

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>9:00 am Fitness Logic with Lee 9:00 am Penny Bingo 9:30 am Painting Class 10:00 am Open Bridge Group 10:00 am Creative Writing 10:00 am Tai Chi (Beginning) 11:00 am Belly Dancing 11:00 am Jazz Dancercise 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Mexican Train 12:30 pm Penny Bingo 12:30 pm Pitch 12:30 pm Tap 1:00 pm Painting Class 1:00 pm Ping Pong</p>	<p>2</p> <p>9:00 am Yoga w/Dixie 9:00 am Chess 9:30 am Painting Class 10:00 am Sexy & Fit after 40 10:30 am Open Jam Session 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm 500 Card Club 12:30 pm Shuttling Tatting 1:00 pm Coloring Corner 1:00 pm Phase 10 1:30 pm Walking off the Pounds</p>	<p>3</p> <p>10:00 a.m.-Book Club in the Library (1st Thursday) 10:00 a.m.- Ice Cream Social with Care Initiatives Hospice</p> <p>9:00 am Penny Bingo 9:00 am Line Dance-(Intermediate Advanced) 9:00 am Senior Yoga (CD) 10:00 am Line Dance-(Beginner) 11:00 am Line Dance-(Intermediate Beginner) 11:00 am Woodcarving 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Cribbage 12:30 pm Pinochle 12:30 pm Penny Bingo 1:00 pm Men's & Women's Social Group 1:00 pm Ping Pong</p>	<p>4</p> <p>10:00 a.m Lap Dawgs walk Riverside Park</p> <p>9:00 am Fitness with Dixie 9:30 am Wii Bowling 10:00 am Chair Yoga with Kaye 10:00 am T.O.P.S- meeting (Take Off Pounds Sensibly) 11:00 am Jazz Dancercise 11:00 am Karaoke 11:30 am Open Bridge Group 11:30 am Mixed Media Art Class/ Vivian Miller 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm 500 Card Club 12:00 pm Card/ Board Game Group-Misc. 12:30 pm Open Craft Time <i>No Friday Dance</i></p>
<p>7</p> <p>8:00 am Scrapbooking 8:30 am Exercise Plus 50 9:00 am Senior Yoga (CD) 9:30 am Wii Bowling 10:00 am Knitting & Crocheting 10:00 am Tai Chi (Advanced) 11:00 am Belly Dancing 11:00 am Woodcarving 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:30 pm Movie "My Sisters Keeper" 1:00 pm Pinochle 1:30 pm Walking off the Pounds</p>	<p>8</p> <p>1:00 p.m. Crafts with Diana Patriotic Clothes Pin Wreath \$2.00 (Sign up- Limit of 10)</p> <p>9:00 am Fitness Logic with Lee 9:00 am Penny Bingo 9:30 am Painting Class 10:00 am Open Bridge Group 10:00 am Creative Writing 10:00 am Tai Chi (Beginning) 11:00 am Belly Dancing 11:00 am Jazz Dancercise 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Mexican Train 12:30 pm Penny Bingo 12:30 pm Pitch 12:30 pm Tap 1:00 pm Painting Class 1:00 pm Ping Pong</p>	<p>9</p> <p>9:00 am Yoga w/Dixie 9:00 am Chess 9:30 am Painting Class 10:00 am Sexy & Fit after 40 10:30 am Open Jam Session 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm 500 Card Club 12:30 pm Shuttling Tatting 1:00 pm Coloring Corner 1:00 pm Phase 10 1:30 pm Walking off the Pounds</p>	<p>10</p> <p>9:00 am Penny Bingo 9:00 am Line Dance-(Intermediate Advanced) 9:00 am Senior Yoga (CD) 10:00 am Line Dance-(Beginner) 11:00 am Line Dance-(Intermediate Beginner) 11:00 am Woodcarving 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Cribbage 12:30 pm Pinochle 12:30 pm Penny Bingo 1:00 pm Men's & Women's Social Group 1:00 pm Ping Pong</p>	<p>11</p> <p>10:30 am Genealogy Class (2nd Friday)</p> <p>9:00 am Fitness with Dixie 9:30 am Wii Bowling 10:00 am Chair Yoga with Kaye 10:00 am T.O.P.S- meeting (Take Off Pounds Sensibly) 11:00 am Jazz Dancercise 11:00 am Karaoke 11:30 am Open Bridge Group 11:30 am Mixed Media Art Class/ Vivian Miller 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm 500 Card Club 12:00 pm Card/ Board Game Group-Misc. 1:00-3:00 pm Friday Dance</p> <p><i>Featuring "Tripe Threat" - Free Will Donation Dance</i></p>
<p>14</p> <p>9:30 am Grief Support (2nd Monday) 1:00 p.m. Birthday Party (2nd Monday) Hosts: Entertainment: Treat Providers: Continental Springs & Countryside Health Care Center</p> <p>8:00 am Scrapbooking 8:30 am Exercise Plus 50 9:00 am Senior Yoga (CD) 9:30 am Wii Bowling 10:00 am Knitting & Crocheting 10:00 am Tai Chi (Advanced) 11:00 am Woodcarving 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 1:00 pm Pinochle 1:30 pm Walking off the Pounds</p>	<p>15</p> <p>9:00 am Fitness Logic with Lee 9:00 am Penny Bingo 9:30 am Painting Class 10:00 am Open Bridge Group 10:00 am Creative Writing 10:00 am Tai Chi (Beginning) 11:00 am Belly Dancing 11:00 am Jazz Dancercise 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Mexican Train 12:30 pm Penny Bingo 12:30 pm Pitch 12:30 pm Tap 1:00 pm Painting Class 1:00 pm Ping Pong</p>	<p>16</p> <p>9:00 am Yoga w/Dixie 9:00 am Chess 9:30 am Painting Class 10:00 am Sexy & Fit after 40 10:30 am Open Jam Session 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm 500 Card Club 12:30 pm Shuttling Tatting 1:00 pm Coloring Corner 1:00 pm Phase 10 1:30 pm Walking off the Pounds</p>	<p>17</p> <p>11:30 a.m.