

CLASSIC SMOOTHIES (16 oz)

STRAWBERRY DELIGHT 10
STRAWBERRY, BANANA, YOGURT, HONEY, ICE

BLUE MOON 10
BLUEBERRY, BANANA, YOGURT, HONEY, ICE

BANANARAMA 10
BANANA, COCONUT MILK, YOGURT, HONEY, ICE

IMMUNE BOOSTER 10
ORANGE, STRAWBERRY, COCONUT MILK, YOGURT, HONEY, ICE

AFTER SCHOOL SMOOTHIE 11
BANANA, PEANUT BUTTER, CHOCOLATE, YOGURT, 15G WHEY PROTEIN POWDER, ICE

ADD WHEY PROTEIN POWDER (15 GRAMS) 4

ALL SMOOTHIES CAN BE MADE VEGAN

VEGGIE JUICE (12 oz)

CLASSIC CARROT (JUST CARROT) 6

CLEANSING COCKTAIL (CARROT, APPLE, CELERY, BEET) 6

DAILY BEET (CARROT, BEET, CELERY) 6

SKIPPER LOVES GINGER (CARROT, APPLE, GINGER) 6

GREEN ACRE (CARROT, APPLE, KALE, CELERY, GINGER) 6

DELI SALADS BY THE POUND

CHICKEN 16

TUNA 16

MACARONI (VEGAN) 9

CHICKPEA (VEGAN) 9

HUMMUS (VEGAN) 9

GRAPE LEAVES (VEGAN) 9

MINIMUM ORDER 1-LB, ALL GLUTEN FREE

A LITTLE BIT ABOUT US...

Organic Bliss Gluten-Free Deli and Bakery is a locally owned and operated eatery. Our customers, our community, and the earth are important to us.

We are committed to using as many local, natural, and organic ingredients as possible. We strive to serve food that is free of chemicals, dyes, pesticides, unwanted additives, MSG, hormones, and antibiotics. Our food is prepared on site using cherished family recipes.

Everything we bake in our bakery is gluten free. We also are here to accommodate people with other allergies and sensitivities. Just give our baker a call to discuss your individual needs. We can save the day with Sprinkles!



Organic Bliss Gluten-Free Deli and Bakery

**Offering Organic & Natural Foods,
and Refreshments**

3723 N. King Road
Toledo, OH 43617

Monday - Friday 10:00 a.m. - 6:00 p.m.

Saturday 10:00 a.m. - 5:00 p.m.

Sunday - Closed

Please enjoy our Drive Thru

Phone: 419-517-7799

Fax: 419-517-7796

www.organicblissmarket.com

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DRIVE-THRU, ALL SANDWICHES SERVED GREAT!

SANDWICHES (AVAILABLE GLUTEN-FREE)

INCLUDES A 4 OZ DELI SALAD

CALIFORNIA TURKEY AND CHEESE	13
ROASTED TURKEY BREAST, SWISS, ROMAINE, TOMATO, CUCUMBER, MAYO	
DAVE'S HAM & CHEESE	13
BLACK FOREST HAM, SWISS, ROMAINE, TOMATO	
FARMERS CHICKEN CRUNCH	15
MARINATED CHICKEN, PEPPERJACK, TOMATO, ONION, AVOCADO, MAYO, ON A GRILLED FLAT BREAD	
ROASTED CHICKEN WRAP	14
MARINATED CHICKEN, PARMESAN, ROMAINE, TOMATO, ONION, DILL PICKLE, MAYO	
ALASKAN SALMON BURGER	15
GRILLED WILD SALMON, ROMAINE, TOMATO, MANGO DRESSING	
REUBEN TUESDAY	13
ROASTED TURKEY BREAST, SWISS, SAUERKRAUT, 1000 ISLAND DRESSING	
NEW YORK CLUB	14
ROASTED TURKEY BREAST, BLACK FOREST HAM, TURKEY BACON, ROMAINE, TOMATO, MAYO	
BACON LETTUCE TOMATO	12
TURKEY BACON, LETTUCE, TOMATO, MAYO	
PHILLY CHEESE STEAK OR TURKEY	15
LEAN ROAST BEEF OR ROASTED TURKEY BREAST, SWISS, GRILLED ONIONS & GREEN PEPPERS, MAYO	
CHICKEN QUESADILLA	15
MARINATED CHICKEN, PEPPERJACK, ONION, GREEN PEPPER & TOMATO, SALSA	
HOMEMADE TUNA SALAD	14
HOMEMADE TUNA SALAD, ROMAINE, TOMATO	
OSCAR TUNA MELT	15
HOMEMADE TUNA SALAD, CHEDDAR	

SANDWICHES - CONTINUED

HOMEMADE CHICKEN SALAD	15
HOMEMADE CHICKEN SALAD, ROMAINE, TOMATO	
HOMEMADE CHICKEN SALAD MELT	16
HOMEMADE CHICKEN SALAD, CHEDDAR	
VEGETARIAN (AVAILABLE GLUTEN-FREE)	
INCLUDES A 4 OZ DELI SALAD	
GARDEN FRESH VEGETABLE WRAP - VEGAN	11
ROMAINE, SPINACH, TOMATO, CARROT, ONION, CUCUMBER, GREEN PEPPER, PAPAYA MANGO DRESSING	
MEDITERRANEAN WRAP	12
HUMMUS, FETA, ROMAINE, TOMATO, ONION, CUCUMBER, KALAMATA OLIVES	
FALAFEL WRAP - VEGAN	12
FALAFEL, HUMMUS, ROMAINE, TOMATO, ONION, CUCUMBERS, DILL PICKLE	
HEARTY GRILLED CHEESE	11
SWISS, CHEDDAR, ROMAINE, TOMATO	
TOLEDO CHEESY VEGGIE	12
SWISS, GRILLED CARROTS, ONIONS & GREEN PEPPERS, MAYO	
HARVEST VEGGIE BURGER - VEGAN	13
WHOLE GRAIN VEGETABLE PATTY, ROMAINE, TOMATO, CARROT, ONION	
CARIBBEAN AVOCADO WRAP - VEGAN	13
AVOCADO, ROMAINE, SPINACH, TOMATO, CUCUMBER, BLACK BEANS, MANGO DRESSING	

ENTREE SALADS (HAND CHOPPED)

SPRINGTIME GARDEN SALAD - VEGAN	13
ROMAINE, SPINACH, TOMATO, CARROT, CUCUMBER, TOASTED ALMONDS, MANGO DRESSING	
ATHENS GREEK SALAD	14
ROMAINE, TOMATO, ONION, CUCUMBER, GREEN PEPPER, KALAMATA OLIVES, FETA CHEESE, LEMON JUICE & OLIVE OIL	
ALMOND GRILLED CHICKEN SALAD	15
MARINATED CHICKEN, ROMAINE, TOMATO, CUCUMBER, PARMESAN CHEESE, TOASTED ALMONDS, RANCH DRESSING	
MEDITERRANEAN SALAD	15
MARINATED CHICKEN, HUMMUS, FETA, ROMAINE, TOMATO, ONION, CUCUMBER, KALAMATA OLIVES, CHICK PEAS, LEMON JUICE & OLIVE OIL	

EGG SANDWICHES

VEGGIE	10
EGGS, CHEDDAR, SPINACH, TOMATOES, GRILLED ONION, GREEN PEPPER & CARROTS	

Please Enjoy Our Drive-Thru

Store Front Opens At 10:00 am

Grill Opens At 10:00 AM

