

## Welcome

A huge welcome to our Kickstar Sports coaching team.

I started my business, Kickstar Sports in 2020 with the mission to give every child access to an exciting, enjoyable and interactive activities inclusive for all. Where we aim to develop children skills and techniques to their highest potential in an environment that is enriched with opportunity, sense of self esteem, confidence and desire to learn.

Little did I know that 3 years on, Kickstar Sports would continue to grow into the unique sports coaching company as we see it today. Our operation has extended to working in primary schools across West Sussex, running termly holiday camps and recently expanding our business to birthday parties as we continue to grow, exceed expectation and reach out to children that love sports as much as we do.

I hope that this information gives you a little insight into who we are and what you can expect from a sports coaching provider and more,





Coach Luke is brilliant with the children. Both my children had the best week at the Football course. Thank you to you all.

> Siobhan Maynard Parent





"First time our 7 year old attended a holiday club. He came out so elated so happy. He loved the big kids (the instructors) had the best fun ever, made five new friends...then begged me to sign him up for another three days. Amazing instructors, safe and great environment - will definitely be back!"

**Anonymous** 

Parent





#### **Our Values**

## Inclusivity



Promoting an inclusive environment where all children are valued and respected, regardless of their background, ethnicity, gender, or ability.

## Collaboration



Fostering a spirit of collaboration and teamwork, encouraging children to work together, share ideas, and support one another.

### Respect



Teaching students the importance of respect for themselves, their peers, teachers, and the wider community.

## School Coaching Services

At Kickstar Sports we have over a decade of experience working in over 20 primary schools across Hampshire & West Sussex. Our fully qualified coaches create an environment that is rich with opportunity to learn skills and techniques in isolation and in combination with others, promoting further development of FMS for continued use to lead a healthy and active lifestyle.

## Provide detailed feedback



Promoting educational outcomes by helping young people build their self-confidence and self-esteem through sport as well as teaching them the value and significance of participation.

# Exceptional coaching expertise



Supporting teachers in their efforts to gain a greater understanding of how children acquire fundamental abilities like locomotion, object control, stability, balance, and coordination.

### Bespoke Programmes



Our coaches plan and deliver detailed and progressive termly lesson plans specifically tailored to the groups needs. Promoting lifelong participation in sport and physical activity to young people.

## TESTIMONIALS



I just wanted to pass on my thanks for yet again, delivering excellent after school football clubs three nights per week during term time. Since joining us in September 2021 your clubs continues to be the most popular club out of all 35 clubs we run each week at the Chichester Free School. Not only are you always full within seconds of the booking forms going live but I have waiting lists as long as my arm of children desperate to join. If only I had more space and more days!

Mrs Sue Moon Chichester Free School







My son has been enjoying football coaching with Luke and his team from a young age. For his 6th birthday Luke ran a football party for my son and 14 friends and they all LOVED IT! Thanks Luke, you're fab with the kids. Hudson can't wait to return to holiday club soon

> **Hayley Laurence** Parent





A fab summer holiday club! My son loved it. The coaches made each day fun and entertaining. For my football mad son it was perfect. Thank you! I hope you continue to run them.

> **Joanna Sargent** Parent





FANTASTIC Saturday morning football fun! Run by enthusiastic well organised coaches.

> **Anna Davies** Parent





My son had a fabulous week and talked about the coaches with great feedback. Thanks!

> **Anonymous** Parent

\*\*\*\*



kickstarsportscoaching@gmail.co.uk



www.kickstarsportscoaching.co.uk