-1:00 p.m. Summer Steak Out Fundraiser 1:00 p.m. Family Feud with B.A.M. Sign up (Limit 15)</p> <p>9:00 am Penny Bingo 9:00 am Line Dance-(Intermediate Advanced) 9:00 am Senior Yoga (CD) 10:00 am Line Dance-(Beginner) 11:00 am Line Dance-(Intermediate Beginner) 11:00 am Woodcarving 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Cribbage 12:30 pm Pinochle 12:30 pm Penny Bingo 1:00 pm Men's & Women's Social Group 1:00 pm Ping Pong</p>	<p>18</p> <p>11:00 am -1:00 p.m. Shredtastic</p> <p>9:00 am Fitness with Dixie 9:30 am Wii Bowling 10:00 am T.O.P.S- meeting (Take Off Pounds Sensibly) 11:00 am Jazz Dancercise 11:00 am Karaoke 11:30 am Open Bridge Group 11:30 am Mixed Media Art Class/ Vivian Miller 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm 500 Card Club 12:00 pm Card/ Board Game Group-Misc. 12:30 pm Open Craft Time</p> <p><i>No Friday Dance</i></p>
<p>21</p> <p>8:00 am Scrapbooking 8:30 am Exercise Plus 50 9:00 am Senior Yoga (CD) 9:30 am Wii Bowling 10:00 am Knitting & Crocheting 10:00 am Tai Chi (Advanced) 11:00 am Belly Dancing 11:00 am Woodcarving 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:30 pm Movie "My Sisters Keeper" 1:00 pm Pinochle 1:30 pm Walking off the Pounds</p>	<p>22</p> <p>1:00 p.m. Crafts with Diana Americana Luminary Jar \$2.00 (Sign up- Limit of 10)</p> <p>9:00 am Fitness Logic with Lee 9:00 am Penny Bingo 9:30 am Painting Class 10:00 am Open Bridge Group 10:00 am Creative Writing 10:00 am Tai Chi (Beginning) 11:00 am Belly Dancing 11:00 am Jazz Dancercise 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Mexican Train 12:30 pm Penny Bingo 12:30 pm Pitch 12:30 pm Tap 1:00 pm Painting Class 1:00 pm Ping Pong</p>	<p>23</p> <p>9:00 am Yoga w/Dixie 9:00 am Chess 9:30 am Painting Class 10:00 am Sexy & Fit after 40 10:30 am Open Jam Session 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm 500 Card Club 12:30 pm Shuttling Tatting 1:00 pm Coloring Corner 1:00 pm Phase 10 1:30 pm Walking off the Pounds</p>	<p>24</p> <p>9:00 am Penny Bingo 9:00 am Line Dance-(Intermediate Advanced) 9:00 am Senior Yoga (CD) 10:00 am Line Dance-(Beginner) 11:00 am Line Dance-(Intermediate Beginner) 11:00 am Woodcarving 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Cribbage 12:30 pm Pinochle 12:30 pm Penny Bingo 1:00 pm Men's & Women's Social Group 1:00 pm Ping Pong</p>	<p>25</p> <p>9:00 am Fitness with Dixie 9:30 am Wii Bowling 10:00 am T.O.P.S- meeting (Take Off Pounds Sensibly) 11:00 am Jazz Dancercise 11:00 am Karaoke 11:30 am Open Bridge Group 11:30 am Mixed Media Art Class/ Vivian Miller 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm 500 Card Club 12:00 pm Card/ Board Game Group-Misc. 12:30 pm Open Craft Time 1:00-3:00 pm Friday Dance-Sponsored Dance</p> <p><i>Featuring "Country Brew"</i></p>
<p>28</p> <p>1:00 p.m. - (4th Monday) Parkinson's Support Group - In person or by Zoom</p> <p>8:00 am Scrapbooking 8:30 am Exercise Plus 50 9:00 am Senior Yoga (CD) 9:30 am Wii Bowling 10:00 am Knitting & Crocheting 10:00 am Tai Chi (Advanced) 11:00 am Belly Dancing 11:00 am Woodcarving 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:30 pm Movie "My Sisters Keeper" 1:00 pm Pinochle 1:30 pm Walking off the Pounds</p>	<p>29</p> <p>9:00 am Fitness Logic with Lee 9:00 am Penny Bingo 9:30 am Painting Class 10:00 am Open Bridge Group 10:00 am Creative Writing 10:00 am Tai Chi (Beginning) 11:00 am Belly Dancing 11:00 am Jazz Dancercise 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Mexican Train 12:30 pm Penny Bingo 12:30 pm Pitch 12:30 pm Tap 1:00 pm Painting Class 1:00 pm Ping Pong</p>	<p>30</p> <p>9:00 am Yoga w/Dixie 9:00 am Chess 9:30 am Painting Class 10:00 am Sexy & Fit after 40 10:30 am Open Jam Session 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm 500 Card Club 12:30 pm Shuttling Tatting 1:00 pm Coloring Corner 1:00 pm Phase 10 1:30 pm Walking off the Pounds</p>	<p>Open to the Public Biscuits and Gravy \$2.00 for 1 biscuit, \$4.00 for 2 On Wednesday's only. Serving from 8-10 a.m.</p>  	