#### ABOUT ME AND WHY I 'M HERE



- Michael Gamez (he/him)
- Married
- 5 y.o Frenchie, Hamburger
- Manager, Equity Inclusion & Diversity at VCA Animal Hospitals
- Raised in Central Valley, CA
- Former college educator
- Love to bake/cook





# CREATING A CULTURE OF INCLUSION



Michael Gamez, M.S. Manager, Equity Inclusion & Diversity VCA Animal Hospitals

#### WHAT WE'LL COVER TODAY

Diversity, Equity & Inclusion Basics

The Building Blocks for Inclusion

Common Roadblocks to Diversity, Equity & Inclusion

Your Role - Acts of Inclusion



#### DURING OUR TIME TOGETHER



Ask questions.

01

Be curious.

02

Commit.

03

## WHAT IS DIVERSITY, EQUITY & INCLUSION?

Diversity As ks

Who is in the room?

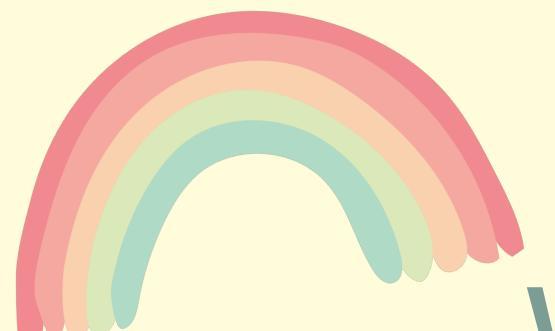
Equity Asks

Who is trying to get in the room but can't and what are the barriers?

In c lusion Asks Has everyone 's ideas been heard, respected and understood?

Belonging Asks Is everyone feeling valued through positive connections with others and able to bring their authnetic self to work?





### WHO ARE

YOU?







#### Employees

Helping your team(s) realize their full potential.

#### Clients & Pets

Understand our clients on a deeper level to help deliver the best care possible.

Communities

Creating connections and educational moments around pet care.

# DEI'S IMPACT ON BUSINESS





# COMMON ROADBLOCKS TO DEI: BIAS



#### **Affinity Bias**

 The tendency to favor individuals who are similar to oneself or share the same background.

#### **Authority Bias**

Inclination to
 accept and value
 the views,
 information, or
 recommendations
 from authoritative
 sources.

#### **Attribution Bias**

Explaining a
 person 's behavior
 by referring to
 their character
 rather than any
 situational factor.

# WHEN YOU DON'T INTENTIONALLY INCLUDE, YOU UNINTENTIONALLY EXCLUDE.

CAN YOU THINK OF A TIME WHEN YOU FELT EXCLUDED? HOW DOES IT FEEL TO BE INCLUDED?

#### YOUR ROLE - ACTS OF INCLUSION

#### Active Listening

- Pay Attention
- Withhold judgement
- Re fle c t
- Cla rify
- Sum marize
- Share

#### Mic ro a ffirm a tions

- Small subtle acts of recognition.
- Convey inclusion, care and listening.
- Respond constructively to differences.
- Ask questions and opinions, listen care fully.

#### Allyship

- Proactively champions and advocats on behalf of others.
- Recognizes privileges they hold and uses them for the betterment of others.

#### Inclusive Language

- People first
- Conscious
- Accessible
- Accurate
- Non stereotypical
- Gender Neutral



#### AN INCLUSIVE LEADER:



Operates transparently rather than behind closed doors.



Fully embraces the vast diversity of today's workforce.



Recoginzes efforts and accomplish ments.

Takes a collaborative approach as opposed to command and control.



Is culturally agile, not tied to their own worldview.



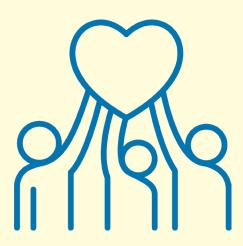
Creates a safe space for people to give the best of their talents.



#### DEI IN ACTION







Client impact

- Get to know your clients.
- Be receptive to hearing and learning.

Employee impact

- Monthly discussions as a team.
- Celebrating our differences.

Community impact

- Take a look into your community 's makeup.
- Identify what key events happen in your community.

#### WHAT IS YOUR COMMITMENT?

#### VETERINARY DEI RESOURCES



#### **DEI Training**

- BlendVet
- Pawsibilities VetMed
- Vetspacito

#### Affinity Organizations

- Association of Asian Veterinary Medical Professionals
- Black DVM Network
- Diversify Veterinary Medicine Coalition
- Latinx Veterinary Medical Association
- Pride Veterinary Medical Community
- National Association of Black Veterinarians
- Women 's Veterinary Leadership Development Initiative





#### CONCLUSION

Let's stay connected: *Add me on LinkedIn* 

Email: Michael. Gamez@vca.com



- DElefforts are <u>muscles</u> we need to strengthen!
- Inclusive leadership is a <u>journey</u> -- TRY AGAIN, repeat!
- Identify your commitment to DEI and stick with it.
- Their is a community in veterinary medicine to support you!