

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p style="text-align: center;">Center Closed</p> <p style="text-align: center;">Happy New Year!</p>	<p>3</p> <p>9:00 am Fitness Logic with Lee 9:00 am Penny Bingo 9:00 am Rock Steady Boxing (Fee) 9:30 am Painting Class 9:30 am Bible Study 10:00 am Open Bridge Group 10:00 am Creative Writing 10:00 am Tai Chi (Beginning) 10:30 am Silver Sneakers Classic Fitness 11:00 am Belly Dancing 11:00 am-12:30 pm Coffee Shop lunch 11:30 am Jazz Dancercise 11:30 am Mexican Train 11:30 am Unlucky 7 Dice Game 12:30 pm Penny Bingo 12:30 pm Tap Dance 1:00 pm Painting Class 1:00 pm Ping Pong</p>	<p>4</p> <p>8:00 am-9:30 am Biscuits and Gravy 8:15 am Walking Exercise 9:00 am Yoga w/Dixie 9:00 am Chess 9:00 Silversneakers Boom Exercise 9:30 am Painting Class 10:00 am Sexy & Fit after 40 10:30 am Open Jam Session -\$1.00 Guests 11:00 am-12:30 pm Coffee Shop lunch 11:30 am Phase 10 12:00 pm 500 Card Club 12:00 pm Bridge -Men 1:00 pm Coloring Corner</p> 	<p>5</p> <p>9:00 am Penny Bingo 9:00 am Tattling 9:00 am Rock Steady Boxing (Fee) 9:00 am Senior Yoga (CD) 9:00 am Line Dance (Beginner) 9:00 am SilverSneakers Classic Fitness 9:00 am Beginner Bridge 10:00 am Book Discussion Group 10:00 am Line Dance-(Intermediate) 10:00 am Canasta 10:30 am Drum Circle 11:00 am Line Dance-(Advanced) 11:00 am-12:30 pm Coffee Shop lunch 11:30 am Woodcarving 12:00 pm Cribbage 12:30 pm Beginner Ballroom (Fee) 12:30 pm Mah Jongg 12:30 pm Penny Bingo 1:00 pm Sissy's Exercise Class 1:00 pm Ping Pong 1:00 pm Social Group 1:00 pm Angel Care Home Health Program</p>	<p>6</p> <p>8 am-9:30 am Breakfast 9:00 am Fitness with Dixie 10:00 am Chair Yoga with Kaye 10:00 am T.O.P.S - meeting (Take Off Pounds Sensibly) 11:00 am Jazz Dancercise (Advanced) 11:00 am Karaoke 11:30 am-12:30 pm Coffee Shop lunch 11:30 am Open Bridge Group 11:30 am Mixed Media Art Class/ Vivian Miller 12:00 pm Bunco-\$1 entry 12:00 pm 500 Card Club 12:00 pm Card/ Board Game Group-Misc. 12:30 pm Open Craft Time 1:00-3:30 pm Friday Dance</p> <p style="text-align: center;">Featuring Bob Brewer</p>
<p>9</p> <p style="text-align: center;">1 pm Birthday Party (2nd Monday) Host: Rich Rosenbaum Cake donated by Charter Living</p> <p>8:15 am Walking Exercise 9:00 am Senior Yoga (CD) 9:30 am Wii Bowling/Cornhole 10:00 am Knitting & Crocheting 10:00 am Tai Chi (Advanced) 11:00 am Belly Dancing 11:00 am Sissy's Exercise Class 11:00 am-12:30 pm Coffee Shop lunch 11:30 am Woodcarving 12:00 pm Bunco-\$1 entry 12:00 pm Sissy's Exercise Class 12:00 pm Pinochle 12:30 pm Bridge-Duplicate</p>	<p>10</p> <p style="text-align: center;">1 pm Activity with B.A.M. Minute to Win It</p> <p>9:00 am Fitness Logic with Lee 9:00 am Penny Bingo 9:00 am Rock Steady Boxing (Fee) 9:30 am Painting Class 9:30 am Bible Study 10:00 am Open Bridge Group 10:00 am Creative Writing 10:00 am Tai Chi (Beginning) 10:30 am Silver Sneakers Classic Fitness 11:00 am Belly Dancing 11:00 am-12:30 pm Coffee Shop lunch 11:30 am Jazz Dancercise 11:30 am Mexican Train 11:30 am Unlucky 7 Dice Game 