

Siouxland Center

for Active Generations

Homemade food prepared by Sandy Welch

Meals are \$5.25

All Meals include choice of beverage and salads

Serving from 11:30 – 12:30 Carry-out available

September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 CLOSED	3 Country Fried Steak Mashed Potatoes & Gravy Vegetable Dessert	4 Hot Beef Sandwich Mashed Potatoes & Gravy Vegetable Dessert	5 Chicken Breast Rice Vegetable Dessert	6 Spaghetti with Meat Garlic Bread Dessert
9 Chicken Fried Chicken Mashed Potatoes & Gravy Vegetable Dessert	10 Pork Loin Mashed Potatoes & Gravy Vegetable Dessert	11 Fried Catfish Baked Potato Vegetable Dessert	12 Roast Beef Mashed Potatoes & Gravy Vegetable Dessert	13 BBQ Beef Sandwich Potato Logs Dessert
16 Hot Pork Sandwich Mashed Potatoes & Gravy Vegetable Dessert	17 Meatloaf Mashed Potatoes & Gravy Vegetable Dessert	18 Beef Stroganoff Dessert	19 Broasted Chicken Mashed Potatoes & Gravy Vegetable Dessert	20 Tavern Chips Baked Beans Dessert
23 Goulash Garlic Bread Dessert	24 Pork Loin Mashed Potatoes & Gravy Vegetable Dessert	25 Pizza Flat Bread Dessert	26 Salisbury Steak Mashed Potatoes & Gravy Vegetable Dessert	27 Baked Ham Mashed Potatoes & Gravy Vegetable Dessert
30 Hot Beef Sandwich Mashed Potatoes & Gravy Vegetable Dessert				