

Dr. Margaret DiTulio DNP, APRN, MBA

Our Clinical Director, Dr. Peg, has had extensive experience treating various environmental illnesses such as Tick Borne Diseases (Lyme, Bartonella & Babesiosis), Chronic Inflammatory Response Syndrome (mold toxicity), Methylation Cycle issues, Mast Cell Activation Syndrome, Leaky Gut, SIBO and Bioidentical Hormone Replacement. She uses an Integrative Medical Model using pharmaceutical, nutraceutical, lifestyle changes and exercise programs to facilitate wellness.

Peg is a certified clinician in the Shoemaker Protocol for Chronic Inflammatory Response Syndrome (CIRS). Having worked with over 2,000 CIRS patients over the past 12 years she understands the nuances of the symptoms that each patient presents with. CIRS is triggered by many different biotoxins, water damaged building being the most common, but also tick borne diseases, metals accumulations and even viruses. In turn, CIRS can trigger downstream illnesses such as Leaky Gut Syndrome, Mast Cell Activation Syndrome, SIBO and Dementia just to name a few.

Peg is trained in the Bredesen Protocol as a Recode 2.0 clinician treating Alzheimer's and other forms of dementia afflicting patients. This intervention relies on looking for toxins that interfere with the brain's ability to fully function. It includes supplementation recommendations, exercise regimes, brain training and socialization applications among others.

Peg has studied and has become a certified OPUS 23 practitioner. OPUS 23 is a genetic interpretation program in which she curates a report from an analyses of a patient's genetic code. It is geared towards patients who want to enhance their quality of life by making scientifically suggested changes to their nutrition, supplementation and other lifestyle changes.