12:30 pm Penny Bingo 12:30 pm Tap Dance 1:00 pm Painting Class 1:00 pm Ping Pong</p>	<p>11</p> <p style="text-align: center;">10 am-12 pm Ice Cream Sundaes with Siouxland Pace</p> <p>8:00 am-9:30 am Biscuits and Gravy 8:15 am Walking Exercise 9:00 am Yoga w/Dixie 9:00 am Chess 9:00 Silversneakers Boom Exercise 9:30 am Painting Class 10:00 am Sexy & Fit after 40 10:30 am Open Jam Session -\$1.00 Guests 11:00 am-12:30 pm Coffee Shop lunch 11:30 am Phase 10 12:00 pm 500 Card Club 12:00 pm Bridge -Men 1:00 pm Coloring Corner</p> 	<p>12</p> <p>9:00 am Penny Bingo 9:00 am Tattling 9:00 am Rock Steady Boxing (Fee) 9:00 am Senior Yoga (CD) 9:00 am Line Dance (Beginner) 9:00 am Silver Sneakers Classic Fitness 9:00 am Beginner Bridge 10:00 am Line Dance (Intermediate) 10:00 am Canasta 10:30 am Drum Circle 11:00 am Line Dance (Advanced) 11:00 am-12:30 pm Coffee Shop lunch 11:30 am Woodcarving 12:00 pm Cribbage 12:30 pm Beginner Ballroom 12:30 pm Mah Jongg 12:30 pm Penny Bingo 1:00 pm Sissy's Exercise Class 1:00 pm Ping Pong 1:00 pm Social Group 1:00 pm Unlocking Brain Fitness (Fee) 1:00 pm Angel Care Home Health Program</p>	<p>13</p> <p style="text-align: center;">10:30 am Genealogy Class (2nd Friday)</p> <p>8 am-9:30 am Breakfast 9:00 am Fitness with Dixie 10:00 am Chair Yoga with Kaye 10:00 am T.O.P.S - meeting (Take Off Pounds Sensibly) 11:00 am Jazz Dancercise (Advanced) 11:00 am Karaoke 11:30 am Open Bridge Group 11:30 am Mixed Media Art Class/ Vivian Miller 11:00 am-12:30 pm Coffee Shop lunch 12:00 pm 500 Card Club 12:00 pm Card/ Board Game Group-Misc. 12:30 pm Open Craft Time 1:00-3:30 pm Friday Dance</p> <p style="text-align: center;">Featuring Jerry O'Dell</p>
<p>16</p> <p style="text-align: center;">12-1 Trivia with prize</p> <p>8:15 am Walking Exercise 9:00 am Senior Yoga (CD) 9:30 am Wii Bowling/Cornhole 10:00 am Knitting & Crocheting 10:00 am Tai Chi (Advanced) 11:00 am Belly Dancing 11:00 am Sissy's Exercise Class 11:00 am-12:30 pm Coffee Shop Lunch 11:30 am Woodcarving 12:00 pm Bunco-\$1 entry 12:00 pm Sissy's Exercise Class 12:00 pm Pinochle 12:00 pm Trivia 12:30 pm Bridge-Duplicate 1:00 pm Azria Balance Class</p>	<p>17</p> <p style="text-align: center;">Crafts with Diana Burnt wood frames</p> <p>9:00 am Fitness Logic with Lee 9:00 am Penny Bingo 9:00 am Rock Steady Boxing (Fee) 9:30 am Painting Class 9:30 am Bible Study 10:00 am Open Bridge Group 10:00 am Creative Writing 10:00 am Tai Chi (Beginning) 10:30 am Silver Sneakers Classic Fitness 11:00 am Belly Dancing 11:00 am-12:30 pm Coffee Shop lunch 11:30 am Jazz Dancercise 11:30 am Mexican Train 11:30 am Unlucky 7 Dice Game 12:30 pm Penny Bingo, Gladys as caller 12:30 pm Tap Dance 1:00 pm Painting Class 1:00 pm Crafts with Diana 1:00 pm Ping Pong</p>	<p>18</p> <p style="text-align: center;">1-3 pm Speed Dating Event</p> <p>8:00 am-9:30 am Biscuits and Gravy 8:15 am Walking Exercise 9:00 am Yoga w/Dixie 9:00 Silversneakers Boom Exercise 9:00 am Chess 9:30 am Painting Class 10:00 am Sexy & Fit after 40 10:30 am Open Jam Session -\$1.00 Guests 11:00 am-12:30 