


Monday	Tuesday	Wednesday	Thursday	Friday
<p>Due to Social Distancing we have set room limits. Room limits are different based off of size of the room. Please see limit posting outside of each room. We appreciate you adhering to the limits set. Thank you!</p>	<p><b>1</b></p> <p>8:30 am Get Fit With Lee 8:30 am Penny Bingo 9:30 am Painting Class 10:00 am Tai Chi (Beginning) Week 1 10:00 am Creative Writing 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Mexican Train 12:30 pm Penny Bingo 12:30 pm Pitch 1:00 pm Painting Class 1:00 pm Ping Pong</p>	<p><b>2</b></p> <p>9:00 am Yoga w/Dixie 9:00 am Chess 9:30 am Painting Class 10:00 am Sexy &amp; Fit after 40 10:30 am Open Jam Session 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm 500 Card Club 1:00 pm Coloring Corner 1:00 pm Phase 10 1:30 pm Walking off the Pounds</p>	<p><b>3</b></p> <p>8:30 am Penny Bingo 9:00 am Line Dance-(Intermediate Beginner) 9:00 am Senior Yoga (CD) 10:00 am Line Dance-(Beginner) 10:00 am Line Dance - (Intermediate) 11:00 am Woodcarving 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Cribbage 12:30 pm Canasta 12:30 pm Penny Bingo 1:00 pm Men's &amp; Women's Social Group 1:00 pm Ping Pong</p>	<p><b>4</b></p> <p>8:30 am Get Fit With Lee 10:00 am T.O.P.S- meeting (Take Off Pounds Sensibly) 11:30 am-12:30 pm No Cafeteria Lunch -Coffee Shop is open. 12:00 pm 500 Card Club 12:00 pm Card Group-(Misc.) 12:30 pm Pinochle</p> <p style="text-align: center;"><i>No Friday Dance</i></p>
<p><b>7</b></p> <p><b>CLOSED FOR LABOR DAY</b></p> 	<p><b>8</b></p> <p>8:30 am Get Fit With Lee 8:30 am Penny Bingo 9:30 am Painting Class 10:00 am Tai Chi (Beginning) Week 2 10:00 am Creative Writing 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Mexican Train 12:30 pm Penny Bingo 12:30 pm Pitch 1:00 pm Painting Class 1:00 pm Ping Pong</p>	<p><b>9</b></p> <p>9:00 am Yoga w/Dixie 9:00 am Chess 9:30 am Painting Class 10:00 am Sexy &amp; Fit after 40 10:30 am Open Jam Session 11:00 am Jazz Dancercise 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm 500 Card Club 1:00 pm Coloring Corner 1:00 pm Phase 10 1:30 pm Walking off the Pounds</p>	<p><b>10</b></p> <p>8:30 am Penny Bingo 9:00 am Line Dance-(Intermediate Beginner) 9:00 am Senior Yoga (CD) 10:00 am Line Dance-(Beginner) 10:00 am Line Dance - (Intermediate) 11:00 am Woodcarving 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Cribbage 12:30 pm Canasta 12:30 pm Penny Bingo 1:00 pm Men's &amp; Women's Social Group 1:00 pm Ping Pong</p>	<p><b>11</b></p> <p>8:30 am Get Fit With Lee 9:00 am Mixed Media Art Class/ Vivian Miller 10:00 am T.O.P.S- meeting (Take Off Pounds Sensibly) 11:00 am Jazz Dancercise 11:30 am-12:30 pm No Cafeteria Lunch -Coffee Shop is open. 12:00 pm 500 Card Club 12:00 pm Card Group-(Misc.) 12:30 pm Open Craft Time 12:30 pm Pinochle</p> <p style="text-align: center;"><i>No Friday Dance</i></p>
<p><b>14</b></p> <p>1:00 pm Birthday Party (2nd Monday) Hosts: Staff Entertainment: "Ed Tryon" Treat Provider: Continental Springs</p> <p>8:00 am Scrapbooking 8:30 am Exercise Plus 50 9:00 am Senior Yoga (CD) 9:30 am Wii Bowling 10:00 am Knitting &amp; Crocheting 10:00 am Tai Chi (Advanced) 11:00 am Woodcarving 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 1:00 pm Pinochle 1:30 pm Walking off the Pounds</p>	<p><b>15</b></p> <p>8:30 am Get Fit With Lee 8:30 am Penny Bingo 9:30 am Painting Class 10:00 am Tai Chi (Beginning) Week 3 10:00 am Creative Writing 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Mexican Train 12:30 pm Penny Bingo 12:30 pm Pitch 1:00 pm Painting Class 1:00 pm Ping Pong</p>	<p><b>16</b></p> <p>9:00 am Yoga w/Dixie 9:00 am Chess 9:30 am Painting Class 10:00 am Sexy &amp; Fit after 40 10:30 am Open Jam Session 11:00 am Jazz Dancercise 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm 500 Card Club 1:00 pm Coloring Corner 1:00 pm Phase 10 1:30 pm Walking off the Pounds</p>	<p><b>17</b></p> <p>10:00 a.m. -1:00 