charter Senior Living** 9:00 am Tatting 8:00 am-9:30 am Biscuits and Gravy 9:00 am Rock Steady Boxing (Fee) 7:45 am Walking Exercise 11 a.m. Hawaiian Movie and 9:30 am Painting Class 9:00 am Bellydancing 9:00 am Yoga w/Dixie 9:00 am Duplicate Bridge 9:30 am Painting Class 11:00 am-12:30 pm Coffee Shop lunch **Lunch on the Deck** 9:30 am Bible Study 9:00 am Line Dance Beginner, Registration Req. 11:30 am Open Bridge Group 11:30 am Mixed Media Art Class/ Vivian Miller 10:00 am Beginner Canasta Lessons 9:00 am SilverSneakers Classic Fitness 10:00 am Creative Writing 9:00 am Beginner Bridge 10:00 am Chess 12:00 pm 500 Card Club 12:00 pm Card/ Board Game Group-Misc. 7:45 am Walking Exercise 10:00 am Tai Chi (Beginning) 10:00 am Line Dance (Intermediate) 10:00 am Wii Bowling 9:00 am Senior Yoga (CD) 10:30 am SilverSneakers Classic Fitness 10:00 am Canasta **10:00 am** Sexy & Fit after 40 12:30 pm Open Craft Time 1:00—3:30 pm Friday Dance 9:30 am Cornhole 11:00 am Belly Dancing 10:30 am Open Jam Session -\$1.00 Guests 11:00 am Line Dance 10:00 am Knitting & Crocheting 11:00 am Mah Jongg (experienced players) 11:00 am Mah Jongg (beginner lessons offered) 11:00 am Choir Practice 0:00 am Tai Chi (Advanced) 11:00 am-12:30 pm Coffee Shop lunch 11:00 am-12:30 pm Coffee Shop lunch **Featuring** 11:00 am Azria Balance Class 11:30 am Jazz Dancercise 11:30 am Mexican Train 11:00 am-12:30 pm Coffee Shop lunch **11:30 am** Phase 10 11:00 am-12:30 pm Coffee Shop lunch Cruise Week Dance Party 12:00 pm 500 Card Club 12:00 pm Bridge –Men 1:00 pm Coloring Corner 11:30 am Woodcarving 11:30 am Woodcarving 12:00 pm Bunco-\$1 entry 11:30 am Unlucky 7 Dice Game 12:00 pm Cribbage 12:00 pm Open Bridge 12:30 pm Penny Bingo with Ed Tryon 12:30 pm Penny Bingo 12:00 pm Pinochle 12:30 pm Tap Dance 12:00 pm Bridge-Duplicate 12:30 pm Painting Class 1:00 pm Ping Pong Biscuits & Gravy 1:00 pm Cake Decorating Class 1:00 pm Ping Pong 1:00 pm Social Group **26** 28 29 1 10 am Technology Class 1 pm Karaoke on the stage 12-1 pm Team Trivia: 12 pm Alzheimer's Support Group 9:00 am Fitness with Dixie 8:00 am-9:30 am Biscuits and Gravy 9:00 am Senior Companion Meeting **Rebus Puzzles** (4th Tuesday) 10:00 am Chair Yoga with Kave 7:45 am Walking Exercise 9:00 am Penny Bingo 9:00 am Yoga w/Dixie 9:00 am Duplicate Bridge 10:00 am T.O.P.S meeting (Take Off Pounds Sensibly) 9:30 am Grief Support Group 9:00 am Tatting 9:00 am Fitness Logic with Lee 9:00 am Rock Steady Boxing (Fee)
9:00 am Bellydancing
9:00 am Line Dance Beginner, Registration Req. 9:00 am Penny Bingo (4th Monday) 11:00 am Karaoke 9:30 am Painting Class 9:00 am Rock Steady Boxing (Fee) 11:00 am-12:30 pm Coffee Shop lunch 10:00 am Chess 1 pm Parkinson's Support 9:30 am Painting Class 11:30 am Open Bridge Group 11:30 am Mixed Media Art Class/ Vivian Miller 10:00 am Wii Bowling 9:00 am SilverSneakers Classic Fitness Group (4th Monday) 9:30 am Bible Study 10:00 am Sexy & Fit after 40 10:30 am Open Jam Session -\$1.00 Guests 9:00 am Beginner Bridge 10:00 am Beginner Canasta Lessons 12:00 pm Bunco-\$1 entry 10:00 am Creative Writing 10:00 am Tai Chi (Beginning) 10:00 am Line Dance (Intermediate) 12:00 pm 500 Card Club 11:00 am Choir Practice 10:00 am Canasta 7:45 am Walking Exercise 12:00 pm Card/ Board Game Group-Misc. 11:00 am-12:30 pm Coffee Shop lunch 11:00 am Line Dance 9:00 am Senior Yoga (CD) 10:30 am SilverSneakers Classic Fitness 12:30 pm Open Craft Time 1:00—3:30 pm Friday Dance

11:30 am Phase 10 **12:00 pm** 500 Card Club

12:00 pm Bridge –Men

1:00 pm Coloring Corner

Biscuits & Gravy

11:00 am Belly Dancing

11:30 am Jazz Dancercise

11:30 am Mexican Train

12:30 pm Penny Bingo

11:30 am Unlucky 7 Dice Game

1:00 pm Cake Decorating Class

12:30 pm Tap Dance 12:30 pm Painting Class, Ping Pong

11:00 am Mah Jongg (experienced players) 11:00 am-12:30 pm Coffee Shop lunch

9:30 am Cornhole

12:00 pm Pinochle

10:00 am Knitting & Crocheting

11:00 am-12:30 pm Coffee Shop lunch

10:00 am Tai Chi (Advanced)

11:30 am Woodcarving

12:00 pm Bridge-Duplicate

11:00 am Mah Jongg (beginner lessons offered)

12:00 pm Cribbage

1:00 pm Ping Pong

1:00 pm Social Group

12:00 pm Open Bridge

12:30 pm Penny Bingo

11:00 am-12:30 pm Coffee Shop lunch

11:30 am Woodcarving 12:00 pm Foster Grandparent Meeting

Featuring

The Huckleberrys