pm Coffee Shop lunch 11:30 am Phase 10 12:00 pm 500 Card Club 12:00 pm Bridge -Men 1:00 pm Coloring Corner</p> 	<p>19</p> <p>9:00 am Penny Bingo 9:00 am Tattling 9:00 am Rock Steady Boxing (Fee) 9:00 am Senior Yoga (CD) 9:00 am Line Dance (Beginner) 9:00 am SilverSneakers Classic Fitness 9:00 am Beginner Bridge 10:00 am Line Dance (Intermediate) 10:00 am Canasta 10:30 am Drum Circle 11:00 am Line Dance (Advanced) 11:00 am-12:30 pm Coffee Shop lunch 11:30 am Woodcarving 12:00 pm Cribbage 12:30 pm Beginner Ballroom (Fee) 12:30 pm Mah Jongg 12:30 pm Penny Bingo 1:00 pm Ping Pong 1:00 pm Sissy's Exercise Class 1:00 pm Social Group 1:00 pm Unlocking Brain Fitness (Fee) 1:00 pm Angel Care Home Health Program</p>	<p>20</p> <p>8 am-9:30 am Breakfast 9:00 am Fitness with Dixie 10:00 am Chair Yoga with Kaye 10:00 am T.O.P.S - meeting (Take Off Pounds Sensibly) 11:00 am Jazz Dancercise (Advanced) 11:00 am Karaoke 11:00 am-12:30 pm Coffee Shop lunch 11:30 am Open Bridge Group 11:30 am Mixed Media Art Class/ Vivian Miller 12:00 pm Bunco-\$1 entry 12:00 pm 500 Card Club 12:00 pm Card/ Board Game Group-Misc. 12:30 pm Open Craft Time 1:00-3:30 pm Friday Dance</p> <p style="text-align: center;">Featuring The Embers</p>
<p>23</p> <p style="text-align: center;">Parkinson's Support Group (4th Monday) 1:00 PM</p> <p>8:15 am Walking Exercise 9:00 am Senior Yoga (CD) 9:30 am Wii Bowling/Cornhole 10:00 am Knitting & Crocheting 10:00 am Tai Chi (Advanced) 10:00 am Coffee Series -Outsmart yourself 11:00 am Belly Dancing 11:00 am Woodcarving 11:00 am-12:30 pm Coffee Shop lunch 12:00 pm Sissy's Exercise Class 12:00 pm Pinochle 12:30 pm Bridge-Duplicate</p>	<p>24</p> <p>9:00 am Fitness Logic with Lee 9:00 am Penny Bingo 9:00 am Rock Steady Boxing (Fee) 9:30 am Painting Class 9:30 am Bible Study 10:00 am Open Bridge Group 10:00 am Creative Writing 10:00 am Tai Chi (Beginning) 10:30 am Silver Sneakers Classic Fitness 11:00 am Belly Dancing 11:00 am-12:30 pm Coffee Shop lunch 11:30 am Jazz Dancercise 11:30 am Mexican Train 11:30 am Unlucky 7 Dice Game 12:30 pm Penny Bingo 12:30 pm Tap Dance 1:00 pm Painting Class 1:00 pm Ping Pong</p>	<p>25</p> <p>8:00 am-9:30 am Biscuits and Gravy 8:15 am Walking Exercise 9:00 am Yoga w/Dixie 9:00 am Chess 9:00 Silversneakers Boom Exercise 9:30 am Painting Class 10:00 am Sexy & Fit after 40 10:30 am Open Jam Session -\$1.00 Guests 11:30 am Phase 10 11:00 am-12:30 pm Coffee Shop lunch 12:00 pm 500 Card Club 12:00 pm Bridge -Men 1:00 pm Coloring Corner</p> 	<p>26</p> <p>9:00 am Penny Bingo 9:00 am Tattling 9:00 am Rock Steady Boxing (Fee) 9:00 am Senior Yoga (CD) 9:00 am Line Dance (Beginner) 9:00 am SilverSneakers Classic Fitness 9:00 am Beginner Bridge 10:00 am Line Dance (Intermediate) 10:00 am Canasta 10:30 am Drum Circle 11:00 am Line Dance (Advanced) 11:00 am-12:30 pm Coffee Shop lunch 11:30 am Woodcarving 12:00 pm Cribbage 12:30 pm Mah Jongg 12:30 pm Beginner Ballroom (Fee) 12:30 pm Mah Jongg 12:30 pm Penny Bingo 1:00 pm Sissy's Exercise Class 1:00 pm Ping Pong 1:00 pm Social Group 1:00 pm Unlocking