



Louise Carder, BA (Hons), BSc Nutr. Med., PgDip., mNNA, CNHC Reg., IFMCP

Louise is a Nutritional Medicine BSc graduate of the University of West London. She holds membership with the Naturopathic Nutrition Association (NNA) and certification via the Institute for Functional Medicine (IFM). Louise is a Complementary & Natural Healthcare Council (CNHC) Registrant and is also an Associate of the Royal Society of Medicine. Louise previously held posts as Director and inaugural Head of Communications at The British Association of Applied Nutrition and Nutritional Therapy (BANT), and was also Chair of the BANT Regulatory Committee. Louise has authored articles and chapters for various publications and is a regular Conference presenter.

Louise runs a private practice in Lincoln where she specialises in Nutrition whilst utilising the Functional Medicine framework in which she has undertaken several years of post-graduate study including certification with the IFM. Louise is certified in the Shoemaker Protocol, becoming the first practitioner in Europe to hold this status.

Louise is also Director of Colab Services Ltd, a facilitation service for advanced laboratory testing for the healthcare practitioner community. Colab Services is the only service to offer the full spectrum of CIRS related testing in Europe. Since 2024 this service has developed globally. In the last four years through the education arm of Colab Services Louise has developed an integrative education team to train over 50 practitioners in CIRS in Europe.

Louise is currently working part-time in practice while she completes a Masters in Clinical Psychoneuroimmunology (cPNI).