



# OUR VENUE

## ST RICHARDS PRIMARY SCHOOL

### DROPPING OFF:

DROP OFF WILL BE AT MULTI PURPOSE ROOM ANYTIME BETWEEN 8:30 - 9:00AM. THE MULTI-PURPOSE (ROCKETEERS ROOM) IS LOCATED WITHIN THE RED CIRCLE AS SHOWN IN THE FIGURE BELOW.

### COLLECTION:

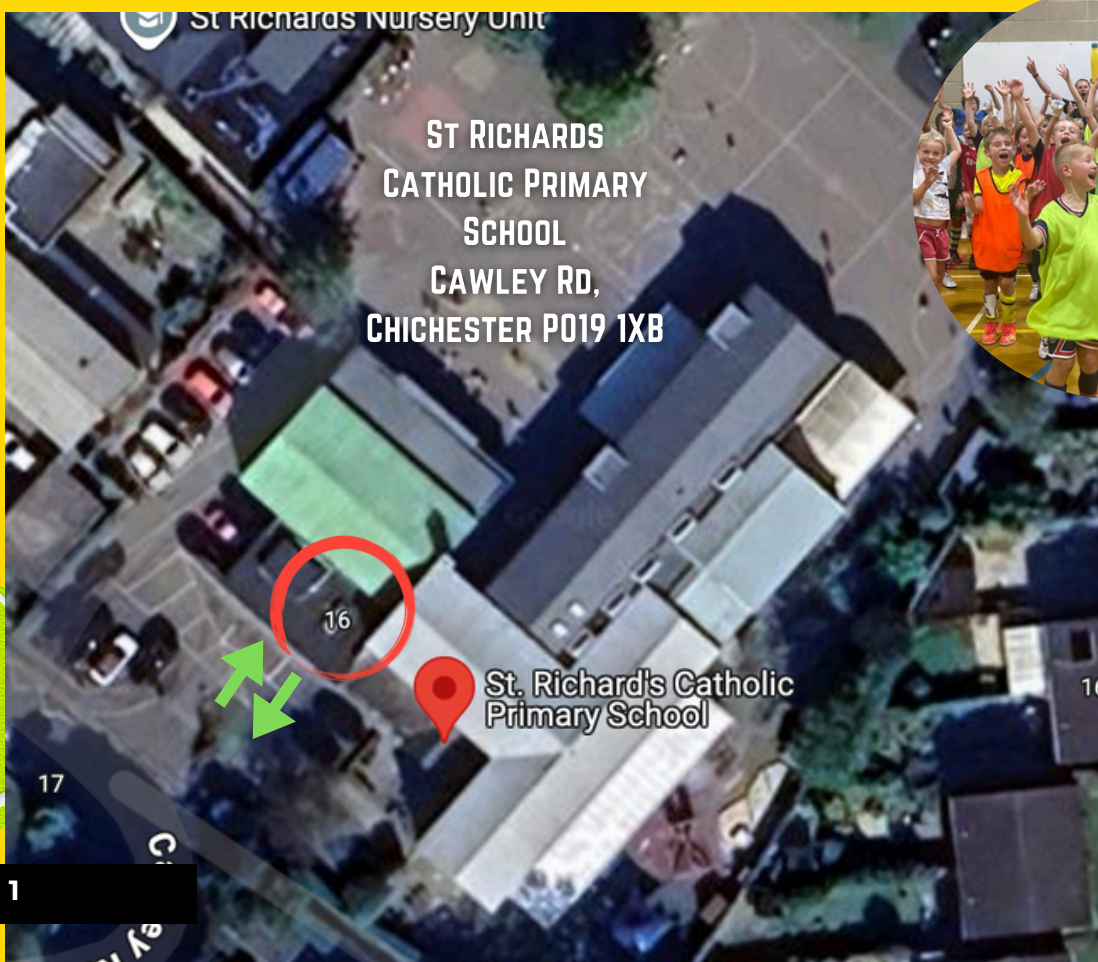
UPON COLLECTION, OUR COACHES WILL MEET YOU OUTSIDE THE MULTI-PURPOSE ROOM WHERE YOU DROPPED OFF YOUR CHILD IN THE MORNING, ALONG WITH ALL THEIR BELONGINGS TO TAKE HOME. WE EXPECT THE SAME PARENT OR GUARDIAN WHO DROPPED OFF YOUR CHILD TO COLLECT THEM UNLESS INFORMED OTHERWISE. PLEASE INFORM OUR COACHES IN THE MORNING OF WHO WILL BE COLLECTING YOUR CHILD, AND BE SURE TO PROVIDE YOUR CHOSEN SAFEGUARDING PASSWORD FROM OUR REGISTRATION FORM.

### LUNCH

WE WILL BE TAKING AN HOUR'S LUNCH OUT OF OUR CHILDREN FOR CHILDREN TO REST AND RE-ENERGISE FOR THE AFTERNOON AHEAD. PLEASE PACK A LARGE LUNCH FOR YOU'RE CHILD TO GET THEM THOUGH OUR BUSY MULTI-SPORTS DAY.

### 'NO NUTS' POLICY

TO PROTECT YOU CHILD AND OTHERS THAT MAY HAVE AN ALLERGY, PLEASE COULD WE ASK FOR PARENTS / GUARDIANS TO PACK LUNCHES CONTAINING 'NO NUTS' PLEASE.



# WHAT TO EXPECT



OUR MULTI-SPORTS DAY IS DESIGNED TO BE A FUN, ENGAGING, AND SKILL-BUILDING EXPERIENCE FOR BOYS AND GIRLS 4-11 YEARS OLD. WE OFFER A VARIETY OF ACTIVITIES THAT HELPS CHILDREN DEVELOP FUNDAMENTAL MOVEMENT SKILLS WHILE FOSTERING A LOVE FOR SPORTS AND PHYSICAL ACTIVITY.

HERE'S WHAT YOU AND YOUR CHILD CAN EXPECT:



## A FUN INTRODUCTION TO MULTIPLE SPORTS

- **VARIETY:** EACH SESSION INTRODUCES A NEW SPORT OR ACTIVITY, INCLUDING FOOTBALL, BASKETBALL, TENNIS, HANDBALL AND MUCH MORE. THIS KEEPS THINGS FRESH AND ALLOWS CHILDREN TO EXPLORE NEW SPORTS WHICH THEY HAVE NOT EXPERIENCE PREVIOUSLY.
- **NON-COMPETITIVE ENVIRONMENT:** OUR PRIMARY FOCUS IS ON PARTICIPATION AND MAKING OUR ACTIVITIES FUN. CHILDREN CAN TRY THEIR BEST IN AN ENVIRONMENT COMFORTABLE ENVIRONMENT WITH OTHERS OF A SIMILAR AGE AND ABILITY.
- **TEAM ACTIVITIES:** MANY OF THE SPORTS AND ACTIVITIES ARE TEAM-BASED, HELPING CHILDREN LEARN TO WORK TOGETHER, COMMUNICATE, AND UNDERSTAND THE IMPORTANCE OF COLLABORATION.
- **STRUCTURED ROUTINE:** EACH SESSION FOLLOWS A STRUCTURED ROUTINE, INCLUDING WARM-UPS, SKILL PRACTICE, GAME TIME, AND COOL-DOWNS, HELPING CHILDREN KNOW WHAT TO EXPECT AND STAY FOCUSED.



**CERTIFICATES AND AWARDS:** AT THE END OF THE COURSE, WE CELEBRATE EACH CHILD'S PROGRESS WITH CERTIFICATES OR AWARDS TO RECOGNIZE THEIR HARD WORK AND GROWTH.