Brain Fitness (Fee) 1:00 pm Angel Care Home Health Program</p>	<p>27</p> <p>8 am-9:30 am Breakfast 9:00 am Fitness with Dixie 10:00 am Chair Yoga with Kaye 10:00 am T.O.P.S - meeting (Take Off Pounds Sensibly) 11:00 am Jazz Dancercise (Advanced) 11:00 am Karaoke 11:00 am-12:30 pm Coffee Shop lunch 11:30 am Open Bridge Group 11:30 am Mixed Media Art Class/ Vivian Miller 11:30 am Briar Cliff Physical Therapy 12:00 pm 500 Card Club 12:00 pm Card/ Board Game Group-Misc. 12:30 pm Open Craft Time 1:00-3:30 pm Friday Dance</p> <p style="text-align: center;">Featuring Ed Tryon</p>
<p>30</p> <p style="text-align: center;">12-1 Trivia with prize</p> <p>8:15 am Walking Exercise 9:00 am Senior Yoga (CD) 9:30 am Wii Bowling/Cornhole 10:00 am Knitting & Crocheting 10:00 am Tai Chi (Advanced) 11:00 am Belly Dancing 11:00 am-12:30 pm Coffee Shop lunch 11:30 am Woodcarving 12:00 pm Sissy's Exercise Class 12:00 pm Pinochle 12:00 pm Trivia 12:30 pm Bridge-Duplicate 1:00 pm Azria Balance Class</p>	<p>31</p> <p style="text-align: center;">Crafts with Diana Fabric Crosses (limit 3)</p> <p>9:00 am Fitness Logic with Lee 9:00 am Penny Bingo 9:00 am Rock Steady Boxing (Fee) 9:30 am Painting Class 9:30 am Bible Study 10:00 am Open Bridge Group 10:00 am Creative Writing 10:00 am Tai Chi (Beginning) 10:30 am Silver Sneakers Classic Fitness 11:00 am Belly Dancing 11:00 am-12:30 pm Coffee Shop lunch 11:30 am Jazz Dancercise 11:30 am Mexican Train 11:30 am Unlucky 7 Dice Game 12:30 pm Penny Bingo 12:30 pm Tap dancing 1:00 pm Painting Class 1:00 pm Crafts with Diana 1:00 pm Ping Pong</p>	<p>1</p> <p>8:00 am-9:30 am Biscuits and Gravy 8:15 am Walking Exercise 9:00 am Yoga w/Dixie 9:00 am Chess 9:00 Silversneakers Boom Exercise 9:30 am Painting Class 10:00 am Sexy & Fit after 40 10:30 am Open Jam Session -\$1.00 Guests 11:30 am Phase 10 11:00 am-12:30 pm Coffee Shop lunch 12:00 pm 500 Card Club 12:00 pm Bridge -Men 1:00 pm Coloring Corner</p> 	<p>2</p> <p>9:00 am Penny Bingo 9:00 am Tattling 9:00 am Rock Steady Boxing (Fee) 9:00 am Senior Yoga (CD) 9:00 am Line Dance (Beginner) 9:00 am SilverSneakers Classic Fitness 9:00 am Beginner Bridge 10:00 am Line Dance (Intermediate) 10:00 am Canasta 10:30 am Drum Circle 11:00 am Line Dance (Advanced) 11:00 am-12:30 pm Coffee Shop lunch 11:30 am Woodcarving 12:00 pm Cribbage 12:30 pm Beginner Ballroom (Fee) 12:30 pm Mah Jongg 12:30 pm Penny Bingo 1:00 pm Sissy's Exercise Class 1:00 pm Ping Pong 1:00 pm Social Group 1:00 pm Unlocking Brain Fitness (Fee) 1:00 pm Angel Care Home Health Program</p>	<p>3</p> <p>8 am-9:30 am Breakfast 9:00 am Fitness with Dixie 10:00 am Chair Yoga with Kaye 10:00 am T.O.P.S - meeting (Take Off Pounds Sensibly) 11:00 am Jazz Dancercise (Advanced) 11:00 am Karaoke 11:00 am-12:30 pm Coffee Shop lunch 11:30 am Open Bridge Group 11:30 am Mixed Media Art Class/ Vivian Miller 11:30 am Briar Cliff Physical Therapy 12:00 pm 500 Card Club 12:00 pm Card/ Board Game Group-Misc. 12:30 pm Open Craft Time 1:00-3:30 pm Friday Dance</p> <p style="text-align: center;">Featuring 4 on the Road</p>