



## DRTHALIAMOSHOS

Licensed Clinical Psychologist - 420 W. Mendenhall Street (2nd Floor), Bozeman, MT 59715

Email Moshos@DrThaliaMoshos.com - www.DrThaliaMoshos.com

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### Contract for Safety

I, \_\_\_\_\_, promise to refrain from injuring or attempting to kill myself.

I promise to refrain from harming or attempting to kill others. If I feel that I am unable to refrain from any of these acts, I will immediately call 911 or go to the nearest hospital emergency room.

This contract is in effect as of today, \_\_\_\_\_, and shall remain in effect indefinitely.

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Client Signature

Date

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Thalia P. Moshos, PsyD

Date