p.m. Hy-Vee Shot Clinic (Bring your insurance cards)</p> <p>1:00 p.m. Crafts with Diana Decorate a Welcome Board (Sign up- Limit of 10)</p> <p>8:30 am Penny Bingo 9:00 am Line Dance-(Intermediate Beginner) 9:00 am Senior Yoga (CD) 10:00 am Line Dance-(Beginner) 10:00 am Line Dance - (Intermediate) 11:00 am Woodcarving 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Cribbage 12:30 pm Canasta 12:30 pm Penny Bingo 1:00 pm Men's &amp; Women's Social Group 1:00 pm Ping Pong</p>	<p><b>18</b></p> <p>11:00 a.m. -1:00 p.m. Shredtastic</p> <p>8:30 am Get Fit With Lee 9:00 am Mixed Media Art Class/ Vivian Miller 10:00 am T.O.P.S- meeting (Take Off Pounds Sensibly) 11:00 am Jazz Dancercise 11:30 am-12:30 pm No Cafeteria Lunch -Coffee Shop is open. 12:00 pm 500 Card Club 12:00 pm Card Group-(Misc.) 12:30 pm Open Craft Time 12:30 pm Pinochle</p> <p style="text-align: center;"><i>No Friday Dance</i></p>
<p><b>21</b></p> <p>8:00 am Scrapbooking 8:30 am Exercise Plus 50 9:00 am Senior Yoga (CD) 9:30 am Wii Bowling 10:00 am Knitting &amp; Crocheting 10:00 am Tai Chi (Advanced) 11:00 am Woodcarving 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:30 pm Movie "SEABISCUIT" 11:00 pm Pinochle 1:30 pm Walking off the Pounds</p>	<p><b>22</b></p> <p>1:00 p.m. Flower Collage with Vivian Miller Sign Up—(Limit 8)</p> <p>8:30 am Get Fit With Lee 8:30 am Penny Bingo 9:30 am Painting Class 10:00 am Tai Chi (Beginning) Week 4 10:00 am Creative Writing 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Mexican Train 12:30 pm Penny Bingo 12:30 pm Pitch 1:00 pm Painting Class 1:00 pm Ping Pong</p>	<p><b>23</b></p> <p>9:00 am Yoga w/Dixie 9:00 am Chess 9:30 am Painting Class 10:00 am Sexy &amp; Fit after 40 10:30 am Open Jam Session 11:00 am Jazz Dancercise 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm 500 Card Club 1:00 pm Coloring Corner 1:00 pm Phase 10 1:30 pm Walking off the Pounds</p>	<p><b>24</b></p> <p>8:30 am Penny Bingo 9:00 am Line Dance-(Intermediate Beginner) 9:00 am Senior Yoga (CD) 10:00 am Line Dance-(Beginner) 10:00 am Line Dance - (Intermediate) 11:00 am Woodcarving 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Cribbage 12:30 pm Canasta 12:30 pm Penny Bingo 1:00 pm Men's &amp; Women's Social Group 1:00 pm Ping Pong</p>	<p><b>25</b></p> <p>8:30 am Get Fit With Lee 9:00 am Mixed Media Art Class/ Vivian Miller 10:00 am T.O.P.S- meeting (Take Off Pounds Sensibly) 11:00 am Jazz Dancercise 11:30 am-12:30 pm No Cafeteria Lunch -Coffee Shop is open. 12:00 pm 500 Card Club 12:00 pm Card Group-(Misc.) 12:30 pm Open Craft Time 12:30 pm Pinochle</p> <p style="text-align: center;"><i>No Friday Dance</i></p>
<p><b>28</b></p> <p>1:00 p.m. - (4th Monday) Parkinson's Support Group is via Zoom. Please call prior to coming to allow time for set up.</p> <p>8:00 am Scrapbooking 8:30 am Exercise Plus 50 9:00 am Senior Yoga (CD) 9:30 am Wii Bowling 10:00 am Knitting &amp; Crocheting 10:00 am Tai Chi (Advanced) 11:00 am Woodcarving 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:30 pm Movie "Mamma Mia" 1:00 pm Pinochle 1:30 pm Walking off the Pounds</p>	<p><b>29</b></p> <p>8:30 am Get Fit With Lee 8:30 am Penny Bingo 9:30 am Painting Class 10:00 am Tai Chi (Beginning) Week 5 10:00 am Creative Writing 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm Mexican Train 12:30 pm Penny Bingo 12:30 pm Pitch 1:00 pm Painting Class 1:00 pm Ping Pong</p>	<p><b>30</b></p> <p>9:00 am Yoga w/Dixie 9:00 am Chess 9:30 am Painting Class 10:00 am Sexy &amp; Fit after 40 10:30 am Open Jam Session 11:00 am Jazz Dancercise 11:30 am-12:30 pm No Cafeteria Lunch-Coffee Shop is open. 12:00 pm 500 Card Club 1:00 pm Coloring Corner 1:00 pm Phase 10 1:30 pm Walking off the Pounds</p>	 <p>Due to Social Distancing we have set room limits. Room limits are different based off of size of the room. Please see limit posting outside of each room. We appreciate you adhering to the limits set. Thank you!</p>	